

AWAKENING AND ASCENSION 101

HIGHEST TRUTH & TOOLS TO ASSIST YOU IN REMEMBERING WHO YOU TRULY ARE, TO ASSIST YOU OUT OF THE ILLUSION, AND INTO TRUE REALITY = LOVE EVERYWHERE PRESENT.

CHOOSE LOVE IN EVERY MOMENT THEN
LOVE BECOMES THE ONLY REALITY AND
EXPERIENCE.
YOU ARE MADE OF LOVE.
VOICES FROM PRIME SOURCE HERSELF

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SECTION 1: INTRODUCTION

THE ASCENSION PROCESS 101
BEING PRESENT. YOU ARE ALREADY
THERE - ENJOY.

CHOOSE LOVE IN EVERY MOMENT THEN LOVE BECOMES THE ONLY REALITY AND EXPERIENCE.

YOU ARE MADE OF LOVE.

VOICES FROM PRIME SOURCE HERSELF.

THE ASCENSION PROCESS 101
BEING PRESENT. YOU ARE
ALREADY THERE - ENJOY.

RE-EDUCATING HUMANITY INTO LOVE AND PURE TRUTH THROUGH SHARING LOVE AND BEING LOVE IN ACTION.

THE HIGHER VIBRATIONAL
FREQUENCIES ARE HIGHER
UNDERSTANDINGS OF LOVE AND
TRUTH.

THE MORE YOU UNDERSTAND THE TRUTH, THE HIGHER TRUTH TAKES YOU IN VIBRATIONAL FREQUENCIES.

THE ASCENSION PROCESS 101 BEING PRESENT. YOU ARE ALREADY THERE - ENJOY.

IF YOU CAN HEAR TRUTH, YOUR BODY AND SOUL WILL TELL YOU THROUGH FEELINGS.

HERE IS THE ONE SIMPLE
TRUTH THAT IF YOU GET IT,
IT SETS YOU FREE:
BE PRESENT IN THE
MOMENT OF NOW FOR ALL
ELSE FOLLOWS THIS.

BE PRESENT IN THE MOMENT OF NOW FOR ALL ELSE FOLLOWS THIS.

FOLLOW THE SIGNS, AS THEY GUIDE YOU ALONG THE PATH BACK INTO THE LIGHT. EACH OF YOU HAVE YOUR OWN UNIQUE PATH TO WALK HOME.

LISTEN TO THE BEAUTIFUL MUSIC OF CREATION, CALLING YOU HOME, THROUGH WORDS OF TRUTH.

LISTEN TO THE LOVE FROM WITHIN YOUR HEART.
YOUR HEART UNDERSTANDS THE PATH HOME.
FOLLOW YOUR HEART.

YOUR HEART IS INCAPABLE OF LYING TO YOU.
THROUGH YOUR HEART YOU ARE CONNECTED TO
YOUR SOUL.

THIS IS THE CONNECTION TO YOUR HIGHER SELF, WHICH IS IN THE PRESENT MOMENT OF NOW, ALWAYS.

ALL THAT EXISTS IN THE PRESENT MOMENT IS LOVE.

THE ASCENSION PROCESS 101 - BEING PRESENT. YOU ARE ALREADY THERE - ENJOY.

THE ASCENSION PROCESS WILL BE SURRENDER, IN WHICH YOU WILL LET GO OF EVERY THOUGHT YOU HAVE EVER HAD ABOUT ANYTHING AND EVERYTHING. BY DOING THIS, YOU GAIN EVERYTHING.
IN THIS EXPERIENCE YOU STEP OUT OF ILLUSION AND INTO THE DIVINE. THE MOMENT YOU RELEASE ALL YOUR THOUGHTS, YOU SHATTER THE GLASS CEILING AND EVERYTHING THAT IS NOT TRUTH FADES AWAY. TRUTH IS GOD, GOD IS LOVE.

EVERYONE IS ENTERING INTO A STAGE OF KNOWING GOD, THE GOD YOU.
ONCE YOU KNOW NOTHING, YOU KNOW EVERYTHING.

BY SURRENDERING TO LOVE YOU WILL DROP THE ILLUSION OF FEAR AND STEP INTO WHAT THE ONLY REAL IS, WHICH IS LOVE, THE DIVINE, LOVE EVERYWHERE PRESENT. THE CYCLE OF DUALITY THEN COMES TO A CLOSE.

FEAR IS MERELY A BLOCK TO AN EXPERIENCE OF FEELING REAL LOVE.

5D REALITY IS SIMPLY THIS, LOVE EVERYWHERE PRESENT. THROUGH CHOOSING LOVE EVERY MOMENT YOU CLIMB THE ENERGETIC STAIRWAY INTO THE HIGHER FREQUENCIES, AS YOU EXPERIENCE MORE JOY.

THIS IS WALKING ALONG A PATH OF SYNCHRONISTIC EVENTS. THE PATH IS FOLLOWING THE SIGNS. ONCE A BEING BEGINS THIS WALK, THEY CANNOT GO BACK. THIS YOU HAVE TO DO ON YOUR OWN, TAKING RESPONSIBILITY AND GETTING ON WITH YOUR OWN AWAKENING.

BE PRESENT IN THE MOMENT OF NOW. MAKE SURE YOU ARE FREE OF ALL BELIEF SYSTEMS. BE IN JOY IN THE NO MATTER WHAT. BE AN EXAMPLE OF LOVE AND TRUTH. TRUST LOVE AND THE HIGHEST OUTCOME. EVERYDAY SET UP YOUR FIELD IN GRATITUDE AND FOR THE HIGHEST OUTCOME TO UNFOLD.

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MISSION LIMITLESS BE PRESENT IN THE MOMENT OF NOW FOR ALL ELSE FOLLOWS THIS.

EACH JOURNEY HOME INTO THE LIGHT IS UNIQUE FOR EVERYONE.

THROUGH THE EXPERIENCE OUT OF ILLUSION AND THROUGH THE VEIL.

IT TAKES A GRAND AMOUNT OF COURAGE IN A WORLD OF ILLUSIONS AND DARKNESS, TO WALK THE PATH OF LOVE AND TRUTH.

THESE INCOMING ENERGIES ARE REQUIRING ALL PROGRAMMING TO BE RELEASED.

CONSTANT LETTING GO AND CONSTANT SURRENDERING TO THE PROCESS WILL HELP YOU GREATLY.

JUST BE PRESENT AND FOLLOW THE SYNCHRONISTIC EVENTS!

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BE PRESENT IN THE MOMENT OF NOW FOR ALL ELSE FOLLOWS THIS.

BEING PRESENT IN THE MOMENT OF NOW IS SIMPLE AND LOVE HANDLES THE DETAILS. ONCE YOU GET THIS UNDERSTANDING, YOU ARE IN SPIRIT.

BE GRATEFUL FOR EVERYTHING.

ALL MOMENTS OF ETERNITY ARE BLESSED AND ALWAYS GRANDER THAN THE MOMENT BEFORE.

MOMENTS OF ETERNITY ARE STRINGED TOGETHER, CREATING AN EVER-EXPANDING SYMPHONY THAT HAS WITH IT UNLIMITED GRANDNESS WITHIN EACH NOTE.

THE ASCENSION PROCESS 101
BEING PRESENT. YOU ARE
ALREADY THERE - ENJOY.

CHOOSE LOVE IN EVERY MOMENT THEN LOVE BECOMES THE ONLY REALITY AND EXPERIENCE.

YOU ARE MADE OF LOVE.

THE ASCENSION PROCESS 101
BEING PRESENT. YOU ARE ALREADY
THERE - ENJOY.

FULL CONSCIOUSNESS IS THE REMEMBRANCE OF ALL LOVE IS.

ALL LOVE IS, IS WHO YOU ARE.

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THE ASCENSION PROCESS 101 BEING PRESENT. YOU ARE ALREADY THERE - ENJOY.

IT TAKES COURAGE, TENACITY, CONSISTENCY PERSISTENCE, DEDICATION, DETERMINATION, WILL, STRENGTH, TRUST, NOT EVER GIVING UP AND THE UNDERSTANDING THAT YOU ARE GRANDER THAN ANY ILLUSION OR FANTASY TO TRULY AWAKEN, FROM OUT OF THE DREAM.

LOVE IS TRULY WORTH IT ALL.

EVERY MOMENT THAT YOU CHOOSE LOVE, LOVE CHOOSES YOU, AND THIS IS TRUE MANIFESTATION AND MIRACLES.

THESE ARE YOUR ATOMS RESPONDING TO THE TRUTH OF WHO YOU ARE, GOD.

THANK YOU FOR CHOOSING LOVE.

THE ASCENSION PROCESS 101 BEING PRESENT. YOU ARE ALREADY THERE - ENJOY

TRUST LOVE IN THE NO MATTER WHAT.

FOLLOW THE SIGNS, LISTEN TO YOUR ANGELS. YOUR PRAYERS WILL BE ANSWERED.

THE KEY HERE, AND THE MAGIC, IS IN THE PRESENT MOMENT.

AS LONG AS YOU ARE PRESENT, LOVE IS THERE WITH YOU ALWAYS. TRUST THIS.

WHEN YOU ARE NOT PRESENT, LOVE CANNOT BE THERE WITH YOU, BECAUSE YOU ARE NOT THERE.

STAY PRESENT AND THEN THE TRUE MIRACLES ARRIVE.

IF NEEDED, LOVE WILL MOVE YOU TO WHERE YOUR VIBRATIONAL LEVEL MATCHES.

REMEMBER THE TRUTH, ASK IN LOVE AND YOU SHALL RECEIVE.

THE ANGELS WILL GIVE YOU SIGNS THROUGH SYNCHRONISTIC EVENTS. FOLLOW THESE. ONE WILL LEAD TO THE OTHER.

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WHAT YOU HAVE TO ACCOMPLISH – BE PRESENT AND YOU ARE FREE IN LOVE & SPIRIT, AKA THE HIGHER SELF.

THE ATTRIBUTES OF A REAL LIGHT BEING OF LOVE AND TRUTH ON PLANET EARTH = HEART, WHICH IS THE ARMY OF LIGHT, THE WARRIORS. THEY CHOOSE ONLY LOVE EVERY MOMENT. THEY CONNECT INTO THE HIGHER GRID AND PARTICIPATE IN THE ONENESS ENERGIES. THEY ARE PERSEVERING, FEARLESS, PERSISTENT, STRONG, COURAGEOUS AND BRAVE. THEY ARE CONSISTENT, CAN OVERCOME ALL OBSTACLES, NEVER GIVE UP, AND NEVER GIVE IN, HAVE RUTHLESS COMPASSION AND HAVE COMPLETELY STEPPED OUT OF THE GAME OF ILLUSION. THEY ALWAYS TELL THE TRUTH NO MATTER WHAT. THEY RECOGNISE THAT THEY ARE ONE WITH ALL THAT IS. THEY ARE OPEN, VULNERABLE, AND AVAILABLE. THEY EMBRACE, ACCEPT, AND ALLOW. THEY SPEAK ONLY THE HIGHEST TRUTHS, HAVE STEPPED INTO THEIR LIGHT, WHICH IS THEIR POWER AND CAN OVERCOME ALL ADVERSITY.

IN REALITY YOU ARE A LOVE BEING WORTHY OF ALL LOVE IS. BEING YOU IS REMEMBERING THAT ONLY LOVE IS REAL, AND ONLY LOVE EXISTS.

YOUR ONLY JOB IS TO LOVE YOURSELF FULLY AND COMPLETELY.

MASTER UNCONDITIONAL LOVE FOR SELF AND EVERYTHING FOLLOWS.

THE ASCENSION PROCESS 101
BEING PRESENT. YOU ARE ALREADY THERE - ENJOY.

THE TRUTH IS FOUND AND DISCOVERED THROUGH THE HEART OF YOUR INNER BEING THAT LAYS AWAITING YOUR CONSCIOUS AWARENESS.

TRUTH IS ALIVE WITHIN YOU. ONLY THROUGH BEING A CONSCIOUS BEING CAN YOU UNDERSTAND WHO YOU TRULY ARE. THEN YOU RECOGNISE YOU ARE YOU, TRULY ALIVE, AND ARE MADE UP OF ATOMS THAT ARE ONLY LOVE.

YOU ARE UNLIMITED THOUGHT. UNLIMITED THOUGHT PRODUCES UNLIMITED POSSIBILITIES.

REAL LOVE IS SIMPLY THIS. LOVE IS REAL BECAUSE IT IS WHOLE. SPIRITUALITY IS TO LEAD TO THE TRUTH.

TRUTH = LOVE.

FEAR IS NOTHING MORE THAN A SELF-IMPOSED BLOCK TO THE EXPERIENCE OF LOVE. IN TRUTH, HUMANITY IS THE EXPERIENCE OF LOVE, LIGHT, BRILLIANCE AND TRUTH. FEAR HAS BEEN COVERING THE LIGHT AND BRILLIANCE OF WHO HUMANITY TRULY IS.

THE HUMAN CONDITION HAS BEEN PAIN AND SUFFERING = ILLUSION. CHOOSE TO LIVE IN ONENESS OR FEAR. THE FANTASY OF ISOLATION & SEPARATION.

HUMANITY IS ONENESS = LOVE.

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THE ASCENSION PROCESS 101 - BEING PRESENT. YOU ARE ALREADY THERE - ENJOY.

LET GO OF EVERYTHING AND THEN YOU ARE THERE. SIMPLY BEING IN THE PRESENT MOMENT OF NOW, AND YOU'VE GOT IT!

TOMORROW WHEN YOU ARE NOT FEELING IT, CHOOSE LOVE. WHEN YOU ARE TIRED, CHOOSE LOVE. IF YOU ARE STRESSED, CHOOSE LOVE.

BY CHOOSING LOVE AND BEING LOVING,
YOU RAISE YOUR VIBRATION AND THUS
HAVE THE CAPACITY TO RAISE THE
VIBRATION OF ALL YOU ENCOUNTER.

FOR YOURSELF, CHOOSE LOVE.

YOU ARE WORTH IT.

THE ASCENSION PROCESS 101 - BEING PRESENT YOU ARE ALREADY THERE.

BE PRESENT IN THE MOMENT OF NOW. MAKE SURE YOU ARE FREE OF ALL BELIEF SYSTEMS. BE IN JOY IN THE NO MATTER WHAT! BE AN EXAMPLE OF LOVE AND TRUTH. TRUST LOVE AND THE HIGHEST OUTCOME. EVERYDAY, SET UP YOUR FIELD IN GRATITUDE AND FOR THE HIGHEST OUTCOME TO UNFOLD.

THE PROCESS WILL BE A SURRENDER, IN WHICH YOU WILL LET GO OF EVERY THOUGHT YOU HAVE EVER HAD ABOUT ANYTHING AND EVERYTHING. BY DOING THIS, YOU GAIN EVERYTHING. IN THIS EXPERIENCE YOU STEP OUT OF ILLUSION AND INTO THE DIVINE.

THE MOMENT YOU RELEASE ALL YOUR THOUGHTS, YOU SHATTER THE GLASS CEILING AND EVERYTHING THAT IS NOT TRUTH FADES AWAY. TRUTH IS GOD, GOD IS LOVE. EVERYONE IS ENTERING INTO A STAGE OF KNOWING GOD, THE GOD YOU.

ONCE YOU KNOW NOTHING, YOU KNOW EVERYTHING.

BY SURRENDERING TO LOVE YOU WILL DROP THE ILLUSION OF FEAR AND STEP INTO WHAT THE ONLY REAL IS. WHICH IS LOVE, THE DIVINE, LOVE EVERYWHERE PRESENT. THE CYCLE OF DUALITY THEN COMES TO A CLOSE.

FEAR IS MERELY A BLOCK TO AN EXPERIENCE OF FEELING REAL LOVE.

THE ASCENSION PROCESS 101 - BEING PRESENT YOU ARE ALREADY THERE.

5D REALITY IS SIMPLY THIS, LOVE EVERYWHERE PRESENT. THROUGH CHOOSING LOVE EVERY MOMENT, YOU CLIMB THE ENERGETIC STAIRWAY INTO THE HIGHER FREQUENCIES, AS YOU EXPERIENCE MORE JOY.

THIS IS WALKING ALONG A PATH OF SYNCHRONISTIC EVENTS; THE PATH IS FOLLOWING THE SIGNS. ONCE A BEING BEGINS THIS WALK, THEY CANNOT GO BACK.

NO ONE CAN DO THIS FOR YOU. THIS, YOU HAVE TO DO ON YOUR OWN.
TO BLAME THOSE WHO ARE IN SERVICE TO LIGHT IS JUST YOU BLAMING
YOUR OWN SELF FOR NOT BEING AWAKENED YET. TAKE RESPONSIBILITY
AND GET ON WITH YOUR OWN AWAKENING.

FOLLOW THE SIGNS, AS THEY GUIDE YOU ALONG THE PATH BACK INTO THE LIGHT.

EACH OF YOU HAVE YOUR OWN UNIQUE PATH TO WALK HOME. LISTEN TO THE BEAUTIFUL MUSIC OF CREATION, CALLING YOU HOME, THROUGH WORDS OF TRUTH. LISTEN TO THE LOVE FROM WITHIN YOUR HEART.

YOUR HEART UNDERSTANDS THE PATH HOME - FOLLOW YOUR HEART.
YOUR HEART IS INCAPABLE OF LYING TO YOU, AND THROUGH YOUR
HEART, YOU ARE CONNECTED TO YOUR SOUL. THIS IS THE CONNECTION
TO YOUR HIGHER SELF, WHICH IS IN THE PRESENT MOMENT OF NOW
ALWAYS. ALL THAT EXISTS IN THE PRESENT MOMENT IS LOVE.

THESE INCOMING ENERGIES ARE REQUIRING ALL PROGRAMMING TO BE RELEASED. CONSTANT LETTING GO AND CONSTANT SURRENDERING TO THE PROCESS WILL HELP YOU GREATLY.

BE PRESENT AND FOLLOW THE SYNCHRONISTIC EVENTS.

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THE ASCENSION PROCESS 101 - BEING PRESENT YOU ARE ALREADY THERE.

IN CHILDLIKENESS, YOUR BEING PRESENT, AS LIFE BEING FILLED WITH OVERFLOWING JOY. THIS JOY CONTAINS YOUR LIVING PRESENTNESS AWAKENING INTO DIVINE ONENESS.

YOUR CHILDLIKENESS IS THE KEY TO THE DOOR TO YOUR SOUL, AS THE ORIGINAL INNOCENCE. TO ENTER THE KINGDOM OF HEAVEN, ONE MUST BE AS A CHILD. STANDING IN THE WONDER OF ALL LOVE IS, PRECISELY PRESENT, AS YOU BEING YOU.

ALLOW US TO REPEAT THIS SIMPLE TRUTH.

TO ENTER THE KINGDOM OF HEAVEN, ONE MUST BE AS A CHILD, STANDING IN THE WONDER OF ALL LOVE IS, PRECISELY PRESENT, AS YOU BEING YOU.

WITHIN YOUR HEART, LOVE IS WHERE ALL BRILLIANCE, BEAUTY, TRUTH AND JOY RESIDE. THESE ARE THE KEYS TO THE KINGDOM OF ALL MULTI-DIMENSIONAL THOUGHT BEING PRESENT AND SHARED UNCONDITIONALLY.

UNCONDITIONAL LOVE, BEGINS WITHIN YOU, AS YOU ACCEPT YOURSELF AND YOUR DIVINITY. THEN UNCONDITIONAL LOVE EXPANDS FROM YOUR CENTRE OF BEING, THROUGHOUT ALL CREATION.

WITHIN THE ILLUSION YOU HAVE GIVEN YOUR POWER, YOUR LIGHT AWAY TO NOTHING. FOR THERE IS "NOTHING" TRUE AND REAL THAT EXISTS OUTSIDE OF SELF. EVERYTHING COMES FROM WITHIN.

CREATION IS CREATED FROM WITHIN EXPRESSED OUTWARDLY. AS THE PHRASE "GO WITHIN, OR GO WITHOUT. YOU ARE HERE TO GIVE YOU BACK TO YOURSELF.

SECTION 2: AWAKENING & ASCENSION

THE ASCENSION PROCESS 101
BEING PRESENT
YOU ARE ALREADY THERE - ENJOY.
CHOOSE LOVE IN EVERY MOMENT
THEN LOVE BECOMES THE ONLY
REALITY AND EXPERIENCE.
YOU ARE MADE OF LOVE.
VOICES FROM PRIME SOURCE
HERSELF.

INTRODUCTION - 1

WE SHARE SIMPLE, EASY TO UNDERSTAND TERMS WITH TOOLS & TECHNIQUES TO ASSIST YOU, IN YOUR ASCENSION PROCESS TO BE CLEAR, PREPARED, READY FOR STEPPING OUT OF FEAR, PAIN & SUFFERING (3D = THE ILLUSION) AND INTO HIGHER STATES OF CONSCIOUSNESS, AWAKENING TO THE WHOLE TRUTH AND YOUR DIVINE DESTINY.

AWAKENING IS THE PROCESS OF BECOMING CONSCIOUS. ONE DOES THIS THROUGH AWARENESS. AWARENESS TRANSFORMS INTO CONSCIOUSNESS.

IF YOU ARE READING THIS YOU ARE PROBABLY AWAKE AND ON THE PATH TO FULL CONSCIOUSNESS. YOU WAKE UP WHEN YOU REALISE THE TRUTH OF WHO YOU ARE, A MULTIDIMENSIONAL BEING (SOUL) HAVING A 3D EXPERIENCE IN A HUMAN BODY.

AWAKENING IS THE PROCESS OF RETURNING TO THE HIGHEST POSSIBLE UNDERSTANDING OF LOVE = SELF AWARENESS.

ASCENSION EQUALS BEING PRESENT IN THE MOMENT OF NOW SO THAT YOU CAN GET TO THE EXPERIENCE OF THE MAGIC OF CREATION. YOU INTO FULL CONSCIOUSNESS, HEAVEN CONSCIOUSNESS, CONNECTION TO THE GOD WITHIN, CONSCIOUS AWARENESS, JOY AND HAPPINESS.

THIS IS A FULL PLANETARY ASCENSION INTO 5D REALITY = LOVE EVERYWHERE PRESENT.

5D REALITY IS WHERE YOUR EXPERIENCE IS ONE OF CONSTANT JOY, WHOLENESS OF BEING, WHOLE HEALTH, BALANCED, HAPPINESS AND ABUNDANCE.

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INTRODUCTION - 2

THE ROAD TO FULL CONSCIOUSNESS IS A PATH THAT TAKES COURAGE, DETERMINATION, PERSEVERANCE, AND AN ATTITUDE OF "NO MATTER WHAT".

YOU HAVE TO BREAK DOWN THE WALLS, WHICH ARE THE BLOCKS WITHIN YOU TO AWAKEN FULLY INTO THE PRESENT MOMENT. THE UNCONSCIOUSNESS IS WHERE YOU FORGOT WHO YOU REALLY ARE. IT WAS DISCONNECTION FROM SOURCE, TRUTH, AND YOUR TRUE LIGHT.

EACH OF YOU ARE HERE ON PLANET EARTH = HEART TO ACCOMPLISH THIS TASK OF COMPLETE AWAKENING, AND TO RAISE THE VIBRATIONS ON THE PLANET INTO BALANCED HARMONICS.

THE TASK YOU ARE IN, IS NOT AN EASY TASK, BUT IT IS NOT IMPOSSIBLE. IN FACT YOU ARE HERE TO DO THE INCREDIBLE. SOMETHING THAT HAS NEVER BEEN ACCOMPLISHED ANYWHERE WITHIN CREATION. YOU WILL SUCCEED, AS THIS IS THE DESTINY OF THIS PLANET.

THIS IS SOMETHING UNIQUE, NEW, AND WHY YOUR SOULS WERE SO EAGER TO GET HERE. YOU STOOD IN LINE, WITH GOD ZILLIONS OF OTHERS, JUST FOR THIS EXPERIENCE, TO TRAVEL OUT OF THE DEPTHS OF THE LOWER VIBRATIONS AND HOME INTO THE LIGHT. FROM UNCONSCIOUSNESS, TO FULL CONSCIOUSNESS AND RECONNECTION TO SOURCE WHICH IS ASCENSION.

BREAK DOWN THE WALLS THAT WERE THE BLOCKS TO FULL CONSCIOUSNESS, WHICH IS THE FULL REMEMBRANCE OF YOU, AS A DIVINE BEING OF LIGHT, A ROYAL ANGEL. BY ACCOMPLISHING THIS, YOU ARE OPENING THE DOORS SO THAT OTHERS CAN ALSO MAKE THE JOURNEY HOME. THE UNCONSCIOUSNESS IS WHERE YOU COMPLETELY FORGOT WHO YOU WERE.

REMEMBER WHO YOU ARE AND THE LIGHTS COME ON. NOT REMEMBERING WHO YOU REALLY ARE, YOU ARE IN THE DARKNESS OF UNCONSCIOUSNESS.

THE ONLY WAY OUT OF THE DARKNESS, OR UNCONSCIOUSNESS, IS THROUGH.
EACH BEING ON THE PLANET HAS TO ACCOMPLISH THEMSELVES.

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INTRODUCTION - 3

YOU MUST DO THE WALKING. THE ONLY WAY OUT IS THROUGH. BY FACING YOURSELF, LOOKING AT WHAT IS REAL AND TRUE, AND LETTING GO OF WHAT IS NOT.

WHAT IS NOT REAL AND TRUE IS EGO. ANYTHING NOT IN THE PRESENT MOMENT OF NOW, IS NOT REAL, IS ALL ILLUSION. FACE THE ILLUSION, STEP INTO REALITY AND TAKE BACK YOUR LIGHT AND TRUE POWER, WHICH IS WHY YOU ARE HERE.

WHY IS HUMANITY ON THE PLANET RIGHT NOW? TO EXPERIENCE THE ASCENSION = AWAKENING AND SIMPLY REMEMBERING THEY ARE THEY LOVE.

THE HIGHEST TRUTH WITHIN UNIVERSAL UNDERSTANDING IS THAT YOU AND ALL OF HUMANITY, ALL OF CREATION IS MADE UP OF PURE CONSCIOUS ENERGY = UNCONDITIONAL LOVE.

CREATION IS MADE OF LOVE. TRUE, REAL LOVE AND THE UNKNOWABLE = PRESENT MOMENT OF NOW.

THE MISSION: TO BE LOVE AND BE IN SERVICE TO LOVE ON THIS PLANET.

ONCE THE BEING LETS GO, CHOOSES LOVE IN EVERY MOMENT, THEN LOVE BECOMES THE ONLY REALITY AND EXPERIENCE.

THERE IS NOTHING REAL AND TRUE THAT EXISTS OUTSIDE OF SELF, EVERYTHING COMES FROM WITHIN.

CREATION IS CREATED FROM WITHIN EXPRESSED OUTWARDLY.

ONCE YOU LOVE YOURSELF, THE DOOR OPENS, AND YOU ARE OUT OF THE BOX AND CONNECTED TO THE HIGHER GRID = 5D = LOVE EVERYWHERE PRESENT.

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INTRODUCTION - 4

TO AWAKEN FULLY IN THE PRESENT MOMENT, IS THROUGH LETTING GO OF EVERYTHING YOU THOUGHT YOU WERE, AND BEING ALL THE LOVE AND EVERYTHING YOU ARE. THIS DISSOLVES ALL ILLUSION.

AWAKENING = LETTING GO OF ALL OUTSIDE ATTACHMENTS THROUGH DISSOLVING ALL BELIEF SYSTEMS.

IF YOU CAN, RIGHT NOW, GET TO THE UNDERSTANDING ALL IS JUST ENERGY, YOU WILL MOVE DIRECTLY INTO TRANSFORMING THE EMOTIONAL AND MENTAL [DUALITY] INTO UNIFIED PASSION TO EXPERIENCE YOUR NATURAL STATE OF FEELINGS.

IT IS REALLY THIS SIMPLE.

KARMA AND NEGATIVITY ARE TO BE FORGIVEN WITH GRACE AND FORGIVENESS. THIS IS THE LAW OF LOVE AND OF LIGHT.

HUMANS MUST REALISE THAT THEY HAVE ALL COME HERE BY CONTRACT. ALL ARE ANGELS IN DISGUISE AND EVERYONE CAME TO THIS EARTH FOR THIS GRAND OPPORTUNITY.

ALL MUST WAKE UP AND SEE THIS HAS BEEN JUST A GAME.

A DREAM OF DUALITY AND SEPARATION. RIGHT NOW, ALL OF IT IS

TO BE FORGIVEN. EARTH IS A PLANET OF GRACE.

OUR UPCOMING ROLES ARE THAT WE WILL TRULY DEMONSTRATE THIS GRACE AND THIS LOVE, SO EVERYONE FROM ALL OTHER PARTS OF THIS GALAXY, CAN COME HERE AND OBSERVE THE RESULTS. TO REALISE THAT THE NEW MODEL EARTH CAN SPREAD TO EVERY PART OF THIS GALAXY.

THIS PLANET WAS PUT IN THIS UNIVERSE AND THIS GALAXY, FOR THE PURPOSE OF BECOMING ONE OF THE GREAT SHOWCASES OF LIGHT, OF LOVE AND FORGIVENESS.

INTRODUCTION - 5

ASCENSION COMES FROM WITHIN.
IT SIMPLY MEANS TO MOVE TO A HIGHER
LEVEL OF CONSCIOUSNESS. IT HAPPENS
TO EACH OF US MORE THAN ONCE.

IF YOU ARE STILL LOOKING TO OUTSIDE SOURCES TO GIVE YOU ANSWERS AND MAKE CHANGE, THEN YOU NEED TO WORK ON YOUR OWN SPIRITUAL DEVELOPMENT MORE.

LET GO OF EVERYTHING THAT COMES FROM EGO/FEAR AND INSTEAD CHOOSE TO GIVE AND RECEIVE LOVE. CHOOSE LOVE IN EVERY MOMENT. IT REALLY IS THAT SIMPLE.

WHAT IS THE MEANING OF LIFE? TO EVOLVE SPIRITUALLY, TO LOVE YOURSELVES, AND ALL OF CREATION.

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INTRODUCTION - 6

RAISING YOUR VIBRATION AND PREPARING FOR ASCENSION:

YOU RAISE YOUR VIBRATION BY EMBRACING LOVE, BEING LOVE, BEING PRESENT IN THE NOW, AND DOING WHATEVER BRINGS YOU JOY. ACTIVITIES THAT RAISE YOUR VIBRATION INCLUDE BEING IN NATURE, CONNECTING WITH TREES, LISTENING TO MUSIC AND SIMPLY BREATHING IN THROUGH THE NOSE AND OUT THROUGH THE MOUTH.

TO HELP CENTRE YOURSELF IN LOVE, YOU MIGHT WANT TO ENVISION BREATHING IN LOVE AND LIGHT AND BREATHING OUT LIGHT, LOVE, AND GRATITUDE.

IF YOU ARE DOING THINGS THAT RAISE YOUR VIBRATION AND YOU WANT TO ASCEND, AND ARE OPEN TO EMBRACING THE PROCESS TO FULL CONSCIOUSNESS, YOU WILL ASCEND.

WHAT'S THE SECRET TO ASCENSION? LOVE. DON'T WORRY. BE HAPPY.

THE PROGRAM, THE MATRIX, AND THE ILLUSION ALL REFER TO THE SAME THING. NOTHING IN THIS DIMENSION IS REAL. OUR GOAL IS TO REALISE THIS AND BREAK FREE.

THIS MAYBE THE MOST DIFFICULT TRUTH FOR MANY PEOPLE TO GRASP. YOUR UNDERSTANDING OF THIS LIKELY WILL NOT COME ALL AT ONCE. AS YOU RAISE YOUR VIBRATION, DEVELOP SPIRITUALLY AND EMBRACE LOVE AS THE ONLY REAL FEELING, YOUR UNDERSTANDING OF THE PROGRAM AND OTHER ISSUES WILL INCREASE.

TIME IS A 3D CONCEPT. THERE IS NO SUCH THING AS TIME. IT DOES NOT EXIST IN THE HIGHER DIMENSIONS. THIS IS WHY YOU WILL OFTEN HEAR THE REFERENCE TO "THE PRESENT MOMENT OF NOW". BY UNDERSTANDING THAT TIME IS NOT REAL AND FOCUSING ON AND EXISTING IN THE NOW, YOU HELP TO FREE YOURSELF FROM THE PROGRAM.

IN THE PRESENT MOMENT OF NOW, LOVE IS EVERYWHERE PRESENT. AS YOU DEVELOP SPIRITUALLY, YOU WILL BE ABLE TO UNDERSTAND THIS MORE AND MORE.

INTRODUCTION - 7

REACHING FULL CONSCIOUSNESS IS A PROCESS. THE MORE YOU ARE OPEN TO IT, THE EASIER AND QUICKER IS IT. REACHING FULL CONSCIOUSNESS INVOLVES MANY THINGS, LIKE EMBRACING LOVE, BEING LOVE, SHEDDING YOUR EGO AND ACCEPTING AND UNDERSTANDING HIGHER TRUTHS.

WE ALL HAVE A CONTRACT AND HAVE TAKEN ON HUMAN EXPERIENCES IN THIS LIFETIME, TO TRANSFORM, HEAL AND FORGIVE OURSELVES AND ALL OTHER SELVES.

ALTHOUGH WE ARE ON THE SAME PATH, EACH OF US IS UNIQUE AND WE HAVE A UNIQUE EXPERIENCE.

REACHING AND COMMUNICATING WITH OTHERS WHO ARE GOING THROUGH THE SAME PROCESS WILL HELP A LOT.

YOU MUST DO THE WALKING. BY FACING YOURSELF, LOOKING AT WHAT IS REAL & TRUE, LETTING GO OF WHAT IS NOT (EGO/ILLUSION) AND LETTING GO OF ANYTHING YOU'VE EVER BEEN TOLD OR TAUGHT. ONLY TRUTH REMAINS WHEN THE ILLUSION IS GONE.

EVERYTHING COMES FROM WITHIN. CREATION IS CREATED FROM WITHIN EXPRESSING OUTWARDLY.

IT IS ONLY THROUGH BEING THE CHANGE THAT WE CREATE THE CHANGE.

WE WILL BECOME ONE BUT ONLY IF YOUR EGO DIES, WHICH IS THE WAY YOU CAN GIVE UNCONDITIONAL LOVE. IN THE PRESENCE OF TRUTH, THE EGO DIES.

LET GO OF EVERYTHING YOU HAVE EVER BEEN TOLD OR LEARNT HERE IN THE 3D REALM AND SIMPLY BE PRESENT IN LOVE.

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SECTION 3: FOUNDATIONAL AWARENESS

THE ASCENSION PROCESS 101
BEING PRESENT.
YOU ARE ALREADY THERE - ENJOY
CHOOSE LOVE IN EVERY MOMENT
THEN LOVE BECOMES THE ONLY
REALITY AND EXPERIENCE.
YOU ARE MADE OF LOVE.
VOICES FROM PRIME SOURCE
HERSELF.

MISSION LIMITLESS FOUNDATIONAL AWARENESS - 1 AWARENESS TRANSFORMS INTO CONSCIOUSNESS

EXPECTATION = FANTASY. RELEASE ALL EXPECTATIONS. WHAT YOU THINK THE FUTURE WILL LOOK LIKE FOR THEN GRANDER EXPERIENCES CAN APPEAR AND SURPRISE YOU. JUST BE PRESENT IN THE EXPERIENCE OF NOW. THIS EQUALS FREEDOM TO ENJOY ALL OF LIFE IN EVERY LIVING MOMENT.

THERE IS ONLY ONE FOCUS ON PLANET EARTH = HEART AND THIS IS LOVE. LOVE IS THE FOCUS, LOVE FOR YOU, LOVE FOR ALL. WITHIN LOVE UNCONDITIONAL FOR THE ALL, WE AWAKEN THE PLANET. LOVE IS ALL THAT EXISTS. BE LOVE. CHOOSE LOVE. SAY LOVE.

FEELINGS ONLY EXIST IN THE PRESENT MOMENT OF NOW. FEELINGS ARE INDICATORS OF BEING PRESENT AS THEY ARE ALWAYS UPLIFTING AND JOYOUS. IF THEY ARE NOT FEELINGS OF JOY, THEY ARE YOUR PROGRAM.

YOU ARE ALL FREE. HOWEVER, IT IS UPTO YOU, TO SET YOURSELF FREE.

GRATITUDE. AN APPRECIATED AWARENESS AND THANKFULNESS. BEING THANKFUL FOR EVERY BREATHING MOMENT. FOR EVERYTHING AND EVERYONE BECAUSE YOU ARE ONE WITH ALL THAT IS. THE MORE YOU ARE IN A STATE OF GRATITUDE, THE MORE YOU DRAW THIS ENERGY TO YOUR EXPERIENCE. THE TRUE PRAYER IS ONE OF GRATITUDE.

LOWER THOUGHTS ARE CUT OFF FROM SOURCE & LOVE IN PAIN AND SUFFERING. HEAL THESE THOUGHTS AND CONNECT THE ENERGY OF COMPASSION BACK INTO UNIFIED PASSION. RECONNECT TO SOURCE AND LOWER THOUGHTS ARE HEALED INTO ONLY LOVE.

IN THE PROGRAM AKA 3D, EVERYTHING WAS JUST A PROJECTION FROM UNCONSCIOUSNESS, DELUSION. THIS IS HOW THE EGO FUNCTIONS. IT PROJECTS THE ILLUSION OF ISOLATION AND SEPARATION ONTO WHAT IT SEES, WHICH CREATES THE WORLD.

IN TRUE REALITY, FULL CONSCIOUSNESS, THE NEW PARADIGM, THERE ARE NO PROJECTIONS.
LOVE IS EVERYWHERE PRESENT. ALL THE ENERGY IS WHOLE AND HEALED. THERE EXISTS NO
SEPARATION.

FULL CONSCIOUSNESS EQUALS FREE FROM ALL LOWER THOUGHTS. HAVING AN AWARENESS OF ONE'S OWN EXISTENCE WITH EVERYTHING ELSE IN EXISTENCE.

EACH OF YOU ARE MADE UP OF PURE CONSCIOUSNESS ENERGY, OF LIGHT, LOVE AND PURE JOY. LOVE IS ALWAYS RESPONDING AND IS RESPONSIVE TO THE TRUE INFORMATION BEING PRESENTED TO THEM.

IF YOU RESIST THE PURE LOVE, CREATIONAL ENERGY WHICH IS ALWAYS MOVING FORWARD, YOU ARE STOPPING THE EVOLUTIONALLY PROCESS AND THE EFFECT WILL BE A BUILD-UP AND JUST AS WHAT YOU RESIST PERSISTS, WHAT YOU LOOK AT DISAPPEARS.

REAL PURE OF HEART, IS BEING THE LOVE YOU ARE EQUAL TO THE ALL. ALWAYS IS THE PRESENT MOMENT OF NOW, THIS IS BEING IN RIGHT ACTION AND RIGHT CONDUIT WHICH IS LOVE IN ACTION.

FOUNDATIONAL AWARENESS - 2 AWARENESS TRANSFORMS INTO CONSCIOUSNESS

IT IS YOUR RESPONSIBILITY TO RECLAIM YOUR POWER WITHIN THE TRUTH AND LIGHT OF YOUR BEING. TRUE FEELINGS OF LOVE ARE YOUR NATURAL STATE OF BEING. FEELINGS ARE WHAT THE BEING USES TO EXPERIENCE TRUE REALITY AND TO TRANSFORM THE UNCONSCIOUSNESS INTO PURE CONSCIOUSNESS = LOVE.

FEELINGS = THE SENSITIVITY OF THE ENERGY OF PURE CONSCIOUSNESS = LOVE. FEELING DIRECT CONNECTION TO ALL LOVE IS AND RECONNECT TO ONE CONSCIOUSNESS, WITH ALL THAT IS = EVERYTHING IN CREATION.

THESE FEELINGS OF LOVE AND JOY ENERGY ARE CREATIONAL ENERGY OF ATOMS THAT WHEN CHARGED WITH THESE FEELINGS (HIGH VIBRATIONAL THOUGHTS = LOVE). THE ENERGY IS SENT INTO CREATION TO RECREATE IN GRANDER AND GRANDER WAYS THROUGH THE CONTINUALLY RAISING VIBRATIONAL FREQUENCIES.

ALL JOY, LIGHT AND LOVE ARE THE HIGHEST POSSIBLE FREQUENCIES OF THE ATOMS.

BECAUSE OF THIS, ATOMS MOVE AT HIGH VELOCITY LIGHT, GATHERING TOGETHER,

MOVING UPWARDS TO HIGHER AND HIGHER FREQUENCIES OF THE ENERGY OR THE FEELING

OF LOVE EVERYWHERE PRESENT.

FEAR EQUALS SURVIVAL MODE AND CONTROL, WHICH BLOCKS THE ENERGIES OF CREATION. LOVE IS THE CHOICE. BY CHOOSING LOVE, YOU MOVE INTO TRUE FREEDOM OF THE EXPRESSION OF LOVE. ALL THAT IS REAL IS LOVE. EVERYTHING ELSE, LIKE FEAR IS NOT. BE AWARE AND LET IT GO. JUST KEEP THE FOCUS ON LOVE AND GO THROUGH THE PROCESS.

FEAR, PAIN, SUFFERING, PUNISHMENT, UNWORTHINESS = ILLUSION. IN REALITY, YOU ARE A LOVE BEING WORTHY OF ALL LOVE IS.

ALL KARMA (EGO/MIND) AND NEGATIVITY IS TO BE FORGIVEN WITH GRACE AND FORGIVENESS. LOVE ALWAYS RESPONDS WITH LOVE, POSITIVITY OR CO-OPERATIVELY. LOVE IS ALWAYS RIGHT AND THE ONLY RIGHT ACTION IS LOVE. LOVE IS TRUTH AND TRUTH IS RIGHT.

YOUR AWAKENING OCCURS WHEN YOU RECOGNISE WHO YOU TRULY ARE = LOVE, GOD, TRUTH, BRILLIANCE, SHINING LIGHT AND ONE WITH ALL LOVE IS.

TO PARTICIPATE IN NEW EARTH YOU WILL HAVE TO SHARE WITH OTHERS, TO PARTICIPATE IN THE EXPERIENCE.

SYNCHRONISTIC EVENTS ARE SIGNS THAT YOUR HIGHER SELF IS COMMUNICATING WITH YOU. FOLLOW THE SIGNS, THIS IS YOUR SOUL SPEAKING TO YOU.

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FOUNDATIONAL AWARENESS - 3

AWARENESS TRANSFORMS INTO CONSCIOUSNESS

LOVE IS AN ENERGY THAT WHEN UNIFIED, CREATES A SPHERE. LOVE CAN THEN CREATE WITHIN THE SPHERE AND EXPAND FROM THE CENTRE TO THE OUTER. WHERE LOVE IS EVERYWHERE PRESENT. YOUR CHAKRAS ARE SPHERICAL WITHIN YOU AND SO IS SPIRIT.

YOU WERE CREATED IN LOVE WHICH IS SOURCE. WE ARE ALL SOURCE AND YOU ARE EVERYTHING. WE ARE EQUAL SOURCE.

SOUL; THE SPIRITUAL NATURE OF ALL HUMANITY WHICH CONNECTS TO GOD.
ALL HUMAN BEINGS ARE AN ENERGY FIELD OF PURE CONSCIOUSNESS
ENERGY THAT IS ALWAYS INTERACTING WITH CREATION.

SURRENDER; BY SURRENDERING TO LOVE AND LETTING GO OF ALL OUTSIDE ATTACHMENTS YOU BECOME CREATION AND STEP INTO THE RIVER OF ONE.

THIS IS WHEN THE MAGIC OF CREATION OCCURS.

THERE ARE ONLY TWO CHOICES IN EVERY MOMENT, LOVE OR FEAR.
WHEN YOU CHOOSE LOVE YOU ARE SAYING I TRUST LOVE. WHEN YOU TRUST
LOVE, YOU ARE EMBRACING AND ACCEPTING LOVE SO THAT LOVE CAN
CREATE MORE WITH WHICH TO GIVE.

THOUGHT; AN IDEA, INTENT, PURPOSE, TRUE INFORMATION OF HIGHER THOUGHTS OF JOY AND TRUTH. TRUTH IS LOVE, PURE LOVE AND THERE EXISTS ONLY ONE TRUTH – LOVE.

TEAM; A GROUP WORKING TOUGHER FOR THE GREATER GOOD OF ALL.
WE ARE ALL FAMILY AND THEREFORE ONE TEAM.

UNDERSTAND; TO ACCEPT FACT, TRUTH, AND AGREE UNDERSTANDING OF INTELLIGENCE. AN INDICATION OF DIVINE INTELLIGENCE. IF YOU UNDERSTAND THE LOVE YOU ARE. THEN YOU HAVE GOT IT.

TRUE UNCONDITIONAL LOVE IS UNLIMITED, ALL POSSIBILITIES OCCUR IN LOVE IN UNLIMITED WAYS, IN GRANDER AND GRANDER WAY, ALWAYS.

UNCONSCIOUSNESS; WITHOUT CONSCIOUS AWARENESS. IN A DEEP SLEEP OR COMA. THE EGO WHICH IS UNCONSCIOUSNESS IS THE BIGGEST AND ONLY PROBLEM ON THIS PLANET.

FOUNDATIONAL AWARENESS - 4

AWARENESS TRANSFORMS INTO CONSCIOUSNESS

UNWORTHY; LACK IN VALUE, WORTHINESS, UNDERSERVING. IN ILLUSION YOU HAVE BEEN TAUGHT YOU ARE UNWORTHY BEINGS. YOU HAVE BEEN TAUGHT YOU ARE UNWORTHY OF THE LOVE OF YOURSELF, WHEN IN TRUE REALITY YOU ARE ROYAL BEINGS. FOR YOU ARE GOD. ONCE EVERYONE LOVES THEMSELVES AND EACH OTHER ON THIS PLANET, YOU BECOME A STAR SEED NATION. TRUE UNCONDITIONAL LOVE IS UNLIMITED, ALL POSSIBILITIES OCCUR IN LOVE IN UNLIMITED WAYS, IN GRANDER AND GRANDER WAYS. ALWAYS.

VIBRATIONAL FREQUENCY; A SINGLE VIBRATION MOTION RAPIDLY MOVING INTO HIGHER AND HIGHER FREQUENCIES. YOU ARE MADE UP OF ATOMS WHICH CARRY A VIBRATIONAL FREQUENCY IN CREATION, THE OCEAN OF LOVE.

HIGHER THOUGHT ALWAYS MOVES UP AND FORWARD CONTINUALLY JUST LIKE CREATION. YOUR TRUE BEING IS WITHIN YOU, INSIDE THE BODY, HEART AND SOUL. FOR NOTHING EXISTS OUTSIDE OF YOU. EVERYTHING COMES FROM WITHIN. GO WITHIN OR GO WITHOUT.

EXPECTATIONS = FANTASY. TO LOOK INTO THE FUTURE FOR A PROBABLE OUTCOME OR APPEARANCE OF, TO PRESUME, SUPPOSE. EXAMPLE - IN ORDER TO SUCCESSFULLY BE PRESENT IN THE MOMENT OF NOW, YOU HAVE TO RELEASE ALL EXPECTATIONS OF WHAT YOU THINK IT WILL LOOK LIKE. RELEASE ALL EXPECTATIONS OF EVERYTHING. FOR THEN GRANDER CAN APPEAR AND SURPRISE YOU. EXPECTATIONS KEEP YOU LOOKING OUT INTO A FUTURE THAT DOES NOT EXIST AND THEN ATTEMPTING TO CONTROL WHAT YOU RECEIVE. LET THIS ALL GO AND JUST BE PRESENT IN THE EXPERIENCE OF NOW.

AWARENESS - CONSCIOUS, SENSIBLE, ALIVE, AWAKE, ALERT, OBSERVANT. EXAMPLE - TO AWAKEN IT TAKES AWARENESS. THE AWARENESS TRANSFORMS INTO BEING PRESENT IN THE MOMENT OF NOW, CONSISTENTLY.

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SECTION 4: FOUNDATION

THE ASCENSION PROCESS 101 BEING PRESENT. YOU ARE ALREADY THERE - ENJOY. CHOOSE LOVE IN EVERY MOMENT, THEN LOVE BECOMES THE ONLY REALITY AND EXPERIENCE. YOU ARE MADE OF LOVE. **VOICES FROM PRIME SOURCE** HERSELF.

I AM HERE TO SERVE LOVE **EVERYWHERE** PRESENT IN ALL MOMENTS AND, SO IT IS

LOVE SERVES THOSE WHO SERVE LOVE. THIS TRULY **CREATES** ABUNDANCE FOR ALL.

HIGHLY RECOMMEND IN THESE INCOMING INTENSE ENERGIES TO TAKE A MINUTE EACH DAY AND PUT YOUR COMPLETE FOCUS ON LOVE ONLY.

IF WE CHOOSE TO BECOME A
GALACTIC HUMAN, OUR NEXT
STEP IS TO BEGIN PRACTICING
THINKING, FEELING, &
RESPONDING TO OTHERS WITH
UNCONDITIONAL LOVE ONLY.

IT'S ALL HAPPENING IF YOU ARE PAYING ATTENTION AND PARTICIPATING. EVERYONE HAS A ROLE, AND WE MUST ALL NOW BE THE CHANGE AND WALK THE TALK OF LOVE AND TRUTH.

EGOS WILL KEEP YOU AWAY FROM FEELING AND EXPERIENCING WHAT IS HAPPENING. LOVE YOURSELVES AND GO WITHIN. THIS IS THE KEY.

IN ORDER TO EXPERIENCE THESE INCOMING ENERGIES OF POWERFUL LOVE VIBRATIONS, ALL WILL HAVE TO LET GO AND COMPLETELY SURRENDER TO LOVE. YOU WILL BE SURRENDERING INTO THE PRESENT MOMENT OF NOW, WHICH IS REFERRED TO AS THE UNKNOWN.

THIS IS HUMANITY'S NEXT STEP IN EVOLUTION WHICH IS INTO ONENESS AND UNITY CONSCIOUSNESS.

THIS REQUIRES THE RELEASING OF ALL YOUR THOUGHTS. ALL YOU THOUGHT YOU KNEW. ALL OF IT, FROM THIS MOMENT ON.

IF YOU LOVE SOMETHING, LET IT GO. IF THIS COMES BACK TO YOU, YOU KNOW THIS IS REAL. ONLY THOUGHTS WHICH ARE REAL THOUGHTS, WILL REMAIN. BE BLANK. AS YOU LET GO, LOVE WILL COME RUSHING IN.

BEINGS HAVE CERTAIN EXPECTATIONS ABOUT HOW EVERYTHING IS TO UNFOLD, HOWEVER, THIS IS NOT UP TO EACH OF YOU. THIS ENERGY BELONGS TO THE UNKNOWN, WHERE LOVE AND CREATION CREATE FOR THE HIGHEST GOOD OF ALL, IN ALL WAYS. LOVE HAS ENTERED!

EACH OF YOUR CHOICE, IS TO COMPLETELY SURRENDER INTO LOVE.
THE PAST NO LONGER EXISTS. THIS MEANS PAST MEMORIES DO NOT
EXIST. LET GO AND BE FREE TO EXPERIENCE THE INCOMING MIRACLES.

THESE MIRACLES CAN ONLY OCCUR IN THE PRESENT MOMENT OF NOW.

IF YOU BELIEVE. THESE MIRACLES CANNOT UNFOLD IN THE PAST, ONLY

THE PRESENT MOMENT OF NOW.

EACH AND EVERYONE ONE OF HUMANITY CAME TO ACCOMPLISH A MISSION. TO BE LOVE AND BE IN SERVICE TO LOVE ON THIS PLANET. THIS IS EACH AND EVERYONE'S BIRTH PLAN.

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THE DIVINE PLAN IS WELL UNDERWAY AND IN PROCESS. THIS IS ENERGETICALLY MOVING AT AN UNSTOPPABLE RATE. LET GO OF ALL YOUR EXPECTATIONS AND TRUST LOVE.

WE UNDERSTAND, TRUSTING LOVE IS A FOREIGN CONCEPT FOR MANY.
HOWEVER, IF YOU WOULD LIKE TO EXPERIENCE THESE INCOMING ENERGIES, THIS
IS A REQUIREMENT. LET GO AND TRUST LOVE.

THESE ENERGIES ARE BREAKING DOWN THE DENSER ENERGIES AND MANY OF YOU ARE EXPERIENCING THE EGO DEATH. ALL PROGRAMMING IS COMING UP TO BE CLEANSED.

LET GO, BREATHE, STAY CENTRED AND MOVE THROUGH THE ENERGIES. ALLOW THEM TO FLOW ON OUT. AS THEY LEAVE, THE HIGHER ENERGIES WILL BE READY TO FILL YOU UP.

EACH DAY, WE HAVE THE OPPORTUNITY TO SYNCHRONISE, THROUGH INTENTION, PRAYER AND MEDITATION, TO THE COSMIC SOURCE OF ABUNDANT ENERGY, WHICH IS HELPING TO ASSIST US IN THIS TRANSFORMATION.

THE ENTIRE POPULATION ON THIS PLANET HAS A CONTRACT WITH LOVE TO RELEASE THE PROGRAMMING AND REMEMBER THEY ARE LOVE.

IS YOUR INTENTION TO CHOOSE LOVE? IF IT IS, THEN ALLOW THE LOVE TO TRANSFORM YOUR ENTIRE BEING. BECOME THE LOVE YOU TRULY ARE. MAKE IT YOUR FULL INTENTION TO SERVE LOVE IN EVERY MOMENT. CONNECTING YOURSELF TO THE LOVE OF ALL THAT IS.

LOVE IS THE TRUTH, YOU HAVE BEEN SEEKING.

LOVE IS NOT A BELIEF OR RELIGION, LOVE IS UNCONDITIONAL. LOVE IS TRULY THE ANSWER TO EVERY QUESTION. IF YOU ARE LOVE, THEN YOUR INTENTIONS ARE FOR THE HIGHEST GOOD FOR ALL.

JOYOUSLY ALLOW THE LOVE TO TRANSFORM YOUR BEING, INTO THE GOD THAT YOU ARE. ONCE YOUR INTENTIONS ARE TO BE ONLY LOVE, THEN HOW YOU CHOOSE TO SERVE THE UNIVERSE IS UP TO YOU.

STEPPING UP AND PARTICIPATING = BLISS = BEING LOVE IN SIMPLE SERVICE = LOVE EVERYWHERE PRESENT.

A SIMPLE SMILE, A SIMPLE HUG, A SIMPLE FOCUSED BREATHE INTENDED FOR THE HIGHER GOOD, CREATES MIRACLES. EVERY ACTION, EVERY THOUGHT, EVERY WORD, BECOMES LOVE.

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SECTION 5: FOUNDATION

THE ASCENSION PROCESS 101
BEING PRESENT.
YOU ARE ALREADY THERE - ENJOY
CHOOSE LOVE IN EVERY MOMENT
THEN LOVE BECOMES THE ONLY
REALITY AND EXPERIENCE.
YOU ARE MADE OF LOVE.
VOICES FROM PRIME SOURCE
HERSELF.

ONE SIMPLE TRUTH, IF YOU GET IT, IT SETS YOU FREE. BE PRESENT IN THE MOMENT OF NOW FOR ALL ELSE FOLLOWS THIS.

BE LOVE EVERYWHERE PRESENT.

LOVE YOURSELF FIRST.

BEWARE OF WHAT THE EGO IS. EVERYTHING LOVE IS NOT.

EMOTIONS ARE ALL EGO, FULLY FEEL IT, LET IT GO ASAP.

LOVE IS NOT AN EMOTION. REAL LOVE IS FEELING.

LOVE EVERYTHING. THIS IS YOUR NATURAL STATE OF BEING.

LOVE IS SIMPLE. LET GO. LET LOVE HANDLE THE DETAILS.

THE EGO MIND WORRIES ABOUT THE FUTURE AND HOLDS ONTO THE PAST.

RELEASE ALL PAST DRAMAS, TRAUMA BY FULLY FEELING THEM AND LETTING THEM GO.

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ONE SIMPLE TRUTH, IF YOU GET IT, IT SETS YOU FREE. BE PRESENT IN THE MOMENT OF NOW FOR ALL ELSE FOLLOWS THIS.

LET GO OF EVERY THOUGHT THAT YOU HAVE EVER HAD ABOUT ANYTHING AND EVERYTHING.

BY DOING THIS YOU WILL GAIN EVERYTHING.

ALL FEAR, PAIN AND SUFFERING WAS A BLOCK TO THE EXPERIENCE OF FEELING REAL LOVE.

BY SURRENDERING TO LOVE, YOU WILL DROP THE ILLUSION OF FEAR AND STEP INTO WHAT THE ONLY REAL IS, WHICH IS LOVE, THE DIVINE, LOVE EVERYWHERE PRESENT.

THE CYCLE OF DUALITY THEN COMES TO A CLOSE.

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THE ASCENSION PROCESS 101 BEING PRESENT. YOU ARE ALREADY THERE - ENJOY.

IN REALITY THERE IS ONLY ONE TRUTH AND THAT IS LOVE.

THIS TRUTH IS WITHIN, YOU NOT OUTSIDE OF YOU.

YOU DO SERVE A PURPOSE, AND YOU ARE HERE FOR A

REASON.

YOUR MISSION AND CONTRACT WAS TO COME HERE TO PLANET EARTH = HEART AND BE THE LOVE THAT YOU ARE IN EVERY PRESENT MOMENT.

AS THIS OCCURS COLLECTIVELY, WE RAISE THE VIBRATION OF THE PLANETS FREQUENCY INTO BALANCED HARMONICS AND CHANGE/TRANSFORM THE OLD ENERGIES OF UNCONSCIOUSNESS/EGO/ILLUSION INTO LOVE ENERGY THROUGH BEING THE LOVE WE ARE.

GHANDI SAID "BE THE CHANGE YOU WISH TO SEE."

DUALITY EXISTS IN THE ILLUSION.

IN REALITY, THERE IS ONLY LOVE EVERYWHERE PRESENT.

DUALITY WAS SIMPLY 2 DIMENSIONAL THOUGHT, BAD AND GOOD, WRONG OR RIGHT.

IN REALITY, WE EXIST IN MULTI-DIMENSIONAL THOUGHT OF ALL POSSIBILITIES, UNLIMITED THOUGHT AND IT IS ALL LOVE. PURE THOUGHTS OF LOVE, JOY, HAPPINESS, ONENESS, FAMILY, COOPERATION & UNITY.

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SECTION 6: INSIGHTS TO AWAKENING

THE ASCENSION PROCESS 101

BEING PRESENT.

YOU ARE ALREADY THERE - ENJOY.

CHOOSE LOVE IN EVERY MOMENT THEN LOVE BECOMES THE ONLY REALITY AND EXPERIENCE.

YOU ARE MADE OF LOVE.

VOICES FROM PRIME SOURCE HERSELF.

MISSION LIMITLESS INSIGHTS OF AWAKENING – 1

TO AWAKEN IT TAKES AWARENESS. THE AWARENESS TRANSFORMS INTO BEING PRESENT IN THE MOMENT OF NOW, CONSISTENTLY.

ENERGY (YOU) IS PURE THOUGHT (LOVE AND JOY). PURE THOUGHT IS LOVE WHICH IS CREATION IN MOTION = LOVE IN ACTION.

THE PRESENT MOMENT OF NOW = LOVE EVERYWHERE PRESENT. ONE SIMPLE TRUTH. IF YOU GET IT, IT SETS YOU FREE. BE PRESENT IN THE MOMENT OF NOW FOR ALL ELSE FOLLOWS THIS.

CHOOSE LOVE IN EVERY MOMENT. THEN LOVE BECOMES THE ONLY REALITY AND EXPERIENCE.

YOU ARE MADE OF LOVE, ATOMS OF PURE CONSCIOUSNESS ENERGY = UNCONDITIONAL LOVE. IN REALITY, THERE IS ONLY ONE TRUTH. AND THAT IS LOVE. THIS TRUTH IS WITHIN YOU, NOT OUTSIDE OF YOU.

THE ONLY ACTION IS THAT OF LOVE IN ACTION. THIS REQUIRES YOU CHOOSING LOVE IN EVERY MOMENT. THE ENERGY OF LOVE IN ACTION PRODUCES MORE ENERGY OF LOVE, WHICH IS THE REAL ENERGY.

LET GO OF EVERYTHING THAT WAS TAUGHT TO YOU, BECAUSE LOVE HAS NO BELIEFS OR RULES.

BE COMMITTED AND DEDICATED TO LOVE, AND ONLY LOVE, NO MATTER WHAT.
CLEAR AWAY ALL DARKNESS/ILLUSION/BELIEF SYSTEMS WHICH IS THE PROGRAM.

IN ORDER TO ASCEND YOU MUST BE COMPLETELY CLEAR, CRYSTAL CLEAR. NO ONE CAN ACCOMPLISH THIS FOR YOU BUT YOU.

CREATION EXISTS IN THE PRESENT MOMENT OF NOW, WHERE ALL ATOMS OF LOVE EXIST. EVERYTHING THAT IS NOT PRESENT IN THE MOMENT OF NOW DOES NOT EXIST. SIMPLE TRUTH.

PURE THOUGHT FORMS WHICH ONLY EXIST IN THE PRESENT MOMENT OF NOW, ARE ALL THOUGHTS OF JOY, AND SUPPORT LOVE UNCONDITIONALLY, OF HAPPINESS, OF TRUTH, GOD AND HEAVEN.

FEELINGS ONLY EXIST IN THE PRESENT. ANYTHING IN THE PAST/FUTURE ARE NOT FEELINGS, THEREFORE ARE NOT REAL AND DO NOT EXIST, EXCEPT IN FANTASY. FEELINGS ARE ONLY THE EXPERIENCE OF LOVE. TRUE FEELINGS ARE ALL HIGHER THOUGHTS.

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INSIGHTS OF AWAKENING – 2

LOWER THOUGHTS ARE SELF-SABOTAGING, MISERY, PAIN & SUFFERING = THE EGO PROGRAM AKA THE LOWER GRID. LOWER THOUGHTS ONLY EXIST IN THE PAST/FUTURE, NEVER THE PRESENT. LOWER THOUGHTS ONLY EXIST IN THE MIND AKA IGNORANCE. LOWER THOUGHTS ALL HAVE TO BE DISSOLVED. DISSOLVING ALL ATTACHMENTS TO LOWER THOUGHTS.

TO MOVE OUT OF DUALITY AND INTO THE HIGHER REALMS YOU HAVE TO RELEASE ALL LOWER THOUGHTS AND MOVE THROUGH THEM. THE ONLY WAY OUT IS THROUGH.

ONCE YOU RELEASE ALL LOWER THOUGHTS YOU ARE OUT OF THE PROGRAM.

EMBRACE, ACCEPT, ALLOW, AND REMEMBER THE TRUTH - ALL IS LOVE IN REALITY.

BREAKDOWN TO BREAKTHROUGH. AS YOU ARE MOVING INTO HIGHER VIBRATIONS, THIS TAKES A BREAKDOWN AND THEN A BREAKTHROUGH. WHENEVER YOU FEEL A BREAKDOWN OCCURRING, BLESS THE EXPERIENCE AND KNOW YOU ARE PREPARING FOR A BREAKTHROUGH. THE BREAKDOWN IS LETTING GO. BREAKING DOWN THE WALLS OF ISOLATION AND SEPARATION AND THEN MOVING INTO ONENESS.

- ONENESS IS WHERE WE PARTICIPATE TOGETHER IN COOPERATION AS ONE, LOVE EACH OTHER EQUALLY AND COMPLETELY. ONENESS ENERGY = THE ETHICS TRAIN. A COOPERATION WHERE EVERYONE PARTICIPATES AS A TEAM. ALL EQUALS, ALL CONTRIBUTING THEIR ENERGIES INTO ONE. THE ONE IS YOU, AS A PART THAT MAKES THE WHOLE.
- NOT TAKING ANYTHING PERSONALLY IS KEY. TRUSTING LOVE IS KEY. STAY FOCUSED IN LOVE. THIS IS YOUR TRUTH AND CENTRE.
- LET GO OF EVERY THOUGHT THAT YOU EVER HAD ABOUT ANYTHING AND EVERYTHING.

 BY DOING THIS YOU WILL GAIN EVERYTHING.
- ALL FEAR, PAIN & SUFFERING WAS A BLOCK TO KEEP THE EXPERIENCE OF FEELING REAL LOVE.
- BY SURRENDERING TO LOVE, YOU WILL DROP THE ILLUSION OF FEAR AND STEP INTO WHAT THE ONLY REAL IS. WHICH IS LOVE, THE DIVINE, LOVE EVERYWHERE PRESENT. THE CYCLE OF DUALITY THEN COMES TO A CLOSE.
- YOUR PURPOSE IS TO SERVE LOVE FOR THE HIGHEST GOOD AT ALL TIMES, AND YOU ARE COMMITTED TO YOUR OWN SPIRITUAL GROWTH, AND AT THE SAME TIME, EACH OTHER'S INDIVIDUAL SPIRITUAL GROWTH.
 - THE MIND IS THE PROGRAMMING = ILLUSION (THE SOURCE OF ALL FEAR, PAIN AND SUFFERING OF HUMANITY).
 - THE ONLY TRUE REALITY THERE IS LOVE EVERYWHERE PRESENT. EVERYTHING ELSE IS ILLUSION.
- YOU CAN LET GO AND RELEASE TRUTH FOREVER, AND TRUTH WILL ALWAYS COME BACK TO YOU. ALL REAL LOVE AND TRUTH ALWAYS DOES.

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INSIGHTS OF AWAKENING – 3

5D/THE HIGHER GRID/TRUE REALITY IS PURE THOUGHT. JOY AND LOVE. WHEN YOU GET TO PURE THOUGHT WHICH IS CLEAR FROM ALL LOWER THOUGHTS, YOUR CO-CREATIVE POWERS OPEN UP FOR YOU. THIS IS THE HIGHER GRID AND IS WHERE YOU ARE THEN FREE FROM THE PROGRAM. WHERE YOU ARE CLEAR, CRYSTAL CLEAR, NO EGO, NO DARKNESS. ONLY LOVE, LIGHT, TRUTH AND BRILLIANCE. THIS IS ALSO KNOWN AS SUPER CONSCIOUSNESS.

IN 3D ILLUSION YOUR EYES CAN SEE THINGS AND PROCESS AT 16 FORMS PER SECOND. IN 5D, ATOMS ARE VIBRATING AT A MUCH FASTER SPEED, LIGHT SPEED VIBRATIONS.

MOVE INTO REAL REALITY AND THE REAL TRUTH. THE ONLY WAY OUT IS THROUGH. BY FACING YOURSELF, LOOKING AT WHAT IS REAL AND TRUE AND LETTING GO OF WHAT IS NOT. WHAT IS NOT REAL AND TRUE IS EGO. ANYTHING ELSE NOT IN THE PRESENT MOMENT OF NOW. FACE THESE THINGS. STEP INTO REAL REALITY AND TAKE BACK YOUR LIGHT AND TRUE POWER.

THE MISSION: HEALING ONE'S SELF AND THE MISCONCEPTIONS OF REALITY.

LOVE REMOVES ANY AND ALL BELIEF SYSTEMS. TO AWAKEN IT TAKES

AWARENESS. THE AWARENESS TRANSFORMS INTO BEING PRESENT IN THE

MOMENT OF NOW, CONSISTENTLY.

THE ONLY ACTION IS THAT OF LOVE IN ACTION. THIS REQUIRES YOU CHOOSING LOVE IN EVERY MOMENT. THE ENERGY OF LOVE IN ACTION PRODUCES MORE ENERGY OF LOVE, WHICH IS THE REAL ENERGY.

WHAT KEEPS MANY FROM MOVING FORWARD ON THEIR AWAKENING PATH ARE TAUGHT BELIEF SYSTEMS. LET GO OF EVERYTHING THAT WAS TAUGHT TO YOU, BECAUSE LOVE HAS NO BELIEFS OR RULES.

BE COMMITTED AND DEDICATED TO LOVE AND ONLY LOVE NO MATTER WHAT.

CLEAR AWAY ALL DARKNESS, WHICH IS THE PROGRAM. IN ORDER TO ASCEND,

YOU MUST BE COMPLETELY CLEAR, CRYSTAL CLEAR. NO ONE CAN ACCOMPLISH

THIS FOR YOU BUT YOU.

LOVE IS ALWAYS CONSISTENT. SERVING LOVE NO MATTER WHAT. CONSTANTLY GIVING AND BEING LOVE IN ACTION. DEDICATED TO THE COURSE OF RIGHT ACTION.

AWAKEN FROM OUT OF THE DREAM OF ISOLATION AND SEPARATION,
REJOINING YOUR FAMILY OF LIGHT. ALIVE OUT OF ILLUSION, OUT OF THE
PROGRAM AND BEING FULLY CONSCIOUS IN THE PRESENT MOMENT OF NOW.

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INSIGHTS OF AWAKENING – 4

IN ILLUSION YOU HAVE BEEN IN A DREAM THAT YOU THOUGHT WAS REAL.
YOU ARE AWAKENING FROM THIS DREAM TO EXPERIENCE THE TRUTH OF
WHO YOU TRULY ARE, TO RETURN HOME INTO UPPER REALMS WHERE ONLY
LOVE AND JOY EXIST.

ILLUSION = IGNORANCE = PAIN, SUFFERING, FEAR = EGO.

ILLUSION = DISCONNECTION FROM LIFE FORCE ENERGY. DISCONNECTION
FROM LOVE = THE PROGRAMMED EGO MIND. UNCONSCIOUSNESS IS
DISCONNECTION FROM LOVE.

LOVE GOES AFTER THIS PAIN, AND AS THE PAIN DISSOLVES, IT TRANSFORMS AND HEALS INTO UNIFIED ENERGY.

LOVE = YOUR TRUE SELF.

THE KINGDOM OF HEAVEN = LOVE EVERYWHERE PRESENT.

TAKE BACK YOUR POWER AND STAND WITH LOVE AND THE TRUTH OF WHO YOU REALLY ARE. EMPOWER OTHERS BY BEING THE LOVE YOU ARE. GIVE THEM PERMISSION TO BE THE LOVE THEY ARE.

EVERYTHING IS ENERGY, ALL FEELING. MOVE INTO HIGHER VELOCITY LIGHT AND BEGIN UTILISING YOUR ENERGY IN CREATION WHICH EXPANDS AND BECOMES GREATER.

FEELINGS OF LOVE ONLY EXIST IN THE PRESENT MOMENT OF NOW AND LOVE EXPRESSES THROUGH YOU BEING LOVE.

YOUR CHILDLIKENESS IS THE KEY TO THE DOOR TO YOUR SOUL, AS THE ORIGINAL INNOCENCE. TO ENTER INTO 5D, THE KINGDOM OF HEAVEN, ONE MUST BE AS A CHILD. STANDING IN THE WONDER OF ALL IS, PRECISELY PRESENT, AS BEING YOU.

UNDERSTAND THAT ALL IS JUST ENERGY AND MOVE INTO TRANSFORMING
THE EMOTIONAL AND MENTAL DUALITY, INTO UNIFIED PASSION TO
EXPERIENCE YOUR NATURAL STATE OF FEELINGS.

TO WALK ACROSS THE BRIDGE, ALL YOU HAVE TO CHOOSE TO BE, IS LOVE AND SAY "I CHOOSE LOVE IN EVERY MOMENT".

COMFORT ZONES ARE EGO. WE HAVE TO KEEP BREAKING COMFORT ZONES SO WE CAN KEEP GROWING.

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INSIGHTS OF AWAKENING - 5

WHEN PEOPLE PROJECT THEIR OWN EGOS ONTO YOU, THEY ARE REALLY TELLING YOU ABOUT THEMSELVES. WHEN ONE JUDGES ANOTHER, IT IS BECAUSE THEY ARE VIEWING OTHERS AS A MIRROR OF THEMSELF.

OBSERVATION IS A STATE OF NEUTRALITY.

THE EGO JUDGES AND BLAMES. THE EGO IS NOTHING BUT A LIE. THE PROGRAM IS ALL ABOUT FEAR.

TO BE FREE FROM THE ILLUSION, ONE MUST SURRENDER AND LET GO TO GET INTO THE PRESENT MOMENT OF NOW, WHERE ALL LOVE IS. WHEN YOU PUT CREATION INTO MOTION, THEN YOU HAVE MORE CREATION.

ALL EGO/SPIRITUAL EGO = MENTAL PLANE, AND CANNOT ENTER THE HIGH VELOCITY EXPERIENCE OUT OF DUALITY. BECAUSE IT IS STILL A FORM OF DUALITY, SINCE IT PROMOTES ISOLATION AND SEPARATION. THE EGO ALSO KEEPS YOU FROM GROWING. CREATION, WHICH IS WHAT YOU REALLY ARE, IS CONSTANT GROWING AND EXPANSION. IT REQUIRES A CONSTANT CHOICE, THROUGH CHOOSING LOVE IN EVERY

MOMENT. AND A CONSTANT CHOICE, THROUGH CHOOSING LOVE IN EVERY MOMENT, CONSISTENTLY, TO CONTINUE FORWARD.

AWARENESS TRANSFORMS INTO CONSCIOUSNESS = SPIRIT.

WHAT YOU RESIST PERSISTS, WHAT YOU LOOK AT DISAPPEARS.
ALLOW, EMBRACE, AND LET GO OF ALL BELIEF SYSTEMS, ALL ILLUSIONS,
AND EVERYTHING HUMANITY HAS EVER BEEN TAUGHT OR TOLD.
CURRENTLY THOSE THAT ARE RESISTING, ARE ONLY HIDING THEIR LIGHT
BEHIND FEAR.

WHEN THE RIGHT AND LEFT BRAIN ARE IN SYNC [THIS IS ACHIEVED THROUGH THE LETTING GO OF ALL OUTSIDE ATTACHMENTS]. THEN YOU SET YOURSELF FREE, AND YOU LET GO OF CONTROL. THE BALANCED RIGHT/LEFT BRAIN AND HEART ARE REAL.

SO NOW HUMANITY HAS 2 CHOICES, FEAR OR LOVE. LOVE; ALLOW, EMBRACE, ACCEPT AND SURRENDER. SURRENDER MEANS YOU SET YOURSELF FREE, FREE FROM YOURSELF, YOU SURRENDER TO THE LOVE YOU ARE.

Mother of all Creation

SECTION 7: FOUNDATION

THE ASCENSION PROCESS 101 BEING PRESENT. YOU ARE ALREADY THERE - ENJOY. CHOOSE LOVE IN EVERY MOMENT THEN LOVE BECOMES THE ONLY REALITY AND EXPERIENCE. YOU ARE MADE OF LOVE. **VOICES FROM PRIME SOURCE** HERSELF.

DUALITY:

DUALITY EXISTS IN THE ILLUSION.
IN REALITY THERE IS ONLY LOVE
EVERYWHERE PRESENT.

DUALITY IS SIMPLY 2 DIMENSIONAL THOUGHT, BAD, GOOD, WRONG, RIGHT.

IN TRUE REALITY WE EXIST IN MULTIDIMENSIONAL THOUGHT OF ALL
POSSIBILITIES, UNLIMITED THOUGHT AND
IT IS ALL LOVE. PURE THOUGHTS OF LOVE,
JOY, HAPPINESS, ONENESS, FAMILY, COOPERATION AND UNITY.

CONSCIOUSNESS IS CREATION.

THE TRUTH IS WITHIN YOU, NOT OUTSIDE OF YOU.

Choose Love in Every Moment then Love Becomes the Only Reality and Experience. You are made of love.

THE TEACHINGS SHARED ARE SIMPLE. LOVE IS SIMPLE.

THE PATH OF UNCONDITIONAL LOVE REQUIRES THE DISSOLVEMENT OF THE EGO **PROGRAMMED** MIND/ILLUSION/ ALL BELIEF SYSTEMS, THE EMBODIMENT OF LOVE, HEALING AND LETTING GO OF ALL **WOUNDINGS AND TRAUMA.**

NOT TAKING ANYTHING PERSONALLY RIGHT NOW IS KEY. LOVE IS KEY. STAY FOCUSED IN LOVE. THIS IS YOUR TRUTH AND CENTRE.

EMBRACE, ACCEPT, ALLOW AND REMEMBER THE TRUTH - ALL IS LOVE IN REALITY.

HUMANITY HAS BEEN IN THE
ILLUSION FOR SO LONG
MOST HAVE NO IDEA OF
WHAT REAL LOVE IS, WHAT IT
LOOKS LIKE AND WHAT IT
FEELS LIKE.

THE REAL TRUTH IS, ALL THERE EXISTS IS LOVE.

EMBRACE, ACCEPT, ALLOW AND REMEMBER THE TRUTH - ALL IS LOVE IN REALITY.

IF YOU ARE WILLING TO LEAVE BEHIND ALL COMFORT, EVERYTHING THAT HAS EVER BROUGHT YOU FEELINGS OF SECURITY, AND YOU ARE WILLING TO FACE SOME REALLY UNPLEASANT STUFF ABOUT YOURSELF & YOUR LIFE, AND TO TAKE THE INTERNAL JOURNEY INWARDS IN **SEARCH OF YOUR TRUTH, LIGHT AND DESTINY, THEN TRUTH, LIGHT AND DESTINY WILL STEP UP TO MEET YOU. EAT & PRAY LOVE.**

EMBRACE, ACCEPT, ALLOW AND REMEMBER THE TRUTH - ALL IS LOVE IN REALITY.

ALL WILL HAVE TO LET GO AND COMPLETELY SURRENDER TO LOVE.

YOU WILL BE SURRENDERING INTO THE PRESENT MOMENT OF NOW WHICH IS REFERRED TO AS THE UNKNOWN.

THIS IS HUMANITY'S NEXT STEP IN EVOLUTION, WHICH IS ONENESS AND UNITY CONSCIOUSNESS.

THIS REQUIRES THE RELEASING OF ALL YOUR THOUGHTS.
ALL YOU THOUGHT YOU KNEW. ALL OF IT, FROM THIS
MOMENT ON.

IF YOU LOVE SOMETHING, LET IT GO. IF THIS COMES BACK TO YOU, YOU KNOW THIS IS REAL. ONLY THOUGHTS, WHICH ARE REAL THOUGHTS, WILL REMAIN.

BE BLANK! AS YOU LET GO, LOVE WILL COME RUSHING IN.

IF YOU CAN COMPLETELY SURRENDER AND STEP INTO THE ONENESS ENERGY, LIFE WILL BEGIN FRESH AND NEW, AS THE HIGHER SELF GRABS THE REIGNS.

EAT & PRAY LOVE.

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AS SOON AS YOU LET GO, AND ARE PRESENT, ALL KARMA IS DISSOLVED. GRACE IS GIVEN. LET GO.

JUST BE PRESENT IN LOVE.

THIS IS ALL THAT MATTERS NOW.

ALL THAT IS REAL, IS LOVE. EVERYTHING ELSE (FEAR) IS NOT. LOOK AT IT, BE AWARE, AND LET IT GO. CONTINUE ACCOMPLISHING THIS UNTIL YOU ARE THROUGH. YOU WILL KNOW. DON'T GET DISTRACTED. KEEP THE FOCUS ON LOVE, AND GO THROUGH THE PROCESS.

FEAR IS FALSE EVIDENCE APPEARING REAL. SOCIETY HAS PROGRAMMED FEAR INTO HUMANITY WHEN YOU WERE CHILDREN.

ALL KARMA IS FORGIVEN WITH GRACE AND FORGIVENESS. ALL YOU HAVE TO ACCOMPLISH IS TO BE PRESENT, YOU ARE THEN FREE IN LOVE AND SPIRIT AKA THE HIGHER SELF. YOU HAVE TO FORGIVE YOURSELF, AND GET ON WITH IT, INTO THE PRESENT MOMENT OF NOW.

KARMA IS JUST REPEATING THE SAME PATTERN OVER AND OVER AGAIN. NOT KNOWING YOU DON'T HAVE TO DO THIS ANYMORE. THERE IS NO SUCH THING AS BAD, BUT IN IGNORANCE. FEAR, PAIN AND SUFFERING IS THE ILLUSION.

IN REALITY, YOU ARE A BEING WORTHY OF ALL LOVE IS. BEING YOU, IS REMEMBERING THAT ONLY LOVE IS REAL, AND ONLY LOVE EXISTS. LOVING YOU IN CHILDLIKENESS, BEING PRESENT. AS LIFE BEING, FILLED WITH OVERFLOWING JOY. THIS JOY CONTAINS YOUR LIVING PRESENTNESS, AWAKENING INTO DIVINE ONENESS.

YOUR CHILDLIKENESS IS THE KEY TO THE DOOR OF YOUR SOUL, AS THE ORIGINAL INNOCENCE. TO ENTER INTO 5D, THE KINGDOM OF HEAVEN, ONE MUST BE AS A CHILD. STANDING IN THE WONDER OF ALL LOVE IS, PRECISELY PRESENT, AS BEING YOU.

ALLOW US TO REPEAT THIS SIMPLE TRUTH. TO ENTER INTO 5D, THE KINGDOM OF HEAVEN, ONE MUST BE AS A CHILD, STANDING IN THE WONDER OF ALL LOVE IS, PRECISELY PRESENT, AS BEING YOU. WITHIN YOUR HEART, LOVE IS WHERE ALL BRILLIANCE, BEAUTY, TRUTH AND JOY RESIDES. THESE ARE THE KEYS TO THE KINGDOM OF ALL MULTI-DIMENSIONAL THOUGHT, BEING PRESENT AND SHARED UNCONDITIONALLY.

UNCONDITIONAL LOVE IS WITHIN YOU, AS YOU ACCEPT YOURSELF AND YOUR DIVINITY. THEN UNCONDITIONAL LOVE EXPANDS FROM YOUR CENTRE OF BEING.

UNDERSTAND THAT ALL IS JUST ENERGY AND MOVE INTO TRANSFORMING THE EMOTIONAL AND MENTAL DUALITY INTO UNIFIED PASSION TO EXPERIENCE YOUR NATURAL STATE OF FEELINGS. YOU = LOVE = GOD.

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THE NEW GRID AND THE REAL EVOLUTION - 1

ALL MUST NOW IF THEY HAVE NOT ALREADY, GET ONTO THE PATH HOME INTO THE LIGHT.

THERE ARE NO MORE CHOICES LEFT NOW, EXCEPT HOME INTO THE LIGHT. MOTHER EARTH = HEART IS NOW EXISTING IN 5D FREQUENCIES AND SO WILL ALL ON HER.

THE NEW EARTH TRULY HAS BEEN BORN.

AS A RESULT, A NATURAL PART OF EVOLUTION IS UNFOLDING ON THIS PLANET, AND WE CANNOT GO BACK. CREATION IS IN MOTION IN A BIG WAY. HUMANITY IS NOW ON THE PATH FROM FEAR TO LOVE, AS THE OLD PARADIGM OF FEAR IS CRUMBLING BELOW THEM. HOW THEY EXPERIENCE THIS EVENT UNFOLDING DEPENDS ON THEM. HOWEVER, THIS IS INEVITABLE ON THIS PLANET.

THE LOWER VIBRATIONS ARE DISSOLVING BELOW THE POWERFUL GRID OF LIGHT, WHICH HAS BEEN ACTIVATED ON THIS PLANET, AND IS INCREASING IN LIGHT NOW EVERY MOMENT.

ONCE YOU LOVE YOURSELF, THE DOOR OPENS AND YOU ARE OUT OF THE BOX AND CONNECTED TO THIS GRID. AN EGO/MIND CANNOT UNDERSTAND WHAT REAL LOVE IS, SO IT CANNOT STEP OUT OF THE BOX, ONLY THE REAL BEING CAN.

THE ENERGY OF LOVE IS THE STRONGEST, AND COMES FROM WITHIN. LOVE THYSELF, TRANSLATES INTO LOVE EVERYWHERE PRESENT. THEN YOU HAVE WALKED INTO "THE KINGDOM OF HEAVEN".

YOU DO NOT HAVE TO DIE A THOUSAND MORE TIMES TO CHOOSE THE EXPERIENCE OF ETERNITY.

ITS HERE AND ITS NOW! IN THESE NEW EARTH ENERGIES, THE PATH EACH MUST BEGIN WALKING, IS THE ONE OUT OF THE DARKNESS FROM FEAR/THE OLD PROGRAM AND INTO ONLY LOVE.

THE NEW GRID SURROUNDING THIS PLANET CONTAINS THE LAW OF ONE, DIVINE INTELLIGENCE, WHICH MEANS THE LAW OF ONLY LOVE. ONLY LOVE WITHIN UNITY AND EQUALITY CAN BE TRUE CREATION. THE ONLY REAL LAW THAT TRULY EXISTS. IN THIS GRID, IS WHERE THE NEW EARTH IS MANIFESTING.

WE ARE IN FULL SPEED EVOLUTION AND ALL, WHICH INCLUDES 8.0 BILLION+ BEINGS HERE, ARE WALKING. IT SIMPLY DEPENDS IF THEY ARE AWAKE OR ASLEEP TO WHAT IS OCCURRING RIGHT NOW.

AS EVERYONE TRAVELS THIS, PATH THEY WILL REACH THE VOID (4D), THIS IS THE SPACE BETWEEN 3D AND 5D. IT IS THE RAINBOW BRIDGE FROM OLD EARTH TO HEAVEN ON EARTH. WHICH IS REAL REALITY.

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THE NEW GRID AND THE REAL EVOLUTION - 2

WALKING THROUGH THE VOID (4D) IS SIMILAR TO THE EXPERIENCE OF "DEATH" AS IT IS NOW. HOWEVER, THAT DEATH WAS JUST A PROGRAM, DICTATING HOW IT WAS SUPPOSED TO BE. SUCKING THE LIFE FORCE ENERGY OUT OF BEINGS, THE BOX, GIVING YOU A BOX WHEN YOU WERE BORN AND WHEN YOU DIED A PHYSICAL DEATH. IN TRUTH, THERE REALLY ARE NO BOXES. JUST ALL YOUR FANTASIES INSIDE OF IT, FROM THE LEFT BRAINS' DISTORTIONS AND DISCONNECTION FROM THE RIGHT BRAIN OF DIVINE CONNECTION TO SOURCE. AS YOU WALK THE PATH OUT OF FEAR, PAIN, AND SUFFERING, OUT OF THE BOX, YOU COME TO THE ZERO POINT, OR THE VOID.

SO, THOSE OF YOU NOW WALKING THROUGH THE VOID, KEEP WALKING. THE VOID IS JUST THE MIDDLE BETWEEN THIS FEAR AND LOVE, OUT OF EGO AND INTO SPIRIT. THIS IS ALSO KNOWN AS THE "LIGHT AT THE END OF THE TUNNEL", THE BRIDGE OUT OF HELL [THE PROGRAM OF AN EGO MIND] AND INTO ETERNITY.

FOR THOSE IN THE VOID, THE NEXT STEP OUT OF THE VOID IS INTO THE ONE, BACK INTO ETERNITY! ONLY ONE PATH LEADS HOME INTO ETERNITY, AND THAT'S THE LIGHT. LOVE, JOY AND TRUTH!

WITHIN THIS LIGHT OF HEAVEN ON EARTH IS ONLY BRILLIANCE, THE LOVE AND TRUTH OF WHO YOU ARE AND WE ARE ALL ONE. TO WALK ACROSS THE BRIDGE, ALL YOU HAVE TO CHOOSE TO BE IS LOVE, AND SAY "I CHOOSE LOVE IN EVERY MOMENT".

CHOOSING LOVE IN EVERY MOMENT. THIS IS YOUR GUIDE AND YOUR KEY INTO THE KINGDOM OF HEAVEN WHICH IS YOURS, BY DIVINE BIRTHRIGHT. WHERE LOVE IS THE ONLY LAW, AND WE ARE ALL EQUAL WITHIN IT.

AS WE STEP OUT OF THE BOX ONTO THE NEW GRID, THIS IS WHEN WE EXCEPT ETERNITY AS OUR HOME. DEATH WILL NO LONGER EXIST. WE CHANGE INTO OUR CRYSTAL FORMS AS WE ARE BEING PRESENT WITHIN THE EXPERIENCE AND COCREATE HEAVEN ON EARTH.

THIS IS THE DIVINE PLAN IN FULL ACTIVATION. THEN WE SAY WELCOME HOME EARTHLINGS INTO ETERNITY AND TO "THE KINGDOM OF HEAVEN". ALL YOUR ANGELS WILL HAPPILY TAKE YOUR MASKS AT THE DOOR, AS YOU CHOOSE THE LOVE THAT YOU ARE! AND EXCEPT ETERNITY AS YOUR HOME! SAY GOODBYE TO THE EGO MIND PROGRAM THAT HID EVERYONE FROM THE LOVE AND BRILLIANCE EVERYONE TRULY IS ON THIS PLANET. THE TIME IS UP FOR ALL EGO'S.

EARTH IS YOUR HOME. WE ENCOURAGE ALL TO WAKE UP INTO THIS REALITY AND ACCEPT RESPONSIBILITY AS A LOVE BEING, AS THE TRANSFORMATION TAKES PLACE REGARDLESS! WELCOME TO THE REAL EVOLUTION. IT IS A 90 DEGREE VERTICAL LEARNING CURVE UP!!!

WITH A PARADIGM SHIFT AND A QUANTUM LEAP FORWARD WRAPPED UP INTO ONE! WE ARE TRANSFORMING BACK INTO "SPIRIT", SO LET'S CELEBRATE MOTHER EARTH'S RETURN HOME AND YOURS!

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YOUR PURPOSE

YOUR PURPOSE IS TO SERVE LOVE FOR THE HIGHEST GOOD AT ALL TIMES, AND ARE COMMITTED TO YOUR OWN SPIRITUAL GROWTH, AND AT THE SAME TIME EACH OTHER'S INDIVIDUAL SPIRITUAL GROWTH.

YOU WILL JOIN TOGETHER AS ONE WITH SOURCE IN ONE SHARED PURPOSE WHICH IS TO CREATE A "REAL" LOVE STORY. THAT WILL SET THE EXAMPLE OF TRUE UN-CONDITIONAL LOVE, PEACE, LAUGHTER, PLAYFULNESS, JOY AND HARMONY AS BEING AND SETTING THE EXAMPLE AS LIGHTWORKERS. OUR UN-CONDITIONAL LOVE FOR EACH OTHER WILL GROW, PRODUCING GRAND MANIFESTATIONS OF OUR HIGHEST VISIONS AND GRAND REALISATIONS OF "WHO WE TRULY ARE", GOD, IN THIS NOW EXPANDED CONSCIOUSNESS WHERE ONLY LOVE IS.

YOU WILL BE ASSISTING IN THE CLEAN UP AND RESTORATION OF PLANET EARTH = HEART. AS WE GROW TOGETHER, THE UNIVERSE WILL RESPOND, BLOSSOMING US INTO A BEAUTIFUL GLOWING FLOWER, FIBONACCI, BLUE STAR NATION.

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THE MIND IS THE PROGRAMMING = ILLUSION (THE SOURCE OF ALL FEAR, PAIN AND SUFFERING OF HUMANITY).

THE BALANCED RIGHT/LEFT BRAIN AND HEART ARE REAL. THE ONLY TRUE REALITY THERE IS, IT'S CALLED: LOVE EVERYWHERE PRESENT. EVERYTHING ELSE IS ILLUSION.

SURROUNDING PLANET EARTH = HEART IS A MAGNETIC GRID THAT EACH OF YOUR HIGHER SELVES ARE CONNECTED INTO. THIS IS SOURCE ENERGY WHICH EVERYONE IS. YOU HAVE TO LET GO OF ALL THE OLD PROGRAMMING AND BE PRESENT IN THE MOMENT OF NOW. THEN YOU ARE CONNECTED INTO THIS GRID.

THIS GRID IS THE REAL GRID OF ONENESS WHERE WE ARE ALL CONNECTED AS ONE.

LET GO OF THE OLD, AND CONNECT WITH THE NEW AND THEN YOU GOT IT!

IT IS NOW, UP TO ALL OF US, AS A FAMILY OF LIGHT TO BE THE EXAMPLES OF THE "NEW" PARADIGM. THIS OPENS THE DOOR AND ALLOWS OTHERS TO ALSO STEP FORWARD IN THEIR LIGHT AND THEN GATHER TOGETHER AS ONE.

REMEMBER, THERE IS ONLY ONE TRUTH, AND THAT IS LOVE. LOVE IS ALL THAT YOU CAN SUPPORT, BECAUSE LOVE ALWAYS GIVES BACK.

YOU CAN LET GO AND RELEASE TRUTH FOREVER, AND TRUTH WILL ALWAYS COME BACK TO YOU. ALL REAL LOVE AND TRUTH ALWAYS DOES.

THE KEY TO AWAKEN IS TO FALL IN LOVE WITH SELF – 1

THE KEY TO AWAKEN IS TO FALL IN LOVE WITH SELF. ONCE THIS OCCURS, LOVE TAKES OVER. THEN THE LIGHTS COME ON, AS YOU UNDERSTAND WHAT LOVE REALLY IS.

LOVE IS YOU, AND EVERYTHING. THEN YOU REALISE THE CONNECTION TO ALL THAT IS. WHEN YOU FALL IN LOVE WITH SELF, THE EXPERIENCE IS AN AWAKENING FROM WITHIN YOUR SOUL. ONCE THIS CONNECTION IS MADE, YOU CAN THEN HEAR LOVE SPEAKING TO YOU, CALLING YOU. THEN YOUR PATH AND JOURNEY HOME BEGINS.

THERE IS ONLY ONE TRUTH, AND THIS TRUTH IS LOVE.

THE ONLY DIFFERENCE IS YOUR OWN UNIQUENESS IN HOW YOU EXPERIENCE THIS LOVE. JUST AS A DIAMOND HAS MANY FACETS, THIS IS HOW EACH OF YOU ARE. YOU EACH ARE A FACET OF THE DIAMOND, A UNIQUE EXPRESSION IN YOUR EXPERIENCE OF LOVE, WHICH MAKES THE WHOLE.

BE PRESENT IN THE MOMENT OF NOW. MAKE SURE YOU ARE FREE OF ALL BELIEF SYSTEMS. BE IN JOY IN THE NO MATTER WHAT! BE AN EXAMPLE OF LOVE AND TRUTH.

TRUST LOVE AND THE HIGHEST OUTCOME.

SET UP YOUR FIELD IN GRATITUDE AND FOR THE HIGHEST OUTCOME TO UNFOLD DAILY.

THE KEY TO AWAKEN IS TO FALL IN LOVE WITH SELF – 2
IN ORDER TO EXPERIENCE THESE INCOMING ENERGIES OF POWERFUL
LOVE VIBRATIONS, ALL WILL HAVE TO LET GO AND COMPLETELY
SURRENDER TO LOVE. YOU WILL BE SURRENDERING INTO THE
PRESENT MOMENT OF NOW WHICH IS REFERRED TO AS THE
UNKNOWN.

THIS IS HUMANITY'S NEXT STEP IN EVOLUTION. INTO ONENESS AND UNITY CONSCIOUSNESS. THIS REQUIRES THE RELEASING OF ALL YOUR THOUGHTS, ALL YOU THOUGHT YOU KNEW. ALL OF IT FROM THIS MOMENT ON.

IF YOU LOVE SOMETHING, LET IT GO. IF THIS COMES BACK TO YOU, YOU KNOW THIS IS REAL. ONLY THOUGHTS WHICH ARE REAL THOUGHTS, WILL REMAIN.

BE BLANK! AS YOU LET GO, LOVE WILL COME RUSHING IN. IF YOU CAN COMPLETELY SURRENDER AND STEP INTO THE ONENESS ENERGY LIFE WILL BEGIN FRESH AND NEW, AS THE HIGHER SELF GRABS THE REIGNS.

BEINGS HAVE CERTAIN EXPECTATIONS ABOUT HOW EVERYTHING IS TO UNFOLD, HOWEVER, THIS IS NOT UP TO EACH OF YOU. THIS ENERGY BELONGS TO THE UNKNOWN, WHERE LOVE AND CREATION CREATE FOR THE HIGHEST GOOD OF ALL, IN ALL WAYS. LOVE HAS ENTERED! IT IS YOUR CHOICE TO COMPLETELY SURRENDER INTO LOVE.

THE PAST NO LONGER EXISTS. THIS MEANS PAST MEMORIES DO NOT EXIST. LET GO AND BE FREE TO EXPERIENCE THE INCOMING MIRACLES. THESE MIRACLES CAN ONLY OCCUR IN THE PRESENT MOMENT OF NOW.

EACH AND EVERYONE OF HUMANITY CAME TO ACCOMPLISH A MISSION. TO BE LOVE AND BE IN SERVICE TO LOVE ON THIS PLANET. THIS IS EACH AND EVERYONE'S BIRTH PLAN.

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BEING PRESENT IN THE MOMENT OF NOW - IT WORKS - 1

WHEN YOU ARE SITTING ALONE OR WITH OTHERS WHAT HAPPENS WITHIN? IS YOUR HEART FULL OF LOVE AND EXPANDING, ACCEPTING AND EMBRACING WHAT IS GOING ON AROUND YOU? ARE YOU FEELING AND FLOWING WITHIN THE ENERGY OF CREATION THAT OCCURS WITHIN THE MOMENT OF NOW? THIS IS WHAT IT FEELS LIKE TO BE PRESENT, FULLY CONSCIOUS OF THE DIVINE BEING OF LIGHT THAT YOU ARE.

MANY OF US ARE TOO CAUGHT UP LISTENING TO THE INTERNAL DIALOG RUNNING THROUGH OUR MIND. THESE ARE THE THOUGHTS THAT APPEAR TO RUN IN A LOOP, NOT GOING ANYWHERE BUT IN CIRCLES. IT TAKES ON THIS PATTERN OF A CIRCLE CARRYING US INTO THE PAST OR THE FUTURE. YET, ALL THIS ACCOMPLISHES IS KEEPING US "BUSY" SO THAT WE ARE NOT FULLY AWAKE AND PRESENT. HOW DO THESE THOUGHTS MAKE YOU FEEL? WHAT PURPOSE DO THEY SERVE? THEY DRAG YOU DOWN THROUGH REPETITION, EXPERIENCING THE SAME EMOTIONS OVER AND OVER AGAIN. WHY WOULD ANYONE STAY OR TRY TO STAY IN THE PAST REMEMBERING IT OVER AND OVER AGAIN?

THE RIVER OF CREATION STILL FLOWS ON WITHOUT YOU. YOU CAN ALLOW YOURSELF TO DROWN IN THE EMOTIONS AND MEMORIES OF THE PAST, OR YOU CAN CHOOSE TO LET THEM GO. WHY WOULD ANYONE CHOOSE TO LET THIS PATTERN CONTINUE? WHY NOT FACE IT SO YOU CAN SET YOURSELF FREE FROM THE CHAINS THAT ATTACH YOU TO THE PAST? THE PAST IS GONE, IT'S BEHIND YOU, SO HOW CAN YOU HANG ONTO SOMETHING THAT IS NO LONGER THERE? YOU CAN'T, BUT YOU STILL TRY TO!

THIS INTERNAL DIALOG THAT YOU HEAR CAN ALSO BE DESCRIBED AS THE VOICE OF YOUR EGO. DO YOU HAVE THOUGHTS THAT YOU KNOW "ARE NOT YOURS", SO TO SPEAK? DOES IT PUT YOU DOWN AND MAKE YOU FEEL BAD ABOUT YOURSELF? YOU ARE A DIVINE BEING OF LOVE AND LIGHT, THIS IS THE REAL YOU. YOU SHOULD NOT TAKE ON WHAT OTHERS PROJECT ONTO YOU. DON'T HIDE YOUR LIGHT BECAUSE OF WHAT EGO AND OTHERS SAY TO YOU. OPEN WIDE YOUR ARMS, AND EMBRACE THE LOVE YOU ARE, JUST BE THAT LOVE EVERYWHERE PRESENT.

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BEING PRESENT IN THE MOMENT OF NOW - IT WORKS - 2

THERE IS A QUOTE "CARE WHAT OTHERS THINK OF YOU AND YOU WILL ALWAYS BE THEIR PRISONER". IT REALLY HITS HOME, FOR YOU CANNOT BE ANYTHING THAT YOU ARE NOT. YOU CAN PRETEND BUT WHERE HAS THIS MINDSET GOT YOU SO FAR? NOWHERE, EXCEPT RUNNING IN CIRCLES AND CAUSING YOU PAIN BECAUSE YOU CAN NEVER LIVE UP TO THEIR EXPECTATIONS. IF THIS IS HOW THE EGO MAKES YOU FEEL, WHY NOT CONFRONT IT? TRUTH AND LOVE ARE THE DEATH OF THE EGO. WHEN YOU EXPERIENCE AND FEEL THE LOVE AND TRUTH THAT YOU ARE, YOUR EGO THEN NO LONGER HAS A PLACE TO RESIDE.

WHEN YOUR ATTENTION IS TURNED TO THE FUTURE YOU'VE ALLOWED YOURSELF TO SLIP INTO A FANTASY. THE FUTURE DOES NOT EXIST YET, SO WHY FOCUS UPON A FANTASY? WHEN YOU ARE WITHIN THE PRESENT MOMENT YOU ARE CREATING THE FUTURE! BEING PRESENT ALLOWS YOU TO PARTICIPATE IN CREATION. FEELING THE FLOW AND LOVE AS IT OCCURS LIFTS YOU HIGHER AND FILLS YOU WITH JOY. DOES THAT OCCUR WITHIN THE FANTASY YOU CREATED ABOUT THE FUTURE? SO WHY NOT SHOW UP AND EXPERIENCE CREATION?

IN THE PRESENT MOMENT, THE INTERNAL DIALOG DISAPPEARS. YOU BECOME AWARE OF EVERYTHING AROUND YOU. THE LIGHT WITHIN SHINES BRILLIANTLY THROUGH, REFLECTING BACK THE LIGHT OF THOSE AROUND YOU. FEELINGS BEGIN TO FLOW. FILLING YOU UP WITH THE LOVE THAT YOU ARE, THAT IS EVERYWHERE PRESENT.

THIS IS WHEN YOU SHOW UP IN THE "KINGDOM OF HEAVEN". YOU HAVE THEN ANSWERED THE CALL SENT OUT TO YOU TO AWAKEN.

THIS IS HOW YOU FULFIL YOUR CONTRACT, SHOW UP AND PARTICIPATE WITHIN CREATION.

BE THE LOVE THAT YOU ARE, AND IN TURN, YOU WILL BE THE EXAMPLE FOR OTHERS TO OPEN UP TO THEIR OWN TRUE BEING.

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FEAR - FALSE EVIDENCE APPEARING REAL - 1

IF YOU CAN PINPOINT WHAT YOU ARE AFRAID OF THAT WILL EXPLAIN THE ISSUE YOU ARE HAVING. THAT CAN ALSO EXPLAIN OUR ATTACHMENTS TO ANYTHING IN 3D, PEOPLE, PLACES AND THINGS. EVERYTHING YOU THINK YOU ARE. UNCONSCIOUSNESS CONNECTING WITH UNCONSCIOUSNESS IN OURSELVES CAN BE A TRIGGER FOR CLARITY.

COMFORT ZONES ARE EGO. WE HAVE TO KEEP BREAKING COMFORT ZONES SO WE CAN KEEP GROWING. WHEN PEOPLE PROJECT THEIR OWN EGOS ONTO YOU, THEY ARE REALLY TELLING YOU ABOUT THEMSELVES.

WHEN ONE JUDGES ANOTHER, IT IS BECAUSE YOU ARE VIEWING OTHERS AS A MIRROR OF YOURSELF. OBSERVATION IS A STATE OF NEUTRALITY.

THE EGO JUDGES AND BLAMES. THE EGO IS NOTHING BUT A LIE. THE PROGRAM IS ALL ABOUT FEAR.

THE PROGRAM IS WHAT KEEPS SOCIETY LOCKED INTO THE ILLUSION.
FEAR IS A VERY POWERFUL EMOTION AND FEARS KEEPS THE REAL
AWAY FOR THE FOCUS IN ON THE FEAR.

FEAR IS THE EMOTION WHICH EFFECTS THE BODY'S ABILITY TO TAKE IN OXYGEN, WHICH INCREASES THE FEAR. SO, THE FIGHT OR FLIGHT INSTINCTS OVERCOME ALL REALITY. FOR REALITY IS THE DEATH OF ILLUSION AND THE TRUE DEATH OF THE PROGRAM. THERE IS LIGHT AT THE END OF THE TUNNEL AND YOU ARE IT. RELEASE THE FEAR AND YOU ARE FREE OF THE PROGRAM.

HOW TO RELEASE FEAR, YOU HAVE TO FACE IT, WALK THROUGH IT, AND LEAVE IT BEHIND YOU.

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FEAR - FALSE EVIDENCE APPEARING REAL - 2

IN ORDER FOR US TO GROW AND LEARN, LIFE GIVE US CHALLENGES.

OVERCOMING THE STATUESQUE PROGRAMMING IS ONE OF THE BIGGEST

CHALLENGES YOU HAVE BEEN GIVEN TO OVERCOME. FEAR IS THE PRISON

OF THE PROGRAM FROM THE VERY FIRST EXPERIENCE WE WERE TAUGHT.

AND FROM THAT MOMENT ON, THE PROGRAM KEEPS REPEATING THAT

FEAR IS ALIVE, AND THAT IS ALL THERE IS. YET FEAR IS THE LIE. "BE"LIEF

PROGRAMMED INTO YOUR PSYCHE, TO MAKE US CONFIRM TO THE POWERS

THAT WERE, WHO WERE RULERS.

FEAR OF THE MINDS SELF-ABSORBED MENTAL AND EMOTIONAL TURMOIL WHERE FEAR IS GOD, AND ILLUSION IS HOW THE SHADOWS ON THE WALL TELL YOU HOW TO FEEL.

FEAR IS THE PROGRAM. FEAR HOLDS YOU CAPTIVE IN YOUR "MIND". LET GO OF THE FEAR, FOR THE FEAR IS THE ILLUSION. IN LOVE THERE IS NO FEAR, JUST LIFE BEING LIVED AS LIFE IS TRULY MEANT TO BE, FREE AND FILLED WITH ALL CREATION IS, IN COMPLETE LIVING UNITY WITH NO ISOLATION, NO SEPARATION, NO LIMITS, NO EDGES AND NO BOUNDARIES.

NOW IS ALL THERE IS, AND YOU ARE THE ONE LIVING YOUR LIFE DIVINELY.

GET OUT OF YOUR MIND TO REALLY CONNECT IN WITH YOUR HEART.

PEOPLE ARE TRAPPED BY ALL THOUGHTS IN THEIR MINDS, AND IT'S FEAR

THAT KEEPS THEM THERE. THE DARK PLACES WITHIN YOU, YOU NEED TO

FACE DIRECTLY. IT'S WHERE YOU'VE STORED ALL THE PAINFUL EMOTIONS

YOU'VE GATHERED UP THROUGHOUT YOUR LIVES. SIMPLY UNPROCESSED

EMOTIONS THAT NEED TO BE FELT AND THEN RELEASED. THEY CAN'T

HURT YOU. AS LONG AS YOU HOLD ONTO THEM, YOU'RE HURTING

YOURSELF. WHEN YOUR BODIES VIBRATION IS RAISED AT A VERY HIGH

LEVEL = YOU EXPERIENCE JOY.

ILLUSION OF SEPARATION = UNCONSCIOUSNESS. SIMPLY LET EVERYTHING GO, ONLY THAT WHICH IS REAL AND TRUE CAN REMAIN.

LOVE IS THE ANSWER, AND ONLY THROUGH LOVE = WHOLE TRUTH, IS THERE TRUE HEALING. LOVE IS THE SOLUTION TO EVERY PROGRAM AND SITUATION ON THIS PLANET. THERE IS NO OTHER WAY. THIS BEGINS WHEN YOU LOVE YOURSELF FIRST.

CONTROL

CONTROL IS THE PROGRAM, AND ATTEMPTS TO CONTROL YOUR EXPERIENCE. THE PROGRAM GOES IN CIRCLES, DOING THE SAME THING OVER AND OVER AGAIN.

CREATION IS RECREATING BRAND NEW IN EVERY MOMENT.

AN ATTEMPT TO CONTROL = ATTACHMENT.

CONTROL = ATTACHMENTS = ATTACHED TO ILLUSION = ATTACHED TO IGNORANCE.

LET GO OF ALL ATTACHMENTS = EXPERIENCING MAGICAL SYNCHRONISTIC EVENTS GUIDING YOUR DESTINY.

WHEN YOU LET GO, LOVE ALWAYS FILL THE GAPS.

WHEN YOU PUT CREATION INTO MOTION, THEN YOU HAVE MORE CREATION.

IGNORANCE/3D/ILLUSION/FEAR/UNCONSCIOUSNESS/EGO MIND PROGRAM - ALWAYS CRITICISES WHAT IS CANNOT BE, AND IT CANNOT BE DIVINE OR LOVE.

LETTING GO OF IGNORANCE = HIGHEST POSSIBLE EXPERIENCE OF LOVE EVERYWHERE PRESENT.

LOVE IS WHAT OCCURS WHEN YOU AWAKEN.

Mother of all Creation

TO BE FREE FROM THE ILLUSION, ONE MUST SURRENDER AND LET GO TO GET INTO THE PRESENT MOMENT OF NOW, WHERE ALL LOVE IS.

ALL EGO/SPIRITUAL EGO EQUALS THE MENTAL PLANE AND CANNOT ENTER THE HIGH VELOCITY EXPERIENCE OUT OF DUALITY, BECAUSE IT IS STILL A FORM OF DUALITY, SINCE IT PROMOTES ISOLATION AND SEPARATION. THE EGO ALSO KEEPS YOU FROM GROWING.

CREATION, WHICH IS WHAT YOU REALLY ARE, IS A CONSTANT GROWING, AND EXPANSION.

IT REQUIRES A CONSTANT CHOICE, THROUGH CHOOSING LOVE IN EVERY MOMENT. A CONSTANT RELEASE OR LETTING GO IN EVERY MOMENT, CONSISTENTLY, TO CONTINUE FORWARD.

IF YOU HOLD ON, THEN YOU MISS IT. BEING CREATION IS AN EXPERIENCE THAT EVERY MOMENT IS BRAND NEW, IT IS NEVER THE SAME, IT IS EVER CHANGING.

EXPERIENCE = ACTIVE PARTICIPATION IN EVENTS LEADING TO AWAKENING. BEING PRESENT WITH "FEELINGS" AND FULLY PARTICIPATING. FEELINGS ARE TRUE EXPERIENCE WHICH ONLY COMES FROM BEING PRESENT AND OUT OF "ILLUSION".

EXAMPLE; THE "KINGDOM OF HEAVEN/5D/HEAVEN CONSCIOUSNESS IS AN EXPERIENCE OF LOVE EVERYWHERE PRESENT.

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SURRENDER:

LET GO OF EVERY THOUGHT YOU HAVE EVER HAD ABOUT ANYTHING AND EVERYTHING. BY DOING THIS YOU WILL GAIN EVERYTHING. IN THIS EXPERIENCE YOU WILL STEP OUT OF ILLUSION AND INTO LOVE. THE MOMENT YOU RELEASE ALL YOUR THOUGHTS YOU SHATTER THE GLASS CEILING AND EVERYTHING THAT IS NOT TRUTH FADES AWAY. YOU TRANSFORM THROUGH THE HEART.

THE PRESENT MOMENT OF NOW:

THE PRESENT MOMENT OF NOW IS ABOUT FEELING.
FEELINGS ARE THE ONLY EXPERIENCE IN THE PRESENT
MOMENT OF NOW. FEELINGS ARE BASED ON TRUTH.
FEELINGS ARE ALWAYS LOVE AND JOY.
TRUE REALITY OCCURS IN THE PRESENT MOMENT OF NOW
AND IS UNLIMITED AND ALL POSSIBILITIES.

FORGIVENESS:

FORGIVENESS MEANS TO RELEASE OR RESOLVE
IMBALANCED FREQUENCY PATTERNS YOU HAVE CREATED
BETWEEN YOURSELF AND OTHERS AS YOU STRIVE TO
RETURN TO CENTRE. FORGIVENESS MEANS FREEING
YOURSELF FROM NEGATIVE EMOTIONS SO YOU MAY
CONTINUE TO RECEIVE LIGHT.

CHOOSE LOVE IN EVERY MOMENT THEN LOVE BECOMES THE ONLY REALITY AND EXPERIENCE. YOU ARE MADE OF LOVE.

THE ASCENSION PROCESS 101 BEING PRESENT YOU ARE ALREADY THERE - ENJOY

IF WE CHOOSE TO BECOME A
GALACTIC HUMAN, OUR NEXT
STEP IS TO BEGIN PRACTICING
THINKING, FEELING, &
RESPONDING TO OTHERS WITH
UNCONDITIONAL LOVE ONLY.

CHOOSE LOVE IN EVERY MOMENT THEN LOVE BECOMES THE ONLY REALITY AND EXPERIENCE.
YOU ARE MADE OF LOVE.

Mother of all Creation

SECTION 8 3D - 4D - 5D GOING THROUGH THE VOID

THE ASCENSION PROCESS 101

BEING PRESENT

YOU ARE ALREADY THERE - ENJOY

CHOOSE LOVE IN EVERY MOMENT THEN LOVE BECOMES THE ONLY REALITY AND EXPERIENCE.

YOU ARE MADE OF LOVE.

VOICES FROM PRIME SOURCE HERSELF.

Mother of all Creation

3D - 4D - 5D

3D = UNCONSCIOUSNESS, IGNORANCE, DENSITY, DARKNESS, ILLUSION, FEAR, PAIN, SUFFERING, DUALITY, THE DREAM, SEPARATENESS, ATTACHMENTS, BELIEF SYSTEMS, LOWER THOUGHTS, EMOTIONS = EGO PROGRAMMED MIND.

EGO = EDGING GOD OUT.

4D = THE BRIDGE/THEVOID, THE PLACE BETWEEN UNCONSCIOUSNESS AND YOUR FULL CONSCIOUSNESS. THE EMOTIONAL & MENTAL PLANE. WHERE THE MENTAL AND EMOTIONAL ARE TRANSFORMED INTO COMPASSION AND LOVE.

5D = FULL CONSCIOUSNESS = PRESENT MOMENT OF NOW. ALL CHAKRAS
ALIGNED WITH SOURCE AND YOU ARE IN SPIRIT = LOVE EVERYWHERE PRESENT.
TRUE REALITY, THE FOUNDATION OF TRUTH, BALANCE, HARMONY, WHOLE
HEALTH, MIRACLES, ABUNDANCE, EQUALITY, UNCONDITIONAL LOVE,
BALANCED HARMONICS, PURE THOUGHT, BRILLIANCE, HEAVEN
CONSCIOUSNESS. MULTIDIMENSIONAL THOUGHT UNIFIED IN THE ENERGY OF
UNIFIED PASSION WITH LOVE WHICH CREATES MORE LOVE IN GRANDER AND
GRANDER WAYS.

TO REACH 5D YOU MUST WALK ACROSS THE VOID (4D). YOUR CONSCIOUSNESS IS TRAVELLING TOWARDS WHOLENESS = FULL CONSCIOUSNESS = YOUR DESTINY.

YOU ARE WALKING THROUGH THE VOID, TO THE LIGHT OF YOUR TRUE BEING AND THE ONLY WAY THROUGH IS THROUGH. THIS IS THE MOST CHALLENGING PART OF THE JOURNEY. YOU HAVE TO LET GO OF EVERYTHING, NOTHING FROM 3D CAN COME WITH YOU.

ENERGY IS WITHIN EVERYONE AND EVERYTHING. LOVE IS THE GLUE THAT BINDS EVERYTHING. HUMANITY HAS A CHOICE TO GO WITH THE FLOW OF LOVE WHICH IS BALANCED HARMONICS (5D), OR FEAR WHICH IS A STATIC STATE OF BEING (3D). THE STATE WHICH HUMANITY HAS BEEN IN FOR THOUSANDS OF YEARS.

IF YOU CAN RIGHT NOW, GET TO THE UNDERSTANDING ALL IS JUST ENERGY, YOU WILL MOVE DIRECTLY INTO TRANSFORMING THE EMOTIONAL AND MENTAL [DUALITY] INTO UNIFIED PASSION TO EXPERIENCE YOUR NATURAL STATE OF FEELINGS. ITS REALLY THIS SIMPLE.

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3D - 4D - 5D

IN ILLUSION, (3D) THE PROGRAM KEEPS THE PROGRAMMED FOCUSED ON THE "ILLUSION", THE "ILLUSION" OF LIFE OUTSIDE OF YOU. ALL LIFE COMES FROM WITHIN. AWARENESS TRANSFORMS INTO CONSCIOUSNESS.

RIGHT NOW HUMANITY HAS ONE TASK AND THAT IS TO BREAK THROUGH THE EGO MIND. FILL IN THE UNCONSCIOUSNESS WITH THE AWARENESS OF BEING PRESENT IN THE NOW.

AS THIS OCCURS LOVE TAKES CARE OF THE REST. LOVE HANDLES THE DETAILS AS YOU JUST BE THE LOVE YOU ARE. THIS IS SIMPLE, VERY SIMPLE, JUST BE NOW.

IT TAKES COURAGE, PERSISTENCE, STRENGTH, AND THE UNDERSTANDING THAT YOU ARE GRANDER THAN ANY ILLUSION OR FANTASY TO TRULY AWAKEN FROM OUT OF THE DREAM. LOVE IS TRULY WORTH IT ALL.

EVERY MOMENT THAT YOU CHOOSE LOVE, LOVE CHOOSES YOU.
THIS IS TRUE MANIFESTATION AND MIRACLES. THESE ARE YOUR
ATOMS RESPONDING TO THE TRUTH OF WHO YOU ARE, LOVE.
THANK YOU FOR CHOOSING LOVE.

AWARENESS OF YOUR THOUGHTS IS THE KEY, THE DOORWAY INTO ETERNITY, AND THROUGH AWARENESS, YOU ARE IN LOVE.

ONCE YOU ARE IN AWARENESS THAT EVERYTHING IS LOVE AND ONLY THOUGHTS OF LOVE ARE REAL, THROUGH THIS, YOU ARE ABLE TO TRANSFORM ALL LOWER ENERGY AKA EGO OR UNCONSCIOUSNESS INTO THE HIGHEST FORM ENERGY, AND CONNECT INTO THE ONENESS YOU ARE = FULL CONSCIOUSNESS.

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MISSION LIMITLESS 3D & 5D

3D	5D
SEPARATION	UNITY
MORALS	TRUTH
TIME	MOMENTS OF ETERNITY
IMBALANCE OF MASCULINE AND FEMININE	BALANCED HARMONICS
FEMININE SUPPORT MASCULINE	MASCULINE SUPPORT FEMININE
MASCULINE REPRESENT LOWER ORDER	MASCULINE REPRESENT FATHER OF ALL CREATION
FEMININE REPRESENT LOWER ORDER	FEMININE REPRESENT THE MOTHER OF CREATION
TAKING – GIVING OR SHARING WITH EXPECTATION IS TAKING	SHARING AND GIVING
SINGULAR MIND/THE SELF/LITTLE ME	UNIFIED HEART
CONDITIONAL LOVE	UNCONDITIONAL LOVE

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RIGHT NOW HUMANITY HAS ONE TASK. THAT IS TO BREAK THROUGH THE EGO MIND AND FILL IN THE UNCONSCIOUSNESS WITH THE AWARENESS OF BEING PRESENT IN THE NOW. AS THIS OCCURS, LOVE TAKES CARE OF THE REST. LOVE HANDLES THE DETAILS AS YOU BE THE LOVE YOU ARE. THIS IS SIMPLE, VERY SIMPLE, JUST BE NOW.

BEING IN SPIRIT = GOD CONSCIOUSNESS = HEAVEN CONSCIOUSNESS = FULLY CONSCIOUS = BEING PRESENT IN THE MOMENT OF NOW.

IN TRUE REALITY, WHEN YOU ARE PRESENT IN THE NOW, YOU EXPERIENCE EACH EVENT "SYNCHRONISTICLY". THIS IS LIVING LIFE REAL. IT REQUIRES NOTHING. BECAUSE LOVE ALWAYS FILLS IN THE GAPS.

BEING PRESENT IN THE MOMENT OF NOW. THIS CONNECTS YOU TO YOUR HEART, YOUR SOUL AND YOUR TRUTH, THE CORE OF WHO YOU REALLY ARE. THIS CONNECTS YOU INTO THE LIGHT, WHICH IS SOURCE. SOURCE IS AN EVER ABUNDANT, OVERFLOWING ENERGY OF LOVE. LOVE IS WHO YOU TRULY ARE.

THIS IS THE SAME AS "THE LOVE CALLED GOD EVERYWHERE PRESENT". EACH OF YOU ARE A PART OF THIS. YOU ARE A PART OF THE WHOLE. YOU MAKE UP THE WHOLE.

THE SIMPLE TRUTH IN THESE MOMENTS IS TO STAY PRESENT. SO THAT YOU ARE PARTICIPATING IN THE GRANDEST EVENT IN ALL OF CREATION. WATCHING THE FANTASTIC SHOW OF FIREWORKS AS LOVE. THE FIRE OF TRUTH BURNS, DISSOLVES, ALL REMAINING DENSITY = UNCONSCIOUSNESS = ILLUSION ON THE PLANET. FOR CLARITY ALL DENSITY = LOW VIBRATIONAL THOUGHTS.

AS UNCONSCIOUSNESS DISSOLVES, THE SPACE IS THEN OPEN FOR LOVE TO POUR IN GRANDER AMOUNTS OF JOY TO BE EXPERIENCED BY HUMANITY.

THE REAL WHOLE TRUTH OF LOVE WHICH IS ONLY OF THE HIGHEST JOY IS CONTAGIOUSLY, SWIFTLY AND QUICKLY SPREADING ACROSS THE PLANET, TRANSMUTING AND GAINING AN UNSTOPPABLE MOMENTUM.

THE INTELLECT [THE PROGRAMMED MIND] NOW MUST SURRENDER TO THE DIVINE INTELLIGENCE FROM WITHIN EACH BEING, WHERE THE BEING WILL FIND INNER PEACE, AND A DOORWAY INTO ETERNITY. A WAY OF BEING, UNKNOWN YET TO THE COMMON HUMAN.

POLARIZED BRAIN HALVES PERCEIVE AND EXIST VIBRATIONALLY WITHIN POLARIZED CONSCIOUSNESS AND POLARIZED REALITY = OLD 3D.

THE REWIRED BRAIN HALVES BECOME WHOLE OR UNIFIED BRAINS THAT PERCEIVE AND EXIST VIBRATIONALLY WITHIN UNITY CONSCIOUSNESS AND UNITY REALITY = 5D = LOVE EVERYWHERE PRESENT.

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GOING THROUGH THE EYE OF THE NEEDLE - 1

TO MAKE IT COMPLETELY, TO COMPLETE AWAKENING, YOU HAVE TO WALK THROUGH THE VOID (4D), OR THE EYE OF THE NEEDLE.

THIS CAN BE A VERY CHALLENGING ASPECT ON THE JOURNEY. AND MANY, WHEN THEY GET TO THIS PLACE, STOP BECAUSE IT'S TOO DIFFICULT.

WE ARE HERE TO REHEART YOU, YOU CAN DO THIS!!! KEEP GOING!

MANY MIGHT HAVE HAD AN EXPECTATION THAT THIS PROCESS WAS GOING TO BE EASY. EASY IN CHOICE, BUT NOT EASY AS YOU MAKE YOUR WAY OUT OF UNCONSCIOUSNESS OR DARKNESS.

THERE IS A LIGHT AT THE END OF THE TUNNEL, AS THIS IS GUARANTEED FOR THOSE WHO ARE ON THE PATH OF ASCENSION.

KEEPING YOUR EYES AND YOUR FOCUS ON THE PRIZE SO TO SPEAK, WILL ASSIST YOU THROUGH ANY CHALLENGING MOMENTS.

WHAT IS THE PRIZE? YOUR TICKET OUT OF DUALITY, ILLUSION, ALL THE PAIN AND SUFFERING. TO THE COMPLETE EXPERIENCE OF HEAVEN ON EARTH.

YOU MUST DO THE WALKING.

THERE IS NO EASY WAY OUT. YOU WERE ALL AWARE OF THIS, WHEN YOU AGREED TO COME IN HERE TO THIS REALM. ONCE YOU UNDERSTAND THIS, THEN YOU CAN MOVE ONTO THE REAL REALITY AND THE REAL TRUTH.

THE ONLY WAY OUT IS THROUGH. THIS IS BY FACING YOURSELF, LOOKING AT WHAT IS REAL AND TRUE. LETTING GO OF WHAT IS NOT.

WHAT IS NOT REAL AND TRUE IS EGO. WHAT IS NOT REAL AND TRUE IS ANYTHING THAT IS NOT PRESENT IN THE MOMENT OF NOW.

WHAT IS NOT REAL AND TRUE IS ALL ILLUSION. FACE THESE THINGS, STEP INTO REAL REALITY, AND TAKE BACK YOUR LIGHT AND TRUE POWER, WHICH IS WHY YOU ARE HERE.

Mother of all Creation

GOING THROUGH THE EYE OF THE NEEDLE - 2

BEING MULTI-DIMENSIONAL IS THE SAME AS THE EXPERIENCE "BE HERE NOW", BE THE EXPERIENCE. YOU CANNOT CONTROL IT.

CONTROL IS WHAT ILLUSION ATTEMPTS.

ONCE THE BEING LETS GO, CHOOSES LOVE IN EVERY MOMENT, THEN LOVE BECOMES THE ONLY REALITY AND EXPERIENCE. ITS SO SIMPLE, AND YET BECAUSE OF THE DEEP PROGRAMMING THAT HAS BEEN DONE BY SOCIETY FOR SO LONG, SOME ATTEMPT TO MAKE IT COMPLICATED.

CONSTANT LETTING GO, CHOOSING LOVE OVER FEAR AND LIVING WITHIN TOTAL TRUST IS KEY TO CATCHING THE WAVE OF CREATION, WHICH ENERGETICALLY IS SWEEPING ACROSS THIS PLANET. THIS COMES FIRST FROM THE KNOWING AND UNDERSTANDING OF THYSELF. LOVING SELF FIRST OPENS THE DOORS TO ALL DOORS.

FEAR OF LIVING INSIDE OUT STEMS AGAIN, FROM ILLUSION AND FEAR.
FEAR OF THE EXPERIENCE OF BEING PRESENT. BECAUSE IT IS
UNKNOWN. AS WELL AS THE FEAR OF THE INNER AND OUTER
BECOMING ONE, WHICH IN TRUE REALITY, IS YOUR TRUE AWAKENING.

EVERYONE IS BECOMING ONE FROM WITHIN, THAT IS ONE WITH EVERYTHING, AND THIS IS THROUGH THE EVOLUTION.

NOW HUMANITY ALL MUST GO THROUGH A TRANSFIGURATION EVENT TO ARRIVE INTO UNITY CONSCIOUSNESS (5D).

THE MORE RESISTANCE, THE MORE PAIN AND SUFFERING. THE LEAST RESISTANCE THE MORE JOYFUL THIS EXPERIENCE BECOMES IN EVERY MOMENT. THE LIGHTER YOU FEEL AND BECOME.

LET GO, AND BE, IS OUR SIMPLE ANSWER RIGHT NOW TO ALL OF HUMANITY. WE ARE ALL IN THIS TOGETHER, FOR WE ARE ONE!

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GOING THROUGH THE EYE OF THE NEEDLE - 3

THE MIND IS THE PROGRAMMING = ILLUSION (THE SOURCE OF ALL FEAR, PAIN AND SUFFERING OF HUMANITY = NOT REAL). THE BALANCED RIGHT/LEFT BRAIN AND HEART ARE REAL.

THE ONLY TRUE REALITY THERE IS = LOVE EVERYWHERE PRESENT.

EVERYTHING ELSE IS ILLUSION. WHEN WE KEEP SAYING JUST BE

LOVE, WE ARE NOT KIDDING. THIS IS THE SAME AS HOW YOU

RAISE YOUR VIBRATIONAL FREQUENCY. BY RELEASING ALL THAT

IS NOT LOVE, AND EMBRACING ALL THAT IS.

AS YOU RELEASE DENSITY OR LOWER THOUGHTS, THAT ARE NOT OF LOVE, THE REAL THOUGHTS COME IN.

LET GO AND TRUST WHO YOU ARE BECOMING.

FULLY CONSCIOUS BEINGS CAN SEE TRUTH FROM FICTION =

ILLUSION. WHEN YOU CHOOSE THE LIE (ALL ILLUSION AND

IGNORANCE IS A LIE, BECAUSE IT PROMOTES IGNORANCE AND

ISOLATION), THE CHOICE STEMS FROM CHOOSING ILLUSION.

ILLUSION EQUALS FEAR EQUALS UNCONSCIOUSNESS EQUALS 3D.

AS THIS CHOICE IS MADE THE MORE ISOLATED AND SEPARATED YOU FEEL.

TO TRANSFORM THIS INTO CONSCIOUSNESS, YOU FIRST HAVE TO BE AWARE OF THE ILLUSION = FEAR = UNCONSCIOUSNESS.

AWARENESS TRANSFORMS INTO CONSCIOUSNESS = SPIRIT.
THE MORE YOU ARE AWARE OF THE UNCONSCIOUSNESS, AKA
LOWER THOUGHTS, YOU CAN EASILY TRANSFORM THESE
THOUGHTS INTO REAL THOUGHTS THAT ARE ONLY OF JOY AND
LOVE.

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GOING THROUGH THE EYE OF THE NEEDLE - 4

IN REALITY = FULL CONSCIOUSNESS, ALL IS LOVE, ALL IS OF ONE POLARITY. NEITHER POSITIVE NOR NEGATIVE. IT IS ALL ONE, AND IN TRUE REALITY THERE IS ONLY ONE WAY OF EXISTING, LIVING AND BEING. THE ONLY WAY IS BEING PRESENT WITHIN ONE'S SELF.

BEING PRESENT WITHIN ONE'S SELF, LOVING THYSELF FIRST IS NOT EGO. FOR THE BEING IS ALWAYS LOVE AND WHEN YOU'RE PRESENT IN THE NOW, YOU RECOGNISE THE GOD WITHIN. THAT IS LOVE EVERYWHERE PRESENT.

THIS IS BEING AND EXPERIENCING YOURSELF AS ONE WITH CREATION.
THIS IS BEING PRESENT WITHIN THE EXPERIENCE, THAT IS ALWAYS
NOW.

WHEN YOUR CURRENT REALITY APPEARS COMPLICATED, STUCK, CONFUSING OR CHAOTIC, THIS IS ILLUSION ATTEMPTING TO GRASP AND HOLD ON TO THE NATURAL EXPERIENCE OF EVOLUTION THAT IS UNFOLDING INSIDE OF YOU.

RE-HEART: LET GO AND TRUST WHO YOU ARE BECOMING.

CONSTANT LETTING GO, CHOOSING LOVE OVER FEAR AND LIVING WITHIN TOTAL TRUST, IS KEY TO CATCHING THE WAVE OF CREATION, THAT IS ENERGETICALLY SWEEPING ACROSS THIS PLANET. THIS COMES FIRST FROM THE KNOWING AND UNDERSTANDING OF THYSELF.

LOVING SELF FIRST OPENS THE DOORS TO ALL DOORS.

FEAR OF LIVING INSIDE OUT, STEMS AGAIN, FROM ILLUSION AND FEAR.

FEAR OF THE EXPERIENCE OF BEING PRESENT, BECAUSE IT IS UNKNOWN, AS WELL AS THE FEAR OF THE INNER AND OUTER BECOMING ONE, WHICH IN TRUE REALITY, IS YOUR TRUE AWAKENING.

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SECTION 9 3D/EGO/MIND/ILLUSION/ UNCONSCIOUSNESS

THE ASCENSION PROCESS 101
BEING PRESENT.
YOU ARE ALREADY THERE - ENJOY.
CHOOSE LOVE IN EVERY MOMENT
THEN LOVE BECOMES THE ONLY
REALITY AND EXPERIENCE.
YOU ARE MADE OF LOVE.
VOICES FROM PRIME SOURCE
HERSELF.

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TRUTH AND LOVE ARE THE DEATH OF THE EGO.

THE EGO PROGRAMMED MIND HAS NO ENERGY EQUALS NOTHING EQUALS ILLUSION EQUALS UNCONSCIOUSNESS.

IT IS LIKE A BLACK HOLE,
DOESN'T HAVE ANY ATOMS, NO
MASS AND NO VALUE.
IT DOES NOT EXIST.

THE MIND IS NOT REAL.

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3D - 4D - 5D

3D = UNCONSCIOUSNESS, IGNORANCE, DENSITY, DARKNESS, ILLUSION, FEAR, PAIN, SUFFERING, DUALITY, THE DREAM, SEPARATENESS, ATTACHMENTS, BELIEF SYSTEMS, LOWER THOUGHTS, EMOTIONS = EGO PROGRAMMED MIND.

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5D = FULL CONSCIOUSNESS = PRESENT MOMENT OF NOW. ALL CHAKRAS
ALIGNED WITH SOURCE AND YOU ARE IN SPIRIT = LOVE EVERYWHERE PRESENT.
TRUE REALITY, THE FOUNDATION OF TRUTH, BALANCE, HARMONY, WHOLE
HEALTH, MIRACLES, ABUNDANCE, EQUALITY, UNCONDITIONAL LOVE,
BALANCED HARMONICS, PURE THOUGHT, BRILLIANCE, HEAVEN
CONSCIOUSNESS. MULTIDIMENSIONAL THOUGHT UNIFIED IN THE ENERGY OF
UNIFIED PASSION WITH LOVE WHICH CREATES MORE LOVE IN GRANDER AND
GRANDER WAYS.

TO REACH 5D YOU MUST WALK ACROSS THE VOID (4D). YOUR CONSCIOUSNESS IS TRAVELLING TOWARDS WHOLENESS = FULL CONSCIOUSNESS = YOUR DESTINY.

YOU ARE WALKING THROUGH THE VOID, TO THE LIGHT OF YOUR TRUE BEING AND THE ONLY WAY THROUGH IS THROUGH. THIS IS THE MOST CHALLENGING PART OF THE JOURNEY. YOU HAVE TO LET GO OF EVERYTHING, NOTHING FROM 3D CAN COME WITH YOU.

ENERGY IS WITHIN EVERYONE AND EVERYTHING. LOVE IS THE GLUE THAT BINDS EVERYTHING. HUMANITY HAS A CHOICE TO GO WITH THE FLOW OF LOVE WHICH IS BALANCED HARMONICS (5D), OR FEAR WHICH IS A STATIC STATE OF BEING (3D). THE STATE WHICH HUMANITY HAS BEEN IN FOR THOUSANDS OF YEARS.

IF YOU CAN RIGHT NOW, GET TO THE UNDERSTANDING ALL IS JUST ENERGY, YOU WILL MOVE DIRECTLY INTO TRANSFORMING THE EMOTIONAL AND MENTAL [DUALITY] INTO UNIFIED PASSION TO EXPERIENCE YOUR NATURAL STATE OF FEELINGS. ITS REALLY THIS SIMPLE.

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RIGHT NOW, THERE IS A PAIN ON THIS PLANET, AND ITS CALLED THE EGO. LOVE GOES AFTER THE PAIN, AND AS THIS OCCURS THE PAIN DISSOLVES, TRANSFORMS, AND HEALS INTO UNIFIED ENERGY.

UNCONSCIOUSNESS; WITHOUT CONSCIOUS AWARENESS, IN A DEEP SLEEP OR COMA. EXAMPLE; THE EGO, WHICH IS UNCONSCIOUSNESS, IS THE BIGGEST AND ONLY PROBLEM CURRENTLY ON THIS PLANET.

WHEN YOU ARE CONNECTED IN, YOU ARE CONNECTED INTO DIVINE INTELLIGENCE. DIVINE INTELLIGENCE IS THE SAME AS EQUAL TO BRILLIANCE, AND IS THE SAME AS EQUAL TO LOVE UNCONDITIONALLY.

KNOW THE EGO IS NOT THE TRUE BEING. EGO IS UNCONSCIOUSNESS THAT IS DISCONNECTED TO TRUE REALITY. DISCONNECTION FROM SOURCE. UNCONSCIOUSNESS IS THE ILLUSION THAT EACH OF US ARE SEPARATE FROM ANOTHER. IT IS DUALISTIC LIMITED THINKING, AND IS NOT INTELLIGENCE.

ALL OF YOUR RIGHT BRAINS, WHICH ARE YOUR HIGHER SELVES, ARE WALKING UP TO THE LEFT BRAINS AND SAYING, "HEY BUDDY HELLO!! WE ARE ONE NOW, AND LOVE IS IN CHARGE!". THE LEFT BRAIN THEN DISSOLVES INTO ONE. SUPER CONSCIOUSNESS ENTERS. FULL CONSCIOUSNESS IS ENGAGED. THIS ENERGY IS FLOWING THROUGH YOUR PINEAL GLANDS SENDING IN THE CODES OF YOUR AWAKENING. HELLO EVERYONE, WELCOME HOME.

WHAT IS HAPPENING CANNOT BE CONTROLLED AND SO MANY COULD SPIN OUT OF CONTROL IN THESE INTENSE ENERGIES IF THEY ARE CLINGING TO THE OLD. BE PREPARED FOR THIS, AND RELEASE, SO TO MAKE ROOM FOR THE HIGHER ENERGIES. SEND EVERYONE LOVE, AND LOVE ONLY. REMEMBER, THAT SO CALLED "BAD" GUYS DO NOT EXIST. THE PROGRAM THAT HAS BEEN PLACED UPON HUMANITY FOR MANY MILLENNIA HAS HIDDEN THE TRUTH FROM EACH AND EVERY HUMAN BEING. ALL BELONG, AND ARE ALL A PART OF THE FAMILY OF LIGHT. EVERY BEING IS MADE OF LOVE AND THEREFORE IS GOD.

NO MATTER IF HUMANITY HAS BEEN UNDER THE CONTROL OF THE LOWER ENERGIES, THEY ARE STILL GOD. KEEP THIS TRUTH CLOSE TO YOU, WITH THE FULL UNDERSTANDING THAT WE ARE ALL ONE. OUR HEARTS AND OUR UNCONDITIONAL LOVE CONTINUALLY GO OUT ACROSS THE PLANET, TO ASSIST THOSE WHO ARE STRUGGLING. THEY ONLY HAVE TO OPEN THEMSELVES UP TO RECEIVE THIS GIFT OF LOVE, TO HELP THEM ALONG THEIR PATHS.

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EGO PROGRAMMED MIND = 3D

HUMANS ARE TRAPPED IN NEGATIVE THOUGHT SYSTEMS
PERCEIVED THROUGH THE FILTER OF CONDITIONING &
PROGRAMMING, DESIGNED TO CAUSE PAIN AND
SUFFERING, WHILST HAVING NO IDEA THEY ARE STUCK IN A
PROGRAM. THIS IS THE EGO PROGRAMMED MIND.

THE ROOT CAUSE OF HUMANITIES DYSFUNCTION, PAIN AND SUFFERING IS THE EGO. THE EGO'S PRIMARY JOB IS TO TAKE YOUR JOY AWAY FROM YOU. YOU ARE NOT YOUR EGO.

FROM INSIDE THIS CONSTRUCT, HUMANITY IS DIGGING
ITSELF DEEPER AND DEEPER INTO THE SYSTEM OF
THOUGHT. A WEB OF BELIEF SYSTEMS, JUDGEMENTS AND
LOW FREQUENCY VIBRATIONS. THIS IS THE WEB OF THE EGO
ITSELF, EDGING OUT YOUR DIVINITY AT EVERY TURN,
KEEPING YOU CAPPED.

EGO DEATH IS ESSENTIAL AND IS THE ONLY THING THAT WILL ENABLE BEINGS TO ASCEND INTO TRUE REALITY (5D), RETURNING HOME INTO THE LIGHT.

ALL THE UNCONSCIOUSNESS ON THE PLANET IS BEING DISSOLVED, WHICH INCLUDES ALL THE ATTACHMENTS TO ILLUSION. AS THE UNCONSCIOUSNESS TRANSFORMS, YOU BEGIN REMEMBERING THAT YOU ARE ONE WITH ALL THAT IS AND THIS INCLUDES EVERYTHING.

LET EVERYTHING GO. ONLY THAT WHICH IS REAL AND TRUE, CAN REMAIN.

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3D, THE PROGRAM, THE MATRIX, ILLUSION, EGO PROGRAMMED MIND ALL REFER TO THE SAME THING

DISSOLVE: TO PASS INTO SOLUTION, TO REDUCE TO LIQUID FORM, TO CAUSE TO MELT AND DISAPPEAR OR VANISH. DISPEL, BRING AN END TO, TERMINATE.

EXAMPLE; ALL IGNORANCE DISSOLVES AS THE INNER BEING SEES THE LIGHT.

RIGHT NOW, THERE IS A PAIN ON THIS PLANET AND ITS CALLED THE EGO. LOVE GOES AFTER THE PAIN. AS THIS

OCCURS THE PAIN DISSOLVES, TRANSFORMS, AND HEALS INTO UNIFIED ENERGY. BE FREE, DISPOSE OF THE EGO.

DISCONNECTION:

TO SEVER, INTERRUPT, OR DISSOLVE THE CONNECTION TO ITS POWER SUPPLY SOURCE. TO SHUT OFF BY REMOVING ITS CONNECTION TO THE POWER SOURCE, TO DETACH.

EXAMPLE; IN THE ILLUSION, YOU HAD A DISCONNECTION FROM YOUR LIFE FORCE ENERGY, FROM LOVE. THE EGO OR

UNCONSCIOUSNESS IS THE DISCONNECTION FROM LOVE, YOUR TRUE SELF.

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THE DIAMOND WITHIN - THE JOURNEY TO FULL CONSCIOUSNESS

BREAKING INTO PIECES, YOU STAND WITH WHATEVER IS LEFT. THE VERY CORE OF WHO YOU ARE. THE DIAMOND, THE "FILLING", THE TRUE BEING OF LIGHT AND LOVE. ALTHOUGH YOU MAY FEEL ALONE AS THE PROCESS UNFOLDS, BREAKING THE MIND DOWN. IT BEGINS FALLING AWAY BECAUSE LOVE IS PRESENT, IT RECOGNISES THE ILLUSION, AND STARTS TAKING WITH IT EVERYTHING YOU "THOUGHT" YOU WERE. AND LEADS YOU TO THE HEART OF THE BEING. FEELINGS RUSH IN, AS THE TRUE BEING EMERGES OUT OF THE SEEMINGLY DESTRUCTION OF A MIND IN A BOX. LEAVING YOU, WITH THE RECONSTRUCTION TO FORGE AHEAD IN ALL ITS GRANDNESS, INTO DIVINE INTELLIGENCE.

THE "MIND" WHICH PROJECTS OUTSIDE AND HAS LOW VIBRATIONAL THOUGHTS, DISSOLVES. THEN THE DIVINE BEING CAN RAISE UP INTO THE TRUE DIVINITY FROM WITHIN. AND BEGIN ONCE AGAIN "FEELING" INSTEAD OF "THINKING", TAKING THE TRUE BEING INTO A COLLECTIVE CONSCIOUSNESS, A GOD CONSCIOUSNESS. ONLY THE MIND THINKS [PROJECTS OUTSIDE].

THE HEART FEELS FROM THE INSIDE, WHERE GOD IS THERE, WITHIN ONLY. DIAMONDS HAVE BEAUTY AND ELEGANCE. THEY SHINE BRIGHT AND EACH FACET HOLDS ITS OWN UNIQUENESS. EACH OF YOU HAVE A BEAUTIFUL DIAMOND INSIDE, WAITING TO SHINE ON THE PLANET. EACH ARE THE MIRACLE, THE MAGIC, AND EACH A PART OF THIS WHOLE MAGNIFICENT DESIGN. AS YOU FALL APART TO BE PUT TOGETHER AGAIN, THIS IS SO WE STAND TOGETHER AS ONE.

NOW IS THE MOMENT TO ASSUME YOUR ROLES IN THE DIVINE TRUTH OF YOUR EXISTENCE, WHICH HAS NO LIMITS, BOUNDARIES OR EDGES, ARISING AS A WHOLE BEAUTIFUL DIAMOND. JUST LIKE THE SUN! THE GRANDNESS OF JUST BEING, THEN OUTSHINES AND TRUE LOVE FILLS ALL THE SPACE. ALL THE GAPS OF BEING PRESENT, IN THE LIGHT, AND CANNOT BE DENIED. BECAUSE DIVINE INTELLIGENCE IS THE BRILLIANCE AND LIGHT CONTAINED WITHIN THE HUMAN HEART. AND ONLY THROUGH THE HEART, ARE WE ALL CONNECTED AS ONE.

THE NATURAL STATE OF THE SUN IS BRILLIANCE, BECAUSE ITS BEING TRUE TO ITSELF.
BEING TRUE TO ONESELF IS THE LOVE WITHIN AND POURING IT OUTWARDS. LIVING
INSIDE OUT AND THEN OUTSIDE BACK INTO LOVE, ALL OF CREATION, LOVE EVERYWHERE
PRESENT. FALLING AWAY, THE OLD GETS RELEASED BACK INTO CREATION AND THEN
GRACE IS GIVEN AS EACH LIGHT STANDS AS A PILLAR OF TRUTH.

WHEN YOU GO DEEP INSIDE, YOU DISCOVER THE DIAMOND OF YOURSELVES, THIS MAGICAL MIRACLE OF BEING PRESENT. SHINING BRIGHT, YOU FORGE AHEAD, DISPLAYING YOUR BRILLIANT LIGHTS FORTH INTO A NEW STORY OF LOVE FOREVER AFTER. AS ONE, UNIQUELY EXPRESSED WITHIN THE NEW EARTH, THE KINGDOM OF HEAVEN, THE EDEN IN WHICH TOGETHER, WE WILL COCREATE IN THE DIVINE. ALLOW YOUR HEARTS TO ASSIST YOU TO HIGHER GROUND, WHERE WE ARE ALL CONNECTED THROUGH OUR HEARTS.

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HUMANITY'S FREEDOM IS GUARANTEED

THE GREATEST TORTURE, THAT HUMANITY IS GOING THROUGH, IS THAT THEY DO NOT EVEN KNOW THEY ARE BEING TORTURED. WEAPONS OF MASS DESTRUCTION ONLY KILL IGNORANCE. IN ILLUSION, YOU CAN ONLY BE WHAT YOU ARE NOT. IN TRUE REALITY YOU ARE EVERYTHING YOU ARE, EQUAL LOVE. THE DARKNESS, AKA IGNORANCE TRIES TO ISOLATE AND SEPARATE. WHILE LOVE AND LIGHT UNIFIES. WITHIN LOVE, THERE EXISTS NO SEPARATION, NO ISOLATION. SO THE EGO OR PROGRAM CANNOT GO INTO THIS NEW ENERGY OF ONLY LOVE.

ALL THAT EXISTS AND HAS BEEN FIRMLY ESTABLISHED IS PURE UNCONDITIONAL LOVE, PEACE, TRUE FAMILY, ONENESS, EQUALITY, OVERFLOWING JOY, EVERY MOMENT MIRACLES, GRANDNESS AND THE BRILLIANCE OF THE TRUTH OF YOUR INNER BEING.

THE EGO IS BLIND TO THIS TRUTH, AND THOSE CHOOSING TO SERVE THE EGO IN DENIAL OF THE TRUTH.

YOUR JOY IS LOVE'S MIRACLE. JOY COMES FROM THE UNDERSTANDING AND THE EXPERIENCE OF WHAT TRUTH REALLY IS. WHEN YOU ARE CONSTANTLY PRESENT AND LIVING IN THE MOMENT, YOU ARE THEN IN THE EXPERIENCE OF TRUE REALITY, AND ALL YOU EXPERIENCE IS JOY.

WHAT IS IT TO BE A MIRACLE? BREATHING LIFE IN AND OUT AND BEING CONSTANTLY PRESENT. THE NEXT FACET OF THE DIVINE PLAN IS IN FULL ACTION AND MOTION.

WHEN YOU WALK IN DARKNESS WITH THE MIND YOU ARE ALONE, WALK IN THE LIGHT AND WE ARE ALL ONE IN LOVE. WE WILL BECOME ONE, BUT ONLY IF YOUR EGO DIES, WHICH IS THE ONLY WAY YOU CAN GIVE UNCONDITIONAL LOVE AND YOU ALLOW YOUR SPIRIT TO SOAR INTO THE INFINITE. THE EGO IS UNABLE TO SEE TRUE REALITY. IT EXISTS IN THE MIND AND NOT THE HEART OF THE INNER BEING. THE EGO RUNS FROM THE TRUTH, BECAUSE IT WANTS TO STAY ALIVE. IN THE PRESENCE OF TRUTH, EGO DIES.

THE "MIND" WHICH PROJECTS OUTSIDE AND HAS LOW VIBRATIONAL THOUGHTS, DISSOLVES SO THAT THE DIVINE BEING CAN RAISE UP INTO THE TRUE DIVINITY FROM WITHIN, AND BEGIN ONCE AGAIN "FEELING" INSTEAD OF "THINKING". TAKING THE TRUE BEING INTO A COLLECTIVE CONSCIOUSNESS, A GOD CONSCIOUSNESS. ONLY THE MIND THINKS [PROJECTS OUTSIDE]. THE HEART FEELS FROM THE INSIDE, WHERE GOD IS THERE WITHIN ONLY. LET GO OF EVERYTHING YOU HAVE EVER THOUGHT OR LEARNED HERE IN THIS 3D REALM, AND SIMPLY BE PRESENT IN LOVE, AND THEN LOVE HAS GOT YOU.

Mother of all Creation

THE PROGRAMMED MIND = 3D = FEAR = PAIN & SUFFERING

THE PROGRAM AKA 3D AKA EGO IS ALL ABOUT "FEAR". THE PROGRAM IS WHAT KEEPS SOCIETY LOCKED INTO THE ILLUSION OF THE WORLD. FEAR IS A VERY POWERFUL EMOTION, AND FEAR KEEPS THE REAL AWAY, FOR THE FOCUS IS ON THE FEAR. FEAR IS THE EMOTION WHICH AFFECTS THE BODY'S ABILITY TO TAKE IN OXYGEN, WHICH ACTUALLY INCREASES THE FEAR SO THE FIGHT OR FLIGHT INSTINCT OVERCOMES ALL REALITY. FOR REALITY IS THE DEATH OF ILLUSION AND THE TRUE DEATH OF THE PROGRAM.

THERE IS A LIGHT AT THE END OF THE TUNNEL. YOU ARE IT. RELEASE THE FEAR AND YOU ARE FREE OF THE PROGRAM. TO RELEASE YOUR FEAR, YOU HAVE TO FACE IT, WALK THROUGH IT AND LEAVE IT BEHIND YOU LIKE A BAD DREAM YOU HAVE JUST AWAKENED OUT OF. IN ORDER FOR US TO GROW AND LEARN, LIFE GIVES US CHALLENGES. OVERCOMING THE STATUS QUO PROGRAMMING IS ONE OF THE BIGGEST CHALLENGES YOU HAVE BEEN GIVEN TO OVERCOME.

FEAR IS THE PRISON OF THE PROGRAM FROM THE VERY FIRST EXPERIENCE WE WERE TAUGHT. AND FROM THAT MOMENT ON, THE PROGRAM KEEPS REPEATING THAT FEAR IS LIFE AND THAT'S ALL THERE IS.

YET FEAR IS THE LIE, THE BE'LIE'F PROGRAMMED INTO OUR PSYCHE TO MAKE US CONFORM TO THE POWERS THAT WERE RULES. THE MIND'S SELF ABSORBED MENTAL/EMOTIONAL TURMOIL, WHERE FEAR IS GOD AND ILLUSION IS HOW THE SHADOWS ON THE WALL TELL YOU HOW TO FEEL.

THE FEAR IS THE PROGRAM. FEAR HOLDS YOU CAPTIVE IN YOUR "MIND". LET GO OF THE FEAR, FOR THE FEAR IS THE ILLUSION GIVEN TO YOU SO YOU DON'T GO SEARCHING TO FIND YOURSELF.

IN LOVE THERE IS NO FEAR. JUST LIFE BEING LIVED AS LIFE IS TRULY MEANT TO BE. FREE AND FILLED WITH ALL CREATION IS. IN COMPLETE LIVING UNITY WITH NO ISOLATION, NO SEPARATION, NO LIMITS, NO EDGES AND NO BOUNDARIES. NOW IS ALL THERE IS AND YOU ARE THE ONE LIVING YOUR LIFE DIVINELY. LIFE IS AN "INSIDE JOB".

Mother of all Creation

THE PROGRAMMED EGO MIND AKA UNCONSCIOUSNESS AND THE BRAIN = FULL CONSCIOUSNESS - 1

ALL UNCONSCIOUSNESS EQUAL PROGRAM EGO MIND MUST BE RELEASED AT THIS TIME AS WE ENTER INTO UNITY CONSCIOUSNESS. UNITY CONSCIOUSNESS MEANS EVERYONE PARTICIPATING AS ONE AND OUT OF ISOLATION AND SEPARATION. ONLY WHAT IS REAL ENTERS THE KINGDOM OF HEAVEN.

THE MIND AND THE BRAIN ARE NOT THE SAME THING, FAR FROM IT. THE BRAIN IS CREATION, DIVINE INTELLIGENCE. THE MIND IS SIMPLY A PROGRAM THAT RUNS IN CIRCLES OVER AND OVER AND OVER AGAIN, JUST LIKE A DOG CHASING ITS TAIL!

WHAT THE PROGRAM DID TO HUMANITY, IS IT DISCONNECTED THE FUSES FROM THE RIGHT BRAIN AND LEFT BRAIN, CAUSING DISTORTION, IMBALANCE, AND ILLUSION. THIS WAS DONE SO THAT THE POWER WHO WEREN'T COULD CONTROL HUMANITY. THROUGH THE DISCONNECTION THAT OCCURRED, HUMANITY FORGOT WHO THEY WERE. IT WAS THEN EASY FOR THE POWERS WHO WEREN'T TO FILL HUMANITY WITH ALL THE ILLUSORY BELIEF SYSTEMS AND RULES. TO BE MANIPULATED. THEY THEN TRAINED HUMANITY TO SERVE THE DARKNESS, TO BECOME THEIR SERVANTS IN THE DARKNESS.

NOW, HUMANITY HAS TO BE REHEARTED, THAT THEY ARE HERE TO SERVE THE LIGHT AND EACH OTHER.

REMEMBER IN THE LIGHT YOU ARE FREE = PRESENT MOMENT OF NOW.

THE RIDICULOUS SCHEME TO MAKE HUMANITY SLAVES OCCURRED WITH THE HELP OF THE ANUNNAKI, AND A FEW OTHERS. THEY CONVINCED THE PRIMITIVES THAT WERE ON THIS PLANET DURING THOSE MOMENTS, THAT THEY [THE ANUNNAKI] KNEW BETTER THAN THE PRIMITIVES DID. THE PRIMITIVES, IN THEIR PRIMITIVE STATE, WERE LOOKING ONLY AT THE SHADOWS ON THE WALL. ONCE THIS SEPARATION OCCURRED IT TOOK OVER. IGNORANCE TOOK OVER AND THE SHADOWS TO THEM BECAME REAL.

FOR 13 MILLENNIA HUMANITY HAS BEEN STUCK IN BELIEF SYSTEMS AND IGNORANCE. THIS WAS THE BEGINNING OF ISOLATION AND SEPARATION, ALL ILLUSIONS, AND FANTASIES.

THE MIND IS A CONSTRUCT OF ALL THE LIES ABOUT "SELF", THAT HUMANITY HAS BEEN TOLD. TO AWAKEN TRULY, ALL OF THESE HAVE BE RELEASED. MOST SCHOLARS FROM THE PAST REFERRED TO THE BRAIN AS THE MIND, THROUGH LACK OF VOCABULARY. HOWEVER THE MIND ONLY EXISTS IN ILLUSION. THE MIND WAS CREATED WHEN THE RIGHT AND LEFT BRAIN BECAME OUT OF SYNC. WHEN THE RIGHT AND LEFT BRAIN ARE OUT OF SYNC, THE BEING IS UNCONSCIOUS.

HOW THE PROGRAMMED EGO MIND OPERATES, IS THAT IT GATHERS OR COLLECTS ALL THE EXPERIENCES OF THE PAST, TO CONTINUE THE EXPERIENCE OF THE LOWER DIMENSIONS OR LOWER THOUGHTS OF UNCONSCIOUSNESS. THIS IS WHERE HUMANITY HAS FALLEN INTO.

THE MIND ACTS ON THE BEING, JUST LIKE AN ANCHOR HOLDS DOWN A BOAT. ITS FUNCTION IS TO KEEP YOU HELD DOWN, OR "DUMBED DOWN", SO THAT IT CAN CONTINUE ITS SURVIVAL. WE SAY "LET GO OF YOUR ANCHOR".

Mother of all Creation

THE PROGRAMMED EGO MIND AKA UNCONSCIOUSNESS AND THE BRAIN = FULL CONSCIOUSNESS – 2

THE MIND CANNOT CONTROL LOVE. LOVE EVERYWHERE PRESENT IS ALSO CALLED CREATION. IF SOMETHING DOES NOT SERVE SELF, FOR THE GREATER OF NOT ONLY SELF, BUT FOR ALL, INCLUDING EVERYONE, IT IS NOT REAL AND IS ILLUSION. THE MIND IS THE ILLUSION, THAT SOMETHING OUTSIDE OF YOURSELF EXISTS. THAT THERE IS SOMETHING OTHER THAN "THE PRESENT MOMENT OF NOW THAT EXISTS.

IN TRUE REALITY, THERE IS NO PAST, NO FUTURE! ONLY "THE PRESENT MOMENT OF NOW". WHEN YOU ARE IN THE PRESENT MOMENT OF NOW, YOU ARE CONNECTED INTO THE ONE. WHICH IS ALL THERE REALLY IS. LOVE IS ONE WITH EVERYTHING.

NOW, LET'S GET INTO MORE IN-DEPTH ABOUT THE BRAIN. THE RIGHT SIDE OF THE BRAIN IS THE "WHOLISTIC" PART, BECAUSE IT'S THE HIGHER CONNECTION, TO THE HIGHER THOUGHTS. HIGHER THOUGHTS ARE UNLIMITED AND ALL POSSIBILITIES. THE LEFT SIDE OF THE BRAIN IS THE INTELLECTUAL ASPECT.

THE LEFT SIDE OF THE BRAIN WHEN OUT OF SYNC WITH THE RIGHT CONNECTS INTO THE PRIMITIVE MIND OR TO THE ILLUSION OF OUTSIDE ATTACHMENTS [ALL OUTSIDE ATTACHMENTS ARE AN ILLUSION].

THROUGH THE SILENT EVOLUTION, THE BIG SHIFT, AND THROUGH THE ACTIVATION OF THE DIVINE PLAN THAT IS UNFOLDING, THE RIGHT BRAIN AND THE LEFT BRAIN IS RETURNING TO ITS ORIGINAL FORM, AND IS BEING "FUSED TOGETHER" TO CREATE THE COMPLETE AWAKENING INTO FULL CONSCIOUSNESS.

THIS FUSION THAT IS TAKING PLACE IS AN UNSTOPPABLE EVENT, FOR ALL HUMAN BEINGS ON PLANET EARTH.

OUR ADVICE IS TO ALLOW, EMBRACE, AND LET GO OF ALL BELIEF SYSTEMS, ALL ILLUSIONS, AND EVERYTHING HUMANITY HAS EVER BEEN TAUGHT OR TOLD.

CURRENTLY THOSE THAT ARE RESISTING, ARE ONLY HIDING THEIR LIGHT BEHIND FEAR.

WHEN THE RIGHT AND LEFT BRAIN ARE IN SYNC (THIS IS ACHIEVED THROUGH THE LETTING GO OF ALL OUTSIDE ATTACHMENTS), YOU SET YOURSELF FREE, AND YOU LET GO OF CONTROL.

Mother of all Creation

THE PROGRAMMED EGO MIND AKA UNCONSCIOUSNESS AND THE BRAIN = FULL CONSCIOUSNESS - 3

THE PROGRAMMED EGO/MIND IS JUST A CONSTRUCT OF BELIEF SYSTEMS
THAT YOU WERE TAUGHT. IT DOES NOT EXIST. IT IS NOT LOVE AND
THEREFORE IS NOT CREATION. IT IS A MADE-UP FANTASY BASED IN
ILLUSION THAT WAS DONE TO STEAL THE LIFE FORCE FROM YOUR BEING,
AND HAS NO CONNECTION TO THE REAL TRUTH, OF WHO YOU REALLY ARE,
WHICH IS GOD = LIGHT = LOVE = CREATION.

ALL EGO IS, IS JUST UNCONSCIOUSNESS. IN UNCONSCIOUSNESS IT THINKS SEPARATION EXISTS, BECAUSE IT HAS SEVERED ITS CONNECTION TO THE REAL. THIS IS ALSO DUALITY LIMITED THINKING, DISCONNECTION FROM SELF, DISCONNECTION FROM REAL LOVE AND TRUE REALITY. EGO MEANS DISCONNECTION FROM SELF.

KNOW THE EGO IS NOT THE TRUE BEING. EGO IS JUST UNCONSCIOUSNESS, THAT IS DISCONNECTED TO TRUE REALITY. DISCONNECTION FROM SOURCE. UNCONSCIOUSNESS IS THE ILLUSION THAT EACH OF US ARE SEPARATE FROM ANOTHER. IT IS DUALISTIC LIMITED THINKING, AND IS NOT INTELLIGENCE.

THE EGO MIND IS DISCONNECTED FROM EVERYTHING THAT IS GOING ON RIGHT NOW. SO IF YOU ARE CONNECTED INTO THE EGO, YOU ARE MISSING IT ALL. WHEN YOU CONNECT INTO LOVE, YOU CONNECT INTO EVERYTHING AND YOU ARE ENJOYING THE RIDE HOME.

THE ILLUSION HAS BEEN CALLED THE DREAM MACHINE AND THIS IS PROBABLY A MORE ACCURATE TERM TO USE. WHEN YOU KNOW YOU'RE DREAMING, WHAT DO YOU HAVE TO FEAR?

THIS IS WHAT ILLUSION IS, ONLY A DREAM. AND IT CERTAINLY DOESN'T HAVE TO BE A NIGHTMARE. THE DREAM MACHINE IS THE PROGRAM, THE THOUGHT LOOPS, THAT SUPPORTS THE ILLUSION.

NOW THE MOMENT HAS COME FOR THE DREAM MACHINE TO RETURN TO ITS ORIGINAL FUNCTION, LOVE MIRRORING LOVE!

Mother of all Creation

THE PROGRAMMED EGO MIND AKA UNCONSCIOUSNESS AND THE BRAIN = FULL CONSCIOUSNESS. OPENING OF THE PINEAL GLAND

- 4 -

CURRENTLY EVERYTHING IN ILLUSION IS DISSOLVING AND THE DOMINOS ARE FALLING. WE HIGHLY RECOMMEND LETTING GO. ONCE THE RIGHT AND LEFT BRAIN ARE IN SYNC, THEN YOU CONNECT INTO YOUR HIGHER SELF, WHICH IS ALSO THE PINEAL GLAND OPENING. THE PINEAL GLAND IS ALSO THE HIGHER GRID (5D), WHICH IS HIGHER THOUGHT. THE BRAIN, WHICH IS NOT THE MIND, IS CURRENTLY BEING BROUGHT INTO THE HIGHER GRID, AND IS PART OF THE CRYSTALLINE BODY AWAKENING.

IF BEINGS RESIST [WHAT YOU RESIST PERSISTS, WHAT YOU LOOK AT DISAPPEARS], THEY WILL BE LOST IN THEIR OWN RESISTANCE. NOT A VERY GOOD USE OF ENERGY.

THE LOWER GRID, PROGRAMMED EGO/MIND AND ALL LOWER VIBRATIONAL THOUGHTS ARE RETURNING BACK INTO CREATION. THEY GO THROUGH A RECYCLE BIN OR BLACK HOLE SO TO SPEAK. ONLY, THE HIGHER GRID, HIGHER THOUGHTS WILL REMAIN.

WHEN THE UNIBRAIN IS CONNECTED, THROUGH CONNECTING INTO THE HIGHER SELF, WHICH IS ALSO THE PINEAL GLAND OPENING, THIS IS THE HIGHER GRID, "DIVINE INTELLIGENCE", ALSO CALLED "THE KINGDOM OF HEAVEN".

THIS BRINGS WHOLENESS OF BEING, ALSO CALLED FULL CONSCIOUSNESS. THIS IS WHEN THE "MULTI-DIMENSIONALS, WELCOME YOU HOME". ITS BEEN MANY MOMENTS, AND NOW LOVE IS EVERYWHERE PRESENT, AND IS AN UNSTOPPABLE ENERGY OF CREATION.

THE UNIBRAIN IS ALSO THE SAME AS SUPER CONSCIOUSNESS, SAME AS GALACTIC HUMANS. DARKNESS CANNOT EXIST IN LIGHT, LOVE EVERYWHERE PRESENT.

SO NOW HUMANITY HAS 2 CHOICES. THEY MAY ALLOW, EMBRACE, ACCEPT AND SURRENDER. SURRENDER MEANS YOU SET YOURSELF FREE, FREE FROM YOURSELF, YOU SURRENDER TO THE LOVE YOU ARE.

THE OTHER CHOICE IS A FIGHT OR FLIGHT "REACTION", WHICH IS FEAR BASED SUCH AS IGNORING, RUNNING AWAY [WHICH THEY ARE ONLY RUNNING FROM THEMSELF], HIDING AND JUDGING. THIS CHOICE WILL CAUSE MUCH PAIN AND SUFFERING.

LET GO. LET GO. LET GO.

Mother of all Creation

AS THE EGO DISSOLVES, ALL THAT REMAINS IS THE REAL YOU, ONLY LOVE - 1

AS THE LEFT BRAIN DISSOLVES [EGO], YOU CONNECT WITH THE RIGHT BRAIN CONNECTION TO THE DIVINE. THE VERY CONNECTION TO YOUR HEART AND YOUR SOUL. THIS IS THE VERY CORE OF WHO YOU ARE, THE DIAMOND, THE "FILLING". THE TRUE BEING OF LIGHT AND LOVE!

THE "MIND", WHICH PROJECTS OUTSIDE AND HAS LOW VIBRATIONAL THOUGHTS, DISSOLVES SO THAT THE DIVINE BEING CAN RAISE UP INTO THE TRUE DIVINITY FROM WITHIN. ONCE AGAIN, THE BEING BEGINS "FEELING" INSTEAD OF "THINKING".

TAKING THE TRUE BEING INTO A COLLECTIVE CONSCIOUSNESS, A GOD CONSCIOUSNESS.

ONLY THE MIND THINKS [PROJECTS OUTSIDE], WHILE THE HEART FEELS FROM THE INSIDE, WHERE GOD IS THERE WITHIN. ALL THE HEART SEES IS LOVE EVERYWHERE PRESENT.

AS THE PROCESS UNFOLDS TO FULL CONSCIOUSNESS, GOD CONSCIOUSNESS, THE MIND BEGINS BREAKING DOWN AND FALLING AWAY, BECAUSE LOVE IS PRESENT. AS LOVE RECOGNISES THE ILLUSION. AS LOVE STARTS DISSOLVING EVERYTHING YOU THOUGHT YOU WERE. THE EGO PROGRAMMED MIND, AND LEADS YOU TO THE HEART OF YOUR BEING. THE TRUTH THAT YOU ARE SIMPLY A BEING OF ONLY LOVE.

REAL FEELINGS OF LOVE BEGIN RUSHING IN, AS THE TRUE BEING EMERGES OUT OF THE SEEMING DESTRUCTION OF A MIND IN A BOX. WITH THE BOX OF ILLUSION NOW DISSOLVED, THE TRUE BEING THEN FORGES AHEAD IN ALL LOVE'S GRANDNESS, INTO DIVINE INTELLIGENCE. INTO THE EXPERIENCE OF LOVE EVERYWHERE PRESENT.

DIAMONDS HAVE BEAUTY AND ELEGANCE, THEY SHINE BRIGHT AND EACH FACET HOLDS ITS OWN UNIQUENESS. EACH OF YOU HAVE A BEAUTIFUL DIAMOND INSIDE, WAITING TO SHINE ON THE PLANET. YOU EACH ARE THE MIRACLE, THE MAGIC, AND EACH PARTS OF THIS WHOLE MAGNIFICENT DESIGN, UNIQUELY SO!

Mother of all Creation

AS THE EGO DISSOLVES, ALL THAT REMAINS IS THE REAL YOU, ONLY LOVE - 2

AS THE EGO DISSOLVES, THEN EACH OF YOU WILL STAND UP TOGETHER AS ONE, AND ASSUME YOUR ROLES IN THE DIVINE TRUTH OF YOUR TRUE EXISTENCE, WHICH HAS NO LIMITS, BOUNDARIES OR EDGES.

AS THIS OCCURS, YOU EACH ARISE AS A WHOLE, BEAUTIFUL DIAMOND, JUST LIKE THE SUN. FOR YOU WILL REMEMBER YOU ARE EVERYTHING. AS YOU AWAKEN AND ARISE, THE GRANDNESS OF JUST BEING THEN SHINES OUT AS A CLARION CALL TO SOURCE, AND LIFE FORCE ENERGY BEGINS FILLING UP YOUR BEING. THEN THE TRUE LOVE ENERGY FILLS ALL THE SPACE AROUND YOU, AND LOVE FILLS IN ALL THE GAPS OF BEING PRESENT IN THE LIGHT AND TRUTH.

PLEASE ENJOY YOUR BRILLIANCE AND SHARE YOUR BRILLIANCE.

DIVINE INTELLIGENCE IS THE BRILLIANCE AND LIGHT CONTAINED WITHIN THE HUMAN HEART. AND ONLY THROUGH THE HEART ARE WE ALL CONNECTED AS ONE.

THE NATURAL STATE OF THE SUN IS BRILLIANCE BECAUSE IT'S BEING TRUE TO ITSELF. BEING TRUE TO ONESELF IS THE LOVE WITHIN, POURING OUTWARDS. LIVING INSIDE OUT AND THEN OUTSIDE BACK INTO LOVE, ALL OF CREATION, LOVE EVERYWHERE PRESENT.

FALLING AWAY, THE OLD [ALL UNCONSCIOUSNESS] GETS RELEASED BACK INTO CREATION AND THEN GRACE IS GIVEN AS EACH LIGHT STANDS AS A PILLAR OF TRUTH.

WHEN EACH OF YOU GO DEEP INSIDE, YOU DISCOVER THE DIAMOND WITHIN YOURSELVES. THE MAGICAL MIRACLE OF BEING PRESENT, SHINING BRIGHT. YOU WILL THEN FORGE AHEAD, DISPLAYING YOUR BRILLIANT LIGHTS IN A NEW STORY OF LOVE FOREVER AFTER AS ONE. UNIQUELY EXPRESSED WITHIN THE NEW EARTH, THE KINGDOM OF HEAVEN, THE EDEN IN WHICH YOU WILL CO-CREATE IN THE DIVINE.

WHEN YOU WALK IN DARKNESS WITH THE MIND YOU ARE ALONE, WALK IN THE LIGHT AND WE ARE ALL ONE.

Mother of all Creation

THE BRAIN - 1

MANY THAT ARE SENSITIVE TO THE ENERGY, CAN NOW HEAR THE BALANCED HARMONIC COMING FROM THE CENTRE OF THE MAGNETIC FIELD, WHICH IS CONTINUALLY GETTING LOUDER. WE CAN PHYSICALLY HEAR THIS IN OUR EARS AS A VERY HIGH PITCHED RINGING. THESE ARE FREQUENCIES THAT ARE ENTERING INTO YOUR CHAKRA SYSTEMS, ASSISTING IN YOUR TRANSFORMATION, AND REALIGNING YOUR CHAKRAS TO BALANCED HARMONICS.

EACH OF YOU ARE MADE SOLELY OF ENERGY, AND THE ENERGY YOU ARE MADE OF EXTENDS AROUND YOU, BEYOND YOUR PHYSICAL BODY HOLOGRAM.
YOUR CHAKRA SYSTEM IS WHAT RECONNECTS EVERYONE BACK TO SOURCE, AND YOUR HIGHER SELF.

FOR THIS TO HAPPEN, WE HAVE TO RECONNECT THE 2 HEMISPHERES OF THE BRAIN, WHICH THEN ACTIVATES THE PINEAL GLAND, AND AWAKENING OCCURS THROUGH THIS.

YOUR HEARTS ARE GETTING READY TO EXPAND, AND THIS ENERGY WILL COME FROM THE CENTRE OF YOUR HEART AND CONNECT TO YOUR PINEAL GLANDS. YOUR PINEAL GLAND IS IN THE CENTRE OF YOUR RIGHT AND LEFT BRAIN HEMISPHERES.

DURING THIS TRANSFIGURATION EVENT THEY ARE MERGING BACK TOGETHER, AFTER 13 MILLENNIA OF DISCONNECTION, WHERE THE LEFT AND RIGHT BRAIN HEMISPHERES WERE SEVERED.

WHAT IS NOW OCCURRING IS HUMANITY IS GETTING READY FOR A FULL AWAKENING. THIS IS ALSO TERMED FULL CONSCIOUSNESS. THE ONLY WAY FOR FULL CONSCIOUSNESS TO OCCUR IS RECONNECTING THE 2 BRAIN HEMISPHERES BACK TO THEIR ORIGINAL FUNCTION, SO THAT THE PINEAL GLAND CAN BE ACTIVATED.

RIGHT NOW, DURING YOUR SLEEP, EACH OF YOU ARE UP ON THE SHIPS GETTING WORKED ON SO TO SPEAK, TO RECONNECT THE RIGHT AND LEFT BRAIN. THIS IS BEING ACCOMPLISHED VERY GENTLY, AND GRADUALLY, AS YOUR BODIES HAVE TO ADJUST TO THE HIGHER AND LIGHTER VIBRATIONAL FREQUENCIES THAT ACCOMPANY THESE ADJUSTMENTS.

FOR 13 MILLENIA HUMANITY HAS BEEN CONTROLLED THROUGH THE SEPARATION OF THE 2 BRAIN HEMISPHERES AND THUS FUNCTIONED ONLY THROUGH THE LEFT SIDE OF THE BRAIN. BECAUSE OF THIS DYSFUNCTION, THE RIGHT AND LEFT BRAIN COULD NOT COMMUNICATE, AND IN TURN THIS CAUSED THE ILLUSIONARY WORLD YOU HAVE BEEN LIVING IN.

Mother of all Creation

THE BRAIN - 2

WITHOUT THE RIGHT BRAIN FUNCTIONING YOU WERE DISCONNECTED FROM SOURCE. THE RIGHT SIDE OF THE BRAIN IS YOUR DIRECT CONNECTION TO SPIRIT, THE DIVINE, AND YOUR HIGHER SELF, YOUR TRUE SELF. WITHOUT THIS CONNECTION, YOU WERE WALKING AROUND IN ILLUSION, WONDERING WHO YOU REALLY WERE, AND BEING SLAVES TO ILLUSION.

THIS IS EXACTLY WHAT THE POWERS THAT WERE WANTED. IF YOU WERE DISCONNECTED FROM WHO YOU REALLY ARE, THEN THEY COULD MAKE YOU LIKE ROBOTS, BECAUSE YOU WOULD HAVE NO CONNECTION TO THE REAL AND TRUE. THEY COULD FORCE YOU INTO BELIEF SYSTEMS THAT KEPT YOU IN PRISON CELLS. YES, YOU HAVE BEEN IN PRISON OR HELL. FUNCTIONING ONLY FROM THE LEFT BRAIN, THEY EASILY WERE ABLE TO PLACE A PROGRAM OF IMAGINARY BELIEF SYSTEMS, THAT KEPT YOU IN A REPEATING LOOP, OF ISOLATION AND SEPARATION.

THIS WAS NOT ONLY FROM YOURSELVES BUT FROM ALL YOUR OTHER SELVES, AND FROM LOVE, SOURCE, AND THE REST OF CREATION. FOR 13 MILLENIA THEY HAVE SUCCEEDED IN THIS, UNTIL NOW. LOVE HAS SHOWN UP, AND THIS MEANS ALL WILL AWAKEN IN THE NO MATTER WHAT INTO A NEW EARTH OF FREEDOM AND ALL POSSIBILITIES.

ONCE THE 2 SIDES OF THE BRAIN HEMISPHERES ARE RECONNECTED, THEY ONCE AGAIN WILL BE ABLE TO COMMUNICATE WITH EACH OTHER, AND ALL DYSFUNCTIONS WILL DISSOLVE. WITH A FULLY FUNCTIONING BRAIN, THIS WILL ASSIST EACH OF YOU IN YOUR TRANSFIGURATION EVENTS HOME, INTO TRUE REALITY AND OUT OF THE LIMITED BOX, OR PRISON CELL. ONCE THE LEFT AND RIGHT BRAINS CAN COMMUNICATE, NEVER AGAIN WILL THEY BE SEPARATION AND YOUR ADVENTURES IN CREATION WILL BEGIN ANEW.

THE GARDEN OF EDEN RETURNS!

OUR NATURAL STATE AS DIVINE BEINGS IS HAVING FULL USE OF OUR BRAIN - A HOLISTIC BRAIN. OUR RIGHT BRAIN IS OUR FEMININE SIDE OF THE BRAIN, WHICH CONNECTS TO SOURCE, HIGHER THOUGHT, CREATIVE GENIUS, INSPIRATION & INTUITION. OUR LEFT BRAIN IS THE MASCULINE BRAIN, WHICH ANALYSES & SORTS THROUGH ALL OF THE INFORMATION COMING IN THROUGH THE RIGHT BRAIN, AND IT DECIDES WHAT IS USEFUL & WHAT IS TO BE ACTED UPON.

Mother of all Creation

BRAINWAVES AND HOW THE MIND IS DISSOLVING IN THE GOD CONSCIOUSNESS ENERGY

WHEN YOU ARE BABIES, YOU ARE IN A BRAINWAVE OF DELTA CONSCIOUSNESS, WHICH IS THE SAME OR EQUAL TO, GOD CONSCIOUSNESS. THIS IS WHERE YOU RETURN TO IN YOUR SLEEPING STATE. CURRENTLY, WHEN YOU GO TO SLEEP AT NIGHT, YOU ARE BACK INTO AND IMMERSED IN LOVE, WHICH IS WHO YOU ARE. WHERE THERE IS NO MORE SEPARATION, AND WHERE YOU HAVE NOT ISOLATED YOURSELF FROM THE TRUTH OF YOUR BEING, WHICH IS CONNECTED INTO THE ONE.

YOU ARE JUST IMMERSED IN ATOMS, OF PURE LOVE ENERGY, THE ONENESS ENERGY. THIS STATE IS WHAT YOU ARE RETURNING TOO, IN A WAKING STATE [YOUR AWAKENING INTO TRUE REALITY], WHICH IS THE SAME AS FULL CONSCIOUSNESS.

GAMMA BRAINWAVES ARE AT 32-64 CYCLES PER SECOND. THIS IS THE MAXIMUM STRESS THE BEING CAN HANDLE AND EVENTUALLY RESULTS IN DEATH. IT'S LIKE A BEING ATTEMPTING TO WORK 3 JOBS A DAY, 36 HOURS IN A DAY, AND FRIES THE BRAIN. IN THIS STATE WITHIN YOUR ILLUSION, YOU MOVED SO FAR FROM THE TRUTH OF YOUR BEING, YOU STRESS OUT AND DIE.

BETA IS AT 14-32 CYCLES PER SECOND, THIS IS LIKE PRESCHOOL.

ALPHA BRAINWAVES IS AT 7-14 CYCLES PER SECOND. THIS IS REFERRED TO AS THE DREAM STATE,
THAT YOU HAVE BEEN IN, IN ILLUSION.

THETA BRAINWAVES ARE AT 4-7 CYCLES PER SECOND. THIS IS THE VOID (4D). THE VOID IS JUST LIKE A TUNNEL. YOU MUST WALK THROUGH IT TO GET OUT TO THE OTHER SIDE, WHICH IS FULLY AWAKENED. THIS IS THE PLACE BETWEEN YOUR UNCONSCIOUS AND YOUR "FULL CONSCIOUSNESS", WHICH IS THE LIGHT AT THE END OF THE TUNNEL. YOU ARE WALKING THROUGH THE VOID, TO THE LIGHT OF YOUR TRUE BEING AND THE ONLY WAY THROUGH IS THROUGH.

DELTA = GOD CONSCIOUSNESS = BEING IN THE PRESENT MOMENT OF NOW. THE BRAINWAVE CYCLES ARE AT .618034-4 CYCLES PER SECOND. DELTA IS WHERE THERE IS NO LONGER ISOLATION AND SEPARATION. THIS IS YOUR ORIGINAL STATE OF BEING. THIS IS WHY YOU LOOK AT A BABY SO LOVINGLY. BABIES REHEART YOU OF THIS ORIGINAL STATE, THE VERY TRUTH AND LOVE OF WHO YOU TRULY ARE. YOU ARE RETURNING TO YOUR ORIGINAL STATE, OF BEING "THE LOVE CALLED GOD EVERYWHERE PRESENT."

SOME OF YOU ONLY GET A MOMENT OF DELTA CONSCIOUSNESS TO RECHARGE, AND THEN GET INTO GAMMA, WHERE YOU BURN UP ALL YOUR ENERGY. THE REASON FOR THIS IS THAT IT CANNOT HANDLE HIGH VELOCITY ENERGY.

BEING PRESENT IN THE MOMENT OF NOW, IS GOD CONSCIOUSNESS, THE SAME AS DELTA CONSCIOUSNESS, WHICH MEANS FULL CONSCIOUSNESS. FULL CONSCIOUSNESS IS BEING FULLY PRESENT IN THE MOMENT OF NOW.

BEING IN SPIRIT = GOD CONSCIOUSNESS = HEAVEN CONSCIOUSNESS = FULLY CONSCIOUS = BEING PRESENT IN THE MOMENT OF NOW.

Mother of all Creation

EGO, CONTROL DRAMAS & LOWER CHIPS DISSOLVEMENT CEREMONY

THIS CONDITIONING AND LOW DENSITY KNOWN AS ATLANTEAN CONDITIONING ORIGINATES IN ATLANTIS. THIS CULMINATED IN VARIOUS CONDITIONING WRAPPED UP IN VERY DENSE LOWER FREQUENCY PROGRAMMING. THIS IS THE POWERS THAT WEREN'T CREATED, MIND CONTROL. KEEP IN YOUR HEART, THE HEART IS GOD, YOU ARE GOD, THE MIND CAN NEVER BE GOD. THE POWERS THAT WEREN'T, PUT THIS CONDITIONING IN PLACE SO YOU COULD BE THEIR PERMANENT SOURCE OF FOOD TO CUT YOU OFF FROM SOURCE, GOD, YOUR BIRTH RIGHT. THE CONDITIONING TURNED YOU INTO A ROBOT. THE HEART IS WHERE YOUR SOUL RESIDES. THIS IS YOUR JOURNEY, LEAVING THE MIND AND COMING INTO THE HEART. THE HEART IS FEARLESS, WISE, HONOURABLE, GENUINE, POWERFUL, ABUNDANT, UNCONDITIONALLY LOVING. BEING WITHIN THE HEART IS 5D. IT IS A STATE A OF BEING. IT CANNOT BE STUDIED, RATIONALISED OR ANALYSED. LOVE IS FELT, EXPERIENCED BY BEING = PRESENT MOMENT OF NOW.

EGO, CONTROL DRAMAS, LOWER IMPLANT CHIP DISSOLVEMENT:

WRITE DOWN ALL YOU IDENTIFY WITH SELF, THANK YOUR ANGELS AND ASK THEM TO ASSIST IN TRANSFORMING.
READ OUT LOUD AND BURN. YOUR ANGELS ARE WORKING TO HELP YOU CLEAR.

"I TRANSFORM THIS AND ALL CONDITIONING. I ACCEPT RESPONSIBILITY FOR IT, IDENTIFY AND DISSOLVE IT.

I AM READY TO FULLY EMBRACE MY FULL ESSENCE".

LACK OF WISDOM, LACK OF EXPERIENCE, LACK OF COMPASSION, LACK OF PASSION, LACK OF PERCEPTION, LACK OF INTEGRITY, LACK OF HONOR, LACK OF EMPATHY, LACK OF FEELINGS, LACK OF SELF-LOVE, UNWORTHINESS, IGNORANCE: IGNORING LOVE, ARROGANCE, ATTACHMENT: TO PEOPLE, PLACES AND THINGS, TAKING: FROM HUMANITY & THE PLANET, INCUBUS & SUCCUBUS ENERGY: THE TAKING OF ENERGY THROUGH WORDS, TOUCH, SEX AND OTHER ABILITIES, CHILDHOOD TRAUMA, CHILDISH BEHAVIOUR, ROBOTIC HABITS & BEHAVIOUR, DISRESPECT OR HATRED TOWARDS THE FEMININE OR MASCULINE. PREFERENCE TO PAIN & SUFFERING: DUE TO UNWORTHINESS, SUPERIORITY, THINKING YOU KNOW BETTER, ENTITLEMENT, SELF IMPORTANCE, DELUSIONS OF GRANDEUR, FANTASY, NEEDING TO BE RIGHT, CONTROLLING, UNGRATEFUL, NO ACCOUNTABILITY, SPREADING OR PARTICIPATION IN GOSSIP, JEALOUSY, VANITY, LACK OF BEAUTY, DESIRE: WANTING TO BE DESIRED, VALIDATION, WANTING TO FOLLOW OR BE FOLLOWED, FAKE: UNABLE TO BE GENUINE, COMPULSIVE LYING, REVERENCE OF THE MIND, SEEKING REVERENCE, REVERENCE OF ANIMALS, JUSTIFICATION, PROCRASTINATION, BARGAINING, POVERTY CONSCIOUSNESS: ALWAYS THINKING IN LACK, ADDICTION, ADDICTION TO SUGAR, LINEAR THINKING AND ACTING, IDENTIFICATION OF THINGS FROM THE OUTSIDE, PRINCESS CONDITIONING, BITCH CONDITIONING, ASSHOLE CONDITIONING, ANAL-RETENTIVE, SEVERE IMPATIENCE, EASILY DISTRACTED, QUITTER, INCONSISTENT, COMPLAINING, LAZINESS, COMPLACENT, REACTIVE, CULTURAL PROGRAMMING, BLOODLUST: WANTING OR AROUSAL OF SEEING BLOOD SHED, SUPER EGO, SPIRITUAL EGO.

I DISSOLVE ALL ANGER, FEAR, GRIEF, ANXIETY/DEPRESSION, WORRY, APATHY, GUILT, SHAME, NEGATIVITY, PAIN/SUFFERING, LACK CONSCIOUSNESS, VICTIM CONSCIOUSNESS, POVERTY CONSCIOUSNESS AND COMPETITION.

I DISSOLVE ALL SUPER EGO PROGRAMMING'S AND FREQUENCIES OF JEALOUSY, MANIPULATION, BLAME, TAKING THINGS PERSONALLY, LACK OF FEELING, POWER OVER, CONTROL, ENTITLEMENT, ARROGANCE, GOD COMPLEX, NEED FOR VALIDATION, LACK OF SELF LOVE, LACK OF ACCOUNTABILITY, FEAR OF REJECTION, FEAR OF JUDGMENT, ADDICTION TO BEING PERFECT, SOCIOPATHIC BEHAVIOUR, IDENTIFICATION FROM THE OUTSIDE.

I DISSOLVE ALL CONTROL DRAMA PROGRAMMING'S AND FREQUENCIES OF INTEGRATOR, ALOOF, INTIMIDATOR AND POOR ME.

I DIVINELY DECREE AND COMMAND ALL ATOMS IN RIGHT ACTION THAT MYSELF AND ALL OF THE COLLECTIVE HAVE AN ETHERIC SURGERY REMOVING ALL IMPLANTS AND NEGATIVE ENERGY CHIPS IN ALL BODIES; THE REVENGE CHIP, THE LACK OF HONOUR CHIP, THE SABOTAGE CHIP, THE GLITCH CHIP, THE BULLY CHIP, THE DNA MANIPULATION CHIP, THE ABANDONMENT CHIP, THE FAIL SAFE SELF CHIP, THE SABOTAGE CHIP, THE NO SURRENDER CHIP, THE MIMIC CHIP, THE WITCH CHIP, THE BRAIN REWIRE CHIP, THE GOD HATE CHIP, THE STAR OF DAVID CHIP, THE BRAIN HEART DISEASE CHIP, THE MASTER CHIP.

THANK YOU, I LOVE YOU.

Mother of all Creation

EGO DISSOLVEMENT CEREMONY

KEEP IN YOUR HEART, THE HEART IS GOD, YOU ARE GOD, THE MIND CAN NEVER BE GOD. THE POWERS THAT WEREN'T, PUT THIS CONDITIONING IN PLACE SO YOU COULD BE THEIR PERMANENT SOURCE OF FOOD TO CUT YOU OFF FROM SOURCE, GOD, YOUR BIRTH RIGHT. THE CONDITIONING TURNED YOU INTO A ROBOT. THE HEART IS WHERE YOUR SOUL RESIDES. THIS IS YOUR JOURNEY, LEAVING THE MIND AND COMING INTO THE HEART. THE HEART IS FEARLESS, WISE, HONOURABLE, GENUINE, POWERFUL, ABUNDANT, UNCONDITIONALLY LOVING. BEING WITHIN THE HEART IS 5D. IT IS A STATE A OF BEING. IT CANNOT BE STUDIED, RATIONALISED OR ANALYSED. LOVE IS FELT, EXPERIENCED BY BEING = PRESENT MOMENT OF NOW.

EGO DISSOLVEMENT:

WRITE DOWN ALL YOU IDENTIFY WITH SELF. THANK YOUR ANGELS AND ASK TO ASSIST IN TRANSFORMING THESE LOWER ENERGIES, READ OUT LOUD AND BURN. YOUR ANGELS ARE WORKING TO HELP YOU CLEAR ALL PROGRAMMING'S.

I TRANSFORM THIS AND ALL CONDITIONING, I ACCEPT RESPONSIBILITY FOR IT, IDENTIFY AND DISSOLVE IT. I AM READY TO FULLY EMBRACE MY FULL ESSENCE.

LACK OF WISDOM, LACK OF EXPERIENCE, LACK OF COMPASSION, LACK OF PERCEPTION, LACK OF INTEGRITY, LACK OF HONOR, LACK OF EMPATHY, LACK OF FEELING, CHILD HOOD TRAUMA, INCUBUS/SUCCUBUS TAKING OF ENERGY THROUGH TOUCH/WORDS, DISRESPECT OR HATRED TOWARDS FEMININE, SUPERIORITY, THINKING YOU KNOW BETTER BASED ON NOTHING, ADDICTION, ADDICTION TO SUGAR, INCONSISTENCY, OBSESSION, ATTACHMENT TO 3D FAMILY AND FRIENDS, POSSESSION, CONTROL, POWER OVER, ENTITLEMENT, SELF-IMPORTANCE, NEEDING TO BE RIGHT, UNWORTHINESS, UNGRATEFUL, NO ACCOUNTABILITY, WANTING TO BE FOLLOWED OR FOLLOW, FAKE, UNABLE TO BE GENUINE, COMPULSIVE LYING, REVERENCE OF THE MIND, SEEKING REVERENCE, LINEAR THINKING AND ACTING, IDENTIFYING THINGS FROM THE OUTSIDE, ANAL RETENTIVE, SERVE IMPATIENCE, EASILY DISTRACTED, QUITTER,

LAZINESS, COMPLACENT, REACTIVE.

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RE-HEART - EGO PROGRAMMING

ACCEPT RESPONSIBILITY FOR THE PROGRAMMING.
IT IS NOBODY'S FAULT.

OUR ROLE IS TO IDENTIFY THESE AND DISSOLVE THEM.

THE ANGELS ARE GOING TO HELP YOU DISSOLVE THEM.

READ OUT LOUD EACH OF THEM, THEN BURN.

DIVINE QUALITIES THAT ARE IN EVERYONE:
COURAGE, PERSEVERANCE, TENACITY,
UNCONDITIONAL LOVE, PURITY, GENTLENESS,
KINDNESS, COMPASSION WISDOM, KNOWLEDGE,
NURTURING, SPEAKING TRUTH, GRACE, INNER
STRENGTH, WISE AND ALWAYS LOVING.

LOWER PROGRAMMING INCLUDES GOSSIPING, CONTROL, JEALOUSY, ENVY, POWER OVER, ANGER, HATRED AND CHAOS.

HIGHLY RECOMMEND FOR THE NEXT SEVEN DAYS TO DO EGO DEATH CEREMONIES.

SET INTENT AND FOCUS ON YOUR HEART.

GET OUT OF THE MIND AND INTO THE HEART TO ACTIVATE YOUR DNA.

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SECTION 10: SPIRITUAL EGO

VOICES FROM PRIME SOURCE HERSELF.

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HOW TO IDENTIFY A SPIRITUAL EGO - 1

EXTREMELY IMPORTANT MESSAGE. ALL SPIRITUAL EGOS WILL DISSOLVE IN THE CURRENT ENERGIES.

HOW TO IDENTIFY A SPIRITUAL EGO. SPIRITUAL EGOS HAVE DRESSED UP SO MANY FANTASIES AS REAL. THEY "BELIEVED" THEM, AND ANY "BELIEF" IS THE OLD PARADIGM. THE NEW PARADIGM HAS NO BELIEFS, ONLY LOVE AND TRUTH. SPIRITUAL EGOS APPROACH LIFE WITH THEIR INTELLECT, WHICH IS THE LEFT SIDE OF THE BRAIN, INSTEAD OF THE HEART, WHICH IS THE WHOLISTIC BRAIN, [RIGHT AND LEFT SIDE TOGETHER], WHICH IS THE DIVINE CONNECTION.

SPIRITUAL EGOS LOOK AT LOVE AND TRUTH AS A THREAT, BECAUSE THE REAL TRUTH CHALLENGES THEIR FANTASIES. WITHOUT THEIR FANTASIES, THEY HAVE TO FACE THE TRUTH ABOUT THE LIES THEY TOLD THEMSELVES.

A SPIRITUAL EGO IS JUST THE OLD PARADIGM OF POWER OVER, DRESSED UP TO LOOK NEW. SPIRITUAL EGOS WOULD RATHER BE RIGHT, THAN BE HAPPY. TO BE TRULY HAPPY AND IN JOY, THE EGO HAS TO BE DISSOLVED. SPIRITUAL EGOS CANNOT SEE THE FOREST FOR THE TREES. THE REASON IS BECAUSE THEY HAVE A WHOLE LOT OF FANTASIES ABOUT THE TREES. THEY WANT TO BE IN CONTROL OF CREATION, ALL THE WHILE CREATION CANNOT BE CONTROLLED.

WE ARE UNCONCERNED ABOUT THE SPIRITUAL EGOS FANTASIES. TRUE REALITY
"ELIMINATES" ALL FANTASIES. TRUE REALITY DOES NOT ALIGN WITH ANY FANTASY. TRUE
REALITY HAS NO FANTASY. IT TAKES LETTING GO OF ALL ILLUSIONS TO EMBRACE TRUE
REALITY.

THE SPIRITUAL EGOS = THE PROGRAM MIND = ILLUSION = 3D.

ATTENTION; SPIRITUAL EGOS ARE OF THE MOST DANGEROUS ON THE PLANET, AND THEY WILL ATTEMPT TO DETOUR YOU FROM THE TRUTH.

ALONG THE PATH OF ENLIGHTENMENT, MANY DEVELOPED SPIRITUAL EGOS AS THE PATH BECAME TO UNCOMFORTABLE FOR THEM. THEY BEGAN FORMING FANTASIES TO MAKE IT LESS UNCOMFORTABLE. INSTEAD OF RELEASING ALL ATTACHMENTS, THEY DEVELOPED NEW ATTACHMENTS. THE SAME AS TAKING AN OLD CAR AND REPAINTING IT, THEN CALLING IT A BRAND NEW CAR. WHAT THEY DID WAS TRY TO DRESS UP THE OLD PARADIGM AND CALL IT THE NEW PARADIGM. ALL EGOS REQUIRE FOOD FOR SURVIVAL, WITH ITS FOOD SUCKING THE LIFE FORCE ENERGY OUT OF THE BEING. IT DOES THIS THROUGH ITS ILLUSIONS, FANTASIES, AND ANYTHING EXCEPT TRUE REALITY.

SPIRITUAL EGOS GATHER TOGETHER SO THEY EACH CAN FEED OFF OF EACH OTHER, TO KEEP THEIR FANTASIES ALIVE. HOW THIS OCCURS IS THAT ONE MAY HAVE A SIMILAR FANTASY WITH ANOTHER, THUS THEY BEGAN VALIDATING WITHIN THEMSELVES, THEN COME UP WITH MORE FANTASIES TO FEED THE LIES [REFER TO DOG CHASING ITS TAIL SYNDROME].

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HOW TO IDENTIFY A SPIRITUAL EGO - 2

THIS GREATLY STALLED THEIR [THOSE HOLDING ONTO THE EGO] PROGRESS, AND TO ALL THOSE WHO ARE CURRENTLY AWAKENING, THEY ARE DANGEROUS. WE USE THE WORD DANGEROUS, BECAUSE THEY "BELIEVE" THEIR OWN LIES AND CAN EASILY CONVINCE THOSE COMING UP INTO THEIR OWN POWER, THAT THE LIE THEY ARE SHARING IS THE TRUTH. IT CAN SPEAK OF HALF TRUTHS, BUT IT CAN NEVER SPEAK OF THE "WHOLE TRUTH". BECAUSE TO SPEAK THE WHOLE TRUTH, YOU HAVE TO BE THE TRUTH, WHICH IS LOVE IN ACTION.

ANOTHER REQUIREMENT IS FEELINGS. AN EGO DOES NOT HAVE ANY FEELINGS AND ONLY THROUGH FEELINGS DOES ONE GAIN UNDERSTANDING. THROUGH UNDERSTANDING ONE HAS EXPERIENCE. THROUGH EXPERIENCE, ONE GAINS WISDOM. WISDOM TO BE AND SHARE THE TRUTH. SINCE SPIRITUAL EGOS CANNOT HAVE FEELINGS, THEY REALLY HAVE NO CLUE ABOUT TRUTH AND WILL ALWAYS FIND SOMETHING INCORRECT WITH THE WHOLE TRUTH, BECAUSE IT/EGO HAS LIMITS, EDGES AND BOUNDARIES. THIS IS SOMETHING REAL LOVE DOES NOT HAVE. LOVE IS LIMITLESS, EDGELESS, AND HAS NO BOUNDARIES.

WE CAN SAY THE SPIRITUAL EGO IS ALL TALK, WITH INCORRECT AND MISALIGNED ACTIONS THAT GO ALONG WITH IT, THAT HAVE ABSOLUTELY NOTHING TO DO WITH REAL REALITY. IT CAN WRITE DOWN SOME TRUTHS, EVEN SPEAK SOME TRUTHS, AND PRETEND THAT IT HAS SOME CLUE ABOUT TRUTH. BUT ALL IT REALLY DOES, IS ATTEMPT TO INTERWEAVE TRUTH INTO ITS FANTASIES AND THEN PRESENT IT AS TRUTH.

WHEN IT IS QUESTIONED IT WILL REACT IN A FIGHT OR FLIGHT WAY, WHILE LOVE, WHEN QUESTIONED WILL RESPOND WITH TRUTH. SINCE THE EGO/MIND DOES NOT REALLY EXIST [IT IS JUST A CONSTRUCT OF BELIEF SYSTEMS] IT CANNOT REALLY UNDERSTAND REAL LOVE AND REAL TRUTH.

BEING REAL, AND LIVING THE REAL AND WHOLE TRUTH IS WHEN YOUR TRUE BEING IS FULLY MANIFESTED INTO THIS REALM AND ONLY OCCURS WHEN THE EGO, SPIRITUAL EGO, HAS DISSOLVED. FOR SO MANY OF YOU, THE SPIRITUAL EGO IS HOLDING THE TRUE BEING INSIDE CAPTIVE. THIS MUST BE RELEASED FOR YOU TO MOVE FORWARD, OR YOU WILL CONTINUE BEING STUCK, GOING IN CIRCLES, WHICH TAKES YOU NOWHERE.

THE SPIRITUAL EGO IS VERY SUBTLE AND TRICKY. IT CAN EASILY CREATE THE ILLUSION OF HELPING, AND EVEN FOR SLIGHT MOMENTS BE VERY CONVINCING, JUST TO SUPPORT ITS OWN FANTASIES AND ILLUSIONS. IT SUPPORTS THE OLD PARADIGM OF POWER OVER, IT PLAYS A VICTIM/VILLAIN ROLE, AND BECOMES LIKE A BULLY TO THE ONES SHARING TRUTH.

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HOW TO IDENTIFY A SPIRITUAL EGO - 3

YOU CANNOT RESPECT SPIRITUAL EGOS BECAUSE THEY DO NOT EVEN RESPECT THE REAL TRUTH AND REAL LOVE.

IT DOES NOT EVEN RESPECT ITSELF, BECAUSE THOSE WITHIN IT WOULD RATHER LIVE A LIE, THAN THE TRUTH.

RESPECT COMES FROM LOVE AND TRUTH ONLY, YOU CANNOT RESPECT A LIE.

TODAY'S DECREE:

WE GIVE ALL AWAKENED LIGHT WORKERS, FULL GRACE, TO ASSIST IN THE DISSOLVEMENT OF ANY AND ALL SPIRITUAL EGOS ACROSS THE PLANET. THEY DO NOT SERVE ANY PURPOSE, BUT FURTHER ISOLATION AND SEPARATION, AS WELL AS ATTEMPTING TO INTERRUPT, CONFUSE AND DISTURB THE PROCESS FOR OTHERS AS THEY AWAKEN.

THE MOMENT TO COME INTO UNITY AND PEACE ON THIS PLANET IS NOW.

THIS IS DECREED AND GRANTED, AND SO IT IS.
IN THE KINGDOM OF HEAVEN ON EARTH, EGOS, SPIRITUAL
EGOS AND ANY IGNORANCE DOES NOT EXIST AND IT IS DONE
AND IT IS OVER. AND SO IT IS IN HEAVEN AS IT IS ON EARTH
AND SO IT IS! DECREED.

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THE REAL TRUTH ABOUT SPIRITUAL EGOS - 1

SPIRITUAL EGOS HAVE DRESSED UP SO MANY FANTASIES AS REAL. THEY "BELIEVED" THEM, AND ANY "BELIEF" IS THE OLD PARADIGM. THE NEW PARADIGM HAS NO BELIEFS, ONLY LOVE AND TRUTH." A SPIRITUAL EGO IS JUST THE OLD PARADIGM OF POWER OVER, DRESSED UP TO LOOK NEW. SPIRITUAL EGOS WOULD RATHER BE RIGHT, THAN BE HAPPY. TO BE TRULY HAPPY AND IN JOY, THE EGO HAS TO BE DISSOLVED. WE ARE UNCONCERNED ABOUT THE SPIRITUAL EGOS FANTASIES. TRUE REALITY "ELIMINATES" ALL FANTASIES.

WE ARE GOING TO DISCUSS "SPIRITUAL EGOS", WHICH ARE ANOTHER FORM OF THE MIND.

AS WE HAVE SHARED, THE MIND IS JUST AN ILLUSION. ALONG THE PATH OF
ENLIGHTENMENT, MANY DEVELOPED SPIRITUAL EGOS AS THE PATH BECAME TOO
UNCOMFORTABLE FOR THEM. THEY BEGAN FORMING FANTASIES TO MAKE IT LESS
UNCOMFORTABLE. INSTEAD OF RELEASING ALL ATTACHMENTS, THEY DEVELOPED NEW
ATTACHMENTS. JUST AS WE HAVE STATED, TAKING AN OLD CAR AND REPAINTING IT, THEN
CALLING IT NEW. SAME AS DRESSING UP THE OUTDATED OLD PARADIGM, AND SAYING
THAT IT WAS A NEW PARADIGM.

ALL EGOS REQUIRE FOOD FOR SURVIVAL. ITS FOOD IS SUCKING THE LIFE FORCE ENERGY OUT OF THE BEING. IT DOES THIS THROUGH ITS ILLUSIONS, FANTASIES, AND ANYTHING EXCEPT TRUE REALITY. SPIRITUAL EGOS GATHER TOGETHER SO THEY EACH CAN FEED OFF OF EACH OTHER, TO KEEP THEIR FANTASIES ALIVE. ONE MAY HAVE A SIMILAR FANTASY WITH ANOTHER; THUS THEY BEGAN VALIDATING WITHIN THEMSELVES, AND THEN CAME UP WITH MORE FANTASIES TO FEED THE LIES [REFER TO DOG CHASING ITS TAIL SYNDROME].

THIS GREATLY HAS STALLED THEIR PROGRESS, AND TO ALL THOSE WHO ARE CURRENTLY AWAKENING, THEY ARE DANGEROUS. WE USE THE WORD DANGEROUS, BECAUSE THEY "BELIEVE" THEIR OWN LIES, AND CAN EASILY CONVINCE THOSE COMING UP INTO THEIR OWN POWER, THAT THE LIE THEY ARE SHARING IS THE TRUTH. IT CAN SPEAK OF HALF TRUTHS, BUT IT CAN NEVER SPEAK OF THE "WHOLE TRUTH". BECAUSE TO SPEAK THE WHOLE TRUTH, YOU HAVE TO BE THE TRUTH, WHICH IS LOVE IN ACTION.

ANOTHER REQUIREMENT IS FEELINGS. AN EGO DOES NOT HAVE ANY FEELINGS, AND ONLY THROUGH FEELINGS DOES ONE GAIN UNDERSTANDING. THROUGH UNDERSTANDING ONE HAS EXPERIENCE. THROUGH EXPERIENCE ONE GAINS WISDOM, WISDOM TO BE AND SHARE THE TRUTH. SINCE SPIRITUAL EGOS CANNOT HAVE FEELINGS, THEY REALLY HAVE NO CLUE ABOUT TRUTH AND IT WILL ALWAYS FIND SOMETHING INCORRECT WITH THE WHOLE TRUTH. BECAUSE IT/EGO, HAS LIMITS, EDGES AND BOUNDARIES. THIS IS SOMETHING REAL LOVE DOES NOT HAVE. LOVE IS LIMITLESS, EDGELESS, AND HAS NO BOUNDARIES.

SPIRITUAL EGOS APPROACH LIFE WITH THEIR INTELLECT, WHICH IS THE LEFT SIDE OF THE BRAIN, INSTEAD OF THE HEART, WHICH IS THE WHOLISTIC BRAIN, [RIGHT AND LEFT SIDE TOGETHER], WHICH IS THE DIVINE CONNECTION.

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THE REAL TRUTH ABOUT SPIRITUAL EGOS - 2

TRUE REALITY DOES NOT ALIGN WITH ANY FANTASY. TRUE REALITY HAS NO FANTASY. IT TAKES LETTING GO OF ALL ILLUSIONS TO EMBRACE TRUE REALITY.

WE CAN SAY THE SPIRITUAL EGO IS ALL TALK, WITH INCORRECT AND MISALIGNED ACTIONS THAT GO ALONG WITH IT THAT HAVE ABSOLUTELY NOTHING TO DO WITH REAL REALITY. IT CAN WRITE DOWN SOME TRUTHS, EVEN SPEAK SOME TRUTHS, AND PRETEND THAT IT HAS SOME CLUE ABOUT TRUTH. BUT ALL IT REALLY DOES, IS ATTEMPT TO INTERWEAVE TRUTH INTO ITS FANTASIES AND THEN PRESENT IT AS TRUTH.

WHEN IT IS QUESTIONED IT WILL REACT IN A FIGHT OR FLIGHT WAY. WHILE LOVE WHEN QUESTIONED, WILL RESPOND WITH TRUTH. SINCE THE EGO/MIND DOES NOT REALLY EXIST [IT IS JUST A CONSTRUCT OF BELIEF SYSTEMS] IT CANNOT REALLY UNDERSTAND REAL LOVE AND REAL TRUTH.

BEING REAL, AND LIVING THE REAL AND WHOLE TRUTH IS WHEN YOUR TRUE BEING IS FULLY MANIFESTED INTO THIS REALM. THIS ONLY OCCURS WHEN THE EGO, SPIRITUAL EGO, HAS DISSOLVED. FOR SO MANY OF YOU, THE SPIRITUAL EGO IS HOLDING THE TRUE BEING INSIDE CAPTIVE. THIS MUST BE RELEASED FOR YOU TO MOVE FORWARD, OR YOU WILL CONTINUE BEING STUCK, GOING IN CIRCLES, WHICH TAKES YOU NOWHERE.

SPIRITUAL EGOS LOOK AT LOVE AND TRUTH AS A THREAT, BECAUSE THE REAL TRUTH CHALLENGES THEIR FANTASIES. AND WITHOUT THEIR FANTASIES, THEY HAVE TO FACE THE TRUTH ABOUT THE LIES THEY TOLD THEMSELVES.

SPIRITUAL EGOS CANNOT SEE THE FOREST FOR THE TREES. THE REASON IS BECAUSE THEY HAVE A WHOLE LOT OF FANTASIES ABOUT THE TREES. THEY WANT TO BE IN CONTROL OF CREATION. CREATION CANNOT BE CONTROLLED.

WE SHARE WITH YOU, THAT THE SPIRITUAL EGO IS VERY SUBTLE. IT CAN EASILY CREATE THE ILLUSION OF HELPING, JUST TO SUPPORT ITS OWN FANTASIES AND ILLUSIONS. IT SUPPORTS THE OLD PARADIGM OF POWER OVER. IT PLAYS A VICTIM/VILLAIN ROLE, AND BECOMES LIKE A BULLY TO THE ONES SHARING TRUTH.

YOU CANNOT RESPECT SPIRITUAL EGOS BECAUSE THEY DO NOT EVEN RESPECT THE REAL TRUTH AND REAL LOVE. IT DOES NOT EVEN RESPECT ITSELF BECAUSE THOSE WITHIN IT WOULD RATHER LIVE A LIE, THAN THE TRUTH. RESPECT COMES FROM LOVE AND TRUTH ONLY. YOU CANNOT RESPECT A LIE. MANY OF THE SPIRITUAL EGOS WOULD RATHER HAVE US WALK AROUND ON EGG SHELLS, AND TIP TOE AROUND THEM.

OUR RESPONSIBILITY HOWEVER, AS BEINGS OF LIGHT, LOVE AND TRUTH, IS THAT WE MUST ADDRESS, CONFRONT, AND POINT OUT THESE FANTASIES. BY DOING THIS, WE ARE SERVING LOVE. SERVING THE TRUTH OF WHO WE REALLY ARE, AND ASSISTING THE PLANET. WE DO NOT SERVE ILLUSIONS, FANTASIES, OR IGNORANCE. THESE DO NOT REALLY EXIST.

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SECTION 11: ONLY LOVE THOUGHTS ARE REAL

THE ASCENSION PROCESS 101

BEING PRESENT.

YOU ARE ALREADY THERE - ENJOY.

CHOOSE LOVE IN EVERY MOMENT THEN LOVE BECOMES THE ONLY REALITY AND EXPERIENCE.

YOU ARE MADE OF LOVE.

VOICES FROM PRIME SOURCE HERSELF.

CHOOSE LOVE IN EVERY MOMENT THEN LOVE BECOMES THE ONLY REALITY AND EXPERIENCE. YOU ARE MADE OF LOVE.

BY DIVINE DECREE, THIS PLANET HAS BEEN COMMANDED HOME INTO THE LIGHT, ONLY YOU CAN CHOOSE HOW YOU ARE GOING TO GET HERE. YOU MAY SURRENDER TO ALL LOVE IS, THIS IS THE SIMPLE AND EASY WAY. YOU MAY FIGHT OR FLIGHT WHICH IS THE TYPICAL EGO REACTION.

IF YOU ARE SEEKING PEACE, THE WAY TO FIND IT IS THROUGH ACCEPTANCE AND ALLOWING. ACCEPTANCE IS THE DEMONSTRATION OF YOUR DEEP FAITH THAT THE UNIVERSE IS ALWAYS UNFOLDING FOR YOUR HIGHEST GOOD, EVEN IF YOU ARE NOT UNDERSTANDING ALL THE DETAILS YET.

ALLOWING HONOURS THE COMPLETE CAPABILITY OF EACH SOUL TO HAVE THE EXACT EXPERIENCES THEY NEED FOR THEIR OWN GROWTH AND EXPANSION.

THE UNIVERSE IS SUPPORTING YOU, AND EVERY OTHER SOUL ON THE PLANET. FEEL THIS AND THE NEED TO INTERFERE, RESCUE, CONTROL, WORRY, RESIST OR PANIC COMPLETELY DISSIPATES. YOU CAN THEN SHIFT INTO A SPACE OF BEING RATHER THAN DOING, WHICH IS WHERE THE PEACE YOU'VE BEEN SEEKING HAS BEEN ALL ALONG. LOVE IS ALWAYS TESTED. IT COMES TO TOTAL SURRENDER AND SERVICE.

ENERGY IS WITHIN EVERYONE AND EVERYTHING. LOVE IS THE GLUE THAT BINDS EVERYTHING. HUMANITY HAS A CHOICE TO GO WITH THE FLOW OF LOVE WHICH IS BALANCED HARMONICS (5D), OR FEAR WHICH IS A STATIC STATE OF BEING (3D). THE STATE WHICH HUMANITY HAS BEEN IN FOR THOUSANDS OF YEARS.

THE ENERGY THAT HUMANITY PROVIDES WILL ASSIST MOTHER GAIA TO GO FORWARD WITH MISSION AND CEREMONY FOR THE FINAL EVENT. THE END OF FEAR PAIN AND SUFFERING TO BEGIN THE CO CREATION OF THE NEW EARTH. ONLY GIVERS, THOSE IN THE HEART CAN INHERIT THE NEW EARTH.

THERE IS A CHOICE THAT ALL OF US HAVE TO MAKE AT ONE POINT IN OUR LIVES. THAT CHOICE TO MAKE, IS TO EITHER BE A "GIVER" OF LOVE AND LIGHT OR A "TAKER". IT IS THE "TAKER" THAT LITERALLY TAKES THE JOY FROM OTHERS AS WELL AS FROM MOTHER EARTH AND THE PLANET AS A WHOLE CONSCIOUSNESS.

BEING PRESENT IN THE "NOW" MOMENT OF LOVE, IS TO ACCEPT, EMBRACE, AND ALLOW.

THE EGO IS ALWAYS REACTIVE, WHILE LOVE RESPONDS IN ACTION.

EVERYONE ON THIS PLANET WAS CHOSEN, HANDPICKED, OUT OF THE GODZILLIONS OF BEINGS IN EXISTENCE TO BE HERE FOR THIS EXPERIENCE. ALL OF HUMANITY WERE THE ONES, SPECIFICALLY CHOSEN FOR THIS EXPERIENCE OF AWAKENING FROM OUT OF THE DREAM OF ILLUSION.

ONLY LOVE THOUGHTS ARE REAL. ALL ELSE IS JUST AN ILLUSION

THE ONLY WAY OUT IS THROUGH, AS YOU BECOME AWARE OF THE EGO.

AND THE WAY YOU CAN TELL IF ITS EGO, IS LIKE WANTING TO DIE, ANY DOUBTS OR CONFUSIONS.
THIS IS ALL EGO.

AS YOU ARE AWARE, YOU TRANSFORM THIS INTO CONSCIOUSNESS. IT'S LIKE JUMPING OUT OF ALL THE BOXES UNTIL THERE ARE NO MORE BOXES. YOU WILL KNOW WHEN YOU ARE THROUGH.

THE OTHER THING YOU HAVE TO DO, IS BREAK ALL THE BONDS WITH YOUR THOUGHTS. LIKE BREAKING THE GLASS CEILING. ONCE THIS IS ACCOMPLISHED YOU ARE FREE.

MEDITATION CAN BE A TOOL TO BE PRESENT. ANY CHATTER IS ALL INTERNAL DIALOGUE OR THE PROGRAM.

THE KEY HERE IS CONTINUING TO BE PRESENT;
THIS DISSOLVES EGO BECAUSE EGO CANNOT EXIST
IN THE PRESENT MOMENT OF NOW. JUST KEEP
BEING PRESENT IN THE NO MATTER WHAT.

CHOOSE LOVE IN EVERY MOMENT, THEN LOVE BECOMES THE ONLY REALITY AND EXPERIENCE. YOU ARE MADE OF LOVE.

LET GO OF EVERYTHING THAT COMES FROM EGO/FEAR AND INSTEAD CHOOSE TO GIVE AND RECEIVE LOVE.

CHOOSE LOVE IN EVERY MOMENT.

IT REALLY IS THAT SIMPLE.

WHAT IS THE MEANING OF LIFE?
TO EVOLVE SPIRITUALLY, TO LOVE
YOURSELF AND ALL OF

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CREATION.

3D, THE PROGRAM, THE MATRIX, AND THE ILLUSION - ALL REFER TO THE SAME THING

NOTHING IN THIS DIMENSION IS REAL. OUR GOAL IS TO REALISE THIS AND BREAK FREE. THIS MAY BE THE MOST DIFFICULT TRUTH FOR MANY PEOPLE TO GRASP.

YOUR UNDERSTANDING OF THIS LIKELY WILL NOT COME ALL AT ONCE.
AS YOU RAISE YOUR VIBRATION, DEVELOP SPIRITUALLY, AND EMBRACE LOVE
AS THE ONLY REAL FEEING, YOUR UNDERSTANDING OF THE EGO PROGRAM
AND OTHER ISSUES WILL INCREASE.

THE MIND, WHICH PRESENTS OUTSIDE AND HAS LOW VIBRATIONAL THOUGHTS, DISSOLVES SO THAT THE DIVINE BEING CAN RAISE UP INTO THE TRUE DIVINITY FROM WITHIN. AND BEGIN, ONCE AGAIN, FEELING, INSTEAD OF THINKING, TAKING THE TRUE BEING INTO A COLLECTIVE CONSCIOUSNESS. A GOD CONSCIOUSNESS.

THE MIND = THE CHAINS AND BONDAGE OF A LIMITING BOX. ONLY THE MIND THINKS (PROJECTS OUTSIDE) AND THE HEART FEELS FROM THE INSIDE, WHERE GOD IS THERE WITHIN ONLY.

DIVINE INTELLIGENCE IS BRILLIANCE AND LIGHT CENTRED IN THE HEART.

IT IS THROUGH THE HEART WE ARE ALL CONNECTED WITH ONE.

TIME IS A 3D CONCEPT. THERE IS REALLY NO SUCH THING AS TIME. IT DOES NOT EXIST IN THE HIGHER DIMENSIONS. THIS IS WHY YOU WILL OFTEN HEAR US REFER TO "THE PRESENT MOMENT OF NOW."

BY UNDERSTANDING THAT TIME IS NOT REAL AND FOCUSING ON AND EXISTING IN THE NOW, YOU HELP TO FREE YOURSELF FROM THE PROGRAM. IN THE PRESENT MOMENT OF NOW, LOVE IS EVERYWHERE PRESENT.

AS YOU DEVELOP SPIRITUALLY, YOU WILL BE ABLE TO UNDERSTAND THIS MORE AND MORE.

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SECTION 12: FEELING V EMOTION. HIGHER THOUGHT V LOWER THOUGHT.

THE ASCENSION PROCESS 101

BEING PRESENT.

YOU ARE ALREADY THERE - ENJOY.

CHOOSE LOVE IN EVERY MOMENT THEN LOVE BECOMES THE ONLY REALITY AND EXPERIENCE.

YOU ARE MADE OF LOVE.

VOICES FROM PRIME SOURCE HERSELF.

THOUGHTS = INTERNAL DIALOGUE

THOUGHTS = INTERNAL DIALOGUE. YOU THINK YOUR THOUGHTS ARE REAL. THE ONLY THOUGHT THAT IS REAL IS THE FIRST ORIGINAL THOUGHT, AND THAT IS LOVE. LOVE IS YOUR NATURAL STATE OF EXISTENCE. THERE IS NOTHING ELSE. THE INTERNAL DIALOGUE PREVENTS YOU FROM BEING PRESENT.

WHERE DOES THE INTERNAL DIALOGUE COME FROM?
IT COMES FROM THE COLLECTIVE
UNCONSCIOUSNESS = ILLUSION = ALL THOUGHTS OF
DUALITY. THEY DO NOT EXIST. RE-HEART; ANY
THOUGHT THAT DOES NOT SELF-SERVE, AND THE
GREATER GOOD OF THE ALL IS FROM COLLECTIVE
CONSCIOUSNESS AND THAT'S THE ILLUSION.

THE ONLY REAL THOUGHTS OCCUR IN BEING PRESENT. THEN YOU ARE IN LOVE, YOU SERVE LOVE, AND THE FIRST ORIGINAL THOUGHT OF LOVE IS EVERYWHERE PRESENT. FOR LOVE IS ALL THAT EXISTS. SO, THE ONLY THOUGHT THAT EVER OCCURS, IS MORE LOVE EVERYWHERE PRESENT. THIS IS ACCOMPLISHED BY BEING PRESENT IN THE MOMENT OF NOW = CREATION.

Mother of all Creation

HIGHEST TRUTHS = HIGH VELOCITY LIGHT.

TRUTH IS LOVE IN ITS HIGHEST FORM. THROUGH TRUTH AND HONEST INFORMATION, HEALING CAN BE ACCOMPLISHED.

THE NEW PARADIGM IS WHOLENESS, HEALING, UNCONDITIONAL LOVE, ONENESS WITH EVERYTHING, COMPLETES PEACE, HAPPINESS, JOY.

LIGHT IS JUST ENERGY. WHEN WE HEAL THE ILLUSION, WE CLEAR OUR ENERGY FIELD THAT EACH OF US HAS. WE CAN THEN SHINE OUR LIGHT, BE THE LOVE WE TRULY ARE. LOVE IN ACTION.

LOVE IS RELENTLESS, PERSISTENT, CONSISTENT AND THE EXAMPLE OF EXPERIENCE OF UNCONDITIONAL LOVE. BE THE EXAMPLE OF LOVE, SHINING YOUR LIGHT = TRUTH = UNIVERSAL LOVE.

DUALITY OCCURRED IN ILLUSION SO IT'S IS NOT REAL AND BEARS NO CONSEQUENCE, ONCE REVEALED AND HEALED.

ALL IN ILLUSION ARE PROJECTIONS. THE ONLY REAL IS BASED ON LOVE. LOVE ONLY EXISTS IN THE PRESENT MOMENT OF NOW.

IT'S NOT A PROJECTION, BECAUSE THE PRESENT MOMENT OF IS ALWAYS BRAND NEW, DIFFERENT AND NEVER THE SAME.

Mother of all Creation

PURE THOUGHT FORMS ONLY IN THE PRESENT MOMENT OF NOW.

PURE THOUGHT FORMS, WHICH EXIST ONLY IN THE PRESENT MOMENT OF NOW, ARE ALL THOUGHTS THAT ARE OF JOY, SUPPORT LOVE UNCONDITIONALLY, OF HAPPINESS, OF TRUTH, GOD, AND HEAVEN.

LOWER THOUGHTS ARE SELF SABOTAGING, MISERY, PAIN, SUFFERING. ALL OF THIS IS THE PROGRAM YOU HAVE BEEN IN.

ALL LOWER THOUGHTS ONLY EXIST IN THE PAST OR THE FUTURE, NEVER PRESENT. LOWER THOUGHTS ONLY EXIST IN THE MIND, IGNORANCE, WHICH IS ALSO REFERRED TO AS NOTHING, OR HELL.

HERE IN THE PHYSICAL MANIFEST, IT IS AN EXTREMELY DENSE PLACE, AND IS NO WHERE NEAR THE TRUTH OF YOUR EXISTENCE. IT'S LIKE WALKING IN MUD. THIS IS WHAT LOWER THOUGHTS HAVE DONE TO THIS PLANET. THE LOWER GRID, OR LOWER THOUGHTS HAVE ALL BEEN DISSOLVED. WHAT WE ARE WITNESSING NOW, IS PEOPLE GOING THROUGH THEIR ATTACHMENTS TO THEM, AND THE ILLUSION THAT THEY ARE STILL THERE. WHY CONTINUE TO HANG ONTO SOMETHING THAT SIMPLY DOES NOT EVEN EXIST?

TO MOVE OUT OF DUALITY, WHICH YOU HAVE BEEN IN FOR A VERY LONG TIME, MANY MILLENNIA OF MOMENTS, AND MOVE INTO THE UPPER REALMS, YOU HAVE TO RELEASE ALL YOUR LOWER THOUGHTS AND MOVE THROUGH THEM. THIS IS WHY WE KEEP SAYING THE ONLY WAY OUT, IS THROUGH. ONCE RELEASED YOU ARE THEN OUT OF THE PROGRAM. YOU ARE FREE. FREE TO BE YOUR UNIQUE GOD SPARK EXPRESSION. UNLIMITED. EDGELESS. NO BOUNDARIES. AND WITH ALL POSSIBILITIES GRANTED. AS DECREED.

Mother of all Creation

LOVING YOURSELF UNCONDITIONALLY = TRUE REALITY

THE "MIND" WHICH PROJECTS OUTSIDE AND HAS LOW VIBRATIONAL THOUGHTS, DISSOLVES SO THAT THE DIVINE BEING CAN RAISE UP INTO THE TRUE DIVINITY FROM WITHIN. AND BEGIN ONCE AGAIN "FEELING" INSTEAD OF "THINKING". TAKING THE TRUE BEING INTO A COLLECTIVE CONSCIOUSNESS, A GOD CONSCIOUSNESS. ONLY THE MIND THINKS [PROJECTS OUTSIDE] AND THE HEART FEELS FROM THE INSIDE, WHERE GOD IS THEIR WITHIN ONLY.

FULLY CONSCIOUS BEINGS CAN SEE TRUTH FROM FICTION = ILLUSION.

WHEN YOU CHOOSE THE LIE (ALL ILLUSION AND IGNORANCE IS A LIE, BECAUSE IT PROMOTES IGNORANCE AND ISOLATION), THE CHOICE STEMS FROM CHOOSING ILLUSION. ILLUSION EQUALS FEAR ALSO EQUAL TO UNCONSCIOUSNESS. AS THIS CHOICE IS MADE, THE MORE ISOLATED AND SEPARATED YOU FEEL.

TO TRANSFORM THIS INTO CONSCIOUSNESS YOU FIRST HAVE TO BE AWARE OF THE ILLUSION EQUAL FEAR. AWARENESS TRANSFORMS INTO CONSCIOUSNESS EQUAL SPIRIT. THE MORE YOU ARE AWARE OF THE UNCONSCIOUSNESS AKA LOWER THOUGHTS, YOU CAN EASILY TRANSFORM THESE THOUGHTS INTO REAL THOUGHTS = FULL CONSCIOUSNESS, THAT ARE ONLY OF JOY AND LOVE.

IN REALITY EQUALS FULL CONSCIOUSNESS, ALL IS LOVE, ALL IS OF ONE POLARITY. NEITHER POSITIVE NOR NEGATIVE. IT IS ALL ONE, AND IN TRUE REALITY THERE IS ONLY ONE WAY OF EXISTING, LIVING AND BEING. THE ONLY WAY IS BEING PRESENT WITHIN ONE'S SELF.

CONSTANT LETTING GO, CHOOSING LOVE OVER FEAR AND LIVING WITHIN TOTAL TRUST, IS KEY TO CATCHING THE WAVE OF CREATION, THAT IS ENERGETICALLY SWEEPING ACROSS THIS PLANET. THIS COMES FIRST FROM THE KNOWING AND UNDERSTANDING OF THYSELF. LOVING SELF FIRST OPENS THE DOORS TO ALL DOORS.

FEAR OF LIVING INSIDE OUT, STEMS AGAIN, FROM ILLUSION AND FEAR. FEAR OF THE EXPERIENCE OF BEING PRESENT, BECAUSE IT IS UNKNOWN. AS WELL AS THE FEAR OF THE INNER AND OUTER BECOMING ONE, WHICH IN TRUE REALITY, IS YOUR TRUE AWAKENING.

ONLY WHEN YOU CAN EMBRACE YOURSELF UNCONDITIONALLY, LOVING YOURSELF UNCONDITIONALLY, WILL YOU SEE REALITY FOR WHAT IT TRULY IS AND BE FREE AND OUT OF ILLUSION. IF YOU HAVE ANY CONDITIONS, YOU ARE IN FEAR, WANTING TO CONTROL REALITY. THIS CREATES AN IMBALANCE IN YOUR BRAIN AND IS FANTASY.

REALITY AND LOVE CANNOT BE CONTROLLED. LOVE IS CREATION. A NATURAL FLOW OF ENERGY THAT CANNOT BE MANIPULATED.

YOU FIRST HAVE TO LET GO OF ALL ILLUSIONS, FOR UNTIL THIS IS ACCOMPLISHED, YOU WILL ONLY SEE YOUR OWN ILLUSIONARY PROJECTION. THEN, WHEN THOSE ARE RELEASED, YOU WILL SEE YOU ARE LOVE, AND THEN YOU WILL SEE EVERYTHING, AS LOVE.

PRESENT MOMENT OF NOW = LOVE EVERYWHERE PRESENT

FEELINGS ONLY EXIST IN THE PRESENT.

ANYTHING IN THE PAST/FUTURE ARE NOT FEELINGS,
THEREFORE NOT REAL AND DO NOT EXIST EXCEPT IN
FANTASY.

FEELINGS ARE ONLY THE EXPERIENCE OF LOVE.

TRUE FEELINGS ARE ALL HIGHER THOUGHTS.

HIGHER GRID/TRUE REALITY IS PURE THOUGHT. JOY

AND LOVE.

WHEN YOU GET TO PURE THOUGHT, WHICH IS CLEAR FROM ALL LOWER THOUGHTS, THIS IS WHEN YOUR CO-CREATIVE POWERS OPEN UP FOR YOU.

BEING IN PURE THOUGHT/HIGHER THOUGHTS WHICH IS CRYSTAL CLEAR, THE CRYSTALLINE BODY (5D). FREE OF ALL LOWER THOUGHTS.

THIS IS THE HIGHER GRID AND IS WHERE YOU ARE THEN FREE FROM THE PROGRAM, WHERE YOU ARE CLEAR, CRYSTAL CLEAR, NO EGO, NO DARKNESS. ONLY LOVE, LIGHT, TRUTH AND BRILLIANCE. THIS IS SUPER CONSCIOUSNESS.

HIGHER VELOCITY ENERGY = HIGHER THOUGHTS = JOY & LOVE.

Mother of all Creation

THE DIFFERENCE BETWEEN EMOTIONS AND FEELINGS
FEEL; TO EXPERIENCE, TO BE AWARE OF, TO
SENSE, TO BE CONSCIOUS OF, TO SENSE ONESELF
OF BEING IN SPIRIT, RESPONDING WITHIN
CREATION, EXPERIENCING AND EMBRACING "THE
PRESENT MOMENT OF NOW", ALSO CALLED BEING
THE LOVE YOU ARE.

FEELINGS ONLY EXIST IN "THE PRESENT MOMENT OF NOW". FEELINGS ARE YOUR INDICATORS OF BEING PRESENT, AND THEY ARE ALWAYS UPLIFTING, AND JOYOUS. IF NOT, THEY ARE NOT FEELINGS, THEY ARE YOUR PROGRAM AND LOWER THOUGHTS.

EXPRESS; TO MANIFEST ONE'S FEELINGS. TO COMMUNICATE ONE'S FEELINGS.

WHEN YOU CHOOSE LOVE EVERY MOMENT, YOU BECOME THE EXPRESSION OF THE LOVE CALLED GOD EVERYWHERE PRESENT. FEELINGS AND LOVE ONLY EXIST IN THE PRESENT MOMENT OF NOW, AND LOVE EXPRESSES THROUGH YOU, BEING LOVE.

THE DIFFERENCE BETWEEN EMOTIONS AND FEELINGS

MANY OF YOU CONFUSE FEELING WITH EMOTIONS. THE REASON COMES FROM WHAT YOU WERE ORIGINALLY TAUGHT, WHICH WAS ALL BASED IN ILLUSION AND FANTASY, AND NOT TRUE REALITY.

FEELING IS ONLY EXPERIENCED IN THE PRESENT MOMENT OF NOW. EMOTIONS ARE FROM THE PAST, WHICH DO NOT EXIST.

WE HAVE ALSO DISCUSSED WITH YOU ATTACHMENTS, AND THAT TO BE TOTALLY FREE, YOU HAVE TO LET GO OF ALL ATTACHMENTS. EMOTIONS ARE ACTUALLY ATTACHMENTS THAT STEM FROM PAST EVENTS.

YOU HAVE BEEN TAUGHT BY THE POWERS WHO WEREN'T TO LIVE IN THE PAST. THUS WHY YOU DEVELOPED "SINS", AND THEN YOU HAD TO "PAY" FOR YOUR SO-CALLED SINS. THEY MADE YOU PAY FOR YOUR PAST THAT NEVER EXISTED. THESE SINS WERE PLACED IN THE DREAM MACHINE AS FANTASIES. SO ACTUALLY, EMOTIONS ARE JUST FANTASY, MAKE BELIEVE. SO THIS MEANS THEY DO NOT EVEN EXIST. THEY TAUGHT YOU TO LIVE IN THE PAST, AND WORRY ABOUT THE FUTURE, SO THAT THEY COULD MANIPULATE AND CONTROL YOU.

THIS KEPT YOU DISTRACTED FROM BEING PRESENT IN THE MOMENT OF NOW. THROUGH THIS YOU LOST THE CONNECTION TO THE REAL, WHICH IS FEELING. FEELING IS THE TRUE REALITY EXPERIENCE, AND THROUGH FEELING YOU EXPRESS YOUR UNIQUE GOD SPARK. THE LOVE YOU TRULY ARE.

THEY KNEW THAT IF THEY KEPT YOU DISTRACTED, YOU WOULD NOT BE PRESENT TO RECOGNISE YOUR DIVINITY, YOUR TRUE POWER AND LIGHT. THIS WAS DONE TO MAINTAIN THEIR CONTROL OVER YOU. THEY UNDERSTOOD, IF YOU KNEW THE "SECRET", WHICH IS SIMPLY BEING PRESENT IN THE MOMENT, YOU WOULD BE OUT OF THE PROGRAM. BECAUSE THE PROGRAM CANNOT EXIST IN THE PRESENT MOMENT. THE PROGRAM CAN ONLY FUNCTION IN THE PAST OR FUTURE.

FEELING IS NON-ATTACHMENT AND IS ONLY EXPERIENCED AND EXPRESSED IN THE NOW. WE CAN ALSO EXPLAIN FEELING AS WHEN YOU HAVE INTEGRATED THE MENTAL AND EMOTIONAL TOGETHER, WHICH THEN BECOMES UNIFIED PASSION, WHICH BECOMES, COMPASSION.

WHEN THESE TOGETHER ARE UNIFIED, THEY BECOME THE REAL ME = THE PRESENT {M}OMENT = {E}TERNITY. WHILE BEFORE IN ILLUSION IT WAS [M]ASS [E]NERGY, THE LIE ME, THE ILLUSIONARY ME. DENSITY IS THE SAME AS MASS. ALSO EQUAL UNCONSCIOUSNESS EQUAL RESISTANCE [RESISTANCE TO ANYTHING MAKES DENSITY].

FEELING = FREEDOM = LOVE UNCONDITIONAL. FEELING IS THE ONLY REAL AND TRUE EXPERIENCE. ANYTHING BUT FEELING IS JUST A LIE. FEELING IS THE EXPERIENCE OF JOY, HAPPINESS, AND THE CONNECTION TO SOURCE, WHERE ONLY LOVE EXISTS.

Mother of all Creation

THE DIFFERENCE BETWEEN EMOTIONS AND FEELINGS

IF YOU FEEL YOU HAVE A BLOCK, THIS DISABLES YOUR SENSES TO THE REAL EXPERIENCE OF FEELING. THE BLOCK COMES FROM AN INTERNAL DIALOGUE THAT WAS PART OF THE OLD PROGRAM. WE HAVE DISCUSSED THE LOOP, THAT THE PROGRAM RUNS ON. IT KEEPS YOU FROM THE REAL EXPERIENCES OF YOUR TRUE SELF.

WHAT IT IS, IS THE UNCONSCIOUS INTERACTION WITH THE SELF. IF YOU SEE THE INITIALS OF THE INTERNAL DIALOGUE, IT IS ID EQUALS IDENTITY EQUALS PROGRAM. IT KEEPS YOU IN A CONTROLLED STATE, WHICH WAS PERFECT FOR THE POWERS THAT WERE PURPOSES. TO KEEP YOU IN A DEPENDENT STATE OF FEAR, DOUBT AND WORRY, WHICH IS THE SAME AS EMOTIONS.

EMOTIONS ARE THE ANCHOR FOR A MEMORY. WHEN YOU INTEGRATE THE MEMORY AND THE EMOTION AND LET IT GO, IT NO LONGER IS AN ANCHOR FOR THE PAST.

WHEN INTEGRATED, THEY ARE UNIFIED INTO PASSION AND YOU RECEIVE YOUR LIFE FORCE ENERGY BACK FROM THE PAST. THIS ENERGY IS NOW AVAILABLE TO BE USED IN THE PRESENT MOMENT OF NOW EQUALS MANIFESTING MIRACLES.

WE DESCRIBE THE INTERNAL DIALOGUE EQAULS EGO EQUALS UNCONSCIOUSNESS, SO THAT YOU CAN RECOGNISE IT WITHIN YOURSELF AND BE ABLE TO OBSERVE IT [AS IMPARTIAL OBSERVER, DETACHMENT], LONG ENOUGH TO CONNECT INTO YOUR FEELING CENTRE, WHICH IS YOUR SOUL. IF YOU KNOW, AND CAN UNDERSTAND THAT THE INTERNAL DIALOGUE IS NOT REAL, IT WILL BE EASIER TO SEE IT FOR WHAT IT IS. WITHOUT GETTING TO FEELING, YOU ARE UNABLE TO REACH A STATE OF TELEPATHY.

TELEPATHY IS FEELING. THIS IS ALSO HOW YOU COMMUNICATE WITH YOUR ANGELIC TEAM, THROUGH FEELING. FEELING IS THE LANGUAGE OF YOUR SOUL, FEELING IS TRUTH AND TRUE REALITY. YOUR SOUL IS WHO YOU REALLY ARE. YOU WERE NEVER AN ILLUSION, A FANTASY, OR BELIEF SYSTEMS. CURRENTLY, YOU ARE IN THE PROCESS OF RETURNING TO THIS STATE OF YOUR REAL SELF, YOUR SOUL SELF, SPIRIT SELF.

THIS IS THE TRUE EXPRESSION OF WHO YOU TRULY ARE. YOUR SOUL IS THE PART OF YOU THAT CAN HEAR THE TRUTH IN OUR MESSAGES, BECAUSE THE SOUL ONLY UNDERSTANDS TRUTH. THIS IS ALL THAT IT FEELS AND UNDERSTANDS.

YOUR SOULS ONLY MISSION IS TO BE FREE TO EXPRESS ITSELF IN THE HIGHEST POSSIBLE WAY, WHICH IS LOVE. LOVE IS ALL THERE TRULY IS.

Mother of all Creation

THE DIFFERENCE BETWEEN EMOTIONS AND FEELINGS
ALL EGO/SPIRITUAL EGO EQUAL MENTAL PLANE, CANNOT
ENTER THE HIGH VELOCITY EXPERIENCE OUT OF DUALITY.
BECAUSE IT IS STILL A FORM OF DUALITY, SINCE IT PROMOTES
ISOLATION AND SEPARATION. THE EGO ALSO KEEPS YOU FROM
GROWING.

CREATION, WHICH IS WHAT YOU REALLY ARE, IS A CONSTANT GROWING, AND EXPANSION. IT REQUIRES A CONSTANT CHOICE [THROUGH CHOOSING LOVE IN EVERY MOMENT], AND A CONSTANT RELEASE OR LETTING GO IN EVERY MOMENT. CONSISTENTLY, TO CONTINUE FORWARD.

IF YOU HOLD ON, THEN YOU MISS IT. BEING CREATION IS AN EXPERIENCE THAT EVERY MOMENT IS BRAND NEW, IT IS NEVER THE SAME, IT IS EVER CHANGING.

ATTACHED TO MEMORIES ARE EMOTIONS, USUALLY TO INSTALL FEAR. MEMORIES ARE FROM THE ASTRAL PLANE, AND WERE UTILISED TO KEEP YOU STUCK IN THE PAST, SO YOU WERE UNABLE TO BE PRESENT IN THE MOMENT OF NOW. THIS WAS DONE THROUGH USING TRIGGERS, SUCH AS SMELLS, SOUNDS, AND EVEN YOUR HOLLYWOOD MOVIES. AS ALL THESE WERE TO DISTRACT YOU, SO YOU WOULD RECALL MEMORIES.

IN ORDER TO TRANSFORM "M"EMORIES AND "E"MOTIONS, WHICH EXISTED IN THE LIE, OR AS WE REFERRED TO AS THE LITTLE ME ("M"EMORIES "E"MOTIONS), THE LIE ME THAT EXISTED IN ILLUSION, YOU UNIFY THE LITTLE ME AND TRANSFORM THE MEMORIES AND EMOTIONS INTO THE PRESENT MOMENT OF NOW, WHICH IS THE REAL ME OF "M"OMENTS INTO "E"TERNITY.

Mother of all Creation

THE DIFFERENCE BETWEEN EMOTIONS AND FEELINGS
YOU TRANSFORM THE LITTLE ME BY UNIFYING MEMORIES AND
EMOTIONS INTO PASSION, WHICH BECOMES COMPASSION.
COMPASSION IS THE REAL LIVING EXPERIENCE OF THE
PRESENT MOMENT OF NOW. YOU CANNOT EXPERIENCE REAL
LIVING AND REAL LIFE UNTIL YOU RELEASE THE
ATTACHMENTS OF MEMORIES AND EMOTIONS, AND
TRANSFORM THEM.

IN THE LITTLE "ME", YOU WERE INVOLVED IN A LIE. A FANTASY WHICH KEPT YOU STUCK IN AN INFINITE LOOP, GOING NOWHERE, EXCEPT IN CIRCLES.

FOR EXAMPLE, MANY OF YOU UNDERSTAND THAT YOU HAVE LIVED MANY, MANY LIVES WITHIN THE ILLUSION OF THE WORLD, ON PLANET EARTH. YOU WERE BORN, AND THEN YOU DIED, AND THEN RETURNED AGAIN, TO DO THE SAME THING.

THIS CYCLE WE REFER TO AS DUALITY OR ILLUSION, WAS DONE OVER AND OVER AGAIN, BECAUSE YOU WERE STUCK IN THE LOWER REALMS CALLED THE ASTRAL AND MENTAL PLANE. THESE 2 PLANES, WHICH WE HAVE REFERRED TO AS THE LOWER GRID, HAS BEEN DISSOLVED AND NO LONGER EXISTS.

THE CELESTIAL OR THE SPIRITUAL REALM, THE HIGHER GRID, IS NOW ALL THAT EXISTS. IT TAKES EACH BEING TO RELEASE THEMSELVES FROM THIS CYCLE OF DUALITY. WE CAN ASSIST BY PROVIDING THE HONEST INFORMATION, THE REST IS UP TO YOU INDIVIDUALLY.

Mother of all Creation

BY LETTING GO OF ALL ATTACHMENTS
TO MEMORIES AND EMOTIONS [ALL THE
PAST] AND UNIFYING THEM, THIS
ENERGY THEN TRANSFORMS INTO
PASSION AND THEN INTO COMPASSION.
THIS IS HOW YOU LIFT YOURSELVES

THIS IS HOW YOU LIFT YOURSELVES
OUT OF DUALITY, THUS ENDING THE
DUALITY OR DREAM EXPERIENCE, AND
YOU AWAKEN INTO TRUE REALITY.

REAL LIFE AND THE REAL LIVING EXPERIENCE IS BASED ON "LIVING MOMENTS", NOT OF PAST MEMORIES.

RELEASE THE MEMORIES, AND BEGIN LIVING IN THE PRESENT MOMENT OF NOW = ETERNITY.

THEN YOU EXPERIENCE LIFE.

FEELING CENTRES

YOUR SOULS ONLY MISSION IS TO BE FREE TO EXPRESS ITSELF IN THE HIGHEST POSSIBLE WAY, WHICH IS LOVE. LOVE IS ALL THERE TRULY IS.

THE SOUL CAN FEEL. THIS IS THE SENSE YOU LOST WHILE IN ILLUSION. YOUR FEELING CENTRES ARE YOUR CONNECTION TO YOUR SOUL, AND TO SOURCE = THE ALL.

FEELINGS ARE LOVE AND LOVE IS CREATION. THEREFORE, THE FEELING IS ALWAYS BECOMING GRANDER AND GRANDER, ALWAYS EXPANDING. THE ONLY LANGUAGE OF THE SOUL, IS LOVE, ALL FEELINGS CAN BE ARE LOVE. LOVE IS ALL THAT EXISTS.

OUR FEELING CENTRES ARE BEING RECONNECTED, WHICH MEANS THE RIGHT AND LEFT BRAIN ARE FUSING BACK TOGETHER, AND BALANCED HARMONICS ARE OCCURRING THROUGH THIS PROCESS AS WE AWAKEN AND RECONNECT OUR SOULS TO SOURCE.

THEN WE ARE IN SERVICE TO LOVE, WHICH IS THE ONE. WE THEN BECOME CO-CREATORS WITH CREATION AND LOVE. EACH OF US IN LOVE CONTRIBUTING TO THE ALL, ALWAYS MAKES FOR GRANDER EXPERIENCES. IN TRUE REALITY, WHICH MEANS YOU HAVE RECONNECTED YOUR FEELINGS TO YOUR SOUL, TO SOURCE, YOU HAVE THE SOUL EXPERIENCE OF LOVE AND CREATION ALWAYS IN MOTION CREATING.

THIS IS THE SAME AS THE PRESENT MOMENT OF NOW. THIS IS ALSO CALLED THE UNKNOWABLE. THE UNKNOWABLE IS WHERE CREATION AND LOVE COME TOGETHER, TO CREATE MORE BRILLIANCE.

YOU ARE UNABLE TO HAVE THIS EXPERIENCE UNTIL YOU HAVE RECONNECTED TO YOUR GOD SELF, SOUL SELF. WHEN YOU ARE CONNECTED IN, THE SOUL SPEAKS TO YOU THROUGH THE FEELING CENTRES. DESCRIBED AS A TINGLING BODY SENSATION, LIKE A CURRENT OF ELECTRICITY RUNNING THROUGH YOUR BODY WHICH MAKES THE HAIR ON YOUR BODY RAISE AS WELL. THIS IS AN UNMISTAKABLE EXPERIENCE AND FEELING. THIS WILL BE VERY RECOGNISABLE AND NOTICEABLE AND ONLY OCCURS WHEN LOVE AND TRUTH ARE PRESENT.

WHEN YOU ARE IN THIS COMPLETE STATE OF FEELING, AND ALLOWING THE LOVE VIBRATIONAL FREQUENCY TO FLOW THROUGH YOU, YOU ARE THEN COMPLETELY CONNECTED IN. LOVE IS SELF-CORRECTING, WHICH SELF CORRECTS EVERYTHING. LOVE HEALS.

IT'S YOU THAT HAS TO OPEN THIS DOOR HOWEVER, AND LET LOVE IN, BY LOVING THE SELF. SELF LOVE OPENS THE DOOR TO ALL DOORS.

Mother of all Creation

SECTION 13: BELIEF SYSTEMS

THE ASCENSION PROCESS 101

BEING PRESENT.

YOU ARE ALREADY THERE - ENJOY.

CHOOSE LOVE IN EVERY MOMENT,
THEN LOVE BECOMES THE ONLY
REALITY AND EXPERIENCE.

YOU ARE MADE OF LOVE.

VOICES FROM PRIME SOURCE HERSELF.

BELIEFS

THE MENTAL ACT OF THINKING SOMETHING IS TRUE. MENTAL ACCEPTANCE, OPINION.

WHAT KEEPS MANY OF YOU FROM
MOVING
FORWARD ALONG YOUR AWAKENING
PATH ARE YOUR TAUGHT BELIEFS.

LET GO OF EVERYTHING THAT WAS EVER TAUGHT TO YOU. LOVE HAS NO BELIEFS OR RULES. BELIEFS WERE LIES TOLD TO YOU BY THE POWERS THAT WEREN'T, AND YOU BELIEVED THE LIES.

THIS IS NOW CHANGING AS YOU RECEIVE THE HIGHEST TRUTHS AND ACCEPT THEM INTO YOUR BEING.

LETTING GO OF ALL BELIEF SYSTEMS

IN LOVE AND FULL CONSCIOUSNESS THERE ARE NO SUCH THINGS AS BELIEF SYSTEMS. ALL IS JUST LOVE, THE ENERGY OF LOVE. ANYTHING AND EVERYTHING THAT IS NOT LOVE IS SIMPLY NOT REAL, AN ILLUSION.

THE OLD PROGRAM IS ALL ILLUSIONS, ALL OF THE FANTASY, ALL OF THE BS YOU'VE BEEN TOLD OR TAUGHT. LIKE BOXES KEEP JUMPING UNTIL THERE ARE NO MORE BOXES. NO MORE BOXES = LOVE EVERYWHERE PRESENT.

NO MORE BOUNDARIES, EDGES, LIMITS. FOR LOVE AND CREATION ARE EDGELESS, LIMITLESS AND BOUNDLESS.

THIS IS THE AGE OF AWAKENING. THE TRUTH WILL SET US ALL FREE. BE OPEN TO ALL NEW INFORMATION. THE WAY WE HAVE FUNCTIONED ON THIS PLANET IS TO REJECT INFORMATION THAT THREATENS A BELIEF SYSTEM THAT WE HAVE. WE THEN ONLY SEEK INFORMATION THAT REINFORCES OUR BELIEF SYSTEM. THIS KEEPS US TRAPPED IN ILLUSION.

FORGET EVERYTHING YOU THINK YOU KNOW. EMPTY OUT ALL BELIEF SYSTEMS.
THIS IS WHEN COSMIC KNOWLEDGE MAY COME TO YOU. THIS IS WHEN THE
HIGHER SELF CAN CONNECT WITH YOU. ACTIVELY OBSERVE YOURSELF AND
HOW BELIEF SYSTEMS CONTROL YOUR THOUGHTS, ACTIONS, AND
BEHAVIOURS.

BE CONSCIOUS OF WHERE YOU HOLD JUDGMENTS OF YOURSELF AND OTHERS.
JUDGMENT WAS THE AGE OF PISCES. THE FALSE BELIEF THAT GOD WAS
JUDGMENTAL AND SERVED PUNISHMENT AND WRATH. THE TRUTH IS THAT
GOD IS NOT CAPABLE OF SUCH ENERGY, ONLY HUMANITY IS.

OUR JUDGMENTS ARE BASED ON BELIEF SYSTEMS OF RIGHT AND WRONG, GOOD AND BAD, WHICH MUST ALL BE DISSOLVED. ALL IS SIMPLY EXPERIENCE. ONCE YOU HAVE BEGUN DISSOLVING THESE, MORE AND MORE INTUITIVE GUIDANCE WILL BE ABLE TO BE ACCESSED.

YOU ARE CREATION, CREATION IS ONLY LOVE. LOVE REQUIRES NO RELIGIONS, BS, SUPERSTITION, BOXES, RITUALS OR ILLUSION. CREATION REQUIRES NOTHING FROM THE OUTSIDE. ONLY ENERGY THROUGH SELF IS CREATION.

Mother of all Creation

LETTING GO OF ALL BELIEF SYSTEMS

THE DIFFERING IN EXPERIENCES RIGHT NOW IS HOW CLEAR YOUR BODY HOLOGRAM IS OF CONDITIONED BELIEF SYSTEMS, WHICH ALSO KEEPS THE LEFT BRAIN OR EGO PROGRAM RUNNING. THIS PREVENTS THE BEING FROM EXPERIENCING HEAVEN ON EARTH.

CLINGING TO BELIEF SYSTEMS PREVENTS AND WILL HOLD A BEING BACK.

THE MORE BS A BEING IS HOLDING ONTO, THE MORE CHALLENGING THE EXPERIENCE. THE MORE THE BEING HAS LET GO OF ALL BS, THE MORE LOVE ENERGY COMES INTO THE BODY HOLOGRAM FOR GRANDER AND GRANDER EXPERIENCES IN LOVE EVERYWHERE PRESENT.

LETTING GO OF EVERY THOUGHT YOU HAVE EVER HAD IS KEY, SO THAT THE HIGHER THOUGHTS OF REALITY = ONLY LOVE AND JOY, MAY ENTER.

IN THESE INCOMING ENERGIES, IT'S IMPORTANT THAT YOU HAVE LET GO OF ALL OF THE FANTASIES.

LET GO OF ANYTHING YOU HAVE EVER BEEN TAUGHT OR TOLD, AND IN THIS WAY YOU WILL BE CLOSER TO THE TRUTH. BECAUSE ONLY TRUTH REMAINS WHEN ILLUSION IS GONE.

THE MORE YOU HANG ONTO THE BELIEF SYSTEMS, THE REAL TRUTH DOES NOT HAVE THE SPACE TO COME IN.

Mother of all Creation

LETTING GO OF ALL BELIEF SYSTEMS

THE VERTICAL LEARNING CURVE. THE FIRST THING YOU WILL FACE IS YOUR OWN ILLUSION. THERE IS ONLY ONE BLOCK TO COMPLETE AWAKENING. AND THAT IS WHERE WE ARE DISCONNECTED IN OUR UNCONSCIOUSNESS, AS THE SOCIAL PROGRAM OF FEAR, PAIN AND SUFFERING, ARE ALL MADE OF ENERGY AS CONSCIOUSNESS.

A SIMPLE MISSION HERE IN THIS REALM. OUR LIFE AWAKENING INTO LOVE.

TO BE CLEAR OF ALL ILLUSION, SOMETHING WITHIN HAS TO BE READY TO LET GO AND SET US FREE.

WHAT WE HAVE TO LET GO OF IS THE "BS" TELLING US WE AREN'T FREE.

THE MIND IS ALWAYS IN THE "PAST" OF "TRYING" TO CONTROL THE FUTURE.

THE MIND = UNCONSCIOUSNESS.

UNCONSCIOUSNESS IS A PRETENCE OF EGO. THE ILLUSION OF YOURSELF IN REGARDS TO SOCIETY'S PROGRAMMING. THE MIND IS WHERE THIS FANTASY PLAYS OUT AS BELIEF SYSTEMS.

ATOMS YOU ARE MADE OF HAVE NO BELIEF SYSTEMS. THEY JUST VIBRATE AS CONSCIOUSNESS BEING PRESENT IN THE NOW AS ENERGY.

ONLY BELIEF SYSTEMS KEEP YOU FROM YOUR DIVINE RIGHT TO BE LOVE, HAVING LOVE AND JOY THOUGHTS ONLY.

THE MIND HOLDS YOU IN ILLUSION. THE "MIND" IS THE PROGRAM OF "ILLUSION".

THE MIND IS JUST A BUNCH OF ILLUSION WRAPPED UP IN BELIEF SYSTEMS REPEATED OVER AND OVER AGAIN.

BEING AWAKE OF THIS HELPS BREAK THE PATTERN OF UNCONSCIOUSNESS.
VIBRATIONS OF BEING THE BALANCED HARMONICS OF THE DIVINE
CONNECTION WITH THE ALL.

Mother of all Creation

EGO DISSOLVEMENT CEREMONY

KEEP IN YOUR HEART, THE HEART IS GOD, YOU ARE GOD, THE MIND CAN NEVER BE GOD. THE POWERS THAT WEREN'T, PUT THIS CONDITIONING IN PLACE SO YOU COULD BE THEIR PERMANENT SOURCE OF FOOD TO CUT YOU OFF FROM SOURCE, GOD, YOUR BIRTH RIGHT. THE CONDITIONING TURNED YOU INTO A ROBOT. THE HEART IS WHERE YOUR SOUL RESIDES. THIS IS YOUR JOURNEY, LEAVING THE MIND AND COMING INTO THE HEART. THE HEART IS FEARLESS, WISE, HONOURABLE, GENUINE, POWERFUL, ABUNDANT, UNCONDITIONALLY LOVING. BEING WITHIN THE HEART IS 5D. IT IS A STATE A OF BEING. IT CANNOT BE STUDIED, RATIONALISED OR ANALYSED. LOVE IS FELT, EXPERIENCED BY BEING = PRESENT MOMENT OF NOW.

EGO DISSOLVEMENT:

WRITE DOWN ALL YOU IDENTIFY WITH SELF. THANK YOUR ANGELS AND ASK TO ASSIST IN TRANSFORMING THESE LOWER ENERGIES, READ OUT LOUD AND BURN. YOUR ANGELS ARE WORKING TO HELP YOU CLEAR ALL PROGRAMMINGS.

I TRANSFORM THIS AND ALL CONDITIONING, I ACCEPT RESPONSIBILITY FOR IT, IDENTIFY AND DISSOLVE IT. I AM READY TO FULLY EMBRACE MY FULL ESSENCE.

LACK OF WISDOM, LACK OF EXPERIENCE, LACK OF COMPASSION, LACK OF PERCEPTION, LACK OF INTEGRITY, LACK OF HONOR, LACK OF EMPATHY, LACK OF FEELING, CHILD HOOD TRAUMA, INCUBUS/SUCCUBUS TAKING OF ENERGY THROUGH TOUCH/WORDS, DISRESPECT OR HATRED TOWARDS FEMININE, SUPERIORITY, THINKING YOU KNOW BETTER BASED ON NOTHING, ADDICTION, ADDICTION TO SUGAR, INCONSISTENCY, OBSESSION, ATTACHMENT TO 3D FAMILY AND FRIENDS, POSSESSION, CONTROL, POWER OVER, ENTITLEMENT, SELF-IMPORTANCE, NEEDING TO BE RIGHT, UNWORTHINESS, UNGRATEFUL, NO ACCOUNTABILITY, WANTING TO BE FOLLOWED OR FOLLOW, FAKE, UNABLE TO BE GENUINE, COMPULSIVE LYING, REVERENCE OF THE MIND, SEEKING REVERENCE, LINEAR THINKING AND ACTING, IDENTIFYING THINGS FROM THE OUTSIDE, ANAL RETENTIVE, SERVE IMPATIENCE, EASILY DISTRACTED, QUITTER,

LAZINESS, COMPLACENT, REACTIVE.

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EGO, CONTROL DRAMAS & LOWER CHIPS DISSOLVEMENT CEREMONY

WHAT YOU RESIST PERSISTS, WHAT YOU LOOK AT DISAPPEARS. THE EGO PROGRAM MIND EQUALS BELIEF SYSTEMS. ALLOW, EMBRACE, AND LET GO OF ALL BELIEF SYSTEMS, PROGRAMS AND CONDITIONING TOLD OR TAUGHT FROM ILLUSION. THE EGO'S ROLE WAS TO TAKE AWAY YOUR JOY. THE MIND IS THE PROGRAMMING EQUALS ILLUSION (THE SOURCE OF ALL FEAR, PAIN AND SUFFERING OF HUMANITY). RELEASE THE FEAR AND YOU ARE FREE OF THE PROGRAM. HOW TO RELEASE FEAR? YOU HAVE TO FACE IT, WALK THROUGH IT, AND LEAVE IT BEHIND YOU. FEAR HOLDS YOU CAPTIVE IN YOUR "MIND". LET GO OF THE FEAR, FOR THE FEAR IS THE ILLUSION.

EGO DEATH CEREMONY:

WRITE DOWN ALL YOU IDENTIFY WITH SELF, THANK YOUR ANGELS AND ASK THEM TO ASSIST IN TRANSFORMING. READ OUT LOUD AND BURN. YOUR ANGELS ARE WORKING TO HELP YOU CLEAR. HIGHLY RECOMMEND FOR THE NEXT SEVEN DAYS TO DO EGO DEATH CEREMONIES. (CONTINUE DOING THIS AFTER, AS YOU FEEL THE NEED TO). SET INTENT AND FOCUS ON YOUR HEART. GET OUT OF THE MIND AND INTO THE HEART TO ACTIVATE YOUR DNA.

"I TRANSFORM THIS AND ALL CONDITIONING. I ACCEPT RESPONSIBILITY FOR IT, IDENTIFY AND DISSOLVE IT. I AM READY TO FULLY EMBRACE MY FULL ESSENCE".

LACK OF WISDOM, LACK OF EXPERIENCE, LACK OF COMPASSION, LACK OF PASSION, LACK OF PERCEPTION, LACK OF INTEGRITY, LACK OF HONOR, LACK OF EMPATHY, LACK OF FEELINGS, LACK OF SELF-LOVE, UNWORTHINESS, IGNORANCE: IGNORING LOVE, ARROGANCE, ATTACHMENT: TO PEOPLE, PLACES AND THINGS, TAKING: FROM HUMANITY & THE PLANET, INCUBUS & SUCCUBUS ENERGY: THE TAKING OF ENERGY THROUGH WORDS, TOUCH, SEX AND OTHER ABILITIES, CHILDHOOD TRAUMA, CHILDISH BEHAVIOUR, ROBOTIC HABITS & BEHAVIOUR, DISRESPECT OR HATRED TOWARDS THE FEMININE OR MASCULINE, PREFERENCE TO PAIN & SUFFERING: DUE TO UNWORTHINESS, SUPERIORITY, THINKING YOU KNOW BETTER, ENTITLEMENT, SELF IMPORTANCE, DELUSIONS OF GRANDEUR, FANTASY, NEEDING TO BE RIGHT, CONTROLLING, UNGRATEFUL, NO ACCOUNTABILITY, SPREADING OR PARTICIPATION IN GOSSIP, JEALOUSY, VANITY, LACK OF BEAUTY, DESIRE: WANTING TO BE DESIRED, VALIDATION, WANTING TO FOLLOW OR BE FOLLOWED, FAKE: UNABLE TO BE GENUINE, COMPULSIVE LYING, REVERENCE OF THE MIND, SEEKING REVERENCE, REVERENCE OF ANIMALS, JUSTIFICATION, PROCRASTINATION, BARGAINING, POVERTY CONSCIOUSNESS: ALWAYS THINKING IN LACK, ADDICTION, ADDICTION TO SUGAR, LINEAR THINKING AND ACTING, IDENTIFICATION OF THINGS FROM THE OUTSIDE, PRINCESS CONDITIONING, BITCH CONDITIONING, ASSHOLE CONDITIONING, ANAL-RETENTIVE, SEVERE IMPATIENCE, EASILY DISTRACTED, QUITTER, INCONSISTENT, COMPLAINING, LAZINESS, COMPLACENT, REACTIVE, CULTURAL PROGRAMMING, BLOODLUST: WANTING OR AROUSAL

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OF SEEING BLOOD SHED, SUPER EGO, SPIRITUAL EGO.

SECTION 14 VIBRATIONAL SCALE & THE CONTROL DRAMAS

THE ASCENSION PROCESS 101
BEING PRESENT.
YOU ARE ALREADY THERE - ENJOY.

CHOOSE LOVE IN EVERY MOMENT,
THEN LOVE BECOMES THE ONLY
REALITY AND EXPERIENCE.

YOU ARE MADE OF LOVE.

VOICES FROM PRIME SOURCE HERSELF.

ONCE YOU REALISE EVERYTHING OUTSIDE IS WITHIN YOU, YOU BECOME A MASTER OF YOUR OWN ENERGY. THE KEY IS MASTERING VIBRATION TO STAY IN A LIFE ENHANCING STATE.

GET OUT OF YOUR MIND TO REALLY CONNECT IN WITH YOUR HEART. PEOPLE ARE TRAPPED BY ALL THOUGHTS IN THEIR MINDS, AND IT'S FEAR THAT KEEPS THEM THERE.

THE DARK PLACES WITHIN YOU NEED TO BE FACED DIRECTLY.

IT'S WHERE YOU'VE STORED ALL THE PAINFUL EMOTIONS YOU'VE GATHERED THROUGHOUT YOUR LIVES.

SIMPLY UNPROCESSED EMOTIONS THAT NEED TO BE FELT AND THEN RELEASED. THEY CAN'T HURT YOU. AS LONG AS YOU HOLD ONTO THEM YOU ARE HURTING YOURSELF.

WHEN YOUR BODY'S VIBRATION RAISES AT A VERY HIGH LEVEL = EXPERIENCE JOY.

ILLUSION OF SEPARATION = UNCONSCIOUSNESS.
SIMPLY LET EVERYTHING GO. ONLY THAT WHICH IS REAL
AND TRUE CAN REMAIN.

"LOVE, I LET GO OF EVERYTHING AND THANK YOU FOR HELPING ME ACCOMPLISH THIS AS EFFORTLESSLY AS POSSIBLE. I WILL ACCEPT ALL THAT IS NOT REAL, AND EMBRACE WHAT IS REAL".

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MAP OF CONSCIOUSNESS

EVERYTHING IN THE UNIVERSE IS CONNECTED. EVERYTHING THAT WE SAY, DO AND THINK, AFFECTS THE ALL AND EACH OTHER AND THE ENTIRE OF CREATION. DR R HAWKINGS MAP OF CONSCIOUSNESS IS A SCALE THAT IDENTIFIES CONSCIOUSNESS. THE SCALE IS BASED ON EMOTIONS THAT PEOPLE EXPERIENCE. CHECK IN WITH YOURSELF DAILY TO SEE WHERE YOU ARE AT AND USE THE TOOLS/TECHNIQUES TO TRANSFORM THE ENERGY.

FEELINGS ARE ONLY EXPERIENCED IN THE PRESENT MOMENT OF NOW.

EMOTIONS ARE FROM THE PAST, WHICH DO NOT EXIST. IF YOU CAN RIGHT NOW, GET TO THE UNDERSTANDING ALL IS JUST ENERGY. YOU WILL MOVE DIRECTLY INTO TRANSFORMING THE EMOTIONAL AND MENTAL INTO UNIFIED PASSION TO EXPERIENCE YOUR NATURAL STATE OF FEELINGS.

TO BE TOTALLY FREE, YOU HAVE TO LET GO OF ALL ATTACHMENTS. EMOTIONS ARE ACTUALLY ATTACHMENTS THAT STEM FROM PAST EVENTS.

ON THE MAP OF CONSCIOUSNESS UNDER 200 ARE EMOTIONS, OPERATING AS LIFE DRAINING FREQUENCIES. WHEN WE HOLD ONTO THESE EMOTIONS NOT ALLOWING THEM TO PROCESS AND TRANSMUTE, WE STAY IN A LIFE DRAINING STATE WHICH CREATES PAIN, ILLNESS, DISEASE.

WHEN ONE ALLOWS THE LOWER EMOTIONAL STATES TO DICTATE OUR CHOICES, BEHAVIOURS, RESPONSES, WE CREATE EXTERNAL CONFLICT AND DYSFUNCTION.

PROCESS TO TRANSFORM:

THE KEY IS TO LEARN HOW TO PROCESS OUR LOWER EMOTIONS SO THAT WE DON'T STAY STUCK. WHAT YOU RESIST PERSISTS, WHAT YOU LOOK AT DISAPPEARS. AWARENESS TRANSFORMS INTO CONSCIOUSNESS.

RECOGNISE AN EMOTION. FEEL IT, ACCEPT IT, EMBRACE IT, ALLOW IT AND RELEASE.

DO NOT EVER TAKE ANYTHING PERSONALLY. ACCEPT EVERYTHING AS A LESSON AND AN OPPORTUNITY FOR SOUL GROWTH. PLACE LOVE WITHIN THIS EVENT AND YOURSELF.

FORGIVENESS AND RELEASE CEREMONY:

WITH FULL HEART INTENT SAY OUT LOUD OR WRITE OUT. READ OUT LOUD AND BURN, CUTTING CHORDS WITH ALL EMOTIONS, SETTING INTENTION TO TRANSFORM FOR THE HIGHEST GOOD OF ALL. ALLOW IN DIVINE UNDERSTANDING OF NOT NEEDING TO KNOW. FULL FORGIVENESS FOR ONE ANOTHER AND YOURSELF IN THE NO MATTER WHAT. TRUST LOVE TO TRANSFORM, LET GO, FORGIVE AND LOVE.

"I AM GRATEFUL FOR ALL I HAVE EXPERIENCED. I ACCEPT FULL RESPONSIBILITY FOR ALL MY EXPERIENCES NO MATTER WHAT. I FORGIVE ALL OF IT. I LOVE MYSELF. I FORGIVE MYSELF. I LOVE ALL OTHER BEINGS, I FORGIVE THEM. I SIMPLY LET GO".

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MAP OF CONSCIOUSNESS

Scale	Stage	Emotion/Feeling
ENLIGHTENMENT 700-1000 PEACE 600 JOY 540 LOVE 500	EMBODIMENT	5D
REASON 400 ACCEPTANCE 350 WILLINGNESS 310 NEUTRALITY 250 COURAGE 200	TRANSFORMATIONAL STAGES LIFE ENHANCING ENERGIES. (TRANSFORMING THE EMOTIONAL AND MENTAL INTO UNIFIED PASSION)	4D
PRIDE 175 ANGER 150 DESIRE 125 FEAR 100 GRIEF 75 APATHY 50 GUILT 30 SHAME 20	PAIN AND SUFFERING STAGES LIFE DRAINING ENERGIES. (EGO PROGRAMMING'S, CONTROL DRAMAS, BELIEF SYSTEMS)	3D

DO YOU KNOW HOW IMPACTFUL YOUR VIBRATION IS.

1 PERSON AT 700 COUNTER BALANCES 70 MILLION PEOPLE BELOW 200.

1 PERSON AT 600 COUNTER BALANCES 10 MILLION PEOPLE BELOW 200.

1 PERSON AT 500 COUNTER BALANCES 750,000 PEOPLE BELOW 200.

1 PERSON AT 300 COUNTER BALANCES 90,000 BELOW 200.

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THE EMOTIONAL PROCESS OF ASCENSION

THE EMOTIONAL ASPECT OF ASCENSION IS OFTEN THE MOST CHALLENGING BECAUSE WE ARE USUALLY UNAWARE OF HOW MANY STORED EMOTIONS WE HOLD IN OUR BODIES.

THE PROCESS INVOLVES EMOTIONAL PURGING, WHICH CAN BE DIFFICULT DUE TO TRIGGERS. HOWEVER, TRIGGERS ARE VALUABLE AS THEY REVEAL WHERE WE ARE STILL HOLDING ONTO LOWER EMOTIONS, BELIEF SYSTEMS, OR WOUNDS THAT NEED HEALING.

THE MORE INTENSE THE TRIGGER, THE GREATER THE POTENTIAL BREAKTHROUGH.

TRIGGERS ARE A CATALYST FOR HEALING.

TRIGGERS REVEAL UNHEALED PARTS OF OURSELVES AND ARE OPPORTUNITIES FOR SELF-TRANSFORMATION. THEY INDICATE UNCONSCIOUS ENERGIES AND VIBRATIONS THAT NEED TO BE ADDRESSED. EMBRACE TRIGGERS AS REFLECTIONS SHOWING WHAT NEEDS HEALING AND WHERE TO FOCUS LOVE AND COMPASSION.

PURGING AND RELEASING:

EMOTIONAL PURGING INVOLVES RELEASING EMOTIONS THROUGH CRYING, SCREAMING, JOURNALING, SPEAKING YOUR TRUTH, AND PRACTICING SELF-CARE & SELF-LOVE. BE GENTLE AND COMPASSIONATE WITH YOURSELF, UNDERSTANDING THAT EVERYONE IS ON THEIR OWN UNIQUE JOURNEY AND AT DIFFERENT LEVELS OF AWARENESS. TRAUMA IS THE TOXIN OF THE SOUL, AND HEALING REQUIRES WILD COMPASSION AND FORGIVENESS.

EMOTIONS AND ENERGY:

UNDERSTANDING EMOTIONS; EMOTIONS ARE "ENERGY IN MOTION," AND RAISING YOUR VIBRATION INVOLVES TRANSMUTING LOWER VIBRATIONAL ENERGY, TO ALLOW LIGHT INTO THE BODY. LOW-VIBRATION ENERGY STEMS FROM PAST LIFE EXPERIENCES, SURFACING AS EMOTIONS. SOME PEOPLE FEEL OTHERS EMOTIONS IN ADDITION TO THEIR OWN, MAKING THE PROCESS MORE COMPLEX.

TRANSMUTATION AND HEALING

THE GOAL IS TO TRANSMUTE ALL LOWER ENERGIES AND EMOTIONS, UNIFYING THE MENTAL AND EMOTIONAL DUALITY TO PASSION AND COMPASSION.

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FACING YOUR MIRROR - YOUR TRUE FREEDOM

WHEN SPEAKING OR WRITING TO SOMEONE LOOK AT YOUR WORDS CAREFULLY. WHAT YOU ARE TRYING TO EXPLAIN TO SOMEONE IS USUALLY WHAT YOU NEED TO UNDERSTAND. PEOPLE TEND TO PROJECT THEIR FEARS, DOUBTS, EMOTIONS & ILLUSIONS ONTO OTHER PEOPLE BECAUSE THEY DON'T WANT TO FACE THEM. WHAT DO YOU NEED TO FACE WITHIN YOURSELF. EMOTIONS TEND TO REPEAT, COME UP OVER AND OVER.

1. RECOGNISE THEM.

2. UNDERSTAND THEY ARE ILLUSION AND NOTHING TO ATTACH TO.
3. SIMPLY LET THEM GO.

WHEN PUSHING AWAY EMOTIONS WITHOUT FACING THEM, YOU PROJECT THEM ONTO OTHER PEOPLE, WHICH IS WHY CERTAIN THINGS REPEAT.

WHEN YOU FIND YOURSELF ATTACKING OTHERS - ASK YOURSELF WHY.

- 1. BREAK IT DOWN SO THAT YOU ARE ABLE TO GO THROUGH IT.
- 2. ONCE YOU GO THROUGH THE ISSUES YOU REALISE IT HAS ALREADY GONE.
 - 3. THE PAST IS GONE. THERE IS NOTHING LEFT TO HOLD ONTO.
 - 4. LETTING GO OF ATTACHMENTS IS FREEING.
- 5. YOU ARE FREE FROM THE ILLUSION THAT YOU HAD ATTACHED YOURSELF TO AND WERE TRYING TO HOLD ONTO.
- 6. YOU MAY NOT HAVE EVEN REALISED IT WAS THERE, BECAUSE YOU WOULD CONTINUE TO PUSH IT AWAY WITHOUT ACKNOWLEDGING IT, AND PUSHING IT FURTHER WAY IN YOUR EGO MIND.

WHEN YOU LASH OUT, THE EGO IS POPPING UP AND REACTING TO A SITUATION. WHEN SOMEONE YOU SEE OR HEAR GOES AGAINST WHAT YOU BELIEVE, YOU BECOME UPSET BECAUSE YOU ARE HOLDING ON. CLINGING ONTO BELIEFS AND JUSTIFYING YOU ARE CORRECT BY REACTING TO A TRUTH THAT GOES AGAINST YOUR BELIEFS. EGO DOES NOT WANT TO HEAR. EGO THINKS IT HAS ALL THE ANSWERS AND IS ALWAYS CORRECT.

THE EGO NEEDS TO BE TAKEN OUT OF THE PICTURE. BREAK IT DOWN, AND LET IT DIE, FOR IT IS NOT SERVING ANY PURPOSE. TRUE SPIRITUAL GROWTH OCCURS WHEN YOU BREAK DOWN PAST BELIEFS AND LET THEM GO. A NEW FOUNDATION IS THEN BUILT WITHIN THE REALITY OF UNIVERSAL TRUTH. TRUTH BUILT UPON EGO IS A FOUNDATION OF ILLUSIONS. ILLUSION IS NOT EXISTENT.

TRUTH IS FELT WITH EVERY ATOM OF YOUR BEING. REAL TRUTH IS EXPERIENCED THROUGH THE FEELING AND UNITY WITH ALL OF CREATION. THIS GUIDE IS MEANT TO ALLOW YOU TO REACH AN OH MY GOD EXPERIENCE WHERE YOU OPEN UP AND FEEL THAT TRUTH WITHIN FOR YOURSELF. UNDERSTANDING THROUGH FEELING AND EXPERIENCE. FACE YOUR EGO AND YOUR ILLUSION HEAD ON. LOOK AT THEM WITHIN YOURSELF OR THE MIRROR OF ANOTHER AND WATCH THEM DISAPPEAR.

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CONTROL DRAMAS

JAMES REDFIELD IS A BESTSELLING AUTHOR WHO WROTE "THE CELESTINE PROPHECY," A SPIRITUAL NOVEL THAT EXPLORES VARIOUS SPIRITUAL CONCEPTS AND IDEAS. IN HIS BOOK, REDFIELD INTRODUCES THE CONCEPT OF 4 CONTROL DRAMAS, WHICH HE DEFINES AS UNCONSCIOUS WAYS THAT PEOPLE TRY TO MANIPULATE AND CONTROL OTHERS IN ORDER TO GAIN POWER OR ATTENTION.

- 1. THE INTIMIDATOR: THIS CONTROL DRAMA INVOLVES USING AGGRESSION OR THREATS TO INTIMIDATE OTHERS AND GAIN POWER OVER THEM. INTIMIDATORS MAY USE PHYSICAL FORCE, YELLING, OR OTHER FORMS OF AGGRESSIVE BEHAVIOUR TO GET WHAT THEY WANT.
- 2. THE INTERROGATOR: THIS CONTROL DRAMA INVOLVES ASKING A LOT OF QUESTIONS AND BEING OVERLY CURIOUS ABOUT OTHERS' LIVES. INTERROGATORS MAY USE THIS TACTIC TO GATHER INFORMATION THEY CAN USE AGAINST OTHERS, OR TO MAKE THEMSELVES FEEL SUPERIOR BY UNCOVERING SECRETS.
- 3. THE ALOOF: THIS CONTROL DRAMA INVOLVES WITHDRAWING FROM OTHERS AND CREATING DISTANCE IN RELATIONSHIPS. ALOOF PEOPLE MAY USE THIS TACTIC TO AVOID INTIMACY OR VULNERABILITY, OR TO MAKE OTHERS FEEL LIKE THEY NEED TO CHASE AFTER THEIR ATTENTION AND APPROVAL.
- 4. THE POOR ME: THIS CONTROL DRAMA INVOLVES PLAYING THE VICTIM AND SEEKING ATTENTION AND SYMPATHY FROM OTHERS. POOR ME INDIVIDUALS MAY USE THIS TACTIC TO AVOID TAKING RESPONSIBILITY FOR THEIR ACTIONS, OR TO MANIPULATE OTHERS INTO FEELING SORRY FOR THEM.

PRINCIPLE: "AWARENESS TRANSFORMS CONSCIOUSNESS", BECOME AWARE OF OUR OWN CONTROL DRAMAS, PATTERNS OF BEHAVIOUR, THOSE OF OTHERS AND TAKE ACCOUNTABILITY FOR DISSOLVING THE PROGRAMMING'S.

PRACTICAL: WRITE A CEREMONY TO DISSOLVE THE CONTROL DRAMA PROGRAMMING'S:

DEAR ALL OF CREATION, I COMMAND ALL ATOMS IN RIGHT ACTION, I AM GRATEFUL TO DISSOLVE THE FOLLOWING PROGRAMMING'S AND FREQUENCIES, THE INTIMIDATOR, THE INTERROGATOR, THE ALOOF, THE POOR ME. THANK YOU.

THE HIGHER ASPECT OF THE CONTROL DRAMAS:

- INTIMIDATOR/LEADER: WHEN CONNECTED TO THE AUTHENTIC ESSENCE OF THE MOTHER DIVINE TRAITS WITHIN, AN INTIMIDATOR FINDS SELF-ESTEEM THROUGH THEIR LEADERSHIP QUALITIES. THEY BECOME ASSERTIVE WITHOUT BEING DOMINEERING AND CONFIDENT WITHOUT BEING ARROGANT, WHICH INCREASES THEIR ABILITY TO ENJOY CHALLENGES AND GAIN COOPERATION FROM OTHERS.
- INTERROGATOR/ADVOCATE: WHEN TRANSFORMED, AN INTERROGATOR CHANNELS THEIR TENDENCY TO QUESTION INTO RESEARCH FOR THE GREATER GOOD RATHER THAN FOR ENERGY. THEY DEVELOP WELL-ROUNDED INTERPERSONAL SKILLS, THRIVING AS TEACHERS, COUNSELLORS, OR ADVOCATES.
- ALOOF/INDEPENDENT FEELER: NO LONGER NEEDING TO BE AN OUTSIDER, ALOOF INDIVIDUALS TAP INTO DEEP INNER INTUITIVE RESOURCES, BRINGING WISDOM AND CREATIVITY TO THEIR WORK. THEY MAY FIND FULFILMENT AS GUIDES, MUSICIANS, OR ARTISTS.
- POOR ME/REFORMER: AFTER EXPERIENCING TRUE NURTURING AND UNITY, THE "POOR ME" CAN STAY GROUNDED IN THEIR INNER SOURCE AND BECOME A COMPASSIONATE REFORMER, SOCIAL WORKER, OR HEALER.

SECTION 15: CHAKRAS

THE ASCENSION PROCESS 101
BEING PRESENT.
YOU ARE ALREADY THERE - ENJOY.
CHOOSE LOVE IN EVERY MOMENT
THEN LOVE BECOMES THE ONLY
REALITY AND EXPERIENCE.
YOU ARE MADE OF LOVE.
VOICES FROM PRIME SOURCE
HERSELF.

THE CHAKRAS ARE ENERGY CENTRES LOCATED IN THE SUBTLE BODY, WHICH IS THE NONPHYSICAL ASPECT OF OUR BEING.

THE WORD "CHAKRA" COMES FROM SANSKRIT AND MEANS "WHEEL" OR "DISK."

THERE ARE SEVEN MAIN CHAKRAS THAT RUN ALONG THE CENTRAL CHANNEL OF THE BODY, FROM THE BASE OF THE SPINE TO THE TOP OF THE HEAD.

ROOT CHAKRA: LOCATED AT THE BASE OF THE SPINE, THIS CHAKRA IS ASSOCIATED WITH OUR SENSE OF SAFETY, SECURITY, AND SURVIVAL INSTINCTS.

SACRAL CHAKRA: LOCATED IN THE LOWER ABDOMEN, THIS CHAKRA IS ASSOCIATED WITH OUR EMOTIONS, CREATIVITY, AND SEXUALITY.

SOLAR PLEXUS CHAKRA: LOCATED IN THE UPPER ABDOMEN, THIS CHAKRA IS ASSOCIATED WITH OUR PERSONAL POWER, SELF-ESTEEM, AND CONFIDENCE.

HEART CHAKRA: LOCATED IN THE CENTRE OF THE CHEST, THIS CHAKRA IS ASSOCIATED WITH LOVE, COMPASSION, AND EMOTIONAL WELL-BEING.

THROAT CHAKRA: LOCATED IN THE THROAT, THIS CHAKRA IS ASSOCIATED WITH COMMUNICATION, SELF-EXPRESSION, AND AUTHENTICITY.

THIRD EYE CHAKRA: LOCATED BETWEEN THE EYEBROWS, THIS CHAKRA IS ASSOCIATED WITH INTUITION, WISDOM, AND SPIRITUAL INSIGHT.

CROWN CHAKRA: LOCATED AT THE TOP OF THE HEAD, THIS CHAKRA IS ASSOCIATED WITH OUR CONNECTION TO THE DIVINE, HIGHER CONSCIOUSNESS, AND SPIRITUAL ENLIGHTENMENT.

EACH CHAKRA IS ASSOCIATED WITH A PARTICULAR COLOUR, ELEMENT, SOUND, AND SPIRITUAL LESSON.

WHEN OUR CHAKRAS ARE BALANCED AND ALIGNED, WE EXPERIENCE A SENSE OF WELLBEING, VITALITY, AND SPIRITUAL CONNECTION.

HOWEVER, WHEN OUR CHAKRAS ARE BLOCKED OR OUT OF BALANCE, WE EXPERIENCE PHYSICAL, EMOTIONAL OR MENTAL SYMPTOMS, FEAR, PAIN AND ILLNESS.

Mother of all Creation

CHAKRAS - 1

CHAKRAS IN PERFECT BALANCE AND HARMONY WITH THE PLANET AND ALL OF CREATION EQUALS RECONNECTION TO SOURCE EQUALS 5D EQUALS LOVE EVERYWHERE PRESENT.

EVERYTHING ON AND WITHIN PLANET EARTH = HEART IS ALSO GOING THROUGH THE PROCESS OF BALANCED HARMONICS, WHICH IS ACHIEVED THROUGH YOUR CHAKRAS.

THROUGH THE ENERGY OF BALANCED HARMONICS [WHICH MEANS WE ARE COMPLETELY OUR HIGHER SELVES], WE ARE BALANCING OUR CHAKRAS, TO REALIGN OURSELVES WITH THE UNIVERSE AND CONNECTED TO SOURCE.

THE CHAKRA SYSTEM IS RESPONSIBLE FOR ALL ENERGY ENTERING AND EXITING THE BODY.

A CHAKRA IS AN AREA IN THE BODY CONNECTED WITH LIFE ENERGY.
THERE ARE SEVEN CHAKRAS IN THE BODY. EACH IS AN INTERFACE
FOR THE FLOW OF A SPECIFIC LIFE ENERGY.

THE CHAKRAS VITALISE OUR BODY AND IS ASSOCIATED WITH INTERACTIONS OF A PHYSICAL OR EMOTIONAL NATURE.

YOUR CHAKRA SYSTEM IS WHAT RECONNECTS YOU BACK TO SOURCE/HIGHER SELF/ONENESS/LOVE EVERYWHERE PRESENT.

FOR THIS TO HAPPEN ONE HAS TO RECONNECT THE 2
HEMISPHERES OF THE BRAIN WHICH THEN ACTIVATES YOUR PINEAL GLAND AND AWAKENING OCCURS THROUGH THIS.

OF THE 7 MAIN CHAKRAS, EACH HAS AN ENERGETIC REQUIREMENT THAT MUST BE HONOURED AND REALIGNED TO BALANCED HARMONICS.

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CHAKRAS - 2

HUMANITY ARE IN THE FINAL PROCESS, OF RELEASING ALL DENSITY WITHIN THE BODY HOLOGRAMS. THESE RELEASING EVENTS, ARE NOW OCCURRING THROUGH THE CHAKRA SYSTEM, ASSOCIATED WITH YOUR ENTIRE GLAND SYSTEM. AS THIS OCCURS, IT IS ALSO ACTIVATING SOME CHAKRAS THAT HAVE BEEN DORMANT UP UNTIL NOW AND ARE JUST NOW OPENING. THE TOTAL WILL BE 13 MAJOR CHAKRAS OPENED, SO THAT THE BODY HOLOGRAM CAN EMBRACE THE ENTIRE LOVE/HIGH FREQUENCIES THAT ARE COMING IN TO ACHIEVE BALANCED HARMONICS.

MEMORIES AND EMOTIONS ARE DENSE THOUGHTS, THAT ACT ON THE BEING AS DEAD WEIGHT SUCH AS AN ANCHOR TYING DOWN A BOAT. THESE EMOTIONS AND MEMORIES MUST BE RELEASED WITHIN ALL OF THE CHAKRAS. FOR THOSE THAT HAVE NOT RELEASED ALL MEMORIES AND EMOTIONS, WHICH WERE STUFFED INTO THE BODY HOLOGRAM, THESE MUST BE RELEASED NOW, AS THEY WILL BE UNABLE TO ENTER INTO THE HIGHER VELOCITY ENERGY = HIGHER THOUGHTS. THIS IS WHERE EVERY HUMAN BEING'S DESTINY IS, INTO THE HIGHER ENERGY VIBRATIONS.

THROUGH THESE INCOMING ENERGIES, HUMANITY'S CHAKRA'S HAVE BEGUN SPINNING, TO SPIN OFF ANY REMAINING ENERGIES THAT ARE NOT IN COMPLETE ALIGNMENT WITH THE DIVINE PLAN. THEY MAY BE AWARE OR UNAWARE REGARDLESS, IT'S HAPPENING ANYWAY. AS THE CHAKRAS SPIN THEY WILL BE ASSISTING IN RELEASING ALL THE PAIN AND SUFFERING FROM THE 2D DENSITY [AND THIS MIGHT BE FELT AS PHYSICAL PAIN THROUGH EACH GLAND/ CHAKRA].

WHAT IS NOW UNFOLDING IS A COLLECTIVE EXPERIENCE AND IS A NATURAL PROCESS IN EVOLUTION.

THIS IS NOT A CONTROLLABLE EXPERIENCE, IT'S A SEQUENCE OF NATURAL EVENTS OR PROCESSES, OCCURRING FROM THE INSIDE, OUT. THIS IS THROUGH THE DNA FREQUENCY CODES, THAT ARE WITHIN EVERY SOUL. IT'S UNSTOPPABLE AND IRREVERSIBLE.

THE ENERGY OF REAL TRUTH IS COMING IN. THIS POWERFUL ENERGY IS CURRENTLY BURNING THROUGH ALL UNCONSCIOUSNESS BY LIGHT CODED INFORMATION ARRIVING DIRECTLY FROM SOURCE, TO GET TO THE CENTRE OR GALACTIC CORE OF EVERY HUMAN BEING.

THIS IS THE ENERGY THAT IS COMING INTO THE BODY HOLOGRAMS TO THE CORE AND EXPRESSING OUTWARDLY. THIS IS HOW THE TRANSFORMATION OF THIS PLANET IS OCCURRING.

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CHAKRAS - 3

WHAT IS OCCURRING IN THIS TRANSFIGURATION EVENT

MANY THAT ARE SENSITIVE TO THE ENERGY, CAN NOW HEAR THE BALANCED HARMONIC COMING FROM THE CENTRE OF THE MAGNETIC FIELD, WHICH IS CONTINUALLY GETTING LOUDER. WE CAN PHYSICALLY HEAR THIS IN OUR EARS AS A VERY HIGH PITCHED RINGING. THESE ARE FREQUENCIES THAT ARE ENTERING INTO YOUR CHAKRA SYSTEMS, ASSISTING IN YOUR TRANSFORMATION, AND REALIGNING YOUR CHAKRAS TO BALANCED HARMONICS.

EACH OF YOU ARE MADE SOLELY OF ENERGY, AND THE ENERGY YOU ARE MADE OF EXTENDS AROUND YOU BEYOND YOUR PHYSICAL BODY HOLOGRAM. YOUR CHAKRA SYSTEM IS WHAT RECONNECTS EVERYONE BACK TO SOURCE, AND YOUR HIGHER SELF. FOR THIS TO HAPPEN, WE HAVE TO RECONNECT THE 2 HEMISPHERES OF THE BRAIN, WHICH THEN ACTIVATES THE PINEAL GLAND, AND AWAKENING OCCURS THROUGH THIS.

YOUR HEARTS ARE GETTING READY TO EXPAND, AND THIS ENERGY WILL COME FROM THE CENTRE OF YOUR HEART AND CONNECT TO YOUR PINEAL GLANDS. YOUR PINEAL GLAND IS IN THE CENTRE OF YOUR RIGHT AND LEFT BRAIN HEMISPHERES. DURING THIS TRANSFIGURATION EVENT THEY ARE MERGING BACK TOGETHER, AFTER MANY MILLENNIA OF DISCONNECTION, WHERE THE LEFT AND RIGHT BRAIN HEMISPHERES WERE SEVERED.

WHAT IS NOW OCCURRING IS HUMANITY IS, GETTING READY FOR A FULL AWAKENING, ALSO TERMED FULL CONSCIOUSNESS. THE ONLY WAY FOR FULL CONSCIOUSNESS TO OCCUR IS RECONNECTING THE 2 BRAIN HEMISPHERES BACK TO THEIR ORIGINAL FUNCTION, SO THAT THE PINEAL GLAND CAN BE ACTIVATED.

RIGHT NOW DURING YOUR SLEEP, EACH OF YOU ARE UP ON THE SHIPS GETTING WORKED ON SO TO SPEAK. TO RECONNECT THE RIGHT AND LEFT BRAIN. THIS IS BEING ACCOMPLISHED VERY GENTLY, AND GRADUALLY, AS YOUR BODIES HAVE TO ADJUST TO THE HIGHER AND LIGHTER VIBRATIONAL FREQUENCIES THAT ACCOMPANY THESE ADJUSTMENTS.

FOR MANY MILLENNIA HUMANITY HAS BEEN CONTROLLED THROUGH THE SEPARATION OF THE 2 BRAIN HEMISPHERES AND THUS FUNCTIONED ONLY THROUGH THE LEFT SIDE OF THE BRAIN. BECAUSE OF THIS DYSFUNCTION, THE RIGHT AND LEFT BRAIN COULD NOT COMMUNICATE, AND IN TURN THIS CAUSED THE ILLUSIONARY WORLD YOU HAVE BEEN LIVING IN.

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CHAKRAS - 4

WITHOUT THE RIGHT BRAIN FUNCTIONING YOU WERE DISCONNECTED FROM SOURCE. THE RIGHT SIDE OF THE BRAIN IS YOUR DIRECT CONNECTION TO SPIRIT, THE DIVINE, AND YOUR HIGHER SELF. YOUR TRUE SELF.

WITHOUT THIS CONNECTION OF COURSE YOU WERE WALKING AROUND IN ILLUSION. WONDERING WHO YOU REALLY WERE AND BEING SLAVES TO ILLUSION. THIS IS EXACTLY WHAT THE POWER WHO WEREN'T, WANTED. IF YOU WERE DISCONNECTED FROM WHO YOU REALLY ARE, THEN THEY COULD MAKE YOU LIKE ROBOTS, BECAUSE YOU WOULD HAVE NO CONNECTION TO THE REAL AND TRUE. THEY COULD FORCE YOU INTO BELIEF SYSTEMS THAT KEPT YOU IN PRISON CELLS. YOU HAVE BEEN IN PRISON OR HELL.

WITH FUNCTIONING ONLY FROM THE LEFT BRAIN, THEY EASILY WERE ABLE TO PLACE A PROGRAM OF IMAGINARY BELIEF SYSTEMS, THAT KEPT YOU IN A REPEATING LOOP, OF ISOLATION AND SEPARATION. THIS WAS NOT ONLY FROM YOURSELVES BUT FROM ALL YOUR OTHER SELVES, AND FROM LOVE, SOURCE, AND THE REST OF CREATION.

FOR MANY MILLENNIA THEY HAVE SUCCEEDED IN THIS, UNTIL NOW. HUMANITY NOW HAS "THE GOLDEN TICKET" OUT OF PRISON, INTO A NEW EARTH OF FREEDOM AND ALL POSSIBILITIES. LOVE HAS SHOWN UP, AND THIS MEANS ALL WILL AWAKEN IN THE NO MATTER WHAT.

ONCE THE 2 SIDES OF THE BRAIN HEMISPHERES ARE RECONNECTED THEY ONCE AGAIN WILL BE ABLE TO COMMUNICATE WITH EACH OTHER, AND ALL DYSFUNCTIONS WILL DISSOLVE. WITH A FULLY FUNCTIONING BRAIN, THIS WILL ASSIST EACH OF YOU IN YOUR TRANSFIGURATION EVENTS HOME. INTO TRUE REALITY AND OUT OF THE LIMITED BOX, OR PRISON CELL.

ONCE THE LEFT AND RIGHT BRAINS CAN COMMUNICATE, NEVER AGAIN WILL THEY
BE SEPARATED AND YOUR ADVENTURES IN CREATION WILL BEGIN ANEW. THE
GARDEN OF EDEN RETURNS!

PREPARE YOURSELVES FOR MULTI-DIMENSIONAL TRAVELS, FOR LIVING AND EXPERIENCING LOVE, JOY, PEACE, AND HAPPINESS. NOTHING CAN STOP THE TRANSFIGURATION EVENT, THAT INCLUDES ALL, WHICH ARE A PART OF THE ONE.

Mother of all Creation

SELF LOVE PRACTICES: HONOURING THE CHAKRAS

THE CHAKRA SYSTEM IS RESPONSIBLE FOR ALL ENERGY ENTERING AND EXITING THE BODY AND FEELING. YOUR CHAKRA SYSTEM IS WHAT RECONNECTS YOU BACK TO SOURCE/HIGHER SELF/ONENESS/LOVE EVERYWHERE PRESENT. FOR THIS TO HAPPEN ONE HAS TO RECONNECT THE 2 HEMISPHERES OF THE BRAIN WHICH THEN ACTIVATES YOUR PINEAL GLAND. AWAKENING OCCURS THROUGH THIS. THE LOVE WITHIN YOU RECONNECTS YOUR FEELING CENTRES, FEELINGS ARE LOVE, LOVE IS CREATION. DAILY CLEARING OF THE CHAKRA SYSTEMS IS VITAL.

OF THE 7 MAIN CHAKRAS, EACH HAS AN ENERGETIC REQUIREMENT THAT MUST BE HONOURED AND REALIGNED TO BALANCED HARMONICS.

HONOURING THE CHAKRAS:

ENERGETIC REQUIREMENT; DAY OF THE WEEK; COLOUR - DRESS IN AND EAT THE COLOUR OF THE DAY; AFFIRMATIONS - READ OUT ALOUD AFFIRMATION FOR THE DAY.

ROOT CHAKRA – ENERGETIC REQUIREMENT IS TRUST – MONDAY – RED.
"I AM SO GRATEFUL I AM CONNECTED WITH THE ENERGY OF MOTHER EARTH. MY BODY,
HEART AND SPIRIT ARE GROUNDED, CENTRED AND PURIFIED".

SACRAL CHAKRA – ENERGETIC REQUIREMENT IS CREATIVITY –TUESDAY - ORANGE. "I AM SO GRATEFUL THAT I LOVE ALL DIMENSIONS OF MYSELF. I DELIGHT IN WEAVING THE CREATIVE TAPESTRY THAT IS MY LIFE".

SOLAR PLEXUS CHAKRA - ENERGETIC REQUIREMENT IS DIVINE EMPOWERMENT.
WEDNESDAY – YELLOW. "I AM SO GRATEFUL THAT MY WILL AND DIVINE ARE ONE. I AM
CONNECTED TO THE ABUNDANT FLOW OF THE UNIVERSE AND EASILY MANIFEST MY
DREAMS".

HEART CHAKRA – ENERGETIC REQUIREMENT IS UNCONDITIONAL LOVE – THURSDAY - GREEN AND PINK. "I AM SO GRATEFUL THAT MY HEART IS OPEN TO RECEIVE THE ENERGY OF LOVE, I RADIATE THIS ESSENCE. I WALK MY PATH WITH EASE AND GRACE".

THROAT CHAKRA – ENERGETIC REQUIREMENT IS DIVINE EXPRESSION – FRIDAY – BLUE. "I AM SO GRATEFUL THAT I AM ALIGNED WITH MY HIGHEST TRUTH AND I COMMUNICATE THIS WITH LOVE AND HONOUR. MY WORDS ECHO SOFTLY WITH THE UNIVERSE".

3RD EYE CHAKRA – ENERGETIC REQUIREMENT IS DIVINE INTUITION – SATURDAY – INDIGO. "I AM SO GRATEFUL THAT MY HEART IS OPEN TO NEW VISION. I EXPAND MY AWARENESS THROUGH MY HIGHER SELF".

CROWN CHAKRA – ENERGETIC REQUIREMENT IS DIVINE INTELLIGENCE – SUNDAY – WHITE AND VIOLET. "I AM SO GRATEFUL THAT I AM CONNECTED TO THE DIVINE MOTHER OF THE UNIVERSE. I AM LIGHT. I AM TRUST".

Mother of all Creation

SECTION 16: BALANCED HARMONIC FREQUENCIES OF THE HIGHER SELF/GOD SELF

VOICES FROM PRIME SOURCE HERSELF.

BALANCING OF
HARMONICS IS
BALANCING OUT THE
BRAIN AND THE BODY TO
THE HIGHER FREQUENCIES
OF LIGHT AND TRUTH
INFORMATION.

BALANCED HARMONICS IS SIMPLE. LOVE EVERYWHERE PRESENT EQUALS 5D REALITY.

DARKNESS CANNOT EXIST IN THE LIGHT AND THERE ARE NO HIERARCHIES IN THE KINGDOM OF HEAVEN.

WE ARE ALL ONE EQUALLY.

EVERYONE ON THIS PLANET CONTAINS FEMININE AND MASCULINE ENERGIES.

THE FEMALE IS 51% FEMININE AND 49% MASCULINE AND VICE VERSA IN THE MALE.

A MALE IS 49% FEMININE AND 51% MASCULINE.

NOW EVERYONE WILL BE BRINGING FORTH THIS BALANCE WITHIN THEMSELVES.

THIS WILL BRING IN THE UNITY ENERGY
NEEDED TO END FOREVER THE CYCLE OF
IMBALANCE, WHICH HAS CREATED MUCH
CHAOS, PAIN AND SUFFERING ON THE PLANET.

IN ORDER TO REACH BALANCED HARMONICS, WE MUST HOLD BOTH THE MOTHER & FATHER ENERGIES, BOTH THE YIN AND THE YANG.

BECAUSE SOCIETY HAS BEEN FOCUSSED ON MASCULINE ENERGY THE AVERAGE MASCULINE IS EMBODYING 65% MASCULINE ENERGY AND THE AVERAGE FEMININE IS EMBODYING 55% MASCULINE ENERGY.

THIS MEANS, PLANET WIDE, THE DIVINE
FEMININE TRAITS OF UNCONDITIONAL LOVE,
NURTURING, COMPASSION, INTUITION,
TENACITY AND PATIENCE ARE TO BE
ANCHORED IN SO THE INNER FEMININE
COUNTERPART OF OUR BLUEPRINTS CAN
STAND AS INTENDED BY DIVINE DESIGN!
THE MASCULINE ENERGY TRANSFORMS THE
FEAR, THE FEMININE ENERGY TRANSFORMS
THE PAIN AND SUFFERING.

THE POLE SHIFT IS OCCURRING INSIDE THE BRAIN.

A REVERSAL TO BEGIN BALANCED HARMONICS AND REWIRING THE BRAIN.

GOD CONSCIOUSNESS ENERGY BRAIN WAVE CYCLES VIBRATE AT 1-4 CYCLES PER SECOND.

HUMANITY IS USED TO FUNCTIONING AT A STATE OF 60 BRAINWAVE CYCLES PER SECOND. THIS IS WHY EVERYONE EXPERIENCED DEATH. THEY SIMPLY BECOME STRESSED AND BURNT OUT.

THE EGO PROGRAMMED MIND PREVENTS AND BLOCKS THE NATURAL STATE OF BALANCED HARMONICS.

BALANCED HARMONIC ENERGIES EQUALS THE PERFECT YING/YANG ENERGY. THE BALANCE OF DIVINE FEMININE AND MASCULINE ENERGY WITHIN.

POLE REVERSAL TO BEGIN BALANCED HARMONICS

YOU MAY HEAR SOME SPEAKING OF A POLE REVERSAL OR SOMETHING SUCH AS A POLE SHIFT. THIS IS TRUE, BUT, NOT IN THE WAY YOU MAY THINK. IT'S NOT OCCURRING ON THE OUTSIDE, NO THIS IS AN INSIDE JOB.

THIS IS ACTUALLY OCCURRING INSIDE THE BRAIN, INSIDE EVERY HUMAN BEING, A REVERSAL TO BEGIN BALANCED HARMONICS.

THE GOD CONSCIOUSNESS ENERGY. BRAINWAVE CYCLES VIBRATE AT 1 TO 4 CYCLES PER SECOND. THIS IS THE CURRENT ENERGY ARRIVING INTO EVERYONE'S SYSTEMS. HUMANITY IS USED TO FUNCTIONING AT A STATIC 60 BRAINWAVE CYCLES PER SECOND. THIS IS WHY EVERYONE EXPERIENCED DEATH. THEY SIMPLY BECAME STRESSED AND BURNED OUT.

THE BALANCING OF THE HARMONICS IS "BALANCING" OUT THE BRAIN AND BODY TO THE HIGHER FREQUENCIES OF LIGHT AND TRUTH INFORMATION. THIS IS WHY WE HAVE HIGHLY RECOMMENDED LETTING GO. THERE IS NOWHERE TO HIDE FOR HUMANITY.

THE FREQUENCIES ARE LIKE A GUSHING WATER FLOW THAT IS COMING DOWN OUT OF A WATERFALL AT FULL SPEED AND BRINGING HUMANITY INTO FOREVER, AND ETERNITY.

EVEN IF THEY ATTEMPT TO HANG ON, THEY WILL EVENTUALLY HAVE TO LET GO.
THERE WILL BE NOWHERE TO GO. CHANGE IS INEVITABLE.

CREATION IS ALWAYS CREATING. CONTINUALLY IN A FORWARD MOVEMENT.
THIS IS EVOLUTION. THIS IS ALWAYS AND FOREVER EXPANDING.

CREATION OCCURS WITH OR WITHOUT YOUR AWARENESS OR PERMISSION. THERE IS NOWHERE TO GO BACK TO, THE ILLUSION IS DISSOLVING AND LOVE HAS BEEN FIRMLY ESTABLISHED.

IN THE NO MATTER WHAT, THROUGH THE UNKNOWABLE ENERGY OF LOVES BRILLIANCE, ALL THE LIES, THE DARKNESS, IGNORANCE, NAYSAYERS, NON-BELIEVERS, HYPOCRITES, RULES, LAWS AND MASKS WILL CEASE AND DISSOLVE, AS THE LIGHT, LOVE AND TRUTH WILL STAND TALL AND FIRMLY.

LOVE WILL BE ALL THAT IS LEFT WHEN THE OLD PARADIGM FALLS. THE NEW PARADIGM IS A LOVE STORY ABOUT US ALL, AND THE BRILLIANCE WE ALL ARE WITHIN THE TRUTH IN CREATION.

Mother of all Creation

HIGHER SELF-EMBODIMENT = PURE BALANCED HARMONICS

DECREED BY HEAVEN BRINING IN THE DIVINE FEMININE BALANCE. THIS WILL ANCHOR IN PEACE ON EARTH. PERFECT BALANCED HARMONICS OF TRUE EQUALITY, ONENESS, ABUNDANCE, JOY, CO-OPERATION, HARMONY AND PEACE.

THE DIVINE FEMININE ENERGY RISING TO HEAL AND BRING INTO BALANCE, HEART-BASED LIVING. THE FEMININE ENERGY HOLDS REAL UNCONDITIONAL LOVE AND COMPASSION WHICH THE PLANET REQUIRES FOR PEACE ON EARTH. THIS IS THE PRIME SOURCE ENERGY WITHIN. MASCULINE ENERGY, STEPS BACK. TO BE SUPPORTIVE, TO BRING BALANCED HARMONICS, THE BALANCE OF THE YIN (FEMININE) AND THE YANG (MASCULINE) ENERGY, RIGHT ACTION AND RIGHT BRAIN FUNCTION.

THE RIGHT BRAIN IS CONNECTING TO LOVE. ONCE CONNECTION CAN BE MADE, THE RIGHT BRAIN OVERTAKES THE LEFT BRAIN, BECOMING ONE UNIBRAIN EQUALS 5D REALITY EQUALS LOVE EVERYWHERE PRESENT.

THROUGH CHOOSING LOVE EVERY MOMENT YOU CLIMB THE ENERGETIC STAIRWAY INTO HIGHER FREQUENCIES AND YOU EXPERIENCE MORE JOY.

THE ORIGINAL FORM OF LOVE EQUALS BALANCED HARMONICS.

BRING FORTH THE BALANCE WITHIN YOURSELF. EVERYONE CONTAINS FEMININE ENERGY. BALANCE THE FEMININE ENERGY FIRST. THIS THEN INTEGRATES MASCULINE BALANCE. THIS BRINGS IN THE UNITY ENERGY NEEDED.

BALANCED HARMONICS EQUALS DIVINE INTEGRATION EQUALS LOVE.

AWAKENING INTO THIS TRUTH IS EVERYONE'S DESTINY ON THE PLANET.

Mother of all Creation

SELF LOVE PRACTICES: BALANCED HARMONIC FREQUENCIES OF LOVE

BALANCED HARMONIC FREQUENCIES EQUALS PRESENT MOMENT OF NOW EQUALS UNCONDITIONAL LOVE EQUALS 5D.

DIVINE FEMININE TRAITS. THE DIVINE FEMININE ENERGY BRINGS
MASCULINE ENERGY INTO BALANCE:

COMPASSION, EMPATHY, UNCONDITIONAL LOVE, KINDNESS, RECEPTIVITY, GRATITUDE, NURTURING, ORGANIC, JOY, PURE THOUGHT, TRANSPARENCY, SELF-LOVE, WISDOM, RESPONSIVE, INTUITIVE, FULL FEELING, SELFLESSNESS, NON ATTACHED, HEART CENTERED, GENUINE, PURITY, BEAUTY, ABUNDANT, GRACE, LAUGHTER, HUMILITY, DIVINE PERCEPTION.

DIVINE MASCULINE TRAITS:

PATIENCE, TRUST, INNER STRENGTH, COURAGE, INTEGRITY, HONOR, TRUTH, CONSISTENCY, DEDICATION, PERSEVERANCE, TENACITY, ACCOUNTABILITY, PROACTIVE, DIVINE WILLPOWER, EMPOWERMENT, HUMBLE, PASSION, TOLERANCE, DIVINE INTELLIGENCE, WORTHINESS, CHILD LIKE WONDER, BRILLIANCE, FAITH, LAUGHTER, CHARITY.

RIGHT NOW, EVERYONE WILL BE BRINGING FORTH THIS BALANCE WITHIN THEMSELVES.

BALANCED HARMONICS EQUALS THE SPECTRUM OF DIVINE HEAVEN FREQUENCIES EQUALS RECONNECTING HUMANITY INTO THE ONE EQUALS HIGHER SELF-EMBODIMENT EQUALS 5D REALITY CONSCIOUSNESS EQUALS LOVE EVERYWHERE PRESENT EQUALS ALL ONE EQUALLY EQUALS DIVINE EMBODIMENT OF THE ENERGIES OF LOVE AND TRUTH.

Mother of all Creation

SECTION 17: HEALING KARMIC DNA

VOICES FROM PRIME SOURCE HERSELF.

KARMIC DNA:

UNCONSCIOUSNESS MISALIGNMENT AND PATTERNS THAT IN MANY CASES HAVE BEEN GENETICALLY UNHEALED VIA ANCESTRAL LINEAGES AND STORED IN THE DEPTHS OF YOUR CELLULAR MEMORY.

MISSION LIMITLESS HEALING KARMIC DNA

AS YOU BEGIN TO DISSOLVE THE EGO, ANCHOR IN THE HIGHER SELF, AND DEVELOP YOUR INTUITION, WOUNDS WILL SURFACE FOR HEALING. TRIGGERS BECOME BOTH CHALLENGES AND OPPORTUNITIES, REVEALING AREAS WHERE YOU'RE STILL HOLDING ONTO PAIN AND SUFFERING LINKED TO THE EGO.

UNDERSTANDING DNA AND CONSCIOUSNESS:

SCIENTISTS REFER TO 90% OF DNA AS "JUNK" DNA. BUT THIS 90% IS ACTUALLY GOD-CONSCIOUSNESS DNA, WHICH THE MIND CANNOT COMPREHEND. THE 10% OF DNA THAT CAN BE STUDIED IS OUR EGO PROGRAMMING. OUR KARMIC DNA, SURVIVAL MECHANISMS, EGO PROGRAMMING, AND GENERATIONAL WOUNDING PASSED DOWN THROUGH GENERATIONS. KARMIC DNA CREATES CYCLES OF PAIN, ILLNESS, DISEASE, AND SUFFERING. THERE ARE NO GENETIC CONSTRAINTS, ONLY FREQUENCIES.

WHEN A PERSON HOLDS ONTO TRAUMA, FEAR, PAIN, AND SUFFERING WITHOUT TRANSFORMATION, THIS ENERGY IS TRANSFERRED TO A BABY AT BIRTH. HEALING YOURSELF BENEFITS EVERYONE ENERGETICALLY CONNECTED TO YOU, INCLUDING FAMILY, FRIENDS, PARTNERS, AND CHILDREN.

HEALING KARMIC DNA

THE KEY TO COMPLETE HEALING OF KARMIC DNA IS TO BREAK KARMIC LOOPS. TAKE RESPONSIBILITY FOR YOUR DYSFUNCTIONS BY CHOOSING TO EVOLVE AND HEAL. THIS INVOLVES DISSOLVING BLAME, JUDGMENT, PROJECTION, AND EXTERNALISATION. FORGIVING EVERYONE AND EVERYTHING THAT HAS EVER CAUSED YOU PAIN OR WOUNDING. ACCEPT YOURSELF AND ALL EXPERIENCES YOU HAVE CHOSEN IN THIS LIFETIME AND OTHERS. LEAD BY BEING THE EXAMPLE.

AS YOU HEAL YOUR KARMIC DNA, YOU ALLOW YOUR GOD-CONSCIOUSNESS DNA TO ACTIVATE.

FORGIVENESS:

THE BIGGEST CHALLENGE DURING EMOTIONAL HEALING IS TO PERSIST THROUGH DISCOMFORT.
WHEN WOUNDS ARE TRIGGERED, YOU WILL EXPERIENCE PAIN AND UNCOMFORTABLE EMOTIONS. AT
THIS POINT, REMEMBER TO USE YOUR TOOLS: DEEP BREATHING, ELIMINATING THOUGHTS.
REMAINING UNATTACHED TO EMOTIONS, AND NOT TAKING THINGS PERSONALLY. EXTEND
FORGIVENESS TO YOURSELF, ALL OTHERS, AND THE EXPERIENCE.

EXPRESS YOURSELF FREELY—CRY, SCREAM, OR SAFELY RELEASE EMOTIONS. THERE IS NO JUDGMENT IN HOW YOU NAVIGATE THIS PROCESS. DURING THIS STAGE, REMEMBER THAT NOTHING IS PERSONAL; EVERYTHING IS SIMPLY ENERGY. WE ARE ALL VESSELS TASKED WITH TRANSFORMING CERTAIN EXPERIENCES, TRIGGERS, AND PROGRAMMING FOR THE COLLECTIVE.

EMBRACE COMPASSION AND FORGIVENESS

DIG DEEP WITHIN YOURSELF TO FIND THE DEEPEST LEVELS OF COMPASSION AND FORGIVENESS FOR THOSE WHO HAVE HURT YOU. ACKNOWLEDGING THAT THEY, TOO, ARE HURT. FORGIVENESS CEREMONIES ARE POWERFUL TOOLS. BY WRITING DOWN EVERYTHING YOU WISH TO FORGIVE AND THEN BURNING IT, YOU AGREE TO LET GO OF THE ENERGY, THEREBY ENDING THE KARMIC CYCLE.

Mother of all Creation

VICTIM CONSCIOUSNESS – VICTIM TO VICTOR

VICTIM CONSCIOUSNESS ARISES FROM THE BELIEF THAT THINGS HAPPEN TO US RATHER THAN FOR US. AND THE PERCEPTION THAT WE HAVE NO CONTROL OVER OUR EXPERIENCES, LEAVING US AT THE MERCY OF EXTERNAL FORCES. THIS IS ROOTED IN FEAR FREQUENCIES (EGO), WHICH CREATE TRAUMA AND WOUNDING IN OUR PHYSICAL AND ENERGETIC BODIES. WHEN TRAPPED IN FEAR, WE STRUGGLE TO TAKE ACCOUNTABILITY FOR OUR EXPERIENCES AND CAN ONLY PERCEIVE THE LOWER ASPECTS OF OUR EXTERNAL REALITY. THIS CYCLE PERPETUATES ACROSS GENERATIONS, CREATING ANCESTRAL KARMA GROUNDED IN VICTIM CONSCIOUSNESS.

THE VICTIM/PERPETRATOR PARADIGM IS A CONSTRUCT OF THE EGO'S MIND. BY TAKING RESPONSIBILITY FOR ALL OUR EXPERIENCES, WHETHER GOOD, BAD, OR UGLY, WE RECLAIM OUR SOVEREIGN POWER TO SHAPE OUR REALITY.

SOUL CONTRACTS AND TRANSFORMATION:

AS SOULS, WE AGREE UPON CERTAIN EXPERIENCES, LESSONS, AND PATHS BEFORE INCARNATING. EVEN WHEN WE CANNOT SEE IT, THERE IS A DIVINE DESIGN AT PLAY. HOWEVER, THOSE ALIGNED WITH THE LIGHT HAVE OFTEN FACED ATTACKS FROM DARKER FORCES AIMING TO KEEP THEM OFF THEIR PATH AND ENTRENCHED IN FEAR.

MANY INDIVIDUALS WHO HAVE ENDURED ABUSE DID SO AS PART OF THEIR SOUL CONTRACT, TAKING ON THE PAIN AND SUFFERING TO TRANSMUTE AND TRANSFORM IT FOR HUMANITY. DESPITE THE TRAUMA OF OUR INDIVIDUAL EXPERIENCES, THERE IS A DIVINE PURPOSE, AS OUR SOULS UNDERSTAND OUR CAPABILITY TO TRANSFORM THEM. ONCE WE ACCEPT THAT OUR HIGHER SELF HAS AGREED TO ALL OUR EXPERIENCES, WE SHIFT FROM BEING VICTIMS TO VICTORS IN LIFE.

VICTIM TO VICTOR:

VICTORY DOES NOT COME FROM BLAMING, PUNISHING, OR JUDGING ANOTHER SOUL FOR WRONGDOING. IT ARISES FROM OUR ABILITY TO HARNESS DEEP FORGIVENESS, COMPASSION, AND GROWTH FROM OUR EXPERIENCES. BY USING OUR TRAUMA TO BRING MORE AWARENESS, LOVE, AND EXPANSION INTO OUR BEING, WE PAVE THE WAY FOR OTHERS TO DO THE SAME. TAKING BACK YOUR POWER MEANS OWNING EVERY EXPERIENCE AND APPRECIATING WHAT IT HAS TAUGHT YOU, THE STRENGTH IT HAS PROVIDED, AND THE HEALING GIFTS YOU CAN NOW SHARE WITH OTHERS. ONCE WE HEAL OUR TRAUMAS, WE BECOME HEALERS. WALKING THE PATH RATHER THAN MERELY PREACHING IT. WE EMBODY THE CHANGE WE WISH TO SEE.

VICTIM TO VICTOR

TO FULLY TRANSFORM OUR PAIN, SUFFERING, AND TRAUMAS, WE MUST NOT ONLY ENGAGE IN ENERGETIC WORK BUT ALSO TAKE ACTION.

EVERY STEP, NO MATTER HOW SMALL, TOWARD BECOMING A GRANDER VERSION OF OURSELVES MAKES A DIFFERENCE. ENERGY COMBINED WITH ACTION LEADS TO MANIFESTATION.

THIS IS HOW WE CHANGE OUR REALITY AND SHIFT INTO A HIGHER STATE OF CONSCIOUSNESS.

START BY WRITING DOWN EVERYTHING YOU TAKE FULL ACCOUNTABILITY FOR IN YOUR EXPERIENCES, INCLUDING EVERYONE YOU NEED TO FORGIVE, YOURSELF INCLUDED AND ALL EXPERIENCES.

PERFORM A BURNING CEREMONY WITH THE INTENT TO DISSOLVE ALL ENERGETIC CORDS WITH THESE EVENTS.

THEN, WRITE A LOVE LETTER TO YOURSELF THAT YOU CAN READ WHEN FEELING LOW.

THE THREE GREATEST GIFTS TO HEAL THE PLANET ARE UNIVERSAL LOVE, FORGIVENESS, AND COMPASSION.
THESE POWERFUL ENERGIES CAN DISSOLVE AND TRANSCEND ANY AMOUNT OF PAIN AND SUFFERING.

Mother of all Creation

SECTION 18 PRINCIPLES

VOICES FROM PRIME SOURCE HERSELF.

THE 10 CORE UNDERSTANDINGS FOR 5D LIVING AND BEING:

WE ARE ALL ONE. WE ARE MADE FROM LOVE. LOVE IS THE ONLY ANSWER. LOVE IS THE SINGLE MOST POWERFUL TOOL IN THE UNIVERSE. LOVE IS REAL. LOVE IS GOD. GOD EQUAL WHOLE TRUTH. **GRACE AND FORGIVENESS EQUAL** PEACE. **HEAVEN IS NOW HERE.**

LOVE IS FREEDOM.

Mother of all Creation

THE TEN LOVE IN ACTION CODES:

10 INTENTIONS FOR A BETTER PLANET, WHICH IS THE FOCUS.

THE FIRST LOVE IN ACTION: SUPPORT LIFE.

I SEE LIFE IN ALL THINGS AND HONOR IT AS IF IT WERE MY OWN. I SUPPORT LIFE.
THE SECOND LOVE IN ACTION: SEEK TRUTH.

I FOLLOW MY INNER COMPASS AND I DISCARD ALL BELIEFS, ALL EGOS, ALL ILLUSIONS, AND ALL FANTASIES. I GO TO THE SOURCE. I SEEK TRUTH. THE TRUTH IS THAT LOVE IS ALL THAT EXISTS.

THE THIRD LOVE IN ACTION: SET YOUR COURSE.

I BEGIN THE CREATIVE PROCESS. I GIVE DIRECTION TO MY LIFE. I SET MY COURSE.

THE FOURTH LOVE IN ACTION: SIMPLIFY.

I LET GO SO THERE IS ALWAYS ROOM FOR SOMETHING MORE TO COME IN, AND BETTER. I INTEND THAT I AM GUIDED, GUARDED, PROTECTED, AND LINED UP WITH THE HIGHEST GOOD AT ALL TIMES. I TRUST AND REMAIN OPEN TO RECEIVE FROM BOTH EXPECTED AND UNEXPECTED SOURCES. I SIMPLIFY.

THE FIFTH LOVE IN ACTION: STAY POSITIVE.

I SEE GOOD, SAY GOOD, AND DO GOOD. I BE LOVE IN ACTION. I ACCEPT THE GIFTS FROM ALL MY EXPERIENCES. I AM LIVING IN GRACE AND GRATITUDE. I STAY POSITIVE.

THE SIXTH LOVE IN ACTION: SYNCHRONIZE.

AFTER INTENDING AND SURRENDERING, I TAKE ACTION BY FOLLOWING THE OPPORTUNITIES WHICH ARE PRESENTED TO ME. I AM IN THE ONENESS ENERGY. I AM IN THE FLOW, WHERE GREAT MYSTERY AND MIRACLES ABIDE, FULFILLING MY MISSION AND BEING WHAT I CAME HERE TO BE, LOVE EVERYWHERE PRESENT. I SYNCHRONIZE.

THE SEVENTH LOVE IN ACTION: SERVE OTHERS.

I AM LOVE IN ACTION. I ALWAYS HAVE ENOUGH TO SHARE. I AM AVAILABLE TO HELP THOSE WHO NEED IT. I SERVE OTHERS.

THE EIGHTH LOVE IN ACTION: SHINE YOUR LIGHT.

I AM A MAGNIFICENT BEING AWAKENING TO MY HIGHEST POTENTIAL. I EXPRESS MYSELF WITH JOY, SMILING EASILY AND LAUGHING OFTEN. I SHINE MY LIGHT.

THE NINTH LOVE IN ACTION: CO-CREATE.

I AM ASSISTING IN THE CO-CREATION AND MANIFESTATION OF HEAVEN ON EARTH = HEART, BY ENVISIONING THIS AND BEING IN UNITY CONSCIOUSNESS WITH OTHERS TO CO-CREATE, AND THROUGH BEING CONSCIOUS IN ACTION AND TELLING OTHERS ABOUT IT, I SHARE MY VISION IN CO-CREATION.

THE TENTH LOVE IN ACTION: SYNERGIZE.

I SEE HUMANITY AS ONE. I ENJOY GATHERING WITH LIGHT-HEARTED PEOPLE REGULARLY. WHEN WE COME TOGETHER, WE SET THE STAGE FOR GREAT ONENESS TO REVEAL ITSELF. WE SYNERGIZE.

Mother of all Creation

THE UNIVERSAL LAWS AND CORE UNDERSTANDINGS FOR THE CO-CREATION FOR THE NEW EARTH

WE SUPPORT HONESTY AND TRUTH.

WE SUPPORT MOTHER EARTH = HEART, THE DIVINE PLAN, YOUR MISSION & HEAVEN CONSCIOUSNESS.

WE SUPPORT LIVING OUR GRANDEST HAPPINESS, JOY, CREATIVITY, PEACE AND HARMONY.

WE SUPPORT WHO YOU TRULY ARE AS GODS, GODDESSES, MAGICAL CELESTIAL BEINGS.

WE SUPPORT UNCONDITIONAL LOVE, MIRACLES, AND GOD EQUAL YOU.
WE SUPPORT IMAGINATION, INSPIRATION, AND MEDITATION.
WE SUPPORT PASSION, PLAYFULNESS, AND LAUGHTER.

WE SUPPORT BEAUTY, PERFECT HEALTH, WHOLENESS OF BEING, WHOLE TRUTH, AND HEALING.

WE SUPPORT ALL OF CREATION AND SET INTENTIONS FOR THE HIGHEST GOOD.

WE SUPPORT VISION, FULL TRUST IN LOVE, AND MIRACLES.
WE SUPPORT KINDNESS AND SMILES.

WE SUPPORT ONENESS, GRANDNESS, AND LIVING IN THE MOMENT.
WE SUPPORT THE ONE RIVER OF LIFE AND ALL OF LIFE WE HONOR AND
RESPECT.

WE SUPPORT OUR GALACTIC BROTHERS AND SISTERS.
WE SUPPORT ABUNDANCE, MAGICAL SYNCHRONISTIC EVENTS,
TREASURES, AND GIFTS.

WE SUPPORT LIVING IN A STATE OF GRATITUDE
WE SUPPORT THE TRUE FREEDOM AND LIVING LIFE IN REALITY. WE ARE
ALWAYS BEING LOVE IN EVERY MOMENT, LOVE IN ACTION.
WE SUPPORT NATURE IN ALL HER BEAUTY AND WISDOM.
WE SUPPORT MANIFESTING ALL OF ONE'S DREAMS OF LOVE.
WE SUPPORT RAINBOWS IN BUILDING BRIDGES OF LOVE TO ONE

WE SUPPORT ANGELS AND ALL WHO SERVE THE HIGHEST GOOD FOR ALL OF CREATION WITH PURE, TRUE, LOVING INTENTIONS.

ANOTHER.

WE SUPPORT BECOMING THE GREATEST, GRANDEST VISION, VERSION ONE CAN BE.

SELF LOVE PRACTICES - GROUND TRUTHS INTO BEING: THE FOUR UNDERSTANDINGS

- 1. DO NOT EVER TAKE ANYTHING PERSONALLY. ACCEPT EVERYTHING AS A LESSON AND AN OPPORTUNITY FOR SOUL GROWTH. PLACE LOVE WITHIN THIS EVENT AND YOURSELF.
 - 2. DON'T GIVE UP. THE TRUE BEING WITHIN IS COMMITTED, CONSTANT, PERSISTENT, OVERFLOWING, EVER PRESENT, COMPLETE LOVE UNCONDITIONALLY.
- 3. UNDERSTAND THE LESSON OF LETTING GO. OF EVERYTHING YOU WERE TOLD FROM SOCIETY AND BECOME THE BEING WHO YOU REALLY ARE.
- 4. BALANCE. BE IN YOUR CENTRE. AND IN YOUR CENTRE, FEEL CONNECTED TO EVERYTHING, WHICH YOU ARE BY THE WAY. IT'S ALWAYS BEEN THERE. IT CANNOT GO AWAY.

IT JUST GOES DEEPER.

YOU KNOW YOU TAKE 3 STEPS TOWARD SOMETHING, AND THE FOURTH STEP IS WHAT YOU HAVE CREATED. THIS REFERS TO THE UNDERSTANDINGS. ONCE YOU ARE IN BALANCE AND HEART CENTRE, YOU ARE CONNECTED DIRECTLY WITH ALL LOVE IS. THE HIGHEST UNDERSTANDING IS THAT FROM NOW ON, ONLY THE HIGHEST EXPERIENCE IN LOVE WILL UNFOLD AND OCCUR.

AFFIRMATIONS.

I DO NOT TAKE ANYTHING PERSONALLY. I ACCEPT EVERYTHING AS A
LESSON AND AN OPPORTUNITY FOR SOUL GROWTH. I PLACE LOVE WITHIN
ALL EVENTS AND MYSELF. I DON'T GIVE UP. I AM COMMITTED, CONSTANT,
PERSISTENT, OVERFLOWING, EVER PRESENT, COMPLETE LOVE
UNCONDITIONALLY. I UNDERSTAND THE LESSON OF LETTING GO, OF
EVERYTHING I WAS TOLD FROM SOCIETY AND BECOME THE BEING WHO I
REALLY AM. I AM BALANCE. I AM IN MY HEART CENTRE. IN MY HEART
CENTRE I FEEL CONNECTED TO EVERYTHING. I AM CONNECTED DIRECTLY
WITH ALL LOVE IS AND ONLY THE HIGHEST EXPERIENCE IN LOVE WILL
UNFOLD AND OCCUR.

Mother of all Creation

SELF LOVE PRACTICES - GROUND TRUTHS INTO BEING: THE FOUR AGREEMENTS - DON MIGUEL RUEZ (PRINCIPLES FOR COMMUNICATING WITH OTHERS)

VIBRATION BECOMES MOST IMPORTANT WHEN WE LOOK AT INTENT BEHIND EVERY ACTION, WORD AND CONSUMPTION OF ANYTHING. BE CONSCIOUS OF YOUR INTENT BEFORE YOU SPEAK OR ACT, AS INTENT CAN CHANGE THE FREQUENCY OF THE EXPERIENCE. CONSCIOUSLY TRANSFORM ANYTHING AND EVERYTHING WE INTERACT WITH.

1. BE IMPECCABLE WITH YOUR WORD

SPEAK WITH INTEGRITY. SAY ONLY WHAT YOU MEAN. AVOID USING THE WORD TO SPEAK AGAINST YOURSELF OR TO GOSSIP ABOUT OTHERS. USE THE POWER OF YOUR WORD IN THE DIRECTION OF TRUTH AND LOVE.

2. DON'T TAKE ANYTHING PERSONALLY

NOTHING OTHERS DO IS BECAUSE OF YOU. WHAT OTHERS SAY AND DO IS A PROJECTION OF THEIR OWN ILLUSION, THEIR OWN FANTASY. WHEN YOU ARE IMMUNE TO THE OPINIONS AND ACTIONS OF OTHERS, YOU WON'T BE THE VICTIM OF NEEDLESS SUFFERING.

3. DON'T MAKE ASSUMPTIONS

FIND THE COURAGE TO ASK QUESTIONS AND TO EXPRESS WHAT YOU REALLY WANT.

COMMUNICATE WITH OTHERS AS CLEARLY AS YOU CAN TO AVOID

MISUNDERSTANDINGS, SADNESS AND DRAMA. WITH THIS AGREEMENT YOU CAN

COMPLETELY TRANSFORM YOUR LIFE.

4. ALWAYS DO YOUR BEST

YOUR BEST IS GOING TO CHANGE FROM MOMENT TO MOMENT. IT WILL BE DIFFERENT TO WHEN YOU ARE HEALTHILY AS OPPOSED TO SICK. UNDER ANY CIRCUMSTANCE, SIMPLY DO YOUR BEST, BE YOUR BEST AND YOU WILL AVOID SELF-JUDGEMENT, SELF-ABUSE AND REGRET.

AFFIRMATIONS - SAY OUT LOUD

I AM IMPECCABLE WITH MY WORD, I SPEAK WITH INTEGRITY, I SAY ONLY WHAT I MEAN. I AVOID USING THE WORD TO SPEAK AGAINST MYSELF OR TO GOSSIP ABOUT OTHERS. I USE THE POWER OF MY WORD IN THE DIRECTION OF TRUTH AND LOVE. I DON'T TAKE ANYTHING PERSONALLY. WHAT OTHERS SAY AND DO IS A PROJECTION OF THEIR OWN ILLUSION, THEIR OWN FANTASY. I AM NON-ATTACHED TO THE OPINIONS AND ACTIONS OF OTHERS. I DON'T MAKE ASSUMPTIONS. I AM COURAGEOUS TO ASK QUESTIONS AND EXPRESS WHAT I REALLY WANT. I COMMUNICATE WITH OTHERS CLEARLY TO AVOID MISUNDERSTANDINGS,

SADNESS AND DRAMA. I ALWAYS DO MY BEST.

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BREAKDOWN = BREAKTHROUGH. RECOMMENDATIONS AS THE RELEASE OF OLD PROGRAMMING IS COMING UP TO SURFACE

ALL OF YOU ARE MOVING INTO HIGHER VIBRATIONS. THIS TAKES A BREAKDOWN, AND THEN A BREAKTHROUGH. WHENEVER YOU FEEL A BREAKDOWN OCCURRING, BLESS THIS EXPERIENCE, AND KNOW THAT YOU ARE PREPARING FOR A BREAKTHROUGH. THIS IS THE SAME AS "WHEN ONE DOOR CLOSES, ANOTHER DOOR OPENS", INTO GRANDER POSSIBILITIES AND EXPERIENCES FOR YOU. THE BREAKDOWN MAY NOT FEEL GOOD AT FIRST, BUT JUST KNOW THAT IT'S REQUIRED FOR YOU TO MOVE INTO HIGHER AND HIGHER VIBRATING ENERGIES. THE BREAKDOWN IS LETTING GO! IT'S LIKE BREAKING DOWN THE WALLS OF ISOLATION AND SEPARATION. THEN YOU ARE ABLE TO MOVE INTO ONENESS. THE PLANET IS ONENESS WITH THE ALL= EARTH = HEART = LOVE EVERYWHERE PRESENT.

THE FOLLOWING ARE RECOMMENDATIONS AS THE RELEASE OF ALL THE OLD PROGRAMMING IS COMING UP TO THE SURFACE FOR MANY. MAKE SURE YOU BREATHE, BE PATIENT WITH YOURSELF AND WITH OTHERS. STAY FOCUSED IN THE PRESENT MOMENT. THIS IS GOING TO BE UNCOMFORTABLE FOR SOME AS THIS CLEARING TAKES PLACE. LET US LOVE EACH OTHER AND SUPPORT ONE ANOTHER.

BREAKDOWN = BREAKTHROUGH. COMMUNICATION = PROGRESS.

WITH GREAT UNDERSTANDING = OVERFLOWING = GRANDER RESPONSIBILITY.
IN THE FIELD OF NOW = FOREVER WE WILL MEET YOU THERE.

YOU WILL NOT TAKE THINGS PERSONALLY. YOU WILL BE GENTLE WITH YOURSELVES AND EACH OTHER. YOU WILL NOT FEED INTO FEARS, DOUBT, WORRY, RESENTMENT OR NEGATIVITY. YOU WILL ASK FOR HELP. YOU WILL REINVENT YOURSELVES DAILY TO ADJUST INTO COMPLETE ALIGNMENT WITH YOUR PURPOSE FOR THE HIGHEST GOOD AT ALL MOMENTS.

YOU WILL DISCUSS YOUR FEELINGS INSTEAD OF "EVENTS". WHEN REQUIRED, YOU WILL ASK THESE 3 QUESTIONS: 1. WHAT ARE YOU DOING? 2. IS IT WORKING FOR YOU. 3. IF NOT WHAT IS THE NEW PLAN?

WILLINGNESS = PROGRESS.

YOU WILL HEAR THE OTHER PERSON AND RESPECT THEIR PERCEPTION. HOWEVER, YOU WILL TELL THE TRUTH, BECAUSE LOVE ALWAYS CALLS A SPADE A SPADE. REAL LOVE DOES ANYWAY. YOU WILL NURTURE EACH OTHER AND PLAY WELL TOGETHER. YOU ARE MAKING A CONSCIOUS DECISION TO BE ONE WITH CREATION.

THROUGH THIS YOU ARE COMMITTED TO THE TEN LOVE IN ACTION CODES, HEART MEDITATION, PERSONAL STATEMENTS OF GRATITUDE AND INTENSIONS ON BUILDING A BETTER PLANET. BRINGING THE VISION INTO EXISTENCE. JOIN US, AS WE ARE ALL EMBARKING NOW ON THE NEW VISION OF HEAVEN ON EARTH, EFFORTLESSLY, THROUGH UN-CONDITIONAL LOVE AND TRUE COMPASSION.

YOUR PURPOSE IS TO SERVE LOVE FOR THE HIGHEST GOOD AT ALL TIMES, AND ARE COMMITTED TO YOUR OWN SPIRITUAL GROWTH. AT THE SAME TIME, EACH OTHER'S INDIVIDUAL SPIRITUAL GROWTH. YOU WILL JOIN TOGETHER AS ONE WITH SOURCE, IN ONE SHARED PURPOSE, WHICH IS TO CREATE A "REAL" LOVE STORY, THAT WILL SET THE EXAMPLE OF TRUE UN-CONDITIONAL LOVE, PEACE, LAUGHTER, PLAYFULNESS, JOY AND HARMONY AS BEING. SETTING THE EXAMPLE AS LIGHTWORKERS, OUR UN-CONDITIONAL LOVE FOR EACH OTHER WILL GROW, PRODUCING GRAND MANIFESTATIONS OF OUR HIGHEST VISIONS AND GRAND REALISATIONS OF "WHO YOU TRULY ARE" GOD, IN THIS NOW EXPANDED CONSCIOUSNESS WHERE ONLY LOVE IS.

YOU WILL BE ASSISTING IN THE CLEAN UP AND RESTORATION OF PLANET EARTH = HEART. AS WE GROW TOGETHER, THE UNIVERSE WILL RESPOND, BLOSSOMING US INTO A BEAUTIFUL GLOWING FLOWER, FIBONACCI, BLUE STAR NATION.

Mother of all Creation

SELF LOVE PRACTICES - GROUND TRUTHS INTO BEING: BREAKDOWN = BREAKTHROUGH

READ OUT LOUD WITH FULL HEART INTENT AND FEELING.
I AM CONSCIOUSLY BREATHING. I AM PATIENT WITH MYSELF AND WITH OTHERS.
I AM BEING IN THE PRESENT MOMENT.

I WILL NOT TAKE THINGS PERSONALLY. I AM GENTLE WITH MYSELF AND OTHERS.
I WILL NOT FEED INTO FEARS, DOUBTS, WORRY, RESENTMENT OR NEGATIVITY.
I WILL ASK FOR HELP. I WILL REINVENT MYSELF DAILY TO ADJUST INTO COMPLETE ALIGNMENT WITH MY PURPOSE FOR THE HIGHEST GOOD OF ALL IN ALL MOMENTS.
I WILL DISCUSS MY FEELINGS INSTEAD OF EVENTS.

WHEN REQUIRED, I WILL ASK MYSELF: WHAT AM I DOING? IS IT WORKING FOR ME? IF NOT, WHAT IS THE NEW PLAN?

I WILL HEAR THE OTHER PERSON AND RESPECT THEIR PERCEPTION. I WILL TELL THE TRUTH, BECAUSE LOVE CALLS A SPACE A SPADE. I AM MAKING CONSCIOUS DECISION TO BE ONE WITH ALL OF CREATION. I AM COMMITTED TO THE TEN LOVE IN ACTION CODES, HEART MEDITATION AND PERSONAL STATEMENTS OF GRATITUDE. MY INTENTION IS BUILDING A BETTER PLANET AND BRINGING THE VISION INTO EXISTENCE THROUGH UNCONDITIONAL LOVE AND TRUE COMPASSION.

I RELEASE ALL THAT IS NOT LOVE AND EMBRACE ALL THAT IS. I AM HERE TO SERVE LOVE EVERYWHERE PRESENT, IN ALL MOMENTS AND SO IT IS. I AM IN JOY IN THE NO MATTER WHAT. I AM AN EXAMPLE OF LOVE AND TRUTH.

MY PURPOSE IS TO SERVE LOVE FOR THE HIGHEST GOOD AT ALL TIMES AND I AM COMMITTED TO MY OWN SPIRITUAL GROWTH AND AT THE SAME TIME EACH OTHER'S INDIVIDUAL SPIRITUAL GROWTH. I JOIN TOGETHER AS ONE WITH SOURCE IN ONE SHARED PURPOSE WHICH IS TO CREATE A "REAL" LOVE STORY, THAT WILL SET THE EXAMPLE OF TRUE UN-CONDITIONAL LOVE, PEACE, LAUGHTER, PLAYFULNESS, JOY AND HARMONY. I AM BEING AND SETTING THE EXAMPLE AS A LIGHTWORKER. MY UN-CONDITIONAL LOVE FOR ALL WILL GROW, PRODUCING GRAND MANIFESTATIONS OF MY HIGHEST VISIONS AND GRAND REALIZATIONS OF "WHO I TRULY AM" - GOD, IN THIS NOW EXPANDED CONSCIOUSNESS WHERE ONLY LOVE IS. I AM ASSISTING IN THE CLEAN UP AND RESTORATION OF THE PLANET EARTH=HEART, AS WE GROW TOGETHER THE UNIVERSE WILL RESPOND BLOSSOMING US INTO A BEAUTIFUL GLOWING FLOWER, BLUE STAR NATION.

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ADDICTIONS

ADDICTION IS RELATED TO THE EGO
PROGRAMMING OF SEARCHING FOR SOMETHING
OUTSIDE OF OURSELVES.

ADDICTION CAN TAKE MANY FORMS, INCLUDING SUBSTANCE USE (TOBACCO, ALCOHOL, DRUGS, SUGAR ETC), RELATIONSHIPS, MATERIALISM AND TECHNOLOGY.

THE UNDERLYING ENERGY OF ADDICTION SHOULD BE IDENTIFIED AND CORDS WITH ATTACHMENTS TO ADDICTIVE BEHAVIOURS SHOULD BE CUT IN ORDER TO TRANSFORM THE ENERGETIC PATTERNS THAT LEAD TO ADDICTION.

USING DISCIPLINES SUCH AS GROUNDING, BREATHING, JOURNALING, AND PLAYING MUSIC AS TOOLS TO ADDRESS ADDICTION.

SELF-LOVE AND INNER CHILD HEALING ARE FOUNDATIONAL STEPS IN ADDRESSING ADDICTION.

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FROM CONFLICT TO INNER PEACE -1

LEARN TO PROCESS AND TRANSFORM LOWER EMOTIONAL STATES,
RESOLVING BOTH INNER AND OUTER CONFLICTS. UTILIZE TOOLS FOR
EMOTIONAL PROCESSING, TAKE ACCOUNTABILITY, AND TURN ALL
CONFLICTS INTO PEACE.

- ACKNOWLEDGE: RECOGNIZE THE DIFFERENT ASPECTS OF YOURSELF THAT ARE SEEKING LOVE, ACCEPTANCE, AND HARMONY.
- DISCERN EGO VS. SOUL: DETERMINE IF THERE IS A CONFLICT BETWEEN EGO-DRIVEN WANTS, NEEDS, OR DESIRES AND THE SOUL'S INTENTIONS.
- BALANCE MASCULINE AND FEMININE: IDENTIFY IF THERE IS AN INNER CONFLICT BETWEEN THE MASCULINE DRIVE TO DO AND THE FEMININE DESIRE TO BE.
- ACCOUNTABILITY VS. BLAME: RECOGNIZE IF A LACK OF ACCOUNTABILITY OR BLAME AND PROJECTION IS OCCURRING DUE TO UNRESOLVED WOUNDS.
- THOUGHTS VS. FEELINGS: NOTICE ANY CONFLICT BETWEEN WHAT YOU ARE FEELING.
- PERSONALITY VS. HEART: ASSESS IF YOUR PERSONALITY AND HABITUAL PATTERNS ARE IN CONFLICT WITH WHAT YOUR HEART IS CALLING YOU TO DO AND EXPRESS.
- ACCEPTANCE VS. JUDGMENT: IDENTIFY ANY CONFLICTS BETWEEN
 PARTS OF YOURSELF SEEKING ACCEPTANCE, HEALING, AND
 INTEGRATION, AND EXTERNAL BELIEF SYSTEMS OR JUDGMENTS.

ONCE YOU HAVE DISCERNED THESE CONFLICTS, USE TOOLS AND TECHNIQUES TO DISSOLVE CONFLICTING ENERGIES AND DISTORTIONS BEFORE SEEKING HARMONIZATION AND RESOLUTION WITH OTHERS.

Mother of all Creation

FROM CONFLICT TO INNER PEACE - 2

ONCE YOU HAVE DISCERNED THESE CONFLICTS, USE TOOLS AND TECHNIQUES TO DISSOLVE CONFLICTING ENERGIES AND DISTORTIONS BEFORE SEEKING HARMONIZATION AND RESOLUTION WITH OTHERS.

TOOLS AND TECHNIQUES FOR RESOLVING INNER CONFLICTS:

- TAKE FULL ACCOUNTABILITY: OWN YOUR THOUGHTS, EMOTIONS, REACTIONS, BLAME, AND PROJECTIONS.
- CUT ENERGETIC CORDS: RELEASE ATTACHMENTS TO EGO-DRIVEN THOUGHTS, WANTS, NEEDS, AND DESIRES, AND REATTACH CORDS TO UNCONDITIONAL LOVE.
- CLEAR YOUR ENERGY: USE BREATHWORK AND GROUNDING TO CENTRE YOURSELF IN YOUR HEART.
- PRACTICE FORGIVENESS: FORGIVE YOURSELF AND OTHERS FOR ALL EXPERIENCES.
- SEEK HIGHER GUIDANCE: CONNECT WITH YOUR HIGHER SELF TO ASK FOR GUIDANCE ON ACHIEVING THE BEST AND HIGHEST OUTCOME FOR ALL INVOLVED IN ANY EXTERNAL CONFLICT.

PEACE NATURALLY ARISES FROM DISSOLVING ALL INNER CONFLICTS WITH YOURSELF AND THE EXTERNAL WORLD.

TAKING ACCOUNTABILITY FOR OWN INNER PEACE = GREATER
ABILITY TO DISSOLVE ALL INTERNAL CONFLICTS.
TO ANCHOR IN PEACE, PRACTICE SELF-LOVE, LEARN TO RECOGNIZE
STATES OF INNER CONFLICT, AND WORK TO HEAL AND HARMONIZE
THEM. FOCUS ON YOUR BREATH TO EMBED THE VIBRATION OF

LEADS TO GREATER PEACE ON THE PLANET.

PEACE WITHIN YOUR BODY AND CELLS. GREATER INNER PEACE

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WHAT DOES BEING PURE MEAN TO YOUR BODY HOLOGRAM OF ENERGY?

IN LOVE, THERE ARE NO RULES OR BELIEFS. IN TRUTH BEING PURE MEANS BEING THE LOVE YOU ARE IN EVERY MOMENT, BEING IN THE PRESENT MOMENT OF NOW, OUT OF THE PROGRAM. THIS IS BEING IN SPIRIT, LOVE BEING CREATION.

LOVE = THE REAL YOU, IS BEING THE UNIQUE GOD SPARK EXPRESSION, THAT IS EQUAL TO THE ALL, AND IS NOT THE SAME AS ANYONE OR ANYTHING ELSE. THIS IS EACH ATOMS UNIQUENESS. YOU ARE ATOMS OF ENERGY, ALL MADE OF LOVE, WHICH MEANS YOU ARE ONE WITH EVERYTHING, UNIQUELY SO. LOVE IS THE LOVE CALLED GOD EVERYWHERE PRESENT. THIS MEANS THAT THIS ENERGY IS VIBRATING THROUGH EVERY ATOM IN YOUR BODY HOLOGRAM.

YOUR BODY HOLOGRAM IS IN TRUTH MADE OF ATOMS OF ENERGY, THAT ARE PURE CONSCIOUSNESS ENERGY, CREATION. YOUR BODY HOLOGRAM EXISTS IN THIS PURE CONSCIOUSNESS ENERGY.

TO CONNECT INTO THIS, YOU HAVE TO BE PRESENT IN THE MOMENT OF NOW.

CREATION ONLY EXISTS IN THE PRESENT MOMENT OF NOW. THIS IS YOUR CONNECTION INTO SOURCE. SOURCE ENERGY IS ETERNAL, OVERFLOWING, ABUNDANT, FOREVER AND EVER, THIS IS THE CONNECTION INTO THE ONE. THIS EXPERIENCE BEGINS WHEN YOU LET GO OF ILLUSION AND CONNECT INTO WHO YOU TRULY ARE, WHICH IS PURE JOY.

YOUR HIGHER SELVES ARE ALWAYS PRESENT IN THE MOMENT OF NOW, WHETHER YOU ARE OR NOT. THIS IS WHY WE SHARED WITH YOU, THAT IF YOU ARE NOT PRESENT, YOU ARE MISSING IT ALL. CREATION IS ALWAYS CREATING, CONTINUALLY IN A FORWARD MOVEMENT, WHICH IS ALWAYS AND FOREVER EXPANDING.

CREATION OCCURS WITH OR WITHOUT YOUR AWARENESS OR PERMISSION.

THERE IS NOWHERE TO GO BACK TO IN TRUE REALITY AND CREATION.

LOVE IS AN EXPANDING EXPANSION, CONSISTENTLY, WHICH IS ALWAYS GRANDER

AND GRANDER. THIS IS CREATION.

Mother of all Creation

FACING YOUR MIRROR - YOUR TRUE FREEDOM - 1

WHEN YOU ARE WRITING OR SPEAKING TO SOMEONE, LOOK AT YOUR WORDS CAREFULLY. WHAT YOU TRY AND EXPLAIN TO SOMEONE IS USUALLY WHAT YOU YOURSELF NEED TO UNDERSTAND. PEOPLE TEND TO PROJECT THEIR FEARS, DOUBTS, ILLUSIONS AND EMOTIONS ONTO OTHER PEOPLE BECAUSE THEY DON'T WANT TO HAVE TO FACE THEM. THEY USE OTHERS AS A MIRROR IN ORDER TO SEE WHAT THEY NEED TO FACE WITHIN THEMSELVES.

THE EMOTIONS THAT YOU MUST FACE TEND TO COME UP OVER AND OVER AGAIN REPEATING THEMSELVES UNTIL YOU ARE ABLE TO RECOGNIZE THEM, UNDERSTAND THEM AND THEN LET THEM GO. WHEN YOU PUSH THOSE FEELINGS AWAY WITHOUT FACING THEM, YOU PROJECT THEM ONTO OTHER PEOPLE.

THIS IS WHY CERTAIN THINGS REPEAT THEMSELVES WITHIN YOUR LIFE. WHEN YOU AVOID SOMETHING, YOU STILL CARRY IT WITH YOU AS AN ATTACHMENT, UNTIL YOU TAKE THE TIME TO GO THROUGH IT. WHEN YOU FACE THAT ATTACHMENT AND UNDERSTAND THAT IT'S AN ILLUSION, THAT THERE IS NOTHING TO ATTACH YOURSELF TO, IT'S SIMPLE TO LET GO.

WHEN YOU FIND YOURSELF ATTACKING ANOTHER WITH WORDS AND THOUGHTS, ASK YOURSELF WHY. BREAK IT DOWN SO THAT YOU ARE ABLE TO GO THROUGH IT. ONCE YOU GO THROUGH THOSE ISSUES YOU REALIZE IT'S ALREADY GONE.

THE PAST IS GONE AND THERE IS NOTHING LEFT TO HOLD ONTO. LETTING GO OF THE ATTACHMENTS IS FREEING. YOU ARE FREE FROM THE ILLUSION THAT YOU HAD ATTACHED YOURSELF TO AND WERE TRYING TO HOLD ONTO. YOU MIGHT NOT HAVE EVEN REALISED IT WAS THERE, BECAUSE YOU WOULD CONTINUE TO PUSH IT AWAY WITHOUT ACKNOWLEDGING IT, AND PUSHED IT FARTHER AND FARTHER AWAY INTO YOUR SUBCONSCIOUS MIND.

WHEN YOU LASH OUT AT ANOTHER, IT'S YOUR EGO POPPING UP AND REACTING TO THE SITUATION. WHEN SOMETHING YOU SEE OR HEAR GOES AGAINST WHAT YOU "BELIEVE", YOU BECOME UPSET BECAUSE YOU ARE HOLDING ON. YOU FEEL LIKE YOU HAVE TO CLING TO THOSE BELIEFS AND JUSTIFY THAT YOU ARE CORRECT BY REACTING TO A TRUTH THAT GOES AGAINST YOUR BELIEFS. EGO DOES NOT WANT TO HEAR IT. EGO WANTS TO THINK THAT IT HAS ALL THE ANSWERS AND IS ALWAYS CORRECT. THE EGO NEEDS TO BE TAKEN OUT OF THE PICTURE. BREAK IT DOWN AND LET IT DIE, FOR IT IS NOT SERVING ANY PURPOSE. TRUE SPIRITUAL GROWTH OCCURS WHEN YOU BREAK DOWN PAST "BELIEFS" AND LET GO OF THEM.

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FACING YOUR MIRROR - YOUR TRUE FREEDOM - 2

A NEW FOUNDATION IS THEN BUILT WITHIN THE REALITY OF UNIVERSAL TRUTH.

TRUTH BUILT UPON EGO IS ON A FOUNDATION OF ILLUSION. IT WILL COME

CRASHING DOWN AT ANY MOMENT. ILLUSION IS NON-EXISTENT, SO WHY NOT TEAR

DOWN THE SHAKY FOUNDATION AND REBUILD UPON SOMETHING THAT IS SOLID.

WOULD YOU RATHER BE THE PERSON WHOM BUILDS THEIR HOUSE UPON THE SAND

AND HAVE IT WASHED AWAY, OR WOULD YOU RATHER BUILD IT UPON THE SOLID

ROCK OF REALITY AND HAVE IT LAST?

TRUTH IS FELT WITHIN EVERY ATOM OF YOUR BEING. IT'S NOT READ IN BOOKS, (EVEN THOUGH SOME CLAIM THAT IT IS) FOR EACH EXPERIENCE OF TRUTH IS AS UNIQUE AS YOU ARE. REAL TRUTH IS EXPERIENCED THROUGH THE FEELING OF UNITY WITH ALL OF CREATION. OUR MESSAGES ARE MEANT TO ALLOW YOU TO REACH AN OH MY GOD EXPERIENCE, WHERE YOU OPEN UP AND FEEL THAT TRUTH WITHIN FOR YOURSELF. IT'S DIVINE GNOSIS, UNDERSTANDING THROUGH FEELING AND EXPERIENCE.

WE WANT YOU TO OPEN UP AND EMBRACE THE TRUTH IN YOURSELF WITH CLEAR UNDERSTANDING. WE ARE STRIVING TO GIVE YOU SOME TRUTH AND WAYS TO EMBRACE YOUR OWN TRUE BEING WITH THE TRUTH AND LOVE THAT YOU ARE.

WE ARE ATTEMPTING TO HELP POINT OUT YOUR EGO TO YOU SO YOU CAN DISMISS IT AND BE FREE FROM THE ILLUSION IT HAD CREATED. WE WANT YOU TO AWAKEN TO THE DIVINE BRILLIANCE THAT YOU ARE, AS THIS CONTRIBUTES TO THE ALL, WHICH IS THE DIVINE PLAN! WITHIN THE PRESENT MOMENT OF NOW YOU ARE THAT UNIQUE SPARK OF LOVE.

OPEN UP AND EMBRACE THE BEAUTY AND LOVE THAT YOU ARE WITH OPEN ARMS. ALLOW YOUR HEART TO OVERFLOW WITH THE LOVE THAT IS EVERYTHING. FACE YOUR EGO AND YOUR ILLUSIONS HEAD ON, RAMMING THEM WITH YOUR HORNS LIKE A BULL, CHARGE RIGHT THROUGH THEM, INSTEAD OF TURNING TAIL AND RUNNING WITH EGO PULLING ON YOUR LEASH. LOOK AT THEM WITHIN YOURSELF OR WITHIN THE MIRROR OF ANOTHER AND WATCH AS THEY DISAPPEAR.

FOR WHAT YOU RESIST, PERSISTS. AND WHAT YOU LOOK AT DISAPPEARS. SMILE AS YOU FEEL LIGHTER AFTER YOU LET IT GO. FEEL, AND JUST BE THE LOVE YOU ARE, EVERYWHERE PRESENT AND EQUAL TO EVERYTHING! THIS IS YOUR TRUE FREEDOM!

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SOVEREIGN BEING DECREES

EVERY BEING IS A SOVEREIGN BEING.
A SOVEREIGN BEING ABIDES BY UNIVERSAL LAW + ALL DIVINE DECREES.

A SOVEREIGN BEING FOLLOWS THEIR GUIDANCE AND THEIR HEART.
A SOVEREIGN BEING HAS RESPECT FOR ALL OTHERS AND THEIR
UNIQUE PATH.

A SOVEREIGN BEING EMBRACES, ACCEPTS AND ALLOWS, AND DOES NOT INTERFERE WITH OTHERS.

A SOVEREIGN BEING SEEKS TO BE IN SERVICE TO LOVE IN ALL MOMENTS.

A SOVEREIGN BEING LEADS BY EXAMPLE, NOT BY WORDS.

A SOVEREIGN BEING IS BOTH PASSIONATE AND COMPASSIONATE.

A SOVEREIGN BEING TRUSTS IN THE DIVINE PLAN.

A SOVEREIGN BEING DOES WHAT IS BEST AND HIGHEST FOR ALL.
A SOVEREIGN BEING IS CONSIDERATE OF THEIR COMMUNITY.
A SOVEREIGN BEING RESPECTS ALL OF LIFE AND MOTHER EARTH.

A SOVEREIGN BEING IS EMPOWERED.

A SOVEREIGN BEING SEEKS JOY FOR THE WHOLE.

A SOVEREIGN BEING SURRENDERS TO THE DIVINE FLOW.

A SOVEREIGN BEING CHOOSES LOVE OVER FEAR.

A SOVEREIGN BEING ACTS AND SPEAKS WITH INTEGRITY.

A SOVEREIGN BEING TAKES ACCOUNTABILITY FOR THE WHOLE.

A SOVEREIGN BEING ALWAYS SEEKS TO GROW AND EXPAND.

A SOVEREIGN BEING TREATS EVERY BEING AS SACRED.

A SOVEREIGN BEING TAKES NOTHING PERSONAL.

A SOVEREIGN BEING IS A GIVER.

A SOVEREIGN BEING SPEAKS TRUTH NO MATTER WHAT.

A SOVEREIGN BEING CHOOSES PEACE AND UNDERSTANDING.

A SOVEREIGN BEING IS A MASTER OF THEIR OWN ENERGY.

A SOVEREIGN BEING IS IN THE PRESENT MOMENT OF NOW.

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SECTION 19: HIGH VIBRATIONAL DEFINITIONS

THE ASCENSION PROCESS 101

BEING PRESENT.

YOU ARE ALREADY THERE - ENJOY.

CHOOSE LOVE IN EVERY MOMENT THEN LOVE BECOMES THE ONLY REALITY AND EXPERIENCE.

YOU ARE MADE OF LOVE.

VOICES FROM PRIME SOURCE HERSELF.

Mother of all Creation

RE-EDUCATING HUMANITY OF TRUE INFORMATION

THIS INFORMATION THAT WAS NOT ALLOWED INTO ANY OF YOUR SCHOOL SYSTEMS.

IT'S CALLED CONSCIOUS PHYSICS 101.

CREATION IS BASED ON CONSCIOUS PHYSICS AND WE WILL START WITH THE BASICS.

YOU = YOU, ALL OF YOU = ALL OF US, COMPLETELY AND TOTALLY AND WE ARE ALL ONE.

DEFINITIONS TO ASSIST YOU IN THE HIGHER VIBRATIONAL FREQUENCIES, WHICH ARE HIGHER UNDERSTANDINGS OF LOVE AND TRUTH.

THE MORE YOU UNDERSTAND THE TRUTH, THE HIGHER TRUTH TAKES YOU IN VIBRATIONAL FREQUENCIES.

WHAT DOES IT MEAN THAT THE LIGHT HAS WON?

THIS MEANS THAT THE INEVITABLE EVENT OF CREATION HAS CLOSED A BOOK CALLED DUALITY, AND A NEW BOOK IS BEING OPENED.

A NEW ETERNITY AND BEGINNING, AND ONLY THOSE WHO ARE ETERNAL GODS CAN OPEN THIS DOOR. ONLY ETERNAL ONES, AND NOT IMMORTAL ONES, CAN BE IN ALL ETERNITIES, BECAUSE THEY ARE GOD.

HUMANITY IS GOD, THEREFORE HUMANITY IS ETERNAL.

THIS HAS BEEN THE HIDDEN SECRET THAT HAS BEEN KEPT TO KEEP THE ILLUSION GOING FOR THE IMMORTALS, BECAUSE THEY SIMPLY DO NOT MAKE IT THROUGH TO THE NEW ETERNITY.

ONLY ETERNAL BEINGS CAN, AND ALL OF YOU ARE ETERNAL BEINGS.

IT IS YOU WHO ARE GOD. ONLY GODS CAN OPEN THE DOOR IN CREATION SO THAT GRANDER CAN APPEAR.

BEING IMMORTAL IS LIKE FAKING IT THAT YOU ARE GOD SOURCE, AND ATTEMPTING TO DUPLICATE IT WHEN IT'S ALREADY HERE.

A NEW ETERNITY HAS BEGUN, AND EACH OF YOU HAVE TO OPEN AND WALK THROUGH THE DOOR. REMEMBER YOU ARE ETERNAL.

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AWARENESS - CONSCIOUS, SENSIBLE, ALIVE, AWAKE, ALERT, OBSERVANT. EXAMPLE - TO AWAKEN IT TAKES AWARENESS. THE AWARENESS TRANSFORMS INTO BEING PRESENT IN THE MOMENT OF NOW, CONSISTENTLY.

ACTION - THE ONLY TRUE ACTION IS THAT OF LOVE IN ACTION. THIS REQUIRES THAT YOU ARE CHOOSING LOVE IN EVERY MOMENT. THIS ENERGY OF LOVE IN ACTION, PRODUCES MORE ENERGY OF LOVE, WHICH IS THE REAL ENERGY.

ATTACHMENT - THE CONDITION OF BEING ATTACHED TO SOMETHING OUTSIDE OR EXTERNAL. EXAMPLE - IF YOU ARE IN ILLUSION, YOU HAVE ATTACHMENTS TO THE OUTSIDE. IN ORDER TO CONNECT WITHIN, "YOU MUST LET GO OF ALL ATTACHMENTS TO THE OUTSIDE WORLD."

ATTRACT - TO CAUSE TO DRAW NEAR, TO DRAW TO ONESELF, MAGNETIC, TO DRAW NEAR TO ONESELF THROUGH ACTION. EXAMPLE- TO ATTRACT YOUR DESTINIES TO YOU, YOU MUST SHINE YOUR LIGHT, BE THE CHANGE, BE THE LOVE YOU ARE. THE ONENESS ENERGY IS LIKE A MAGNET, AND IS CALLING YOU HOME, BACK INTO THE LIGHT, THROUGH YOUR HEART. FOLLOW THE SIGNS.

BALANCE - TO MAINTAIN A STATE OF EQUILIBRIUM, TO BE EQUAL, TO MAINTAIN HARMONY PERFECTLY.

BELIEFS - THE MENTAL ACT OF THINKING SOMETHING IS TRUE. MENTAL ACCEPTANCE, OPINION. EXAMPLE - WHAT KEEPS MANY OF YOU FROM MOVING FORWARD ALONG YOUR AWAKENING PATH ARE YOUR TAUGHT BELIEFS. LET GO OF EVERYTHING THAT WAS EVER TAUGHT TO YOU, BECAUSE LOVE HAS NO BELIEFS OR RULES.

BIRTH RIGHT - YOUR DIVINE HERITAGE. BIRTH RIGHT IS EQUALITY, ABUNDANCE, FREEDOM, LOVE, AND ONE WITH ALL.

BRILLIANCE - EXTREME BRIGHTNESS, EXCEPTIONAL, CLARITY. YOU ARE THE BRILLIANCE THAT MAKE YOU UP, WHICH IS EQUAL TO THE HIGHEST LOVE. THE MOMENT HAS COME FOR YOU TO SHINE YOUR LIGHT.

BRILLIANT - FULL OF LIGHT, SHINING, SHARP AND CLEAR, SUPERB, EXCELLENT, GLORIOUS AND WONDERFUL. EXAMPLE - IN TRUTH EACH BEING ON THIS PLANET IS A BRILLIANT SPARK OF LOVE = GOD.

COMPASSION - THE DEEP FEELING OF SHARING THE UNDERSTANDING OF SUFFERING, AND TO THEN GIVE AID AND SUPPORT, TO SHOW MERCY.

COMMITMENT - TO BE TRUE TO ONESELF, MEANS YOU ARE COMMITTED TO THE LOVE YOU ARE, CONNECTED TO ALL LOVE IS.

CLEAR - YOU MUST CLEAR AWAY ALL DARKNESS, WHICH IS THE PROGRAM. IN ORDER TO ASCEND, YOU MUST BE COMPLETELY CLEAR, CRYSTAL LIKE. NO ONE CAN ACCOMPLISH THIS FOR YOU, BUT YOU.

CONSISTENTLY - ALWAYS CONSISTENTLY SERVING LOVE NO MATTER WHAT.

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CONFIDENCE - TRUST IN SELF OR ANOTHER. A FEELING OF ASSURANCE, CERTAINTY, CONFIDENT, HAVING CONFIDENCE IN ONESELF, SELF-ASSURED, TRUSTFUL.

CO-OPERATION - AN ACT OF CO-OPERATING, AN ASSOCIATION OF PERSONS FOR MUTUAL BENEFIT. EXAMPLE - IN THE NEW EARTH ENERGY OF BALANCED HARMONICS ALL OF HUMANITY WILL EXIST IN TRUE EQUALITY AND COOPERATION.

COMPLETELY - WHOLE, HAVING ALL PARTS WORKING IN COOPERATION. HAVING ALL NECESSARY PARTS. EXAMPLE - WE ARE COMPLETELY SURE OF THE HIGHEST TRUTHS WE SHARE WITH ALL OF YOU, COMPLETELY SHARING THE WHOLE TRUTH, AND NOTHING BUT THE TRUTH SO HELP US GOD. IT IS YOUR AWAKENING MOMENTS, YOUR GRADUATION INTO TRUE REALITY.

DEEPER - THE DEEPER YOU GO WITHIN, THE MORE YOU WILL ALWAYS FIND. LOVE COMES FROM WITHIN AND THE WITHIN, THE CENTRE OF LOVE, BECOMES THE REFLECTION FROM THE INSIDE OF THE CENTRE, TO THE OUTSIDE. LOVE IS A DEEP UNDERSTANDING, THAT IS YOU.

DEED- AN ACT OR ACTION DONE, LOVE IN ACTION.

DIVINE - SACRED, HOLY, GOD, GOD LIKE, SUPREMELY GOOD, HEAVENLY PERFECT, SUPER HUMAN, MAGNIFICENT. EXAMPLE - IN TRUTH YOU ARE EACH DIVINE, SACRED BEINGS. HOWEVER, EACH OF YOU MUST REMEMBER THIS ON YOUR OWN. YOUR DIVINITY IS WHAT YOU ARE RECONNECTING INTO, WHICH IS ALSO YOUR HIGHER SELF, TRUE SELF.

DUTY - THAT YOU CAN AWAKEN FROM OUT OF THE DREAM OF ISOLATION AND SEPARATION.

DREAM - IN THE ILLUSION, YOU HAVE BEEN IN A DREAM, THAT YOU THOUGHT WAS REAL. YOU ARE NOW AWAKENING FROM THIS DREAM TO EXPERIENCE THE TRUTH OF WHO YOU TRULY ARE, AND TO RETURN HOME, INTO THE UPPER REALMS WERE ONLY JOY AND LOVE EXIST.

DISTORT - ALL ILLUSION IS JUST THE DISTORTED ENERGY FROM THE FIRST ORIGINAL THOUGHT OF LOVE. WE ARE HEALING THESE DISTORTIONS, FOR THE ORIGINAL THOUGHT OF LOVE HEALS ALL ILLUSIONS AND DISTORTIONS.

DISTRIBUTE - TO DELIVER, OR PASS OUT TO ALL, EQUALLY. EXAMPLE - AS SOON AS THE FLOW COMES, WE WILL BEGIN DISTRIBUTING THIS TO EVERYONE ON THE PLANET EQUALLY, SO ALL ARE ABUNDANT.

DOUBT - TO BE UNCERTAIN, SCEPTICAL ABOUT, TO DISBELIEVE, DISTRUST, TO SUSPECT FEAR, DENIAL OF THE INHERENT TRUE NATURE OF LOVE, WHICH IS DENIAL OF SELF. EXAMPLE - IN DUALITY YOU HAD DOUBT, DOUBT IS FEAR AND SURVIVAL, A PROGRAM SO THAT YOU WOULD SELF-DESTRUCT. IN EVERY MOMENT YOU HAVE ONLY 2 CHOICES, LOVE OR FEAR. LOVE IS TRUST, AND FEAR IS DOUBT. WHICH CHOICE ARE YOU MAKING EVERY MOMENT? WHEN YOU ARE IN DOUBT, YOU ARE NOT IN THE PRESENT MOMENT OF NOW. TRUST LOVE AND SET YOURSELVES FREE FROM THE PROGRAM.

DISSOLVE - ALL IGNORANCE DISSOLVES AS THE INNER BEING SEES THE LIGHT. RIGHT NOW, THERE IS A PAIN ON THIS PLANET, AND IT'S CALLED THE EGO. LOVE GOES AFTER THE PAIN, AND AS THIS OCCURS THE PAIN DISSOLVES, TRANSFORMS, AND HEALS INTO UNIFIED ENERGY.

DISPOSITION - THIS IS ALSO MEANING THE DISPOSITION OF THE PROGRAM/EGO/MIND, BE FREE, DISPOSE OF THE EGO.

DISCONNECTION - IN THE ILLUSION, YOU HAD A DISCONNECTION FROM YOUR LIFE FORCE ENERGY, FROM LOVE. THE EGO OR UNCONSCIOUSNESS IS THE DISCONNECTION FROM LOVE, YOUR TRUE SELF.

EXPERIENCE - ACTIVE PARTICIPATION IN EVENTS LEADING TO AWAKENING, BEING PRESENT WITH "FEELINGS" AND FULLY PARTICIPATING. FEELINGS ARE TRUE EXPERIENCE WHICH ONLY COMES FROM BEING PRESENT AND OUT OF "ILLUSION". EXAMPLE - THE "KINGDOM OF HEAVEN" IS AN EXPERIENCE OF LOVE EVERYWHERE PRESENT.

EMPOWERMENT - TO ENABLE. EXAMPLE - THIS IS THE AGE OF EMPOWERMENT, MEANING TAKING BACK YOUR POWER AND STANDING WITHIN THE LOVE, LIGHT, AND TRUTH OF WHO YOU REALLY ARE. YOU ARE ALSO HERE TO EMPOWER OTHERS, BY BEING THE LOVE YOU ARE. THIS GIVES THEM PERMISSION TO BE THE LOVE THEY ARE.

ENERGY - SOURCE ENERGY OF LOVE TRANSFORMS AND FILLS ALL THE GAPS INTO MORE LOVE.
ONCE YOU UNDERSTAND EVERYTHING IS JUST ENERGY, ALL FEELING, THEN YOU CAN MOVE INTO
THE HIGHER VELOCITY LIGHT UNDERSTANDINGS, AND BEGIN UTILIZING YOUR ENERGY IN
CREATION, WHICH EXPANDS AND BECOMES GRANDER.

EXPRESS - WHEN YOU CHOOSE LOVE EVERY MOMENT, YOU BECOME THE EXPRESSION OF THE LOVE CALLED GOD EVERYWHERE PRESENT. FEELINGS AND LOVE ONLY EXIST IN THE PRESENT MOMENT OF NOW, AND LOVE EXPRESSES THROUGH YOU, BEING LOVE.

EMBRACE - IN ORDER TO BE THE LOVE, YOU ARE YOU MUST EMBRACE THE TRUTH OF LOVE, FOR LOVE IS A GIFT THAT KEEPS ON GIVING.

ETERNAL - WITHOUT BEGINNING OR END, EXISTING OUT OF TIME. ALL LOVE BEINGS ARE ETERNAL.

ETERNITY - HEAVEN, PARADISE, TIMELESSNESS, ENDLESSNESS. ETERNITY IS ALL THAT IS, HERE NOW. THE TOTALITY OF TIME, THAT HAS NO BEGINNING OR END, THE STATE OR QUALITY OF BEING ETERNAL, EVERLASTING, THE ENDLESS PERIOD OF TIME AFTER DEATH, IMMORTALITY. EXAMPLE-YOU ARE ETERNAL BEINGS, AND ALWAYS AND FOREVER, IN ETERNITY, YOU ARE IMMORTAL. THE KINGDOM OF HEAVEN IS ETERNITY.

EXPECTATIONS = FANTASY - TO LOOK INTO THE FUTURE FOR A PROBABLE OUTCOME OR APPEARANCE OF, TO PRESUME, SUPPOSE. EXAMPLE - IN ORDER TO SUCCESSFULLY BE PRESENT IN THE MOMENT OF NOW, YOU HAVE TO RELEASE ALL EXPECTATIONS OF WHAT YOU THINK IT WILL LOOK LIKE. RELEASE ALL EXPECTATIONS OF EVERYTHING, FOR THEN GRANDER CAN APPEAR AND SURPRISE YOU. EXPECTATIONS KEEP YOU LOOKING OUT INTO A FUTURE THAT DOES NOT EXIST AND THEN ATTEMPTING TO CONTROL WHAT YOU RECEIVE. LET THIS ALL GO AND JUST BE PRESENT IN THE EXPERIENCE OF NOW.

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FOCUS - THERE IS ONLY ONE FOCUS ON PLANET EARTH = HEART, AND THIS IS LOVE. LOVE IS THE FOCUS, LOVE FOR YOU, LOVE FOR ME, LOVE FOR US, LOVE FOR EVERYONE. WITHIN LOVE UNCONDITIONAL FOR THE ALL, WE AWAKEN THE PLANET. FOR SPEAKING TRUTH IS LOVE UNCONDITIONAL, LOVE IS ALL THAT EXISTS. THE ORIGINAL FOCUS IS LOVE, BE LOVE, CHOOSE LOVE AND SAY LOVE.

FEEL - TO EXPERIENCE, TO BE AWARE OF, TO SENSE, TO BE CONSCIOUS OF, TO SENSE ONESELF OF BEING IN SPIRIT, RESPONDING WITHIN CREATION, EXPERIENCING AND EMBRACING, "THE PRESENT MOMENT OF NOW", ALSO CALLED BEING THE LOVE YOU ARE. EXAMPLE - FEELINGS ONLY EXIST IN "THE PRESENT MOMENT OF NOW". FEELINGS ARE YOUR INDICATORS OF BEING PRESENT, AND THEY ARE ALWAYS UPLIFTING, AND JOYOUS. IF NOT, THEY ARE NOT FEELINGS, THEY ARE YOUR PROGRAM.

FANTASY - THE REALM OF ILLUSION, A MENTAL INVENTION, MAKE BELIEVE, A DISTORTED REALITY, A PHANTASM, AN IMAGINED EVENT. IN ORDER TO STEP INTO TRUE AND REAL REALITY, YOU MUST LET GO OF ALL FANTASIES.

GRACE - DIVINE LOVE AND PROTECTION BESTOWED FREELY UPON MANKIND. GRACE AND GRATITUDE ARE THE WAY TO YOUR DIVINITY. YOU ARE ALL FREE, HOWEVER, IT IS UP TO YOU, TO SET YOURSELF FREE.

GRANT - TO ALLOW, TO HAVE CONSENT TO THE FULFILMENT OF, TO ACKNOWLEDGE. EXAMPLE-ALL DECREES HAVE BEEN GRANTED, BY THE KINGDOM COMPANY OF HEAVEN, AND YOUR FAMILY OF LIGHT AND SO IT IS DECREED AND GRANTED.

GRATITUDE - AN APPRECIATIVE AWARENESS AND THANKFULNESS, BEING THANKFUL FOR EVERY BREATHING MOMENT. EXAMPLE - TO BE IN GRATITUDE, IS TO BE THANKFUL FOR EVERYTHING AND EVERYONE, BECAUSE YOU ARE ONE WITH ALL THAT IS. THE MORE YOU ARE IN A STATE OF GRATITUDE THE MORE YOU DRAW THIS ENERGY TO YOU TO EXPERIENCE.

HARMONICS - OF PERTAINING TO A MUSICAL HARMONY, CHARACTERIZED BY HARMONY, CONCORDANT AND BALANCED, IN SYNC. EXAMPLE - WHEN EVERYONE IS COMPLETELY AWAKENED, THE PLANET WILL THEN RETURN TO HER PERFECTLY BALANCED HARMONICS. CREATION, AS WE HAVE SHARED, IS LIKE A SYMPHONY. TRUTH IS A BRILLIANT SYMPHONY AND THIS IS WHERE WE ARE BEING OUR UNIQUE GOD SPARK OR MUSICAL NOTE, SOUL VIBRATION, IN ACCORDANCE WITH ALL LOVE IS, TOGETHER. ALL PARTS THAT MAKE THE WHOLE.

HARMONY - AGREEMENT IN FEELING AND ACTION, THE PLEASING INTERACTION OF THE COMBINATION OF ALL THE ELEMENTS THAT MAKE A WHOLE. EXAMPLE - SOON, WE WILL ALL BE SPEAKING IN ONE VOICE, IN HARMONY TOGETHER. THIS ONE VOICE, IS THE LOVE CALLED GOD EVERYWHERE PRESENT, ONE LOVE, ONE VOICE.

HIGH - WE ARE BRINGING TO YOU THE HIGHEST THOUGHTS, THAT ARE HEAVEN CONSCIOUSNESS.

HU-MAN - YOU ARE NOT A HUMAN DOING, YOU ARE A HUMAN "BEING". WHEN YOU ARE BEING

THEN THERE IS NOTHING TO DO.

HEAL - YOUR RESPONSIBILITY IN YOUR TRUE AWAKENING IS TO HEAL YOURSELF, AND THEN BY BEING A HEALED BEING, YOU CAN THEN, JUST BY BEING THE LOVE YOU ARE, HEAL YOUR BROTHERS AND SISTERS, BY EXAMPLE.

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HIGH VIBRATIONAL DEFINITIONS 5

INTERNAL - EACH BEING HAS AN INTERNAL COMPASS, THAT SHOWS/GUIDES YOU THROUGH YOUR OWN UNIQUE PATH BACK INTO THE LIGHT, FREE, AND OUT OF DUALITY.

ILLUSION - YOUR AWAKENING IS OUT OF ILLUSION AND INTO TRUE REALITY! WHERE THE MAGIC OF CREATION CAN OCCUR.

INHERENT - SINCE LOVE IS THE ONLY TRUE REALITY, LOVE AND TRUTH IS INHERENT. TRUTH IS YOUR DIVINE INHERITANCE.

INTELLIGENCE - THE CAPACITY TO ACQUIRE AND APPLY WISDOM, A BEING SUCH AS AN ANGEL, THE PRIMAL AND ETERNAL QUALITY OF GOD. SYNONYMS - BRIGHT AND BRILLIANT. EXAMPLE- IN TRUTH, YOU ARE EACH DIVINE INTELLIGENT BEINGS.

INTERNAL - LOCATED WITHIN, RESIDING IN OR DEPENDENT ON ESSENTIAL NATURE, INTRINSIC, OF A SPIRITUAL NATURE. THE TRUTH IS AN INTERNAL EXPERIENCE, SHARED WITH EVERYTHING.

INTENTION - WHAT ONE HOPES TO ACHIEVE, A COURSE OF ACTION SET UP FOR ONE TO FOLLOW, THAT MAY OCCUR AND MOST LIKELY WILL NOT. EXAMPLE - THIS IS A METAPHOR. "THE PATH TO HELL IS PAVED IN GOOD INTENTIONS, THE PATH TO HEAVEN IS FULL OF GOOD DEEDS."

INSPIRATION - FEELINGS THAT ARE OF THE HIGHEST LEVELS, SOMETHING THAT MOVES ON INTO HIGH FEELINGS. DIVINE GUIDANCE OR INFLUENCE, ALLOW THE KINGDOM COMPANY OF HEAVEN TO BE YOUR INSPIRATION INTO LOVE AND TRUTH. ALLOW LOVE TO SET YOU FREE!

JUDGEMENT - A BELIEF OR OPINION, CRITICISM, CRITICAL, HARSH, TO CONDEMN TO RULE OVER. EXAMPLE - LOVE GOVERNS. LOVE HAS NO BELIEFS, NO OPINIONS. LOVE NEVER JUDGES, FOR WHAT IS THERE TO JUDGE? ONLY IGNORANCE CAN JUDGE. IGNORANCE JUDGES AND THEN RECEIVES ITS OWN SENTENCE OF JUDGMENT, WHICH IS DIVINE JUSTICE SERVED. HUMANITY HAS CREATED A WHOLE BUNCH OF JUDGMENTS IN THIS FALSE DREAM.

JOY - A FEELING OF HIGH PLEASURE OR DELIGHT, HAPPINESS. THE EXPRESSION OR MANIFESTATION OF SUCH A FEELING.

LET GO - TO GRANT PERMISSION, TO ALLOW, TO FREE FROM CONFINEMENT, TO ALLOW TO PARTICIPATE. EXAMPLE - BY LETTING GO OF THE OLD PARADIGM, THE PROGRAMMED MIND, YOU SET YOURSELF FREE TO BE THE LOVE YOU TRULY ARE. IT'S SIMPLE "LET GO"!

LIE - A FALSE STATEMENT OR PIECE OF INFORMATION, DELIBERATELY PRESENTED AS BEING TRUE, FALSE, ANYTHING MEANT TO DECEIVE, TO PROVE TO BE UNTRUE, TO PRESENT FALSE INFORMATION WITH THE INTENTION OF DECEIVING. EXAMPLE - IN THE ILLUSION EVERYTHING IS A LIE, AND LIES DO NOT EXIST IN TRUTH.

LOGIC - LOGICAL - PRINCIPLES OF REASONING, SHOWING CONSISTENCY OF REASONING, TO REASON, WITH PURE CLARITY. EXAMPLE - THE NEW HUMAN, GALACTIC HUMAN IS BASED UPON LOGIC AND BEING. THE TWIN FLAME IS THE MALE BEING THE LOGIC AND THE FEMALE THE BEING. YOU CANNOT HAVE LOGIC WITHOUT BEING. LOGIC IS THE EXACTING EXPRESSION OF LOVE "BEING" PRESENT EVERYWHERE.

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HIGH VIBRATIONAL DEFINITIONS 6

LAUGHTER - THE EXPERIENCE OF BEING IN JOY, TO MANIFEST OR RESEMBLE THE MANIFESTATION OF JOY IN ANY WAY. A SMILE IS THE WINDOW OF THE SOUL, AND LAUGHTER IS THE DOORWAY, OPEN IT!

MULTI-DIMENSIONAL - MULTI-DIMENSIONAL IS THE PRESENT MOMENT OF NOW, WHERE ALL OCCURS SIMULTANEOUSLY. A THOUGHT THAT IS WHOLE IS MULTI-DIMENSIONAL, TRUTH IS MULTI-DIMENSIONAL, BECAUSE IT'S WHOLISTIC, ALL CONNECTED TOGETHER IN LOVE. A MULTI-DIMENSIONAL THOUGHT IS A SPHERE THAT IS CONTRACTING AND EXPANDING AND VIBRATING AND SPINNING IN EVERY DIRECTION AT ONCE. NOT CHAOS, BUT CREATION, WHICH IS VERY EXACTING.

MOMENT - THE PRESENT "TIME", WHICH IS ALWAYS RIGHT, PRECISE, AND IS ALL THAT EXISTS.

EXAMPLE - THE PRESENT MOMENT OF NOW, IS ALL THAT EXISTS, THERE IS NO PAST OR FUTURE.

NATURAL - YOU ARE RETURNING TO YOUR NATURAL STATE OF BEING, THE LOVE THAT CREATED YOU, WHICH EXISTS IN THE PRESENT MOMENT OF NOW, AND IS YOUR REAL SELF OF BRILLIANCE AND LOVE.

OPEN - HAVING NO PROTECTIVE OR CONCEALING COVER ON, EXPOSED, NOT SEALED, OPEN TO ALL, INVITING, AVAILABLE, CLEAR, FREE, UNDISGUISED. EXAMPLE - IN ORDER TO REACH THE HIGHER REALMS AND LIFT YOURSELVES OUT OF DUALITY, IT TAKES ONE BEING OPEN AND VULNERABLE. ONLY LOVE, JOY, ABUNDANCE, AND HAPPINESS EXIST IN THE UPPER REALMS. BEING OPEN, WILL GUIDE YOU TO YOUR TRUE AWAKENING BACK INTO THE LIGHT. BE OPEN, AND ALLOW YOURSELF TO FEEL, FEELINGS ARE YOUR WAY HOME. ALLOW US TO REHEART YOU, FEELINGS ONLY EXIST IN THE PRESENT MOMENT OF NOW, AND ARE ALWAYS OF LOVE AND JOY.

PERSEVERANCE - TENACITY, THE HOLDING TO A COURSE IN ACTION OR PURPOSE, CONTINUED STRENGTH AND PATIENCE. EXAMPLE IT TAKES PERSEVERANCE TO GET OUT OF THE PROGRAM EGO MIND, AND YOU CAN DO IT!

PRESERVE - TO PERSIST IN, REMAIN CONSTANT IN PURPOSE IN THE FACE OF ALL OBSTACLES.

PERFECT - LACKING NOTHING, ESSENTIAL TO THE WHOLE, COMPLETE IN ITS NATURE, ORIGINAL, EXACT, PURE AND DELIGHTFUL. EXAMPLE - IN TRUTH, AND IN THE LIGHT, YOU ARE PERFECT, BRILLIANT BEINGS OF LOVE AND LIGHT. ROYAL ANGELS, GODS AND GODDESSES.

PRESCIND - TO SEPARATE OR DIVIDE IN THOUGHTS, DIVIDE INTO INDIVIDUALLY, TO WITHDRAW ONE'S ATTENTION, TO CUT OFF. EXAMPLE - WHAT HAPPENED IN DUALITY IS THAT THE THOUGHTS WERE PRESCINDED. THUS, A DISCONNECTION FROM SOURCE OCCURRED. WHEN THE THOUGHTS WERE DIVIDED, THIS IS THE EXPERIENCE YOU RECEIVED. THE DIVISION OF PASSION. THOUGHTS CUT OFF FROM SOURCE LOVE, IS PAIN AND SUFFERING. NOW, WE MUST HEAL THESE THOUGHTS, AND CONNECT THE ENERGY OF DIVISION BACK INTO UNIFIED PASSION. THIS IS RECONNECTION TO SOURCE, AND THOUGHTS HEALED INTO ONLY LOVE, WHICH IS PURE AND NOT STATIC ANYMORE AS WHEN THEY WERE SEPARATED.

Mother of all Creation

PROJECTION - SOMETHING THAT THRUSTS OUTWARD, SOMETHING PROJECTED ON A SCREEN, SOMETHING DONE BY UNCONSCIOUSNESS. EXAMPLE - IN THE OLD PARADIGM OF 2D, DUALITY, EVERYTHING WERE JUST PROJECTIONS FROM THE UNCONSCIOUSNESS, A DELUSION. THIS IS HOW THE EGO FUNCTIONS. IT PROJECTS THE ILLUSION OF ISOLATION AND SEPARATION ONTO WHAT IT SEES, WHICH CREATES THE "WORLD" [AND THE WORLD IS THE PROJECTION, LIKE A FUN MIRROR HOUSE THAT YOU HAVE AT YOUR CARNIVALS], AND THEN PLAYS A GAME OF THIS. IN TRUE REALITY, FULL CONSCIOUSNESS, THE NEW PARADIGM, THERE ARE NO PROJECTIONS. LOVE IS EVERYWHERE PRESENT, ALL THE ENERGY IS WHOLE AND HEALED. THERE EXISTS NO SEPARATION.

PURE CONSCIOUSNESS - FREE FROM ALL IMPURITIES [FREE FROM LOWER THOUGHTS]. HAVING AN AWARENESS OF ONE'S OWN EXISTENCE WITH EVERYTHING ELSE IN EXISTENCE, SENSATIONS, AND ALL JOYOUS THOUGHTS - HIGHER THOUGHTS. BEING AWAKE, RESPONSIVE. EXAMPLE - IN TRUTH EACH OF YOU ARE MADE UP OF PURE CONSCIOUSNESS ENERGY OF LIGHT, LOVE, AND PURE JOY.

RESPONSIVE - ANSWERING OR REPLYING, RESPONDING, READILY RESPONDING TO LOVE AND TRUTH.

EXAMPLE - LOVE ALWAYS RESPONDS, AND IS RESPONSIVE TO THE TRUE INFORMATION BEING

PRESENTED TO THEM.

RESISTANCE - ANY FORCE THAT TENDS TO OPPOSE OR RETARD/STOP MOTION. A PROCESS IN WHICH THE EGO, THAT IS THE MASK COVERING THE REAL BEING, ATTEMPTS TO RESIST THE ACCEPTANCE THAT IT DOES NOT EXIST. EXAMPLE - IF YOU RESIST THE PURE, LOVE, CREATIONAL ENERGY, WHICH IS ALWAYS MOVING FORWARD, YOU ARE STOPPING THE EVOLUTIONARY PROCESS. THIS EFFECT WILL BE A BUILD-UP AND JUST AS WHAT YOU RESISTS PERSISTS, WHAT YOU LOOK AT DISAPPEARS.

RIGHTEOUS - MEETING THE STANDARDS, OF WHAT IS RIGHT AND WHAT IS WRONG, JUST. EXAMPLE - IN THE ILLUSION YOU WERE TAUGHT TO BE "RIGHTEOUS", AND BEING RIGHTEOUS MADE YOU PURE OF HEART. THIS IS A LIE. REAL PURE OF HEART IS BEING THE LOVE YOU ARE EQUAL TO THE ALL ALWAYS IN THE PRESENT MOMENT OF NOW. THIS IS BEING IN RIGHT ACTION, RIGHT CONDUCT. THIS IS THE ETHICS TRAIN, LOVE. THAT IS IT, PERIOD.

RESPOND - TO MAKE A REPLY OR ANSWER TO, TO ACT IN RETURN OR IN ANSWER, TO RESPOND POSITIVELY OR COOPERATIVELY. EXAMPLE - LOVE ALWAYS RESPONDS WITH LOVE.

RIGHT - IN ACCORDANCE WITH FACT AND TRUTH, CORRECT. EXAMPLE - LOVE IS ALWAYS RIGHT, AND THE ONLY "RIGHT" ACTION IS LOVE. LOVE IS TRUTH, AND TRUTH IS RIGHT.

RECOGNISE- YOUR AWAKENING OCCURS WHEN YOU RECOGNIZE, "WHO YOU TRULY ARE", LOVE, GOD, TRUTH, BRILLIANT, SHINING LIGHTS, AND ONE WITH ALL THAT IS.

SIN - IN TRUTH AND TRUE REALITY, THERE IS NO SUCH THING AS SIN, AND THE PAST DOES NOT EXIST. YOU CAN NEVER BE WRONG WHEN YOU ARE IN THE PRESENT MOMENT OF NOW. THAT'S IMPOSSIBLE, BECAUSE THE PRESENT MOMENT OF NOW, IS PURE CREATION, PURE LOVE. ONLY IN ILLUSION, THE GAME, IS THERE SUCH A THING AS A SIN.

SHARE - TO PARTICIPATE IN, TO TAKE PART IN, TO GIVE, TO PARTICIPATE IN THE EXPERIENCE. EXAMPLE - ONE OF THE MAIN THINGS YOU HAVE FORGOTTEN IS TO SHARE. YOU WILL REMEMBER THIS SOON.

TO PARTICIPATE IN THE NEW STORY, YOU WILL HAVE TO SHARE WITH OTHERS.

SIGN - SYNCHRONISTIC EVENTS ARE SIGNS THAT YOUR HIGHER SELF IS COMMUNICATING WITH YOU, FOLLOW THE SIGNS. THIS IS YOUR SOUL SPEAKING TO YOU. YOUR SUBCONSCIOUS IS SPHERICAL JUST LIKE THE UNIVERSE.

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HIGH VIBRATIONAL DEFINITIONS 8

SPHERE - LOVE, IS AN ENERGY THAT WHEN UNIFIED, CREATES A SPHERE. LOVE CAN THEN CREATE WITHIN THE SPHERE AND EXPAND FROM THE CENTRE TO THE OUTER, WHERE LOVE IS EVERYWHERE PRESENT. LOVE IS SPHERICAL. YOUR CHAKRAS ARE SPHERICAL WITHIN YOU, AND SO IS SPIRIT.

SACRED - IN TRUTH, YOU ARE HOLY, SACRED BEINGS OF BRILLIANCE AND LOVE.

SOURCE - A PLACE FROM WHICH SOMETHING DERIVES FROM, POINT OF ORIGIN, ONE THAT CAUSES, CREATES, THAT WHICH SUPPLIES INFORMATION. EXAMPLE - YOU WERE CREATED IN LOVE, WHICH IS SOURCE. WE ARE ALL SOURCE AND YOU ARE EVERYTHING. WE ARE EQUAL SOURCE.

SOUL - THE SPIRITUAL NATURE OF ALL OF HUMANITY WHICH IS CONNECTED TO GOD, ALL HUMAN BEINGS, AN ENERGY FIELD OF PURE CONSCIOUSNESS ENERGY THAT IS ALWAYS INTERACTING WITH CREATION. EXAMPLE - EACH BEING ON PLANET EARTH = HEART WAS BORN WITH THE SOUL INTACT.

SEPARATE - YOU HAVE BEEN TAUGHT THAT YOU WERE SEPARATE FROM SOURCE, SO THAT IT WAS EASY TO MANIPULATE AND CONTROL YOU. THIS IS A LIE, IT'S IMPOSSIBLE TO BE SEPARATE FROM SOURCE. HOWEVER YOU CAN ONLY SEE THIS IF YOU ARE AWAKE.

SPIRIT - THAT WHICH IS THE DRIVING FORCE WITHIN ALL LIVING THINGS. GOD, BREATHE OF GOD, THE BREATH. EXAMPLE - YOU ARE ALL MADE OF SPIRIT. NOT ILLUSION, AND SPIRIT IS WHAT EVERYTHING IS RETURNING BACK INTO. THIS HAS ALREADY BEEN DECREED, ALL ATOMS WILL RETURN TO THE KINGDOM OF HEAVEN, THEY HAVE THIS STAMPED ON THEIR BUTTS.

SURE - IN CAPABLE OF BEING DOUBTED OR DISRUPTED, COMPLETELY TRUE, CERTAIN, BOUND TO HAPPEN, WILL HAPPEN, INEVITABLE, CONFIDENT OF THE OUTCOME, DESTINED, BOUND, SELF-EVIDENT, ASSURED OF. EXAMPLE - WE ARE SURE OF THE OUTCOME ON PLANET EARTH = HEART, AND THAT IS THE RETURN OF LOVE, "THE LOVE CALLED GOD EVERYWHERE PRESENT".

THIS IS A SURE EVENT!

SURRENDER - TO RELEASE POSSESSION OR CONTROL, TO GIVE UP OR GIVE BACK. EXAMPLE - BY SURRENDERING TO LOVE AND LETTING GO OF ALL OUTSIDE ATTACHMENTS, YOU BECOME CREATION, AND STEP INTO THE RIVER OF ONE. THIS IS WHEN THE MAGIC OF CREATION OCCURS.

SURREAL/SURREALISM - THE RADICAL TRANSFORMATION OF ALL EXISTING, SOCIAL, SCIENTIFIC, AND PHILOSOPHICAL VALUES THROUGH THE TOTAL LIBERATION OF THE UNCONSCIOUSNESS. EXAMPLE - TRUE REALITY IS VERY SURREAL BECAUSE IT IS OUT OF THE EXPERIENCE OF ILLUSION, AND UNCONSCIOUSNESS IS TRANSFORMED INTO PURE CONSCIOUSNESS. THUS, WE ARE ONE AGAIN.

SOLUTION - THE ANSWER TO A PROBLEM. EXAMPLE- THE SOLUTION TO ALL YOUR CURRENT PROBLEMS, IS LOVE. THIS IS THE ONLY ANSWER. YOU BEGIN BY BEING THE CHANGE, WHICH IS THE LOVE AND TRUTH OF WHO YOU TRULY ARE. AND THIS TRANSFORMS FROM THE INSIDE OUT! BE THE EXAMPLE OF LOVE EVERYWHERE PRESENT. SHINE YOUR LIGHTS OF LOVE AND BRILLIANCE.

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HIGH VIBRATIONAL DEFINITIONS 9

SOLVE - TO DISCOVER THE SOLUTION TO A PROBLEM, TO ANSWER AND EXPLAIN. TO WORK OUT THE CORRECT AND RIGHT ACTION TO A PROBLEM. EXAMPLE - WE OF THE CELESTIAL, HAVE COME TO PLANET EARTH = HEART, TO SOLVE YOUR PROBLEMS. BY SHARING THE ABSOLUTE HIGHEST TRUTH WITH YOU, ABOUT WHO YOU TRULY ARE, SO THAT YOU CAN FIND YOUR WAY HOME BACK INTO THE LIGHT. WE HAVE SOLVED THE PROBLEM ON PLANET EARTH = HEART, AND IT IS THE PROGRAM EGO MIND. ALLOW LOVE TO FILL YOU UP, LOVE IS THE ONLY ANSWER.

TRUST - INTEGRITY, ABILITY TO BE RELIED UPON, FEEL SURE OF, HAVE CONFIDENCE IN, TRUST IS A FEELING OF REAL LOVE WITHOUT NEEDING OR REQUIRING PROOF. EXAMPLE - AS WE HAVE SHARED THERE ARE ONLY 2 CHOICES IN EVERY MOMENT AND THAT IS LOVE OR FEAR. WHEN YOU CHOOSE LOVE YOU ARE SAYING I TRUST LOVE. WHEN YOU TRUST LOVE, YOU ARE EMBRACING AND ACCEPTING LOVE, SO THAT LOVE CAN CREATE MORE WITH WHICH TO GIVE.

THOUGHT - WE ARE BRINGING IN THE TRUE INFORMATION OF HIGHER THOUGHTS OF JOY AND TRUTH.

TRUTH - FACT, ACTUALITY, PURE LOGIC, REALITY, UNCONDITIONAL LOVE, REAL, ACCEPTED AS TRUE, INTEGRITY, HONESTY, GOD. EXAMPLE - WE, YOUR REAL FAMILY OF LIGHT, WERE SWORN IN FROM THE HIGHEST, TO SPEAK THE HIGHEST TRUTHS, AND NOTHING BUT THE TRUTH. TRUTH IS LOVE, PURE LOVE, AND THERE EXISTS ONLY ONE TRUTH, LOVE.

TRUTHFUL - CONSISTENTLY SPEAKING THE TRUTH, WHICH CORRESPONDS TO TRUE REALITY.

TEAM - ALL OF HUMANITY WAS BORN IN THIS LIFETIME, TO BE A PART OF CREATION'S/LOVE'S TEAM. TO AWAKEN, AND THEN AWAKEN ALL YOUR BROTHERS AND SISTERS. WE ARE ALL ONE FAMILY AND THEREFORE ALL ONE TEAM.

THE DREAM MACHINE - IN THE DREAM YOU HAVE BEEN IN AN INDUCED HELL, CREATED BY THE POWERS THAT WEREN'T AS THEY MISUSED THE DREAM MACHINE. OF COURSE, THE "DREAMWEAVERS" WANTED TO HOLD ONTO THIS ILLUSION, FOR THEIR OWN BENEFITS. NOW, THEY HAVE DONE ALL OF THIS WITHIN THE DREAM, AND THEY DID NOT KNOW WHAT THE DREAM MACHINE ACTUALLY WAS. THE DREAM MACHINE ORIGINALLY WAS TO BE USED SO THAT WE COULD EXPERIENCE OURSELVES WITHIN CREATION. ALLOWING US TO SEE THE INDIVIDUAL ASPECTS OF THE WHOLE, WHICH WAS OUR INTERCONNECTION TO EACH OTHER. THE POWERS THAT WEREN'T, CREATED A DIVISION IN THIS, CREATING THE ILLUSION OF ISOLATION AND SEPARATION. THUS FANTASIES WERE CREATED OVER FANTASIES. THIS WOULD BE THE INFINITE LOOP, THAT THEY CONTROLLED UNTIL NOW. ALL CONTROLS HAVE BEEN TAKEN OVER BY THE PLANET. AS DECREED AND IS DONE, REBOOTS ARE NOW IN PROCESS.

UNDERSTAND - IF YOU UNDERSTAND THE LOVE YOU ARE, THEN YOU HAVE GOT IT!

UNITY - THE STATE OF BEING ONE.

UTOPIA - A PLACE YOU WILL FIND INSIDE YOURSELF. A SOCIETY OF PERFECTION. A SOCIETY OF EQUALITY, TOTAL FREEDOM, EXCELLENT, BENEFITS THE ALL EQUALLY AND ABUNDANTLY. EXAMPLE - THE HEAVENLY GOVERNMENT, IS UTOPIAN LIKE, FOR IT SERVES THE ALL, FOR THE GREATER GOOD OF THE ALL. EQUALLY AND ABUNDANTLY FOR ALL, ALL ARE KINGS AND QUEENS!

Mother of all Creation

HIGH VIBRATIONAL DEFINITIONS 10

UNLIMITED - HAVING NO LIMITS, BOUNDARIES, RULES, REGULATIONS, OR QUALIFICATIONS. TRUE UNCONDITIONAL LOVE IS UNLIMITED. ALL POSSIBILITIES OCCUR IN LOVE IN UNLIMITED WAYS, IN GRANDER AND GRANDER WAYS, ALWAYS!

UNCONSCIOUSNESS - WITHOUT CONSCIOUS AWARENESS, IN A DEEP SLEEP OR COMA. EXAMPLE - THE EGO, WHICH IS UNCONSCIOUSNESS, IS THE BIGGEST AND ONLY PROBLEM CURRENTLY ON THIS PLANET.

UNIVERSE - ALL EXISTING THINGS INCLUDING THE EARTH, THE HEAVENS, THE GALAXIES, AND THEREIN REGARDED AS A WHOLE, THE COSMOS.

UNKNOWABLE - IMPOSSIBLE TO KNOW OR COMPREHEND, BEYOND THE RANGE OF HUMAN EXPERIENCE OR UNDERSTANDING. EXAMPLE - WE [MOTHER AND FATHER GOD] COME FROM THE UNKNOWABLE, YOU ALSO COME FROM THE UNKNOWABLE AS WELL. WE ARE LOVE AND THE UNKNOWABLE THAT ARE THE SPARK AND FLAME OF CREATION.

UNWORTHY - INSUFFICIENT IN WORK, UNDESERVING, LACKING IN VALUE, WORTHLESS. IN ILLUSION YOU HAVE BEEN TAUGHT THAT YOU ARE UNWORTHY BEINGS. YOU HAVE BEEN TRAINED YOU ARE UNWORTHY OF OUR LOVE FOR YOU, AND MOST OF ALL THE LOVE OF YOURSELF. WHEN IN TRUE REALITY YOU ARE ROYAL BEINGS OF THE MOST THE HIGH, FOR YOU ARE GOD - ONCE EVERYONE LOVES THEMSELVES AND EACH OTHER ON THIS PLANET YOU BECOME A STAR SEED NATION.

VIBRATIONAL FREQUENCY - A SINGLE VIBRATING MOTION, RAPIDLY MOVING INTO HIGHER AND HIGHER FREQUENCIES. EXAMPLE - YOU ARE MADE UP OF ATOMS, WHICH CARRY A VIBRATIONAL FREQUENCY IN CREATION, THE OCEAN OF LOVE.

VELOCITY - AT RAPID SPEED, THE MAGNITUDE OF THE SPEED OF THOUGHT, VIA TRUTH INFORMATION, THAT MOVES WITHIN CREATION. EXAMPLE - WE PROVIDE INFORMATION AT HIGH VELOCITY. HIGHER THOUGHT ALWAYS MOVES UP AND FORWARD CONTINUALLY, JUST LIKE CREATION.

WITHIN - INSIDE, NOT OUTSIDE, INSIDE THE BODY, HEART, SOUL, INWARDLY. EXAMPLE - YOUR TRUE BEING IS WITHIN YOU, FOR NOTHING EXISTS, OUTSIDE OF YOU, EVERYTHING COMES FROM WITHIN.

WITHOUT - NOT HAVING, LACKING, WITHOUT ANY OF. EXAMPLE - THE PHRASE "GO, WITHIN, OR GO WITHOUT!

WISDOM - UNDERSTANDING OF WHAT IS TRUE, RIGHT THOUGHT, RIGHT ACTION, RIGHT CONDUCT, LASTING, COMMON SENSE, WISE, HAVING WISDOM, OR DISCERNMENT FOR WHAT IS TRUE, RIGHT. SENSIBLE, LEARNING AND UNDERSTANDING THE TRUTH AND BEING AWARE AND IN ACTION. EXAMPLE - YOU ARE VERY WISE BEINGS; THIS REMEMBRANCE WILL OCCUR FOR YOU ONCE YOU REALIZE WHO YOU TRULY ARE. WISDOM COMES FROM THE INSIDE OF YOUR BEING, AND THROUGH YOUR UNDERSTANDINGS AND AWARENESS, YOU GAIN WISDOM.

WHOLISTIC - COMPLETE, NOT DIVIDED OR DISJOINED, SOUND, HEALTHY, RESTORED HEALED.

EXAMPLE - IN THE KINGDOM OF HEAVEN, WE SEE EVERYTHING AS WHOLISTIC. THIS OCCURS WHEN
YOU AWAKEN, AND BOTH SIDES OF YOUR BRAIN ARE CONNECTED.

WORTHY - HAVING WORTH, MERIT, VALUE, VALUABLE, DESERVING. EXAMPLE - YOU, HUMANITY, ARE WORTHY OF EVERYTHING. YOU ARE GOLDEN.

ALL CONTENT IS FROM MOTHER OF ALL CREATION.

THANK YOU FOR SHARING WITH OTHERS,
KEEPING YOUR HEARTS OPEN, STAYING PRESENT
AND CHOOSING LOVE.

WE ARE THE ONES WE HAVE BEEN WAITING FOR AND WE ARE BEING THE CHANGE WE WISH TO SEE! LOVE IN ACTION.

WE ARE CO-CREATING HEAVEN ON EARTH TOGETHER, A WORLD WHERE ONLY LOVE EXISTS. LOVE HAS WON. TOGETHER WE ARE VICTORIOUS.

AWARENESS, TOOLS & RESOURCES TO ASSIST ON YOUR AWAKENING JOURNEY - WWW.MISSIONLIMITLESS.ORG
WE ARE DONATION BASED. THANK FOR YOU

SHARING-

WWW.MISSIONLIMITLESS.ORG/DONATION

CHOOSE LOVE IN EVERY MOMENT THEN LOVE BECOMES THE ONLY REALITY AND EXPERIENCE. YOU ARE MADE OF LOVE. BE LOVE, CHOOSE LOVE, SAY LOVE. "I CHOOSE LOVE EVERY MOMENT".

Mother of all Creation