INNER CHILD
HEALING:
CHILDLIKE WONDER THE KEY TO HEALING
THE PLANET.

VOICES FROM PRIME SOURCE HERSELF.

love ig your superpower

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LOVE IS YOUR SUPER POWER

INNER CHILD HEALING: THE KEY TO HEALING THE PLANET

CHILDLIKENESS:
BEING PRESENT. FILLED WITH
OVERFLOWING JOY.



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IN CHILDLIKENESS, YOUR BEING PRESENT, AS LIFE BEING FILLED WITH OVERFLOWING JOY.

THIS JOY CONTAINS YOUR LIVING PRESENTNESS AWAKENING INTO DIVINE ONENESS.

YOUR CHILDLIKENESS IS THE KEY TO THE DOOR TO YOUR SOUL, AS THE ORIGINAL INNOCENCE.

TO ENTER THE KINGDOM OF HEAVEN ONE MUST BE AS A CHILD, STANDING IN THE WONDER OF ALL LOVE IS, PRECISELY PRESENT, AS YOU BEING YOU.

ALLOW US TO REPEAT THIS SIMPLE TRUTH.

TO ENTER THE KINGDOM OF HEAVEN ONE MUST BE AS A CHILD, STANDING IN THE WONDER OF ALL LOVE IS, PRECISELY PRESENT AS YOU BEING YOU.

WITHIN YOUR HEART, LOVE IS WHERE ALL BRILLIANCE, BEAUTY, TRUTH AND JOY RESIDES.

THESE ARE THE KEYS TO THE KINGDOM OF ALL MULTI DIMENSIONAL THOUGHT BEING PRESENT AND SHARED UNCONDITIONALLY.

UNCONDITIONAL LOVE, BEGINS WITHIN YOU, AS YOU ACCEPT YOURSELF AND YOUR DIVINITY.

THEN UNCONDITIONAL LOVE EXPANDS FROM YOUR CENTRE OF BEING, THROUGHOUT ALL CREATION.

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INNER CHILD HEALING IS RETURNING
TO OUR INNOCENCE, EMBODYING
CHILDLIKE WONDER AND ESSENCE.
THIS IS KEY TO HEALING THE PLANET.
HEALING OUR OWN INNER WOUNDS
AND ALLOWING INNOCENCE BACK IN.
CHILDLIKE NATURE IS TO GIVE TO
OTHERS, RECEIVE FROM OTHERS AND
HELP OTHERS.

IMAGINATION EQUALS UNLIMITED POSSIBILITIES.

PLAY IS OUR NATURAL STATE.

PLAY EQUALS CREATIVITY AND
IMAGINATION.

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INNOCENCE EQUALS CHILDLIKE WONDER.

AWARE, KNOWING NOTHING = PRESENT MOMENT

OF NOW = LOVE EVERYWHERE PRESENT.

CHILDLIKE WONDER IS SEEING THE WORLD
THROUGH THE EYES OF THE CHILD. SEEING THE
WORLD AS A MIRACLE, MAGIC AND THE BEAUTY
IN EVERYONE AND EVERYTHING.

THAT IS ALWAYS IN THE PRESENT MOMENT OF NOW EQUALS LOVE EVERYWHERE PRESENT.

CHILDLIKE TRUST EQUALS BEING COMPLETELY IN THE PRESENT MOMENT, TRUSTING LOVE IS ALWAYS PRESENT. YOU CAN ONLY GET INTO HEAVEN WITH THE HEART OF A CHILD. NO EGO EQUALS CHILDLIKE JOY AND LOVE.

REAL LOVE AND OVER FLOWING JOY EQUALS BEING PRESENT.

REGAINING ONE'S INNOCENCE IS THE REAL MATURITY.

ENLIGHTENMENT IS THE ULTIMATE STATE OF NOT KNOWING EQUALS CHILDLIKE.

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THE FINAL CLASS TO LEARN BEFORE YOU GRADUATE:

YOUR PRIMARY ROLE IS TO RECLAIM YOUR CHILDLIKE JOY, FREEDOM, LOVE AND INNOCENCE.

DUE TO SOCIETAL CONDITIONING, WE HAVE BECOME DISCONNECTED FROM OUR PURE LOVING SELF AS ADULTS. BRINGING THESE QUALITIES BACK INTO YOUR LIFE AND EMBODYING THEM EQUALS FULFILMENT AND HAPPINESS.

REMEMBERING ALL LOVE IS, IS REMEMBERING OUR CHILDLIKE NATURE.

COME BACK TO THAT STATE OF BEING WE HAD AS A CHILD, FULL OF UNCONDITIONAL LOVE AND AWARENESS.

UNLEARNING ALL WE THOUGHT WAS REAL IN ILLUSION BY RETURNING TO OUR HEART SPACE, OUR CHILDLIKE NATURE.
ALL THE ILLUSION DISSOLVES AND MEMORY OF TRUTH RESURFACES.

AWAKENING TO THE LOVE WITHIN IS OUR CHILDLIKE WONDER AND AMAZEMENT OF CREATION. AS LIFE BEING LIVED IN SERVICE TO THE ALL, DIVINELY PRESENT AND ONE. LOVE IS EDGELESS, BOUNDLESS, OVERFLOWING, PLAYFUL LOVE. WE ARE ALL CONNECTED IN LOVE.

THE PATH HOME IS CHILDLIKE BELIEF, INNOCENCE AND PLAY, BELIEVING IN MAGIC AND JOY WITHOUT BOUNDARIES.

HAVING CHILDLIKE FUN AND CREATING WITH NO OBJECTIVE OTHER THAN PLAY AND BEING.

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INNOCENCE

LOOK INTO THE WONDROUS EYES OF THE CHILD WHOSE MIND IS NOT YET POLLUTED BY PARENTS & SOCIETY, AND YOU WILL UNDERSTAND THE QUALITY CALLED INNOCENCE.

THE AWAKENED ONE IS AS INNOCENT AS A CHILD, BUT WITH ONE DIFFERENCE.

A CHILD IS UNAWARE OF IT WHILE AN AWAKENED ONE IS ABSOLUTELY ROOTED IN THE AWARENESS.

WHEN SUCH A PERSON LAUGHS IN THEIR CHILD-LIKE INNOCENCE, THE ENTIRE EXISTENCE PARTICIPATES IN IT!

THE PRESENCE OF SUCH A PERSON ON EARTH IS THE BLESSING UNTO EXISTENCE.

TO RECLAIM THAT LOST INNOCENCE, IT IS NECESSARY TO BE BORN AGAIN. WITH THIS NEW SPIRITUAL BIRTH, ONE BECOMES INCORRUPTIBLE.

ALL THAT IS DONE BY SOCIETY IS UNDONE IN THE AWARENESS.

TO REGAIN THIS INNOCENCE IS THE REAL MATURITY,
THE ULTIMATE FLOWERING.

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INNOCENCE - GUILTLESS, CLEAR, UNCORRUPTED, NOT DANGEROUS OR HARMFUL. A YOUNG CHILD.

INNOCENCE ALLOWS, EMBRACES, AND DOES NOT QUESTION, BECAUSE INNOCENCE TRUSTS THE EXPERIENCE OF LOVE IN EVERY MOMENT, AND LOVE IS ALWAYS THERE. LOVE ALWAYS RESPONDS. WHAT ELSE CAN LOVE ACCOMPLISH?

WHEN A BEING IS UNCONSCIOUS, WHICH TAKES PLACE THROUGH THE IGNORANCE OF THEMSELVES. IGNORING THEIR OWN CALL TO AWAKEN INTO THE TRUTH.

IN THIS STATE THE BEING BECOMES UNABLE TO DISTINGUISH REALITY FROM ILLUSION. THE ROOT CAUSE IS BEING IN THE ILLUSION/MIND/EGO/PROGRAM.

IGNORANCE ATTEMPTS TO CONFUSE THE BEING BY PROVIDING DISINFORMATION CONTAINED IN BELIEF SYSTEMS. ALL ILLUSION/IGNORANCE IS DENSE MATTER OR LOW VIBRATIONAL THOUGHTS, ALSO REFERRED TO AS UNCONSCIOUSNESS.

THE ILLUSION WHICH IS THE PROGRAMMED EGO MIND ATTEMPTS TO GRASP ONTO WHAT IT THINKS REALITY IS OR SHOULD BE. IT ANALYSES AND INTERPRETS INFORMATION THAT IS INTELLECTUAL MATERIALISM AT ITS FINEST. IT IS ALWAYS LOOKING OUTSIDE TO FILL UP ON, MOSTLY THROUGH MANIPULATING OTHERS FOR ENERGY AND CONTROL.

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IN TRUE REALITY, CREATION CANNOT BE MANIPULATED OR CONTROLLED.

IT IS LIVING FROM WITHIN, CONNECTED TO SOURCE ENERGY AND EXPRESSING THIS OUTWARDLY. INSIDE OUT. LOVE HAS NOTHING TO ANALYSE OR INTERPRET. LOVE IS ALWAYS LOVE EXPRESSING LOVE. LOVE IS DIVINE INTELLIGENCE EQUAL CREATION.

YOUR TRUE BEING ONCE AWAKENED INNATELY AND AUTOMATICALLY RECOGNISES AND UNDERSTANDS ALL OF LIFE. EACH BEING IS UNIQUELY ALL THAT IS, AND LOVE IS ALL THAT IS.

IGNORANCE QUESTIONS, REACTS, IN A FIGHT OR FLIGHT REACTION TO ATTEMPT TO CONTINUE ITS SURVIVAL. IGNORANCE HIDES FROM THE LIGHT. BECAUSE, WHEN LOVE IS PRESENT, IGNORANCE DISAPPEARS. AS DARKNESS IS ONLY THE ABSENCE OF LIGHT, IGNORANCE IS THE ABSENCE OF BEING PRESENT.

IN TRUTH, HUMANITY ARE INNOCENT BEINGS, DIVINE BEINGS, ONCE THEY AWAKEN OUT OF ILLUSION/IGNORANCE.

THEN THEY ARE IN TRUE REALITY, WHERE MAGIC AND MIRACLES COME ALIVE. THIS IS WHERE THE TRUE BEING IS NOW PRESENT AND EXPRESSED FREELY.

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LOVE IS ALWAYS GIVING. ITS FUNCTION COULD NEVER TAKE. ITS IMPOSSIBLE. LOVE IS ALWAYS OVERLY ABUNDANT. THE CUP THAT KEEPS FILLING UP. LOVE HAS EVERYTHING, IS EVERYTHING.

INNOCENCE IS A CHILD LIKE QUALITY OF LOVE. INNOCENCE IS THE TRUE ESSENCE OF WHO ALL OF HUMANITY IS, AS TRUE LIGHT BEINGS.

CHILDLIKE AS WONDER AND MAGIC. THIS EXPERIENCE EXISTS IN THE PRESENT MOMENT OF NOW. THIS IS ALL THERE REALLY IS. EVERY MOMENT IS NEW. THIS IS CREATION. THIS IS PRESENTNESS. LOVE BEING EVERYWHERE PRESENT.

AMBIVALENCE - THE COEXISTENCE OF CONFLICTING ATTITUDES OR EMOTIONS. UNCERTAINTY AS TO WHICH COURSE TO FOLLOW. LIFE IN TRUE REALITY IS SOMETHING FAR GRANDER THAN WHAT HUMANITY HAS BEEN TAUGHT IN ILLUSION, WHICH WAS AMBIVALENCE.

LIVING LIFE IN TRUE REALITY IS PASSION AND EXCITEMENT. AS A CHILD ON CHRISTMAS EVE, WHO IS WAITING FOR THEIR PRESENTS.

THEY ARE SO EXCITED AND CANNOT WAIT TO OPEN THEM.

CHILD LIKE INNOCENCE EQUALS INNER PEACE EQUALS TRUE REALITY THAT HAS BEEN FORGOTTEN. THIS IS THE TRUTH OF WHO HUMANITY REALLY IS.

HUMANITY'S CHILD LIKENESS AND INNOCENCE IS WHAT ALL OF HUMANITY ARE RETURNING TO. EVERYONE ON THIS PLANET WHETHER AWARE OR UNAWARE ARE EACH ROYAL ANGELS. IN TRUTH HUMANITY CAME HERE TO PLAY IN THE GARDEN OF EDEN.

THIS CHILD LIKE INNOCENCE CAN ONLY OCCUR IF HUMANITY IS
PRESENT IN THE MOMENT OF NOW. THIS IS WHERE THEY WILL
EXPERIENCE THE TRUE WONDERMENT AND AWE OF CREATION. TRUE
REALITY IN LIVING LIFE REAL UNFOLDS EQUALS LIFE.

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MAKE PEACE WITH THE PAST.

EVERYTHING WAS DIVINELY

PLANNED TO HELP ARRIVE AT

EXACTLY WHERE WE ARE.

LETTING GO OF ANY UNDERLYING
ANGER, RESENTMENT,
ATTACHMENT, REGRET, GUILT,
SHAME AND ONE IS FREE TO BE THE
INNER CHILD AGAIN.

WE ARE RETURNING TO CHILD LIKE WONDER, INNOCENCE, JOY, LAUGHTER, KINDNESS, SERVICE TO OTHERS, SYNERGY, COOPERATION, CREATIVITY, FREEDOM, & EXPRESSION.

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UNIVERSAL KINDNESS UNLOCKS THE INNER CHILD WITHIN. UNCONDITIONAL TRUST TRANSFORMS FEAR.

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CHILDHOOD EXPERIENCES, PARTICULARLY THOSE THAT WERE TRAUMATIC OR DIFFICULT, CAN CREATE WOUNDS THAT AFFECT US INTO ADULTHOOD.

AS WE GROW UP, WE OFTEN LOSE TOUCH WITH OUR NATURAL STATE OF INNOCENCE AND CHILDLIKE WONDER.

WE BECOME CONDITIONED BY SOCIETAL NORMS, EXPECTATIONS, BELIEF SYSTEMS THAT CAN LIMIT OUR CREATIVITY, OPENNESS, & ABILITY TO SEE THE WORLD THROUGH A LENS OF POSSIBILITY AND MAGIC.

THE PROCESS OF INNER CHILD HEALING INVOLVES ACKNOWLEDGING & WORKING THROUGH THESE WOUNDS AND LIMITING BELIEFS.

IN ORDER TO RETURN TO A STATE OF INNOCENCE, WONDER, AND UNCONDITIONAL LOVE THROUGH PRACTICES SUCH AS FORGIVENESS, SELF-COMPASSION, AND RECONNECTING WITH ONE'S INNER CHILD THROUGH PLAY, CREATIVITY, AND IMAGINATION.

OWNING OUR INNER WOUNDS, ALLOWING INNOCENCE BACK IN, RETURNING TO INSPIRATION AND MAGIC, LIMITLESS POSSIBILITIES AND EXCITEMENT FOR LIFE.

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HEALING THE WORLD BEGINS WITH HEALING OURSELVES AND INNER OUR INNER CHILD.

CHILDLIKE WONDER: CHILDREN SEE THE WORLD WITH EXCITEMENT AND CURIOSITY. AS ADULTS, WE BECOME ROUTINE-DRIVEN AND FEARFUL. EMBRACING CHILDLIKE WONDER MEANS DISSOLVING FEARS AND OPENING UP TO LIMITLESS POSSIBILITIES, ALLOWING CREATIVITY AND MAGIC TO FLOURISH.

HEALING WOUNDS: CHILDHOOD EXPERIENCES SHAPE US. FORGIVENESS AND ACCEPTANCE OF OUR PAST ARE ESSENTIAL FOR HEALING. LETTING GO OF ANGER, SHAME, AND GUILT ENABLES US TO RECONNECT WITH OUR INNER CHILD AND LOVE UNCONDITIONALLY.

KINDNESS: CHILDREN ARE NATURALLY KIND AND GIVING. BY SHOWING KINDNESS TO OURSELVES AND OTHERS, WE RECONNECT WITH OUR TRUE NATURE AND PROMOTE UNIVERSAL KINDNESS.

IMAGINATION: CHILDREN'S PLAY IS FUELLED BY IMAGINATION. AS ADULTS, WE'RE TAUGHT TO BE REALISTIC, STIFLING CREATIVITY. IMAGINATION ALLOWS US TO DREAM AND CREATE FOR THE GREATER GOOD OF ALL.

AUTHENTICITY: CHILDREN ARE TRUE TO THEMSELVES. REDISCOVERING OUR AUTHENTIC SELVES INVOLVES SHEDDING SOCIETAL MASKS AND EMBRACING WHO WE WERE AS CHILDREN.

UNCONDITIONAL TRUST: CHILDREN TRUST OTHERS WITHOUT FEAR, WHICH IS ERODED OVER TIME. RELEARNING UNCONDITIONAL TRUST MEANS TRUSTING IN LOVE AND THE DIVINE PLAN, FREEING OURSELVES FROM FEAR AND CONTROL.

PARENT DYNAMICS: OUR RELATIONSHIPS WITH OUR PARENTS INFLUENCE OUR SELF-PERCEPTION AND INTERACTIONS. HEALING THESE DYNAMICS INVOLVES FORGIVING OUR PARENTS AND OURSELVES.

CHILDLIKE VS. CHILDISH: CHILDLIKE QUALITIES INCLUDE INNOCENCE AND OPENNESS, WHILE CHILDISH BEHAVIOURS INVOLVE ENTITLEMENT AND IMMATURITY.

SELF-NURTURING: CHILDREN ARE NATURALLY SELF-NURTURING BUT CAN LOSE THIS ABILITY DUE TO THEIR ENVIRONMENT. HEALING INVOLVES LISTENING TO AND SUPPORTING OUR INNER CHILD, ESPECIALLY DURING TRIGGERS, TO REGAIN WHOLENESS AND NURTURING OUR INNER CHILD, TAKING FULL RESPONSIBILITY FOR OUR LIVES.

RECEPTIVITY: CHILDREN ARE OPEN TO RECEIVING. RETURNING TO INNOCENCE MEANS BEING OPEN TO THE WONDER OF LIFE IN ALL MOMENTS.

BY RECONNECTING WITH OUR INNER CHILD AND EMBRACING THESE QUALITIES, WE CREATE A FOUNDATION FOR PERSONAL AND COLLECTIVE HEALING.

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INNER CHILD HEALING PRACTICES

BE GENTLE WITH YOURSELF.

PRACTICES: SELF-LOVE DISCIPLINES, CONSCIOUS BREATHING, TIME IN NATURE, GROUNDING, JOURNALLING, FORGIVENESS, HOPONNOPONO.

EVERYTHING IS AN EXPERIENCE FOR SOUL GROWTH (RETURNING TO LOVE) AND WE CHOOSE OUR CONTRACTS BEFORE WE COME HERE.

THE HEALING WE DO HEALS THE WORLD ON A QUANTUM LEVEL.

LOVE IS YOURS TO GIVE TO YOURSELF. YOU HAVE ALWAYS BEEN THE ONE TO FULFIL YOURSELF.

LOVE OURSELVES FIRST EQUALS FULFIL OUR SOLE PURPOSE. YOU ARE MADE OF LOVE. LOVE IS IN NEVER ENDING SUPPLY.

NOTHING IS OUTSIDE, LOVE IS WITHIN.

AFFIRMATIONS (HANDS OVER HEART):

"I LOVE YOU, I AM LISTENING, I AM UNCONDITIONAL LOVE".

"I AM SAFE TO ALLOW ALL EMOTIONS TO BE FELT".

WHAT YOU RESIST PERSISTS, WHAT YOU FEEL YOU CAN

RELEASE. LET GO. LET GO.

PLACE ONE HAND ON YOUR HEART AND THE OTHER ON YOUR STOMACH, LOVINGLY HOLD YOURSELF AND REPEAT THESE WORDS:

"I LOVE YOU, I LOVE YOU."

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INNER CHILD HEALING PRACTICES

FIND A PHOTOGRAPH OF YOURSELF, A HAPPY CHILDHOOD ONE (WHERE YOU CAN SEE YOUR EYES CLEARLY IF POSSIBLE). SPEND MOMENTS LOOKING INTO HER/HIS EYES. CONNECT THROUGH YOUR HEART.

WHAT DOES SHE/HE WANT TO TELL YOU? SHARE THEIR SECRETS, THEIR STRENGTHS, THEIR BELIEF IN THEMSELVES, THEIR COURAGE, THEIR FEARLESSNESS, THEIR CHILD LIKE WONDER.

ASK YOUR INNER CHILD WHAT THEY LOVE, WHAT BOUGHT THEM JOY, WHAT THEY WANTED TO BECOME.

TELL HER/HIM – "I WILL NOT FORGET YOU, I WILL NOT ABANDON YOU, I WILL MEET YOU DAILY, I SEE YOU, I HEAR YOU, I FEEL YOU, I AM YOU, I AM HERE FOR YOU NOW. I LOVE YOU".

"I SET MY INTENT TO BRING THESE EXPERIENCES WITH ME INTO DAILY LIFE, SINGING, DANCING, PLAYING, BEING IN JOY, LAUGHING, BEING CREATIVE, BEING RECEPTIVE, BEING KIND, TRUSTING, BEING INNOCENT, BEING NURTURING AND BEING IN WONDER OF ALL LIFE IS".

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INNER CHILD HEALING PRACTICES
LOVE LETTER TO INNER CHILD:
WRITE A LOVE LETTER TO YOUR INNER
CHILD. EXPRESS GRATITUDE,
APPRECIATION, LOVE AND ANYTHING
YOU FEEL SHE/HE NEEDS TO KNOW
AND BE AWARE OF. ASK FOR
FORGIVENESS WHERE YOU FEEL YOU
NEED TO.

WRITE A LOVE LETTER FROM YOUR INNER CHILD TO CURRENT SELF. EXPRESS GRATITUDE, APPRECIATION, LOVE AND ANYTHING YOU FEEL SHE/HE NEEDS TO KNOW AND BE AWARE OF. ASK FOR FORGIVENESS WHERE YOU FEEL YOU NEED TO.

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INNER CHILD HEALING PRACTICES

DEAR ALL OF CREATION, I DIVINELY DECREE AND COMMAND ALL ATOMS IN RIGHT ACTION. I DRAW A LINE BEFORE NOW. I FORGIVE IT ALL, IN THIS LIFETIME AND ALL PREVIOUS LIFETIMES. I SET MY INTENTION FOR COMPLETE HEALING. I SET MY INTENTION TO FULLY TRANSFORM FOR THE HIGHEST GOOD OF ALL. I ALLOW IN DIVINE UNDERSTANDING OF NOT NEEDING TO KNOW. I AM FULL FORGIVENESS FOR ALL BEINGS AND MYSELF IN THE NO MATTER WHAT. I TRUST LOVE TO TRANSFORM. I LET GO. I FORGIVE AND LOVE. I AM GRATEFUL FOR ALL I HAVE EXPERIENCED. I ACCEPT FULL RESPONSIBILITY FOR ALL MY EXPERIENCES NO MATTER WHAT. I SET THE INTENT TO DISSOLVE ALL ENERGETIC CORDS WITH THESE EVENTS. I FORGIVE ALL OF IT. I LOVE MYSELF. I FORGIVE MYSELF. I LOVE ALL OTHER BEINGS. I FORGIVE THEM. I SIMPLY LET GO. I FORGIVE MYSELF AND EVERYONE, WHATEVER I OR THEY DID IN ILLUSION IT WAS AN ILLUSION. I LET GO OF ALL THAT NO LONGER SERVES ME. I LET GO OF **OUTCOMES AND I AM GRATEFUL FOR MY CONTRACT. I FORGIVE MYSELF** FOR SHOWING UP IN THE LOWER TO ALL FEMININE AND MASCULINE IN THIS LIFETIME AND ALL PREVIOUS LIFETIMES. I FORGIVE MY PARENTS, ALL PREVIOUS GENERATIONS AND ALL OF HUMANITY WITH GRACE, COMPASSION AND UNCONDITIONAL LOVE. I ASK MY ANGELS, GUIDES, HIGHER SELF TO ACTIVATE THE GRIEVING PROCESS FOR EVERY SINGLE LOWER EXPERIENCE GOING BACK TO THE FIRST FEARFUL THOUGHT AND HEAL ALL KARMIC DNA. I HEAL ALL HEART BREAK, RELEASING ALL WOUNDS. I ACTIVATE MY CONSCIOUS LISTENING, SPEAKING AND BEING PRESENT IN ALL MOMENTS. THE EVOLUTION OF MY SOUL REQUIRED LESSONS AND I ACCEPT EVERYTHING AS A LESSON AND AN OPPORTUNITY FOR SOUL GROWTH PLACING LOVE WITHIN ALL EVENTS AND MYSELF. I LET GO OF ALL ANGER, REGRET, GUILT AND SHAME. I MAKE PEACE WITH ALL MY PAST. I AM KINDNESS TO MYSELF AND ALL OTHERS IN EVERY MOMENT. I SET MY INTENTION FOR COMPLETE HEALING. I LET GO OF THE OUTCOME. I AM GRATEFUL FOR MY CONTRACT. I ASK MY ANGELS, GUIDES AND HIGHER SELF TO CLEAR ALL LOWER DENSITY THOUGHTS, AS QUICKLY AS POSSIBLE, AND I SURRENDER. I DISSOLVE THE FEAR OF THE INNER AND OUTER BECOMING ONE. I AM FREE TO BE MY INNER CHILD AGAIN.

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INNER CHILD AFFIRMATIONS FOR FEELING JOY
I AM CHILDLIKE WONDER.
I AM UNIVERSAL KINDNESS.

I AM TRUST.

I AM SELF-NURTURING.

I AM IMAGINATION.

I AM INNOCENCE.

I AM LAUGHTER.

I AM FORGIVENESS.

I AM UNCONDITIONAL LOVE.

I AM AUTHENTICITY.

I AM SELF-SUPPORTING.

I AM OPEN TO EVERYTHING.

I AM CURIOUS.

I AM PLAY.

I AM HEART CENTRED.

I EMBRACE, ACCEPT, ALLOW AND I

SURRENDER TO LOVE. I TRUST THE

EXPERIENCE OF LOVE IN EVERY MOMENT.

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GRATITUDE, ACCEPTANCE AND FORGIVENESS

GRATITUDE, ACCEPTANCE AND FORGIVENESS FOR LIFE'S EXPERIENCES PROPELS
HEALING AND TRANSFORMS THE LOWER ENERGIES INTO COMPASSION.
COMPASSION FOR SELF AND ALL SELVES. THIS IS HOW TO TRANSFORM CYCLES
OF KARMIC LESSONS AND HEAL.

OUR HIGHER-SELF ORCHESTRATED EXPERIENCES THAT GIVE YOU HIGHER UNDERSTANDINGS AND WISDOM FOR SOUL GROWTH. YOU CAME TO PLANET EARTH = HEART TO LEARN ONE LESSON. LOVE YOURSELVES AND LOVE EACH OTHER. THROUGH THIS SIMPLE ACTION ALONE YOU LIFT YOURSELVES OUT OF DUALITY.

FORGIVENESS AND RELEASE CEREMONY:

WITH FULL HEART INTENT SAY OUT LOUD OR WRITE OUT. READ OUT LOUD AND/OR BURN. CUT CHORDS WITH ALL EMOTIONS. SET INTENTION TO TRANSFORM FOR THE HIGHEST GOOD OF ALL. ALLOW IN DIVINE UNDERSTANDING OF NOT NEEDING TO KNOW. FULL FORGIVENESS FOR ONE ANOTHER AND YOURSELF IN THE NO MATTER WHAT. TRUST LOVE TO TRANSFORM. LET GO. FORGIVE AND LOVE.

"I SET MY INTENTION TO FULLY TRANSFORM FOR THE HIGHEST GOOD OF ALL. I ALLOW IN DIVINE UNDERSTANDING OF NOT NEEDING TO KNOW. I AM FULL FORGIVENESS FOR ALL BEINGS AND MYSELF IN THE NO MATTER WHAT. I TRUST LOVE TO TRANSFORM. I LET GO. I FORGIVE AND LOVE. I AM GRATEFUL FOR ALL I HAVE EXPERIENCED. I ACCEPT FULL RESPONSIBILITY FOR ALL MY EXPERIENCES NO MATTER WHAT. I FORGIVE ALL OF IT. I LOVE MYSELF. I FORGIVE MYSELF. I LOVE ALL OTHER BEINGS. I FORGIVE THEM.

I SIMPLY LET GO".

"I DON'T TAKE ANYTHING PERSONALLY. I ACCEPT EVERYTHING AS A LESSON AND AN OPPORTUNITY FOR SOUL GROWTH. I PLACE LOVE WITHIN ALL EVENTS AND MYSELF. I DON'T EVER GIVE UP. I AM COMMITTED, CONSTANT, PERSISTENT, OVERFLOWING, EVER PRESENT, COMPLETE LOVE UNCONDITIONALLY. I UNDERSTAND THE LESSON OF LETTING GO, OF ALL THE STUFF I WAS TOLD FROM SOCIETY AND BECOME THE BEING WHO I REALLY AM. I AM BALANCE. I AM IN MY CENTRE AND IN MY CENTRE I FEEL CONNECTED TO EVERYTHING. I AM CONNECTED DIRECTLY WITH ALL LOVE IS AND ONLY THE HIGHEST EXPERIENCE IN LOVE WILL UNFOLD AND OCCUR."

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I AM CHILDLIKE NEWNESS WITH ALL THINGS.
I AM CHILDLIKE WONDER AND BRILLIANCE. IN
GRATITUDE OF GRACE BEING GIVEN.
I AM CHILDLIKE PURITY OF AN OPEN HEART,
PRESENT, AWAKE AND AWARE.
I AM CHILDLIKE. I HAVE NO EXPECTATIONS AND
NO BELIEF SYSTEMS. BELIEF SYSTEMS BLOCK
THE SUPERPOWER OF LOVE.

I AM LOVE.

I AM CHILDLIKE IN A STATE OF LOVE AND MAGIC.
I AM CHILDLIKE WITH THE DESIRE TO EXPLORE,
LOVE, LEARN AND SHARE WITH ABUNDANCE, THE
WOW OF BEING ALIVE.

I AM CHILDLIKE AND BELIEVE ANYTHING IS POSSIBLE.

I AM CHILDLIKE NATURE.

I AM CHILDLIKE AND BELIEVE IN ME. I AM CONFIDENCE AND HAVE FAITH IN MYSELF.
I AM CHILDLIKE FEARLESSNESS IN SERVICE TO LOVE.

I AM CHILDLIKE AND COMPLETELY FORGIVING.

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I AM CHILDLIKE IN LOVE, PURE LOVE,
PASSIONATE LOVE, LIVING LOVE, BEING LOVE.
I AM CHILDLIKE WONDER AND INNOCENCE.
I AM CHILDLIKE EYES AND I AM AMAZEMENT IN
EVERYTHING AND EVERYONE.
I AM CHILDLIKE GENTLE AND KIND.
I AM CHILDLIKE SPONTANEITY.
I AM CHILDLIKE PURITY AND JOY.
I AM CHILDLIKE IN THE EXPRESSION OF NOW.
I AM CHILDLIKE ADVENTUROUS, COURAGEOUS,
CURIOSITY, EXPLORING, SHARING AND
EXPANDING.

I AM CHILDLIKE WONDER FOR ALL OF LIFE.
I AM CHILDLIKE IN MY JOY OF BEING.
I AM CHILDLIKE FAITH IN LOVE AND THE DIVINE PLAN.

I AM CHILDLIKE CURIOSITY.
I AM CHILDLIKE ENTHUSIASM.
I AM CHILDLIKE EXCITEMENT.
I AM CHILDLIKE IMAGINATION.

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I AM CHILDLIKE PLAYFULNESS.
I AM CHILDLIKE AND A CONSTANT STATE OF RECEPTIVITY TO EACH NEW EXPERIENCE.
I AM CHILDLIKE HUMILITY AND WILLINGNESS TO MERGE WITH EVERYONE'S HEART, ALL FORGIVING LOVE INSIDE AND EXPRESSED TO ALL.
I AM CHILDLIKE TRUSTING AND OPEN.
I AM CHILDLIKE EXPLORING.
I AM CHILDLIKE AND OPEN, IN CONSTANT SURRENDER AND ACCEPTANCE TO EACH

I AM LOVE, JOY, PLAY, UNITY, WHOLENESS, DIVINITY, GRACE, FORGIVENESS AND PEACE.
I AM CHILDLIKE WONDER. I SEE THE WORLD AS A MIRACLE, PURE MAGIC AND THE BEAUTY OF EVERYTHING.

MOMENT.

I AM CHILDLIKE OF BEING IN A WORLD OF MAGIC.
I AM CHILDLIKE VISION. I SEE THE BEAUTY IN
EVERYONE AND EVERYTHING.

I DISSOLVE ALL FEAR AND I AM OPEN TO LIMITLESS POSSIBILITIES. I ALLOW CREATIVITY AND MAGIC TO FLOURISH.

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I AM CHILDLIKE TRUST AND COMPLETELY
INVESTED IN THE PRESENT MOMENT. I TRUST
LOVE IS ALWAYS PRESENT.

I AM AWAKENED AND LAUGHING AS CHILDLIKE INNOCENCE.

I AM COMPLETELY EMBRACING MY CHILDLIKE INNOCENCE. I RUN, PLAY, LAUGH, CREATE AND LOVE.

I AM CHILDLIKE IN A STATE OF WONDERMENT, LAUGHTER AND JOY.

I AM CHILDLIKE PLAY.

I BELIEVE IN MAGIC AND JOY WITHOUT BOUNDARIES.

I AM CREATING WITH NO OBJECTIVE OTHER THAN THE JOY OF BEING PRESENT.

I AM ALLOWING MYSELF THE FREEDOM TO BE IN ALL MY CHILDLIKE SPARKLE.

I AM CHILDLIKE INNOCENCE OF EXPERIENCE.

I AM LOOKING AT EVERYTHING WITH LOVE AND NON-JUDGEMENT.

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I SEE EVERYONE AS INNOCENT CHILDREN, PURE LOVE. WE ARE ALL ONE.

I LET MYSELF FEEL JOY. I LET MYSELF FEEL JOY.

I LET MYSELF FEEL JOY.

I AM CHILDLIKE IMAGINATION.

I AM CHILDLIKE EXCITEMENT.

I AM CHILDLIKE INNOCENCE.

I AM LOVE EVERYWHERE PRESENT.

I AM PURE LOVE.

I AM UNCONDITIONAL LOVE.

I LOVE EVERYONE UNCONDITIONALLY

I AM A VESSEL OF DIVINE WILL, LOVE AND JOY.

I FULLY LET GO, FULLY INTO JOY. I AM JOY.

IAM JOY. IAM JOY.

I AM UNWAVERING TRUST IN LOVE.

I FEEL THE MAGIC OF THE MOMENT.

I TRUST AND FOLLOW MY HEART.

I LISTEN TO THE WISDOM OF THE CHILD WITHIN

ME.

I FALL IN LOVE WITH ME ALL OVER AGAIN.

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I AM GIDDINESS, JOY AND SMILES.
I AM FUN.

I AM CHILDLIKE AND I AM AMAZEMENT IN EVERYTHING AND EVERYONE.
I FOCUS ON THE BEAUTY IN EVERYTHING.
I APPRECIATE LIFE. I DON'T TAKE ANYTHING FOR GRANTED.

I AM SEEING LOVE WITH A CHILDLIKE WONDER IN EVERYTHING.

I AM CHILDLIKE INNOCENCE, WONDER, CURIOSITY AND BEING PRESENT.

I AM GRACE AND SURRENDER

I AM KIND TO ALL. I TRULY LISTEN AND

UNDERSTAND WHAT IS GOING ON AROUND ME.

I AM CURIOSITY AND FEARLESS.

I FEEL LOVE AND I SHARE IT. I LET MY DIVINE CHILD WITHIN SHINE THROUGH.

I AM LOVE IN ACTION.

I AM BEING PRESENT, AS LIFE BEING FILLED WITH OVERFLOWING JOY.

Mother of all Creation

I AM AS A CHILD, STANDING IN THE WONDER OF ALL LOVE IS PRECISELY PRESENT, AS ME BEING ME. I AM MY CHILDLIKE NATURE, GIVING TO OTHERS, RECEIVING FROM OTHERS AND HELPING OTHERS. I AM CHILDLIKE INNOCENCE, I ALLOW, EMBRACE, AND DO NOT QUESTION.

I AM INNOCENCE AND TRUST THE EXPERIENCE OF

LOVE IN EVERY MOMENT, AND LOVE IS ALWAYS

THERE.
I AM UNIVERSAL KINDNESS
I AM TRUST
I AM SELF-NURTURING
I AM IMAGINATION
I AM LAUGHTER
I AM FORGIVENESS
I AM UNCONDITIONAL LOVE
I AM AUTHENTICITY
I AM SELF-SUPPORTING
I AM OPEN TO EVERYTHING
I AM CURIOUS
I ALLOW, EMBRACE AND I TRUST THE EXPERIENCE

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OF LOVE IN EVERY MOMENT

ALL CONTENT IS FROM MOTHER OF ALL CREATION.

THANK YOU FOR SHARING WITH OTHERS,
KEEPING YOUR HEARTS OPEN, STAYING PRESENT
AND CHOOSING LOVE.

WE ARE THE ONES WE HAVE BEEN WAITING FOR AND WE ARE BEING THE CHANGE WE WISH TO SEE! LOVE IN ACTION.

WE ARE CO-CREATING HEAVEN ON EARTH TOGETHER, A WORLD WHERE ONLY LOVE EXISTS. LOVE HAS WON. TOGETHER WE ARE VICTORIOUS.

AWARENESS, TOOLS & RESOURCES TO ASSIST ON YOUR AWAKENING JOURNEY - WWW.MISSIONLIMITLESS.ORG
WE ARE DONATION BASED. THANK FOR YOU SHARING -

WWW.MISSIONLIMITLESS.ORG/DONATION

CHOOSE LOVE IN EVERY MOMENT THEN LOVE BECOMES THE ONLY REALITY AND EXPERIENCE. YOU ARE MADE OF LOVE. BE LOVE, CHOOSE LOVE, SAY LOVE. "I CHOOSE LOVE EVERY MOMENT".

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